

Diary Project 2020

✓ **Keep Learning**

✓ **Diary Project**

More and more U3A members are getting involved in the U3A Diary Project - keeping a record of what they are doing and feeling in these extraordinary times.

The current situation is impacting on people in lots of different ways and you will all have your own experiences, thoughts and reflections on what this time is like for you and how it is affecting you, both on a practical and on a psychological level.

Hundreds of members have now joined the project and are recording their thoughts and experiences during the 2020 coronavirus pandemic.

One member, Sylvia, is writing her thoughts down in regular entries in a diary. Sylvia wrote:

"As I sit here on March 20th 2020, I am thinking of this strange and unusual situation in which the whole world is involved. My Granddaughter in Canada is giving birth to her first child (my first Great Grandchild) as I write. What a world this new arrival is being born into but maybe it was always thus. I was born just three years before the second world war and they were also strange times. I was born in the Steel city of Sheffield that was bombed on a regular basis. So fear, little food and interrupted schooling were situations common to those times. To quote Charles Dickens, "It was the best of times it was the worst of times" although what will turn out to be the best, remains to be seen but having said that, I can already begin to feel optimistic that these coming days, weeks----years !! will make us begin to lose our complacency and as seniors, our probably comfortable lifestyles"

Sylvia goes on to record her thoughts on individual subjects such as food and books.

Interim Learning Manager, Alison May said, "We've had a fantastic response – thank you so much for being part of this UK-wide Shared Learning project. Your enthusiasm is inspiring and we are delighted to

receive examples of your work. Please bear with us, there may be a slight delay with postal entries but we will reply as soon as we can.

You can read more on the diary project in our Learning blog – [Sources Online](#) – outlining the types of things you may want to consider when writing down your thoughts.

If you want to get involved with the Diary Project please let us know – email: diary@u3a.org.uk

Or if you want to send your contribution by post please mark it **Diary Project** to :

**156 Blackfriars road
London
SE9 8EN**

We look forward to hearing from you.