

AWAKEN ONLINE

***The Online Newsletter of Anlaby, Willerby and Kirk Ella
U3A PRODUCED IN A TIME OF NATIONAL CRISIS!***

Number 4: May 2020

A Word from the Chair



Hello to you all,
Because there is not a lot going on to tell
you about at the moment, I thought this
would be a way of thanking everyone who
contributes to the on-line newsletter. I
hope that you are getting some pleasure
from reading these newsletters. Please
don't be shy if you have something to
contribute, either a story or a photograph

that you think people may be interested in, send it to Steve
Roberts. Stay safe

Chris Moody and Steve have kept us together,
By printing a regular and interesting newsletter.
It keeps Steve busy and out of his chair,
Denise says she's glad he's out of her hair!
Chris and Les hope to stop brains going dead,
By sending some puzzles that get into your head.
David's questions, bless him, are not too tough,
If you know some answers that's good enough.
Thanks to the group leaders for trying their best,
To keep us informed and in touch with the rest.
Now that we've time to stay home and bake,
There's Bob and Joan's easy recipes to make.
Poetry Corner has taken off fast.
Keep the poems coming and make it last!

Start a new group, do I hear you cry?
Is anyone willing to give it a try?
Wonderful short stories that you send,
With tales and funnies; a very nice blend.
Photos and pictures like to be seen,
Especially the ones where the groups have been.
The creative eye of the photographer's lens,
Which we see from the results of the pictures he sends.
Steve keeps up the funny cartoons and jokes,
They give us a laugh, us poor old folks!
If you think you have something interesting to say,
Why not send an email to Steve right away.
Thanks for the contributions you have given to date.
Please keep them coming at the current rate.
I'm in self-isolation and not getting about.
I apologise now if I've missed someone out.

Sue McPhee

Note from the Editor

THANK YOU for all of your contributions for Issue 1,2,3 & 4 Please keep them coming for Issue 5!

Please note, Chris Moody has introduced a Room 101 section to the Website. Steve Clarkson is now the second member to submit a pet hate to the Website Room 101, check it out and could YOU be the third?

Please use the 'Bird' link on the website to pass on any information

Also Don't forget to keep checking the rest of the U3A website! For group updates etc.

Latest News/Events

Sue McPhee is always thinking of new ways to keep us occupied and she has come up with three new ideas. Could all of you budding Poets, Writers and Twitchers! give the following a go during May.

1. Poetry Competition

We have already received a number of Poems featured in Poets Corner but now you can submit a Corona Virus based poem and have the chance to win a £10 prize. Please submit your entry before the end of May and then members of the AWAKE committee will judge the entries.

2. Short Story competition

One for all of the budding Writers, a short story (Max 600 words) on a subject of your choice, once again with a £10 prize and to be submitted before the end of June (also to be judged by members of the committee)

Please submit your entries for both competitions to either Sue McPhee or Steve Roberts

3. Garden Bird Survey

During the week Monday 18th May to Sunday 24nd May please record the birds that visit your garden, We will then pass this on to Celia & Mark Beaumont of the NatureWatch group and publish the findings in a future newsletter.

A table devised by Francis Davies is provided at the end of the Newsletter and on the Website for you to use (or create your own)

Interest Group News

Proposed Portrait Painting/Drawing Group

We have started to receive some of your Portrait art work.
Another from Steve Clarkson, this time a self Portrait
(No sign of his right ear!)



Art group

Steph Foster has submitted the following paintings produced during the lockdown period



Caravan Group

Refund non news from Roger caravan Man for Leamington Trip
I still await the last two refunds amounting to about £20 per person.

I have confirmations of my contact/completed forms/tickets etc. from both companies. Every week I make some form of contact. The "waiting for ticket refund" forums suggest it is a banking thing. The hold up is with Northern and LNER, both OUR rail operators.

You will get a cheque by post when this gets resolved. Take care not to get it mixed up with your Christmas cards. Regards to all

Roger

Craft Group

I hope the members of the Craft Group are still beavering away and will have lots to show when we meet again.

I have been busy making crocheted blankets and Quilted baby blankets for the hospital.

If you are running out of anything or need help just give me a ring.

Brenda Stapleton (654830)

Brenda's Bunting and examples of her handy work





Digital Photography

After watching Grayson Perry's Art Club show on Channel 4

Steve & Denise Roberts spent a day recreating a couple of 'Old Masters', Whistlers mother & a Vincent Van Gough Self Portrait.





**Steve & Ann Clarkson have now managed to get in on the
act
With their version of The Creation of Adam (Andrexx!)**



More activity from Ann Burt's garden





**And the International Space Station from
Stewart Mawer's garden**



More from Stewart Mawer's garden



Pudding Club

Hi everyone,

I've just realised its May 1st and we should have all been enjoying sweet treats and each other's company. I'm having trouble knowing what day of the week it is let alone the date. Anyway, I know the supermarket shelves are just about fully stocked now but I came across this recipe and know, even though I have done a lot of baking recently and my freezer is full of it I fancy trying it. This recipe replaces the eggs and butter with mayonnaise, although I'm more likely to have eggs and butter in than mayonnaise. You may have made something like it already Bob. We'll have to have another go at strange ingredients cakes! Looks like it will be a while longer before we can meet again so keep sane everyone and safe.

Joan Greenley

Mayonnaise Chocolate Cake

210 g self-raising flour

30 g cocoa

1 tea sp. baking powder or bicarb

180g mayonnaise

225g sugar

80ml water

45ml milk

1 teaspoon vanilla

1 teaspoon vinegar

Pinch salt

Grease and bottom line an 8" round cake tin

Sift flour, cocoa and baking powder.

In a separate bowl whisk mayonnaise, sugar, water, milk vanilla and vinegar and salt.

Add half of the dry mix to this and whisk. Add the rest of the dry mix and whisk.

Pour into cake tin and bake for 40-45 minutes at 180c/160 fan/350f/ gas4

Beginners Ukulele Group

The zoom internet meeting App is certainly working for the Beginners group who are now extending their repertoire on a weekly basis.

Sunshine Strummers Ukulele group

'Singing the Blues' was the theme for the Sunshine Strummers Ukulele Band this week as they played songs with 'Blue' in the title. The set list included the following: -

Blue Moon, Folsom Prison Blues, Blue Suede Shoes, Blueberry Hill, Fisherman's Blues, Song Sung Blue, Blue Bayou, Blue Spanish Eyes and Blue Hawaii

The Zoom platform is a great vehicle for bringing 17 Uke players together but the time delays creates an interesting cacophony of sound and we have all yet to finish together. Technically not the best sound quality but is a great way to keep us all musically and socially active each week. So probably best not to live stream all playing a different chord to each other currently. Keep Strumming!!



Barely Awake Ukulele group

In normal circumstances we would be celebrating the 5th Anniversary of the start of the Ukulele Group. From the humble beginnings of five U3A members being taught the rudimentaries of the Instrument by Eric Brown to the present day with 54 members in three separate groups is certainly testimony to the popularity of both the instrument and the U3A interest group. Here's to the future when we can get back to meeting and entertaining again but for now we will make do with the zoom App!



Wine Appreciation group

Forever adventurous, WAG-1 held a lock-down, on-line wine tasting on 20th April, organised on Zoom by Bob Charlton. There were some teething problems in accessing all members of the group but generally the event was successful, especially as you avoid any problems of drinking and driving and if you enjoy watching someone else drinking! Each member in turn introduced visually and audibly one of their favourite wines in the comfort of their own homes. The wines were a medium dry white Vouvray, 2018, from Waitrose (Chris Watson), a New Zealand Freeman's Bay Pinot Gris from Lidl (£5.99, Sheila Lines), and two highly regarded Australian Shiraz (D'Arenberg Footbolt ,2017, Tesco, £12, Bob and Maggie Charlton; Peter Lehmann The Barossa, 2016, Roberts and Speight, £13.99, Enid and Alan Townshend). The presenters confirmed the excellence of their chosen wines, and we look forward to tasting them all in the flesh when times are better.

Alan Townshend

Quiz Time, Folks, First of all, the answers from Issue 3)

Answers to the Lockdown **General Knowledge Quiz from** **David Newman**

The answers all contain the word LOCK or DOWN within them, often as part of a longer word.

1. What was the first ever programme shown on Channel 4? -
Countdown
2. What was the name of Ian Dury's backing band? -
Blockheads

3. Which market town in the Fens is 11 miles south of King's Lynn. – **Downham Market**
4. On TV, where did a dog named Isis live? – **Downton Abbey**
5. Which train station lies between Arram and Hutton Cranswick? - **Lockington**
6. Which Tony Hatch song was a no. 2 hit for Petula Clark in 1964? - **Downtown**
7. In the nursery rhyme, who lost her pocket? – **Lucy Locket**
8. Where does the First Lord of the Treasury live? – **10, Downing St**
9. Which 1998 Guy Ritchie film starred footballer Vinnie Jones? – **Lock, Stock & 2 Smoking Barrels**
10. What is the brace called which attaches an oar to a boat? - **Rowlock**
11. Which Shakespeare character demanded a pound of flesh? - **Shylock**
12. Which famous fictional character first appeared in "A Study in Scarlet"? – **Sherlock Holmes**
13. What is the title of Status Quo's only UK number one single? – **Down Down**
14. Which 1953 fraud involved the discovery of bone fragments presented as the fossilised remains of a previously unknown early human? **Piltdown Man**
15. Which 1986 John Cleese film included scenes shot in the AWAKE U3A area? - **Clockwise**
16. Which site in Cornwall was once the largest Satellite Earth Station in the world? **Goonhilly Downs**

17. Which Austrian manufacturer has made polymer handguns since the early 1980's? - **Glock**
18. Where, according to the spiritual song, will I lay down my sword and shield? – **Down by the Riverside**
19. On the 21st December 1988, where did Pan Am Flight 103 tragically end? - **Lockerbie**
20. Which move scores six points in American Football? - **Touchdown**

Holmes & Watson Poser No. 3

The Whole Truth

Dr Porkies runs a home for people who always tell lies. None of the people in his care ever make a statement that is true. Four residents - Charlotte, Donald, Simon and Vanessa – have spent the afternoon in different areas of the doctor's large house. One person was in the garage, one was in the greenhouse, one in the kitchen and one in the study. Dr Porkies asks the four people where they have been. One says, 'Donald was in the greenhouse.' The second speaker says, 'Donald, Charlotte and Vanessa were in the garage.' The third says, 'I was in the kitchen but I am not called Charlotte.' A fourth chips in to announce that, 'Donald was in the kitchen.'

From the statements made, Dr Porkies can place where everyone has been. **Can you?**

Garage – Simon

Greenhouse – Charlotte

Kitchen – Vanessa

Study – Donald

Now for the new Quiz

Les McPhee planned a quiz Group evening to take place in May but has submitted the round devoted to the month of May for this Newsletter

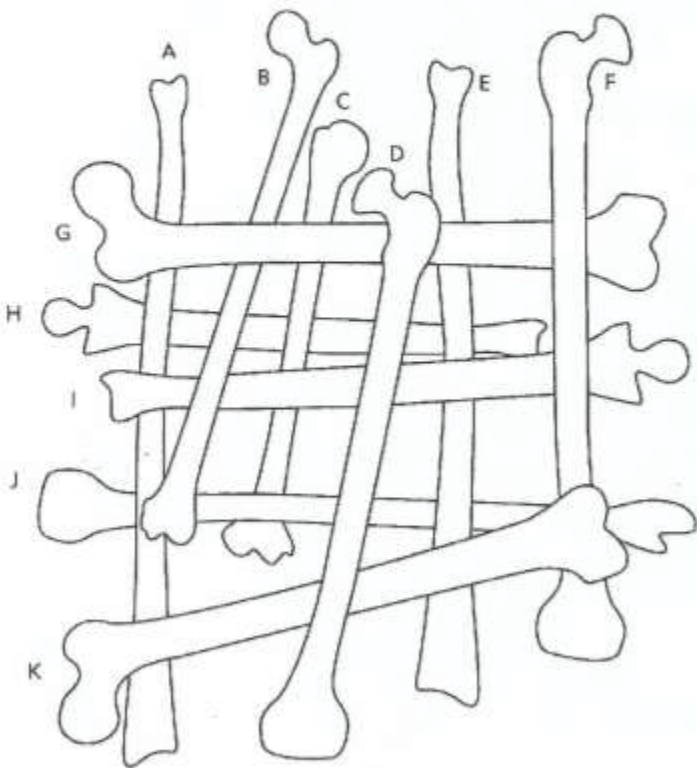
- 1) We all should know the name of the previous Prime Minister, but what is her husband called?

- 2) Who is an astrophysicist and the lead guitarist with Queen?
- 3) Which cricketer succeeded Len Hutton as England captain & which county did he play for?
- 4) What is the International Distress Signal used mainly by airmen & mariners?
- 5) Which Chuck Berry single released in 1955 was considered a pioneering rock & roll song?
- 6) Which long haired motoring journalist was a co-presenter on the BBC's previous 'Top Gear' show?
- 7) 'Never cast a clout 'til May is out' COULD be associated with which shrub?
- 8) Who was the American actress born in 1893, who was also a singer, playwright, screenwriter and sex symbol?
- 9) What was the TV comedy drama set in Kent and adapted from a 1958 novel of the same name?
- 10) The 1971 single record 'Reason to Believe' was at No1 for 5 weeks, but what was the more popular 'B' side called?
- 11) In 1620, which ship transported Pilgrims from Plymouth to Cape Cod in America?
- 12) What is the name of the aquatic insect with a long tail and wings which do not fold flat over the abdomen?

Holmes & Watson Poser No. 4

A BONE TO PICK

A gruesome task to carry out! This pile of bones needs to be examined and catalogued. In which order must you remove the bones so that you are always taking the top one off the pile?



All Answers in Issue 5

Your funny Articles & photos

Grandparents Modern Phone Technology

We are not at home at the moment but please leave your message after the beep

If you are one of our children, select from the following options:

If you need us to stay with the Children Press 1

If you need to borrow the car Press 2

If you want your clothes washing & ironing Press 3

If you want the Grandchildren to sleep tonight Press 4

If you want the Grandchildren picking up from School Press 5

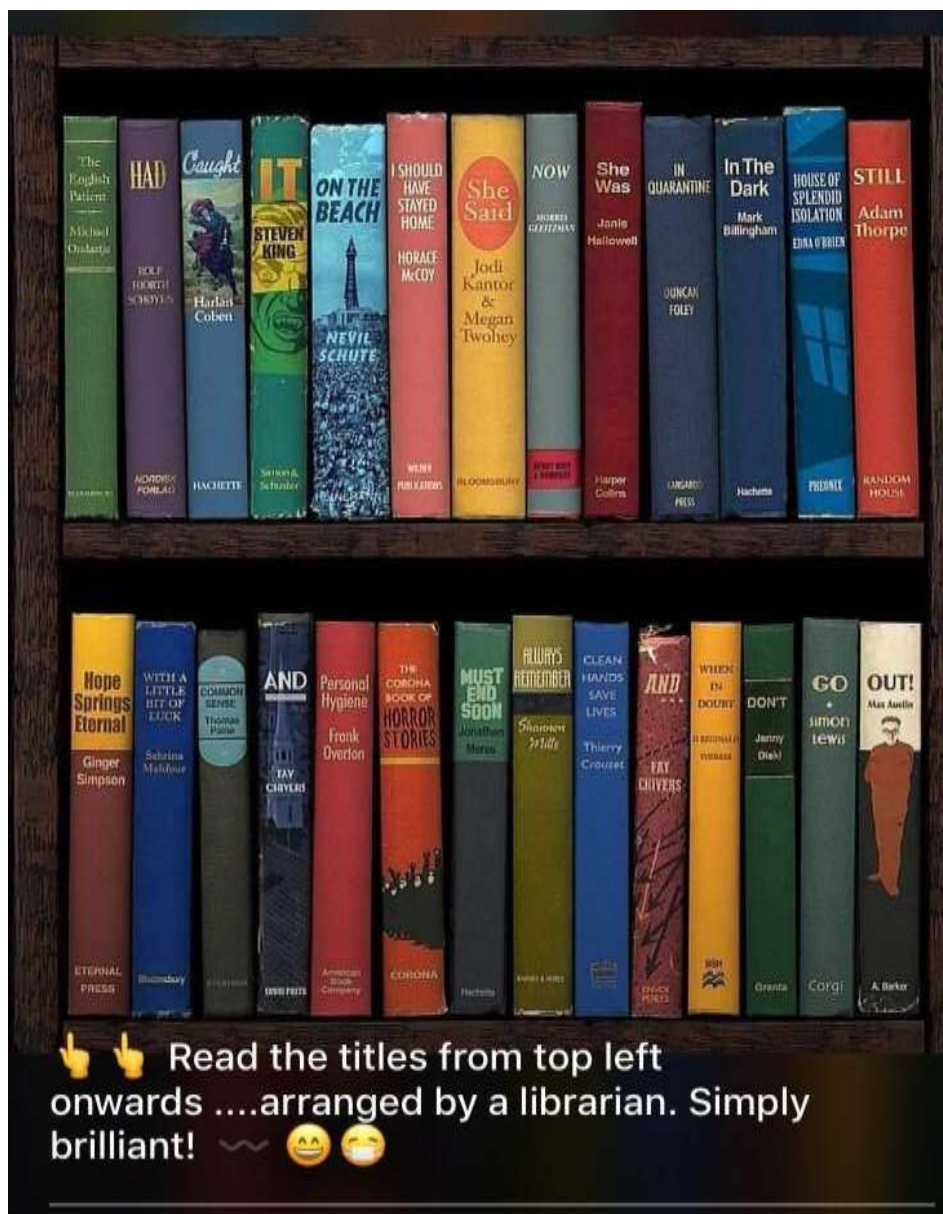
If you would like your Sunday dinner cooking & delivering Press 6

If you need money Press 7

If you are ringing to invite us out to dinner, we are in & listening!

Found by Ann Dixey

A contribution from Trevor Barnett



History repeats itself. Came across this poem
written in 1869, reprinted during 1919 Pandemic.

This is Timeless....

And people stayed at home
And read books
And listened
And they rested
And did exercises
And made art and played
And learned new ways of being
And stopped and listened
More deeply
Someone meditated, someone prayed
Someone met their shadow
And people began to think differently
And people healed.
And in the absence of people who
Lived in ignorant ways
Dangerous, meaningless and heartless,
The earth also began to heal
And when the danger ended and
People found themselves
They grieved for the dead
And made new choices
And dreamed of new visions
And created new ways of living
And completely healed the earth
Just as they were healed.





1720

PLAGUE



1820

CHOLERA



1920

SPANISH FLU

PC@astronomy_passengers



2020

CORONAVIRUS

IT SEEMS THAT HISTORY REPEATS
ITSELF EVERY 100 YEARS



Nostradamus wrote in the year 1551 this!
There will be a twin year (2020) from
which will arise a queen (corona) who
will come from the east (China) and who
will spread a plague (virus) in the
darkness of night, on a country with 7
hills (Italy) and will transform the twilight
of men into dust (death), to destroy and
ruin the world. It will be the end of the
world economy as you know it.

POETS CORNER

Poor old Sue McPhee is desperate to go out

Let's go to Brid for a walk on the beach.
Oh no! I forgot. That's well out of reach.
Let's go to Hornsea for a walk round the mere.
Oh no! I forgot. We can't go here.
Let's go to the Westwood, up to the mill.
Oh no! I forgot. It doesn't fit the bill.
Let's go to the foreshore, just for a look.
Oh no! I forgot. Someone's keeping a book.
Let's go for a coffee and a bit of a chat.
Oh no! I forgot. We can't even do that.
Let's have fish and chips to eat from the paper.
Oh no! I forgot. We'll have to wait till much later.
Let's stay at home and I'll bake in an hour.
Oh no! I forgot. I can't get the flour.
Let's break the day with a walk in the wood.
Oh yes! I forgot about that, maybe we could!
Let's walk for a mile along the track.
Oh I forgot it's time to turn back....
Let's go back home and do as we're told.
To stay safe and well because we are old.

I am sure this poem provided by (but not written by) Trevor Barnett will strike a chord with many (if not all) of our members

Back in the days of tanners and bobs,
When Mothers had patience and Fathers had jobs.
When football team families wore hand me down shoes,
And T.V gave only two channels to choose.
Back in the days of three penny bits,
when schools employed nurses to search for your nits.
When snowballs were harmless; ice slides were permitted
and all of your jumpers were warm and hand knitted.

Back in the days of hot ginger beers,
when children remained so for more than six years.
When children respected what older folks said,

and pot was a thing you kept under your bed.

Back in the days of Listen with Mother,
when neighbours were friendly and talked to each other.
When cars were so rare you could play in the street.
When Doctors made house calls and Police walked the beat.

Back in the days of Milligan's Goons,
when butter was butter and songs all had tunes.
It was dumplings for dinner and trifle for tea,
and your annual break was a day by the sea.

Back in the days of Dixon's Dock Green,
Crackerjack pens and Lyons ice cream.
When children could freely wear National Health glasses,
and teachers all stood at the FRONT of their classes.

Back in the days of rocking and reeling,
when mobiles were things that you hung from the ceiling. When
woodwork and pottery got taught in schools,
and everyone dreamed of a win on the pools.

Back in the days when I was a lad,
I can't help but smile for the fun that I had.
Hopscotch and roller skates; snowballs to
lob.

Back in the days of tanners and bobs.

A contribution found by Ann Dixey

Don't Quit

When things go wrong and they sometimes will
When the road you're trudging seems all uphill
When the funds are low and the debts are high
And you want to smile but you have to sigh
When care is pressing you down a bit
Rest if you must - but don't you quit.

Life is queer with its twists and turns
As everyone of us sometimes learns
And many a failure turns about
When he might have won had he stuck it out
Don't give up though the pace seems slow
You may succeed with another blow.

Success if failure turned inside out
The silver tint of the clouds of doubt
And you never can tell how close you are
It may be near when it seems so far
So stick to the fight when you are hardest hit
It's when things seem worse -
THAT YOU MUST NOT QUIT

Final Thoughts from the Editor

Ignore Donald Trump, do not inject your partner with Disinfectant, you could be charged with a Bleach of the Peace or even Domestos Violence!

Everyone loves a cute kitten photo so we will finish with a picture of Reggie



Species Day	1	2	3	4	5	6	7
Blackbird							
Blackcap							
Blue Tit							
Bullfinch							
Chaffinch							
Chiff Chaff							
Coal Tit							
Collared Dove							
Crow							
Dunnock							
Feral Pigeon							
Goldcrest							
Goldfinch							
Great Tit							
Greater Spotted Woodpecker							
Greenfinch							
Grey Wagtail							
Heron							
House Martin							
House Sparrow							
Long-tailed Tit							
Magpie							
Mallard							
Mistle Thrush							
Moorhen							
Pheasant							
Pied Wagtail							
Robin							
Siskin							
Song Thrush							

Sparrow Hawk							
Starling							
Swift							
Tawny Owl							
Tree Sparrow							
Wood Pigeon							
Wren							