



WALK LEADER RISK ASSESSMENT CHECKLIST

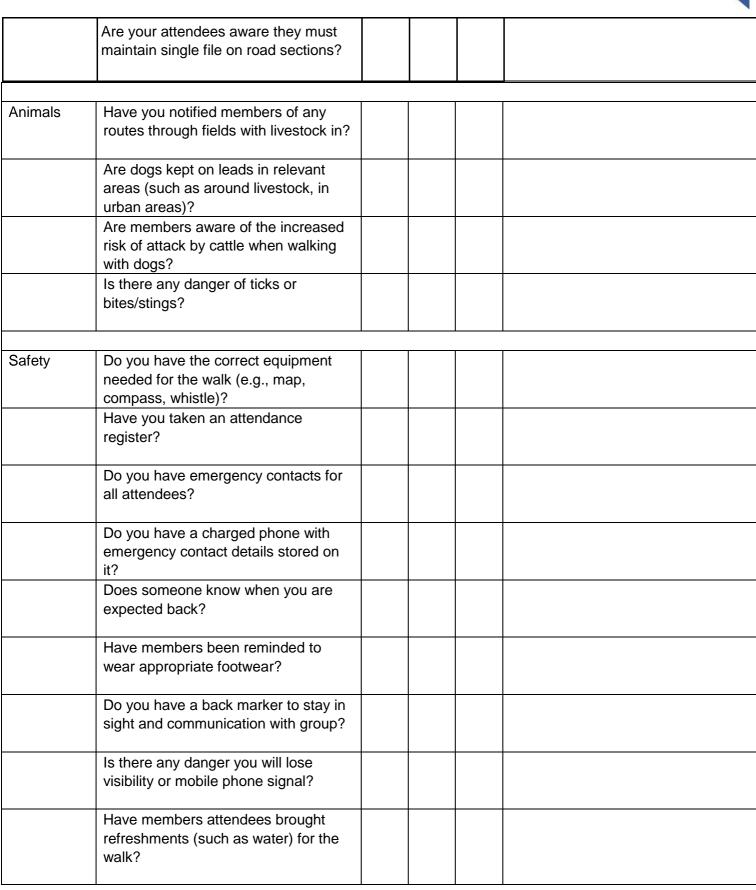
u3a Name:	Date:				
Name of person completing risk assessment checklist:					
Interest Group:					
Description of Activity:					

This checklist is to help walk leaders in the planning for a walk. This isn't an exhaustive list, so think carefully about any specific risks you may encounter. It is likely that you will need to add to this risk assessment checklist. This form can (and should) be altered to suit specific walk requirements. You may wish to ask dog owner to read the BMC guide to reducing risk when encountering cattle: <u>https://www.thebmc.co.uk/Taking-care-around-cows</u>

Where you identify a particular risk you should note the actions you will take to reduce the risk. It's important to carry out a risk assessment before the walk takes place, and you can always add to this during the walk.

	Checklist	Yes	No	N/A	If no, what actions will you take to mitigate this risk?
Recce	Have you researched the route you will be taking to identify any hazards and/or obstacles? ?				
	Have you given members an overview of the walk and the identified hazards/obstacles e.g. the number of stiles, likely boggy areas etc?				
	Do members know the length and difficulty of the walk?				
Traffic	Are there suitable crossing places on the road?				







	Is there a first aid kit?		
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Weather	Have you checked the weather		
	forecast for the day of the walk in		
	advance?		
	Is there any danger of extreme		
	temperatures, heavy rainfall, high		
	wind or otherwise severe weather?		
	Have walkers brought suitable clothes		
	and footwear, and appropriate items		
	(such as waterproofs) for the		
	weather?		

Other identified risks:	What will you do to mitigate these risks?