



As the rate of covid cases increases, please do not attend any meeting if you have any symptoms. You may also wish to wear a mask.

Monday 17th October

As the number of ways that fraudsters try to steal our money rises, we welcome this talk from **Ian Carrick** from South Tyneside Council on **Scam Awareness**.

The latest scam that I have been received is an invitation to 'click here' for your energy rebate, NO it is paid automatically.

Doors open at **10.00** for a 10.30 start.

Monday September 26th

I enjoyed the talk by Tom Fennelly about South Shields Volunteer Life Brigade, I had not realised the illustrious history and ongoing commitment of their volunteers. We ended with a collection to support the work of the Brigade.

Welcome to New Members

Please introduce yourself to any of the committee at the monthly meeting, we want to ensure that you enjoy being part of the u3a and hope that you feel able to contribute.

u3a Diaries 2023

If you ordered a diary at the September meeting, they will be available for collection at the October meeting, £3.75. There are a few extra for sale too.

Meet the committee -4

Sheila Miller is our Programme Secretary, arranging speakers for our monthly meetings, and rearranging when things do not go to plan!



I joined the U3A when I retired in 2016 and earlier this year became Speaker Secretary. I have lived in Sunderland all my life and have a son and a daughter and two grandchildren. I love walking, swimming, reading and listening to music and have joined a local choir.

Afternoon tea September 21st 2022

I believe that everyone enjoyed our celebration, and hope you enjoy these images from the day.



News of National u3a

At the recent u3a Trust AGM, one of the main resolutions was to approve an increase in the Capitation Fee in line with inflation, which would be reflected in the membership fee for all u3a. This resulted in many counter amendments from many u3s around the country, all resolutions to increase the were rejected.

The following is the response from Liz Thackray, Chair of Third Age Trust

At a meeting held immediately after the Annual General Meeting held on 6 October, the Board of Trustees reviewed the outcome and implications of the main proceedings.

The Board recognised that almost 50% of u3as took an active part in the AGM demonstrating a higher level of engagement than at any other AGM in memory, and that must be positive in a democratic organisation.

However there was some disappointment that none of the amendments or resolutions associated with membership subscription were successful. In effect this means that at this stage for 2023/24 and 2024/25, the Trust will remain underfunded.

The Board is preparing revised financial forecasts and an action plan. We recognise the need for open discussion with the membership in order to ensure that we hear the concerns, views and aspirations of the u3a membership.

More details of discussion opportunities will come in committee mailings over the next few months.

There were various presentations during the AGM which can be found on YouTube

[Click here to national u3a YouTube videos](#)

Dates for your diary

Thursday 13th October Desert Island Discs with Tricia Stewart.

Unfortunately this event was cancelled due to work being carried out at the Cricket Club. Adam hopes to reschedule sometime next year.

Thursday 17th November Beaujolais Nouveau lunch

To celebrate the actual date of Beaujolais Nouveau this year, Ann Telling has organised a lunch at Romano's in Cleadon Village. Cost is £35 for a 3 course French lunch, plus a drink on arrival, starting at 2pm. Tickets will be on sale at the October meeting.

Saturday 19th November Morpeth/ Wallington Hall.

9.30 departure from the Britannia. (If you park there you will be fined).
Cost £24 payable at the meeting on 17th Oct. National Trust members £10, but you must take your membership details on the day. Cheques payable to Boldon and District u3a. We should be back at the Brit 5 - 5.30 approx.

Sunday 4th December Mainsgill Farm Shop/ Dalton Park

9am departure from the Britannia, we go straight to Mainsgill farm for morning coffee etc. Afterwards we call in to the Dalton Park retail shopping complex before returning home for about 4.00pm. Cost £9 - £12 approx, depending on numbers.
An Expression of Interest sheet will be available at the meeting on 17th October, and payment due at the meeting on 21st November.

Sunday 11th December BEAMISH AT CHRISTMAS

10am departure from the Britannia, and from Beamish approx 3 - 3.30.
Cost £20 - £23 approx depending on numbers. Those who have an Unlimited Pass, or are friends of Beamish have free entry on production of their membership on the day, so cost will be £8 - £11 approx.
An Expression of Interest form will be available at the meeting on 17th October. Payment will be due at the meeting on 21st November.

Monday 12th December our Christmas celebration

Singers Tony and Sara will entertain us with a Christmas Extravaganza. Tickets will be £2 available at the November meeting.
Volunteers are needed to help our very small committee with catering. Please email u3aboldon@gmail.com or speak to the committee on Monday 17th October.

News of Groups

The ethos of the u3a is to Learn, Live and Laugh, with members sharing their interests for the benefit of everyone.

Feel there is nothing for you currently in the u3a groups?

Then help to set up and run a new group based on your interests, with the full support of the committee. Contact Sue Soulsby at u3aboldon@gmail.com

The new **Music Appreciation** group began on September 22nd. A good mix of music was played. The theme for the meeting on October 20th is music from films, send your suggestions to [Peter Winfield](mailto:Peter.Winfield). All welcome.



A series of **Christmas Craft** sessions will be held in the School Room, 2.00-4.00 for 6 weeks starting on Wednesday October 26th until November 30th. Cost per session to be confirmed.

If you want more information on any groups, please contact the group leader directly via the website by clicking the blue carrier pigeon.

If you feel you can help in any way, please email u3aboldon@gmail.com for more information or see the committee at a General meeting.

Remember you can always find the latest news on events and groups by visiting our web site u3asites.org.uk/boldon/home or by joining our Facebook group.