

AWAKEN ONLINE

***The Online Newsletter of Anlaby, Willerby and Kirk Ella
U3A PRODUCED IN A TIME OF NATIONAL CRISIS!***

Number 2: April 2020

A Word from the Chair



Hi Everyone,

I hope you are keeping clear of this coronavirus. If we keep to the guidelines it may soon be over. I'm afraid I don't think we will be back to normal by May which is what we were hoping for.

Steve has been busy again with another on-line newsletter which I hope keeps you amused and in touch with your groups and friends.

Is gardening still top of the list for keeping fit? By now you must be struggling to find any weeds and your gardens should be immaculate.

We must give a big THANK YOU to all the NHS staff, for all their hard work, but we must not forget the other workers who are also on the frontline. Without these people we would not be able to carry on as well as we are doing.

Don't forget the U3A motto 'live, laugh and learn'. Take care and stay safe.

See you all soon

Sue McPhee



Note from the Editor

THANK YOU for all of your contributions for Issue 1 & 2,
Please keep them coming for Issue 3

Please note, Chris Moody has introduced a Room 101 section to the Website. I made the first contribution (Peter Levy!) but to date we have had no further additions, come on who will be second to send YOUR pet hate into Room 101, please send to Chris Moody or to myself Steve Roberts Please use the 'Bird' link on the website to pass on any information

Latest News/Events

Message from Chris Coates, our Membership Secretary

A big thank you to all members who have sent in their membership re-joining forms, Chris is busy processing them BUT to all those who have not sent them in PLEASE DO SO at your earliest convenience.

Charity Donations

In the present situation that we are in at the moment, I am sure a lot of you would like to give to a charity. I am afraid with U3A being a registered charity, we are not allowed as a group to donate to another charity.

It has been suggested that our members may like to give to a particular charity, but myself and the committee feel that it is not appropriate to single one charity out as there are such a lot of people doing worthy work locally.

With us having such a large membership I am sure we will all have our own charities that we think need our support at this strange time.

I hope you will understand the situation and I am sure any donations that you may give to your chosen charities will be much appreciated.

Stay safe

Sue McPhee

Interest Group News

Proposed Portrait Painting/Drawing Group

Let's kick off Michael Ebeling's proposed new Interest Group with the following challenge: **Paint or draw a portrait, email it to me & it can go in the Website Rogues Gallery**

Caravan News

Leamington Spa trip

Update 4.4.20 The hotel rooms and train tickets are all to be refunded. The situation today is, Premier Inn Hotel money returned in full before the national shut down. Well done Premier. Two of the four leg rail journeys now refunded, the other two confirmed refund but no dosh yet. When I have it, all 31 will get a letter and cheque from me. Be assured I am on the case.
Roger Coates



Crafts

Leslie Rieder's applique quilted Corona Cat



Darts & Dominoes

The Darts and Dominoes Group has been going strong now since the 25 September 2018 when our opening meeting attracted 22 members. This was unexpected as we were meeting in quite a small room in the same building as the Library in Main Street, Willerby. It meant that after the domino people were set up there were still eighteen people to sort out. It was decided that 9 a side to play darts was a bit much so we started a card group which took another four off the list for playing darts. They finished with 7 a side and a good evening ensued.

That first night a card game, which was new to the members, was introduced and has proved to be very popular since then. The game is called Bolivia and is a variation of the game Canasta. This game however is played with three packs of cards.

Some of the dart players were also new to that game on the first evening but they have improved now. They know now that the pointy end of the dart is supposed to hit the board.

The group meets on a Tuesday evening in the Alf Kersh room at the Parish Institute and I, for one, am looking forward to it. I have had enough of this enforced isolation. Stay well everyone and, when all goes back to normal, you will be welcome to join us for fun and games.

Les Holmes

Digital Photography

A message from the group leader, Peter Richardson

Hello Everyone,

Stewart Mawer and I have been discussing a few ideas for the group to do whilst we are unable to meet and when we do finally meet we could have a look at every ones efforts. As it is uncertain how long this will continue I think this could be our plan 'B'.

1. Compose a picture taken around the house or garden paying attention to composition (rule of thirds etc) and lighting look out for distractions in the background of your pictures.

2. Another challenging subject a picture that depicts life at the present.

3. Garden in bloom try to find an unusual Viewpoint.

4. Explore textures - strong low side lighting is good for this subject.

5. 'Wildlife close to home' there are many small creatures who live in the precincts of our homes.

I have attached three pictures to give you the idea (see pages 6 & 7)

Let us hope this period is over quicker than the authorities think and we can all be back to our normal lives.

My best wishes for you all to be safe and look forward to seeing you and your pictures.

Peter Richardson





Willerby and Kirk Ella. These can be found on the Local History Group page of the AWAKE U3A website. Written by members of our group, these are in response to questions received from our membership. Therefore, if you have any questions about the local history of area, please let us know and we will try our best to answer them via our website.

Cut and paste the following link into your web browser to go directly to our page:

<https://u3asites.org.uk/awake/page/22001>

Questions can be sent via the 'bird' link at the top right of the web page or by contacting the group leader:

Francis Davies, 650449

Pudding Club

Our International Chef and Pudding Club member Bob Jackson has provided some recipes for you to try

Seeing that we have a lot of spare time at the moment, and difficulty in buying stuff from the shops (due to stupid people panic buying!!!!!!), I just thought you might like to try a couple of these simple recipes. I've got a couple of them from Jamie Oliver's programme that's been shown recently.

If you have not got any of any of the ingredients, just substitute them for something else. As an example, if you don't have an onion use a leek, a spring onion, a red onion, or anything else YOU fancy using up!

QUICK TOMATO SAUCE.

1 tin tomatoes

1 onion

2 cloves of garlic

Chop the onion and fry them slowly so they don't burn them add the chopped garlic.

Just fry for a couple of minutes then add the tomatoes, rinse the tin out with water and add that. Season with salt & pepper.

You can use it like that or you can blitz it up with a hand blender or food processor. Simple!

CHEATS PIZZA DOUGH

500g s/r flour

250ml water

Salt

Bring everything together in a bowl and kneed it a little to make an elastic dough. If it feels a little dry add a little more water.

Roll it out to whatever shape you want, top it with a bit of that tomato sauce and whatever topping you fancy. Ham, pepperoni, cheese or use anything you have in your cupboard that you want to use up.

More to follow next time

Bob Jackson

Wine group

Wine, Beer and all that -- useful information for imbibers

In these stressful times, a glass of wine, beer or gin and tonic can help to provide a more relaxing evening. It will be even more pleasurable if you have a good background knowledge of your drink – how, when and from what it was made, and what are its expected sensory effects. Did you know that AWAKE U3A has two wine appreciation groups (WAGs) (and a whisky group) in which members can learn about and experience a wide range of wines. They can access wines from around the world, including those from more unexpected countries (Romania, Moldova, Uruguay and China, for example) and a host of obscure grape varieties. They have been particularly interested in English wines, produced by the explosive expansion of vineyards in the UK, including several in this area, ascribed to global warming. These are mainly white wines, the sparkling champagne look-a-likes being particularly successful (and expensive!). I have even spotted some British wines, produced in Britain from imported grapes (remember VP wines?) on supermarket shelves.

Both WAGs have about nine members, and their monthly meetings are held in turn at each member's home. If you would like to form or join a new WAG, I will be pleased to help. There are also one or two local wine-tasting societies. Perhaps the most prominent is the Kingston Wine Circle, which has been in existence for about sixty years. It has about 35 members and

meets monthly at the Willerby Manor hotel. Its ethos is similar to that of the WAGs.

Obtaining wine

The current problems of restricted access for personal shopping should not impact greatly on buying wine (and other drinks). It was announced on March 25 that off-licences and wine shops had been added to the government's list of stores allowed to open, thus joining supermarkets and delicatessens. The big supermarket companies have good stocks of a wide variety of wines. Lidl and, especially, Aldi have built up a good reputation for excellent wines at reasonable prices despite their general, probably undeserved, reputation. Delicatessens are also a good source of quality wines. Local examples include Roberts and Speight in Beverley, Field and Fawcett near York and James Patrick in Hessle. The Cellar Door is the retail outlet of the House of Townend in Melton and is open to personal shoppers. If you cannot or do not wish to call in at their premises, most of the enterprises named above provide an on-line delivery service. HC Wines of York are an on-line only wine merchant who would be delighted to receive your custom. Detailed information on all the suppliers named above should be sought from their respective web sites. Remember that situations change rapidly these days!

Beer

Beer (or ale) has been the staple drink of Brits for centuries because it was cheap, easily made, thirst quenching and healthy. Over the last century, however, it became mainly a boring industrial product of increasingly large and international enterprises. Over the last fifty years the Campaign for Real Ale (CAMRA) almost single handedly opposed this development, promoting and publicising the availability of cask-matured beer accessed by hand pumps rather than by gas pressure. This led to the survival and eventual popularity of 'real ales' especially but not exclusively made by small local breweries. Some of these breweries were new enterprises and our area has a fine collection of them. They include the Wold Top Brewery (the owners of which have also just produced Yorkshire's first malt whisky) and Great Newsome Brewery, both of which produce prize-winning, world class beers. In addition, numerous microbreweries have been set up locally (Atom Brewery is a good example), producing

a very large range of beers, some of which have very novel tastes. Many of these are available from local supermarkets and specialist off-licences. Roberts and Speight in Beverley have an extensive range of these beers. Some of the brewers may trade on-line.

With this explosion in the world of beer it has become increasingly difficult to keep up with developments. Maybe it would be a good idea to form a Beer Appreciation Group. Are you interested? I am ready to help.

Keep safe. Drink only in moderation.

Alan Townshend

Whisky Group

Some thought from one member of the whisky group

We are the first U3A whisky group in the UK

And at the moment we think we are OK

However, we are accused of being elitist

Yet none of us pretend to be Scottish

We do enjoy our whisky

And we meet intermittently

We could expand our membership

And then we could organise a distillery trip

So if you are thinking of joining

Another U3A group could be forming!

Mike Noddings

Barely Awake Ukulele group

Well, we thought, if those young whippersnappers from the Sunshine Strummers can have online practice via the Zoom app. Surely so could we.

Janet Brown, our very own young whippersnapper was appointed as the Director of Technology and in no time at all we were up & running with the call to join a Zoom meeting the following day and as you can see the majority of our group logged on and were ready and raring to go (or so we thought)

As I commented afterwards, the positive was 'it was nice to see everyone, especially Greg and his new, Captain Birdseye

whiskers.

The downside however was the intention of having a meaningful practice was something of a let down. A delay and not being able to hear anyone but yourself meant we all finished at significantly different times (no change there I hear you say!)

As a chance of a catch up and a good laugh it was a resounding success, as a meaningful practice slightly less so but we will soldier on to at least keep in touch on a regular basis, any other examples of Zoom going on?



Our second attempt was much more successful from a playing point of view and now we intent to make this a weekly ritual until things are back to normal.

Sunshine Strummers Ukulele group

The Sunshine Strummers Ukulele band are still strumming and recently held their first On line Strum-Along. Members of the band played in odd socks as they were due to play and wear them for the Downright Special Group on World Down Syndrome Day on 21st March. Unfortunately this concert was cancelled due to the current circumstances but photos of band members playing the uke in their colourful socks were sent to the Downright Special Group.



A cacophony of sound from the Sunshine Strummers Ukulele Group on the Zoom Platform with an On-Line Beatles Strum Along. 16 members of the band (many wearing their Hawian shirts) successfully joined in (see photo above) with more to follow next week with a Cowboy and Country and Western theme.

Sunshine Strummers Ukulele Band - Wild West Show!!

Earlier this week the Sunshine Strummers performed their Cowboy/Country & Western themed session on the Zoom platform. Songs played included Ghost Riders in the Sky, Country Roads, Jolene, Don't Fence Me In, Home on the Range, Wandrin' Star, Three Wheels on My Wagon, Folsom Prison, Ruby, Ring of Fire, Wagon Wheel and Rawhide to finish.

All are looking forward to next Monday's Easter themed session with members of the band competing for the best Easter Bonnet worn whilst playing the uke.

Keep Strumming!!



Ride em Cowboy!

Quiz Time, Folks, First of all, the answers from Issue 1)

First here are the answers to the Quiz in Issue 1 set by Chris Gibbs

1. What does the term Spare mean in ten pin bowling?
2. How many zeros in ten Billion?
3. What colour is the middle layer the German Flag?
4. If your Zodiac sign is a fish which two months of the year could you have been born in?
5. What is Plastic made from?
6. What is Cosa Nostra?
7. How many bones in the Human body?
8. Peter Sellers searches for the Pink Panther in the film of the same name but what IS the Pink Panther?
9. What was Mark David Chapman famous (or infamous) for?
10. Who was the leader of the Baath Party until 2003?

Answers –

1. All ten pins down in 2 throws

2. Ten zeros
3. Red
4. February & March
5. Crude Oil
6. The Mafia
7. 206
8. Diamond
9. John Lennon's killer
10. Saddam Hussain

Household Items, What were they?



A – Cocktail sticks



B (Juicer)



C (Kitchen Box Grater)

Answer to Holmes and Watson's Poser

From Issue 1

A bank manager has vanished and no one knows the full combination of the locked safe. Individual members of staff, however, can recall pieces of information.

- ❖ The safe number used the digits 1 to 7 and each appeared once
- ❖ No two odd digits are next to each other
- ❖ The difference between adjacent digits is always greater than one
- ❖ The penultimate digit was twice the value of the final digit.

The information is enough for the Inspector to work out the code and open the safe.



The code number is 5274163

New Isolation General Knowledge Quiz from David Newman

1. Who famously said "I want to be alone" in the 1932 film 'Grand Hotel'?
2. Which 1960's TV spy was played by a 'Magnificent Seven' actor?
3. What is the only one-word anagram of SOLITARY?
4. In 1966-67, who made the then fastest solo circumnavigation of the world? And what was the full name of the yacht?
5. In question 4, the journey took 226 days. What is the current record - 186 days, 79 days or 42 days?
6. Who wandered lonely as a cloud?
7. In which musical was 'You'll Never Walk Alone' originally sung?

8. Which fictional hero was played on TV by Clayton Moore and in a 2013 film by Arnie Hammer?
9. Who sang 'If you were the only Girl in the World' with Gordon MacRae in her 1953 film 'By the Light of the Silvery Moon'?
10. What Is the only one-word anagram of ISOLATED?
11. Who had UK chart hits with the following songs:- a) 'Lonely this Christmas' (1974) b) 'Only the Lonely' (1960) c) 'So Lonely' (1978) d) 'All by Myself' (1975) e) 'Single Girl' (1966] f) 'Solitaire' (1973 - no. 4 in charts) and (1975 - no. 32)
12. What is the nickname of the state of Texas?
13. What misfortune happened to Kevin McCallister twice in films?
14. Which Willerby music cafe sounds like it serves single people only?

Holmes & Watson Puzzle part 2

A		B	
C	D Bike 1 	E	F
G		H Bike 2 	I

Which bicycle appears in the most rectangles in the drawing?

Answers in Issue 3

Your funny Articles & photos

Spotted by Brenda Stapleton

Mobberly WI have issued the following guidance for isolation.

Right ladies, Judith Bickerstaffe has kindly emailed the crochet patterns for the face masks and matching underwear sets. Anyone who runs out of wool should message Delia who will leave fresh supplies in a vacuum sealed sandwich bag on your doorstep. She will knock the theme tune to Miami Vice on your door so you know it's her, you'll have to take pot luck on colours, but I do know there is a particularly lovely shade of burnt copper. Mavis has drawn up a rota for the Haz Mat suit and WW2 Gas Mask, it is one size fits all so please don't specify size requirements. If any of our less able members need provisions such as bread, milk, wine, Gin or pickled walnuts please contact Cynthia, who will pop to the shops for you providing her moped isn't being used by her grandson for pizza deliveries.

Laura will go ahead with her useful and inspirational talk on Christmas and other gifts made from j-cloths via Skype.

Currently we will have to abandon our collection of soft toys made from used hosiery, particularly after that unfortunate incident when Derek Malmsbury was found doing unspeakable things to the elephant made by his wife, Nora. I'm sure we all support Nora at this upsetting time. Apparently they WERE Derek's fishnets, which is why he was confused and why he wanted them back. Still that should never be done to a child's soft toy.

Connie is finishing off the template for making an emergency face mask and draft excluder from a spare bra. I know some members have raised concern that as Connie is a 46GG she has more material to work with than most, but she assures me her template will be scalable from 32 A upwards.

Audrey wants to apologize for the mix-up with the medication run, but please be rest assured Joan suffered no side effects from taking Marjorie Butterworth's husband Viagra and haliborange. And likewise Marjorie's husband seems to have responded really well to the HRT. Marjorie says they even agreed on the pattern for their new curtains.

Sad news because of the Government announcement, the trip to Leeds and 'Miss Fifi's Private Dungeon and Macrame club' has

been postponed and at this moment we don't have a rescheduled date.

Great news: we have already started collecting prizes for the summer fayre raffle. It looks like the star prize this year may well be a pack of 9 Andrex Quilted Aloe Vera toilet rolls. Shortly followed by a complete set of knitted Nolan Sisters toilet roll covers. Mavis says any resemblance between Colleen and Anne Widdecombe is purely coincidental.

Right Ladies I must dash, I hear Springitts has just had a fresh delivery of tinned prunes.

Here is a Challenge for you, just what jobs have you done in Lockdown that you never had the time for, take a photo and tell us about it. I will start it off!

I have catalogued my collection of Theatre Programmes amassed over the last 40 years, around 300 in total, principally from visits to the West End in London, Scarborough's Stephen Joseph, York Theatre Royal and of course the Hull New Theatre and Hull Truck along with a sprinkling of other Theatres ranging from New York to Sydney.

Rugby League AND the Theatre who would have thought it.



Looking for Reliable Tradesmen

You will all, I suspect, have a number of those magazines which pop through our letter boxes every month. The ones I am referring to are those with names like 'On Your Doorstep', 'Door to Door' or 'Hessle Villages'. They are all full of advertisements and useful telephone numbers of local tradesmen. However how do we know that they are reliable? I know that I asked one of them to give me a price for creating some steps from a paved area to a raised area of garden. The man duly arrived and looked at the job and said that he would leave a price for me through the letter box. I am still waiting and that was three years ago.

So I have asked around and found that one of our members was inconvenienced one Saturday morning when the only toilet in her house decided to stop working. She checked one of these magazines and chose a plumber who was advertising there and he made her the first call of the day and did a very satisfactory job at a reasonable price.

It occurred to me that it might be a good idea to create a register of good reliable workmen that U3A members could call with some confidence. I have started the list with a few who I either have used and recommend or whose names have been passed to me from other U3A committee members. If you are aware of someone you feel should be added to the list please contact either me on 659852 or Steve Roberts who is compiling the on-line U3A News Letter on 659816.

Electrician

Tim Burr

Mobile 07506905521
571928

Handyman

Nick

Recommended by Steve Roberts

Mobile 07486492433

Joiner

John Martin

Mobile 07770355617
799217

Joiner

Mike Hawks

Mobile 07734885734

Painter and Decorator

Wayne Kirland

Mobile 07984166192
566860

Plumber

Noel Carr

Mobile 07730579218
651941

Plumber

Mark Hughes

Hughes Plumbing and

Heating

Mobile 07587107055
648648

I would be pleased to add to the list at any time.

Les Holmes

Thanks for that Les, A great idea, as les says if you have any reliable tradesman you would like to add to the list, please let me know Steve Roberts 659816



POETS CORNER

A Poem from David Robinson may well strike a chord with members of his wife's Sequence Dancing group

'THE TEA DANCE'

It's the Sunday tea dance and they'll all be here today
Aches and pains forgotten, dance the afternoon away,
Foxtrots, quicksteps, waltzes, some are slow but some still nifty
With memories' of how it was way back in 1950,
Norman's in the toilet and he's struggling to pee
He's got trouble with his prostate, and he'll likely miss his tea,
Eddy's got a new love that he met in Thornton Heath
She does a lovely tango, but she hasn't any teeth,
His latest fancy footwork nearly broke his partner's neck
She mistook his outside swivel for a travelling contra check,
Ida's had her hair done and she is ready for the saunter
She had a vindaloo last night and it's coming back to haunt her,
Florry's mini-skirt's revealing when she's spinning in the jive
She really shouldn't wear a thong, approaching 85,
They've had their tea and cake and chat and had a little laugh
And gamely rise with creaking knees to face the second half,
Norman's made it back in time for rumba number one
His curcaracha's very neat, but he's left his flies undone,
Vera's fallen over in a massive Crimplene heap
Bert's got indigestion and Mabel's fast asleep,
It's last waltz time and up they get for Humperdinck's old tune
And then, Goodbye, good luck, take care, God willing see you soon.

A Poem penned by our very own illustrious leader Sue McPhee

Oh My Hair

I looked in the mirror and what did I see
A face I recognised looking back at me
The face was the same but oh my hair
All I could do was look and stare
Long hair stuck out without a curl
And roots so wide I wished were not there
What should I do the scissors are tempting

The confidence not there for attempting
Should I try the rollers or the curling tongs
The mousse and the hair spray no good when it's long
Oh I wish this was over and get back to normal
We'll all look like cavemen but a bit more formal
It was different in the seventies long hair was the fashion
But now in my seventies it's not my passion
When it's all over we'll have a good giggle
At the things that we did to make our hair wiggle
The hairdresser is supposed to be not very bright
But at times like this we know it's not right
I should know having being one for forty years
That's why you need us for a good clip round the ears

Another contribution from Liz Parker

The Café

"Oh God, he's here again, come in and shut the door
And mind your boots don't paddle mud on my clean and shiny floor"

Old Tom smiled back and ignored her words, this greeting was the norm

They all enjoyed the banter here, they knew no harm was borne.

The cafe seemed like home to them to rest their weary bones
And spend a while with tea and chat and hear old Maggie's moans.

I'll have my usual, Maggie love, Tom asked her so polite
And I'll take a meat pie home with me, to have for tea tonight.
He looked around and saw the scene he viewed most everyday
Of Fred and Joan and Bet and Bob, passing the time away.

But what a cheek, would you believe, Tom wasn't prepared for that,

A grand young woman, posh coat and hat, was where he always sat.

With two young men with suits and case, in conversation deep,
And papers spread in front of them, Tom strained to get a peep.

Fred caught his eye and looked quite sad, in fact they all looked glum,

And only Alice raised a smile as she chomped her large cream bun.

Bob soon began his daily moan about the world today
And wouldn't hear another voice until he'd had his say.
Tom wondered why he came in here, he always got so mad,
But Bob continued with his rant of how the world was bad.
And better years ago, when he was in his prime
And fighting for his country, an honour at that time.
This was their world, their comfy sphere, where they could be
with friends,
And spend their time with memories and deal with what God
sends.
Maggie joined the trio's table and furtive chat ensued
Alice burped and hid her face when Fred said "Don't be rude"
The scene played on with lively chat and buns and tea galore ,
With Bet and Bob in deep debate on politics and more.
Then Maggie rose and gave a hoot, "Break out the Garibaldi,
I've only gone and sold the café, it's going to be an ALDI.

Final Thoughts from the Editor

I wrote in Newsletter No 1, Don't forget the clocks go back on Sunday, which means we get an extra hour indoors. (actually it was an hour less indoors so was a real plus!)

Congratulations go to Mike Noddings who was the first to notice the mistake in the above attempt at humour, the lesson is 'do not believe ALL you read on the Internet', check it first! (Runner up prize goes to Les McPhee)

With all this talk about finding a vaccine for curing Coronavirus, has anyone suggested eggs chopped up in a cup?

On the 2nd day without Sky Sports, I noticed a lady sat on our settee, apparently it is my wife, she seems very nice!