Bishop's Cleeve u3a

Group Leaders' Information Pack

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1. Role of a Group Leader

- Please ensure that you keep details of your interest group updated on both Beacon & the website (see below). Once you become a group leader, you will receive a password for both online systems.
- If possible, find a member of your group who can act as a joint/assistant/deputy to assist you & provide backup in your absence.
- Be prepared to ask a group member to write a brief report on any interesting or newsworthy activity of your group for publication in The Clarion or even Third Age Matters (the national magazine).
- You should attend the annual Group Leaders meeting in February/March or send a deputy or representative. This is an opportunity to share & compare experiences, discuss issues, & make requests or recommendations for your u3a Committee.
- To attract new members, the u3a gazebo will be set up at village events during the year. Group Leaders will be asked if they can help out to promote both their groups and the u3a.
- You should supply details of your group meetings (frequency, dates, numbers etc) to the editor of the Clarion by the deadlines for any given edition, plus any vacancies in the group at that time.
- If you need to hire a room for your group to meet in, or raise money for other purposes, please read the Group Finance Guidelines and contact the Treasurer for any further advice.

- To ensure that your group & activities are covered by the u3a's
 insurance, you should ensure that the Group Coordinator has an up to
 date Risk Assessment form completed by you. Some groups visiting
 different venues may need to undertake a separate risk assessment for
 individual visits. Please feel free to seek advice from the Group
 Coordinator if in doubt.
- Try to coordinate your group activities when setting up meetings, tutors or guest speakers & avoid unnecessary clashes with other meetings – your Group Coordinator can help with this.
- Keep an attendance record of members at each meeting. Only "paid up" members are entitled to attend, & in extremis you may request to see a current membership card, especially at the start of the u3a year. You may need to remind group members of the need to renew their membership – some folk simply forget to do so!
- Non u3a members may attend one "taster" meeting as a visitor the
 monthly Open Meeting counts as one group for these purposes. A
 member of another u3a may attend as a member of your group at no
 additional cost provided they do not attend any other group in Bishop's
 Cleeve u3a, in which they should be referred to the Membership
 Secretary for a small additional payment
- Ensure that new members are welcomed & introduced to the group. At
 meetings held in members' homes, those attending for the first time
 should be asked to bring along their membership card for security
 purposes.

2. Potential Problems

- Group leaders may well have very high expectations. Groups will ideally be arenas for mutual teaching & learning, but this will not happen within all groups or on every occasion you meet!
- Bear in mind that you are providing a learning situation where each member is encouraged to contribute as much as they are able at the time, but to feel comfortable if their contribution is minimal but enthusiasm high.
- If you do have a problem with your group, please feel able to seek advice & support at an early stage if required. Solutions will vary according to the type & dynamic of each group, & often trial & error can bring success!
- The first place to look for a solution is within the group itself it is usually not the group leader who has the problem, but the group. Talking with & listening to members can be helpful in identifying concerns, & all members should be encouraged to discuss how they feel.
- Where issues persist, please seek help from the Groups Coordinator, who can – where necessary – in turn seek advice from the Committee.

3. Beacon for Group Leaders

- Beacon is a secure online database which contains details of all current & recent members. In order to comply with current legislation, it is necessary for this to be kept in a separate passwordprotected place, as it contains sensitive data.
- Group Leaders will have their own password which allows them to access only members of their own group.
- The system provides tools to manage groups without the need to keep separate, possibly insecure & inaccurate lists & details of members.
- On your "Groups" page within Beacon, you can readily add members to the group, manage waiting lists, & check that all your group members are fully paid up u3a members.
- Group leaders can securely & more simply send emails to all group members.
- A separate document giving instructions for group leaders in accessing Beacon is available at the back of this document. If you find difficulty in accessing or using Beacon, the Beacon Administrator will be happy to offer a "hands on" tutorial to show how the system operates.

4. Bishop's Cleeve u3a Website

- All our current interest groups are displayed on the Groups page of our website. This list is maintained by our website editors, is a principal means pf advertising the wide ranging activities the u3a can offer, & shows who we are & what we do.
- Each group can have its own subpage, which can include a summary of group activities, meeting times & venues, & the facility for potential members to contact you direct from that page (without them seeing your email address unless you then reply direct from your own address).
- It is important that you update details on your group page whenever you update them on Beacon, so that both systems display the same information. You can also add pictures of your group activities plus full details of forthcoming meetings if you wish.
- The Bishop's Cleeve u3a Website team can do this for you, but with a little training, any group leader or group member can be enabled to maintain their own page an excellent way to showcase your group.

5. List of Interest Groups (21 February 2023)

[Open Meetings with speaker - 3rd Monday of the month at Woodmancote Village Hall, 2.15-4 pm with free refreshment after the talk]

Groups List - dialling code is 01242 if not stated.

Check our Groups webpage – https://u3asites.org.uk/bishops-cleeve/groups for groups with current vacancies.

| Amblers - Friday | Amblers - Wednesday | Archaeology |
|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Weekly Friday 2 pm Mara Ciolfi 07884969680 | Weekly Wednesday am Mara Ciolfi 07884969680 | Ad hoc basis Alan Bulley 677824 |
| Art - Painting and Drawing 1st and 3rd Wednesday 2 – 4 pm Rosemary Pullin 321983 | Art Appreciation 3rd Tuesday 2 – 4 pm Brenda Bentley 676632 | Arts & Craft 1 3rd Wednesday 10 – 12 pm Pam Levermore 678276 |
| Arts & Craft 2 1st and 3rd Wed 10 – 12 am Sue Brisk 674006 Book Circle 3 | Book Circle 1 1st Wednesday 2 pm Lyn McCaffrey 07464 405595 Book Circle 4 | Book Circle 2 3rd Thursday 10 am Stella Caney 676143 Book Circle 5 |
| 4th Wednesday 2 pm Ros Flaxman 674284 | 4th Wednesday 2 pm Marguerite Habgood 678973 | 2nd Tuesday 3pm Mel Harris (see u3a website) |
| Bridge 1st & 3rd Tuesday 2.30 pm Dave Atkinson 674169 | Cinema Ad hoc basis Ann King 698497 | Coffee, Chat and Walk Alternate Monday mornings Rose Hawkins 01694 301668 |
| Coffee and Chat 2 2nd and 4th Tuesday am Susan Richardson 7587155214 | Coffee and Chat 3 2nd Thursday am Various venues M Harris 672315/07742674587 | Coffee and Chat 4 4th Monday 11 am Brenda Bentley 676632 |
| Coffee and Chat 5 1st Wednesday am Sally Ferrers 679551 | Computer Buddies Ad-hoc sessions to suit Jenny Mackelworth 602286/ Mel Harris 672449 | Country Dancing 2nd Monday 2 – 4 pm Sue Weir 673544 |
| Economics Every three weeks Wed 10.30 am Tim Powell 6769119 | Family History 4th Friday am Wendy Stow 701303 | Film Club 1 1st Tuesday at 2 pm Rosemary Pullin 321983 |
| Film Club 2 2nd Wednesday 2 pm Alan Hazell 461371 | Film Club 3 Last Monday pm of the month Michael Jordan 699856 | French Conversation 1 Monday pm every fortnight Hilary Wright 672318 |
| French Conversation 2 2nd and 4th Friday 3 pm Lynne Bulley 677824 | Garden Visits Various outings Sheila Gardner 236885 | Gardening 4th Tuesday at 10.30 am Janet Davis 674068 |
| General History 4th Wednesday 2 – 4 pm Keith Woodman 679301 | German Conversation 2nd & 4th Monday 10 - 11.30 am Carol Harris 602872 | Golf Buddies Meetings by arrangement Mel Harris 672449 |
| I.T. Group 4th Thursday 2pm Brian Frodsham 676260 | Knit & Natter 3rd Tuesday at 10 am Vanessa Reynolds 675748 | Local History Monday pm - Visits in the summer Joan Hall 680575 |

| Local Walks | Luncheons | Meditation |
|--------------------------------|-------------------------------|-------------------------------|
| Alternate Fridays 2 pm | Various days, usually last | 1st Thursday 2.30 pm |
| Sheila 674736/Ros 674284 | Thursday | Marie Brain 674121 |
| 311C114 07 47 307 1103 07 4204 | Mary Moore 693793/07970 | /07711530131 |
| | 685655 | 707711330131 |
| Music Appreciation | Patchwork & Quilting | Petangue |
| 2nd Wednesday 2 pm | 1st Friday 10 am | 3rd Friday 10.30 am |
| Stella Caney 676142 | Jenny Waller 07743 754264 | Dave & Trisha Atkinson 674169 |
| Photography | Play Reading | Poetry 1 |
| 2nd Monday 2 pm | Last Thursday 1.30 – 4.30 pm | 2nd Tuesday 10.30 am |
| Graham Fisher 579204 | Vivien Paxford 07517680909 | Kay Duck 672474 |
| | | · |
| Poetry 2 | Poetry 3 | Rambling Group |
| 4th Wednesday 2.30 pm | 3rd Thursday 10.30 am | Various days |
| Patricia Atkinson 674169 | Marguerite Habgood 678973 | Liz Neeves 678599 |
| Rock/Blues Band 'MU3AC' | Rural visits | Science & Technology |
| Alternate Mondays 10 – 1pm | 3rd Thursday 2 pm | 1st Thursday 2 pm |
| | John Walker 321728 | Alan Green 672964 |
| Mike Reynolds 675748 | | |
| Scrabble 1 | Scrabble 2 | Short story reading group |
| 1st Thursday at 2 pm | 3rd Wednesday at 2 pm | First Tuesday pm of the month |
| Hilary Wright 672318 | Jude Howlett 697589 | Alan Bulley 677824 |
| Singing for Fun | Social Card Games | |
| 2nd Friday 10.30 am | 2nd Thursday 2 – 4 pm | |
| Francis Yiend 522241 | Rose Hawkins 07971 672575 | |
| Table Tennis | Yoga - Chair | Yoga – Floor |
| Fortnightly Friday 2 – 4 pm | 4th Thursday 10.40 – 11.40 am | 4th Thursday 9.20 – 10.20 am |
| Philip Watson 673267 | Audrey Cooper 07949941608 | Audrey Cooper 07949941608 |

Contact Groups' Coordinator, Rose Hawkins (01694 301668) with suggestions for new groups and (especially) offers to lead them.

Timetable Summary

| DAY | MORNING | AFTERNOON |
|-----------|-------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY | Coffee, Chat and Walk Coffee and Chat 4 German Conversation Rock/Blues Band 'Mu3aC' | Country Dancing Film Club 3 French Conversation 1 Local History Photography |
| TUESDAY | Coffee and Chat 2 Gardening Knit & Natter Poetry 1 | Art Appreciation Book Circle 5 Bridge Film Club 1 Short story reading group |
| WEDNESDAY | Amblers Wednesday morning Arts & Craft 1 Arts & Craft 2 Coffee and Chat 5 Economics | Art - Painting and Drawing Book Circle 1 Book Circle 3 Book Circle 4 Film Club 2 General History Music Appreciation Poetry 2 Scrabble 2 |
| THURSDAY | Book Circle 2 Coffee and Chat 3 Poetry 3 Yoga - Chair Yoga - Floor | I.T. Group Meditation Play Reading Rural Visits Science & Technology Scrabble 1 Social Card Games |
| FRIDAY | Family History Patchwork & Quilting Petanque Singing for Fun | Amblers Friday afternoon French Conversation 2 Local Walks Table Tennis |

6. Available Documents

| 1. | Incident (& Accident) Referral Form | | |
|---------------|---------------------------------------------|--|--|
| 2. | Insurance Cover Note | | |
| 3. | Risk Assessment Form | | |
| 4. | Bishop's Cleeve u3a Finance Policy | | |
| 5. | Group Finance Guidelines | | |
| 6. | Equality, Diversity & Inclusion Policy | | |
| 7. | Grievances & Complaints Policy & Guidelines | | |
| 8. | Safeguarding Policy | | |
| 9. | Bishop's Cleeve u3a Constitution | | |
| 10.Principles | | | |