

AWAKEN

The Newsletter of Anlaby, Willerby and Kirk Ella u3a

Number 73 September/October 2023



Word From the Chair

Hello everyone.

Welcome to the latest edition of our newsletter.

As I am sitting and writing this, I am looking out of the window at the garden having just returned from a not so sunny Whitby. Our summer has been rather temperate and unsettled whilst our friends around the world have been experiencing extremes of weather.

In the last few weeks, I attended my first Committee as chair and having listened and read about all the wonderful activities and groups that are taking place on a day to day basis, it has given me a realisation that I have much to learn which I am striving to do with all your help and support.

I would like to take this opportunity to say a big welcome all our new members and hope that you enjoy all the activities that you attend and take part in.

Just to give a flavour of some activities that have taken place in the last few weeks there were two walks and buffets around the "Old Town" of Hull led by our friend Paul Schofield and these were well attended. With this in mind Sue McPhee organised a pub walk with Paul for the 4th October and this has proven to be very popular being currently fully booked.

We have had a writing competition, and this was won by Maureen Thompson (see page 13) with Lynn Bell as runner up.

This year the u3a Week is the 16th to the 24th September show casing the activities and fun which take place across the movement every day. See page 3 for details of our Open Day.

Finally, just a plea from me, are there any engineers out there willing to support with a new Robotic Group.

If so, please let me know.

Thanks

Chris Poole



The Naturewatch team out on Safari, they have spotted something, but they are not sure what or where!



Nothing to this kitchen lark, we don't know what the fuss is all about! (don't tell the wife I said that)

Latest News/Events & Dates for your Diary

Future Speakers & Activities

Wednesday, 20th September – John Senior Lesser known things about Switzerland Wednesday, 18th October - Gill Dixon-Pricklington Palace(hedgehog rescue). On the day, can people donate old newspapers, kitchen roll, kitten biscuits. Wednesday, 15th November – Chris Blacksell retired Chief Fire officer will recount his experiences Wednesday, December 20th - Christmas Celebrations. Please note: All the above meetings take place in the St. Andrews Memorial Hall, Willerby (corner of Redlands Drive, opposite large Willerby car park) commencing at 2pm

Circus Skills Course

Sadly only three people signed up for the second circus skills course and as a result it had to be cancelled.

However, Garry Hughes is prepared to try again in the spring, watch out for details.

Summer Social

On a hot Saturday 9th September evening, we had our latest social evening. Every window and door that could be opened in the Memorial Hall was opened. I hope the neighbors enjoyed the music as much as we did (apologies to the residents) I think everyone had a good time. Plenty of food, a raffle and even two games of bingo. Where else can you go for a night out for £7? (not always £7) Looking forward to the next one. Sue McPhee

Open Day

To coincide with this year's National u3a week, an Open Day has been booked on Friday 22nd September from 2pm – 3.30pm at the Memorial Hall, Willerby Square, to showcase everything that AWAKE has to offer for prospective members and our existing members and to introduce you to our new Chair, Chris Poole.

Interest Group News Group Co-ordinator

In the AWAKE u3a we have a great band of hard-working group leaders who give their time so that our members can enjoy all different types of interests. I am sure there will be a lot more interesting things that people could enjoy. I am asking if anyone would like to start a new group, especially if you have a hobby which you think others may like to learn about.

Let me tell you some of the groups that we have lost and maybe they could be started again. They include Wine Appreciation, Gardening, Long walks, German, Pudding club, Writing for fun where we did have two groups but have only one now.

Here are some suggestions for groups. Railways, Gin or Beer, Theatre, Classical music, Line dancing, Canasta. These are a few suggestions, and I am sure that there are a lot more. Don't hide your talents, share them with others.

Please get in touch if you think you would like to give this a try. Help is given.

Sue McPhee 652766

Art for Everyone

Hi Painters or prospective painters. We started up again on 17th September. We meet on the first and third Monday thereafter at the Guide Hut, Main St, Willerby. If you are interested, please ring Denise Roberts 659816

Badminton

The Swanland u3a Badminton group meets every Friday afternoon at the Badminton Centre on Chanterlands Avenue from 2pm to 3.30pm. We pay $\pounds 2$ each week, which covers the cost of courts and shuttles.

We have members from Awake and Cottingham u3a's and would welcome more members. We are a friendly mixed group playing doubles games. For further information contact Ann Berriman on 650676

Book Groups

Some of the books we read this last couple of months have already been reviewed but one new read was, 'A Year of Living Danishly' by Helen Russell. The writer goes to live in Denmark when her husband gets a job with Lego and she looks at why the Danes appear so happy and contented. Some interesting observations are made in relation to the Danish culture and way of life!! 'Something to Tell You' by Lucy Diamond is just a light summer read and tells the story of a young woman going to find her unknown father and the knock-on effects, an enjoyable story. We have a wide range of books to read over the next few months so if you're interested in joining one of the groups give me a ring (Chris Watson – 07530 256560) and I can answer any queries you may have.

Bridge Group

Beginners Group 1st Wednesday Afternoon of the month at 2pm.

Players Group 2nd and 3rd Wednesday of the month at 2pm. Both at Willerby Library, Main Street, Willerby.

New members welcome. Ring Anita. 657495. for details.

Chess Group

We meet as part of the Games group every other week at the Willerby Methodist Church on a Monday from 10am to 12 noon. As a result of our plea for more players we now have 10 members but still have room for more if you are interested, our next session is Monday 2^{nd} October please ring Peter Taylor on 501808 for details.

Coffee & Stroll

We offer a leisurely 2-mile stroll (approx.), locally or within a 10-mile radius, fortnightly on Sundays at 10.00am from the designated parking area. This is followed by coffee and chat in a nearby venue.

If you are not walking due to weather conditions etc, please consider just having a coffee, as the venues are sometimes pre booked.

The next scheduled walks are:

October 1st - Kirk Ella, Parking and Coffee at 'Haltemprice Leisure Centre'.

October 15th - Hull, Parking and Coffee at 'Springhead Golf Club'. October 29th - Hessle, Parking in the Whiting Mill car park and Coffee in 'Country Park Inn'.

November 12th – Hull, Parking and Coffee at the 'Peleton' within Warners Health Club, Pickering Road.

For any further information or issues regarding location or transport etc, please contact Les McPhee 652766 or 07855235766

Computer Group

The computer club is about much more than just computers. We meet at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month, and each meeting we have 2 or 3 resident 'experts' willing to help and advice on individual problems. This Group is open to all Awake members.

Chris Moody

Cinema Group 1

We are a group of 15 film buffs who meet 1st Tuesday of the month to visit the cinema in the town Vue or Reel, the bus service from Willerby stops outside either cinema. Ann Milledge. 655929

Cinema Group 2

The second Cinema group usually meet on the 3rd Thursday of every month in the afternoon and go to either the Vue or Reel cinemas. If you are interested, please contact Yvonne Crabtree for details (658066)

Craft Group

We are a friendly lot and there was a great turnout for August! It does not matter what craft you like working on and at what level as our group can help you over a challenge or maybe you can help some of our members as all is welcome.

We have lovely friendly meetings with both our new members and our established members. It is nice seeing the members join together to help each other solve different challenges. At the September meeting we are demonstrating how to knit fingerless gloves.

The next few months of dates for our meetings are usually on the third Monday of the month: 18 September, **23 October**,

20 November and 18 December. Please note that the **October date is the 4th Monday** due to me being on holiday. We meet as normal at the Willerby Methodist church Willerby between 2 – 4pm. Looking forward to seeing you all and any new members at our next session.

Barbara Gardner 654479 (leave a

message if no answer) or email me at nevina@nevina.karoo.co.uk

Dancing

It has been decided due to lack of support the ballroom dancing group will not be going ahead. We have tried to keep it going for the ones who enjoyed it. But there is the cost of the hall which was not being covered. Anyone wishing to give it another try let me know and I will be willing to help.

For more details ring Adrienne Robinson 654383

Darts, Dominoes & Card Group

We continue to have some very enjoyable nights of darts, dominoes and cards at the Willerby Institute (the Library on Main Street). The group meets every other Tuesday, 7 – 9pm and our next dates are September 5th & 19th and October 3rd, 17th & 31st. If you're interested in joining the Group or you have any queries, please contact Les Holmes (07530 103256) for more information.

Family History Group

The Family History Group now meets at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month. We are a small friendly Group, each working on our own projects, but sharing information.

New members are welcome, Chris Moody 653027 for information.

Flex & Stretch

Every Monday at St Luke's Church Hall 12.25 -1.10 and 1.25-2.10pm. No floorwork, variety of exercises do as much or as little as you want. Come along and meet and make new friends. If you want any more details ring 652766. Sue McPhee

French Group

We took a break in August, but by the time you read this we should be back to meeting fortnightly on Monday afternoons. We hope to have lots of Nouvelles to report! We could still welcome one or two new members. It is a very relaxed group, so do not worry about the standard of your French provided you are not a complete beginner.

Michael Ebeling 653964

Guitar group

The Guitar group continue to meet weekly at the Men in Sheds building, First lane, Anlaby every Wednesday from 10 am to 12 noon.

We now have twelve members and are currently not able to fit any more into the space available, however if you are interested, give me a ring as I am compiling a waiting list.

If interested, please ring Paul Kirk 650259 after 5.00pm please.

Games Group

The Games Group meets at Willerby Methodist Church every Monday morning from 10am -12. There are about 20 of us who enjoy playing Scrabble, Rummikub and Sequence. We do have other games too. We welcome new members to join and expand our games base. We now have to charge £2.50p as the room hire has increased but the 50p for a tea/coffee/biscuit remains

We are very friendly and all amateurs, do come and give us a try. Or contact Jackie email <u>jackiektchn@yahoo.co.uk</u>

Local History

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along!

Our next three meetings will be:

21st September "Lost Railway Stations of Hull" by Harvey Barker

19th October "An intriguing re-visit to some of Hull's lost historical buildings by Dennis Chapman

16th November "Street Stories (Part 2): People behind street names in Anlaby, Willerby and Kirk Ella" by Francis Davies

All meetings of the Local History Group are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is a maximum admission charge of \pounds 2 per person to cover the costs of speakers, hall hire and refreshments. However, at some meetings the charge is lower and it's even free sometimes!

Further information can be obtained from the group leader (see below) or from our webpage -

https://u3asites.org.uk/awake/page/22001

Francis (650449; <u>francisvdavies@live.co.uk</u>)

NATUREWATCH

Date	Venue	*Meet
29.09.23	Waterside edge foreshore walk, Barton	9.30am
13.10.23	Millington Woods	9.30am
27.10.23	North Cave Wetlands	9.30 am
10.11.23	Wheldrake Wetlands, Selby	
	(wellies probably needed, very wet)	9.30am
24.11.23	Tophill Low Nr Driffield	9.30am
8.12.23	Xmas Meal Outing (tbc)	

* Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury`s) unless otherwise stated.

Mark & Celia Beaumont (654666)

Pickle Ball

Come and try your hand at Pickle ball. A game invented for the baby boomers and "Golden Oldies." Not too much running around and lots of fun!

Come and join us at Haltemprice Leisure Centre Tuesdays at 1:00 pm. (other days may be added on after the holidays)

Essential equipment is available for beginners.

Contact Alison Ward on alisonward8815@gmail.com

Play Reading1

The July play reading was The Editor Regrets by William Douglas Home. Rosemary Brown the daughter of a well-known MP spends a weekend with ex-boyfriend Jimmy shortly before her wedding to Charles. Unfortunately, they are followed and interviewed by a very persistent gossip columnist. The photos and articles resulting from that interview - given whilst Rosemary and Jimmy were not entirely sober - will considerably embarrass her father and probably cost Charles his hopes of being selected as a candidate for a 'safe' seat. The machinations that take place to suppress the article the week before publication make for an extremely funny production.

The next play reading is on Wednesday 27th September.

Christine Trever

Quizzing group

The Quiz Group continues with 9 or 10 teams taking part each time. We've had some very enjoyable, if challenging, nights recently and some friendly banter with the question

masters/mistresses. If you fancy turning up and seeing if it's for you, give me a ring (Chris Watson, 07530 256560) and you'll be made more than welcome. You don't need to be in a team as these are sorted out each Quiz, so anybody on their own can just arrive and be warmly welcomed. Our next dates are September 28^{th} and October $12^{th} \& 26^{th}$.

Singing for Fun

Do you like singing? Why not come along and try our singing group. We sing all the songs that you know from your youth and some you may not know. If you like singing why not give us a try. It is a mixed group so don't be apprehensive. We recently entertained at Cassandra House in Cottingham and are visiting St. Mary's Care Home in the near future.

We meet every other Tuesday evening 6.30- 8pm at the Anlaby Village Hall near Frydays fish shop.

If you want to know more, please get in touch 652766. Sue McPhee

Stately Homes

After our summer holiday visit, we managed to fit in a quick trip to Nunnington Hall. We were a little disappointed that the doll's house rooms had been squashed into a smaller space making it a bit more difficult to spend time taking in all the details. We looked at Stately Homes/Chateaux in France in August and there were some very different styles compared to our usual buildings in England. In September we are having a visit to Boynton Hall near Bridlington, not usually open to the public so looking forward to that. If you would like more general information about the group, please do not hesitate to get in touch. (Chris Watson) on 07530 256560.

Short Walks

September 25 Albert Dock / River Humber Linear Walk. Park at Sailmakers pub, St Andrew's Quay HU3 4SA, where we will socialise afterwards. 3 miles, flat except for steps over warehouses, all pavements, no toilets.

9 October Western Cemetery and environs. 3 miles flat pavements no toilets. Park in pub car park of the Avenue, Chanterlands Avenue.

23 October South Cave Ramble.

3 miles pavements gentle slopes no toilets. Meet and park in West End near the West End Cafe which is a few hundred yards past Cave Castle.

13 November Swanland Snickets.

3 miles pavements very slight inclined no toilets. Park as near to Oliver's Cafe as you can find space near the pond.

27 November Anlaby Snickets.

3 miles flat pavements no toilets. Park at far end of Lynwood Avenue.

Socialise in Hop Pole, Kingston Road.

All walks start at 10.30am. Wear appropriate clothing and carry your ICE card on your person.

Contact Ian Jones via text to 07783648257 or email gianj@gianj.karoo.co.uk

Table Tennis

We continue to meet at our Men in Sheds venue, First Lane, Anlaby, if you fancy joining us every 2nd & 4th Thursday in the month at 2pm you will be made welcome for a game, a hot drink and chocolate biscuit. Existing, ex-regulars and potential new members are always welcome, all equipment is supplied if required. please ring Steve Roberts (659816) for details.

Ten Pin Bowling – Monday & Friday

Hi everyone.

I hope you are all well and have enjoyed the summer break.

The Monday group restarted on Monday 11th September 2023. We meet at 10am. Our next meeting is Monday 25th September

At The Hollywood Bowl Kingswood Retail Park, Gibraltar Road, Hull HU7 3DB

Bowling costs £6.55 for two games car parking is free.

New members are always welcome no experience required come and learn a new skill and have fun. Lifts maybe available if required please contact me if you need a lift or any further information.

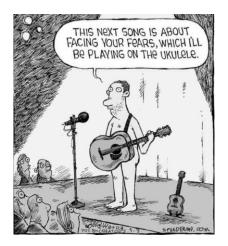
sdclark1@hotmail.co.uk or tel. 07811719843.

Steve Clark

The Friday group continue to meet at Super Bowl in Princes Quay at 10am every Friday. The cost is still £7 for two games. The group started again after the Summer holiday break on 8^{th} September and the next session will be 22^{nd} September. Dave

Newman will welcome anyone who wishes to join this group, For more information, please contact David on 659870. David Newman

Ukulele Groups



Barely Awake

We have recently entertained at the Breastfriends group who meet at the Octagon in Hull, also a 'tropical' themed garden party at the Hallgarth Care home in Cottingham, the Beverley Beck Heritage weekend and at Albion house in Anlaby, a good time was had by all! We also have gigs lined up for the future at Willersley House and then back to Hallgarth for a Halloween Party. Steve Roberts

Sunshine Strummers

After a record number of concerts during the early summer we deliberately kept the August period clear of performances to concentrate on working on a range of new songs which have focused on a sea and river related theme.

These have included Sea of Heartbreak, Blue Bayou, Moon River, Riptide, and I Want to Marry Lighthouse Keeper. One suggestion is that we should look at a tour of lighthouses to try out our new songs and a possible concert on the recently refurbished Spurn Light Ship may be a possibility.

We have also worked on developing our strumming patterns and great progress has been made on mastering the Island/Hawaiian Strum.

We take to the water very soon with a concert for the Beverley Barges Heritage Day on Sunday 10th September at Beverley Beck. Future Performances include playing at the Celebration of Older People at Cottingham Civic Hall on 28th September and bookings are coming thick and fast for the Christmas period!

We have two new experienced players joining us in September and although we have 25 members, beginners are always welcome. A short introductory course is available for anyone new to the ukulele.

To finish, just a special mention for our oldest member Bill Coop, who has just celebrated his 93^{rd} birthday and continues to be a maestro on the ukulele!!

Gary and Hazel Hughes

It's the FUN & Culture Section

The 'Summer' themed writing competition has been judged and here is the winner penned by Maureen Thompson, a Poem about the summer raindrops.

I'm a little raindrop but it's summer after all I know I shouldn't be around at least until the fall Summer is for sunshine, swimming, barbecues And I fully understand I really, really do I hide within the fluffy clouds light as any feather But when it's dark and stormy we raindrops stick together We really are so sorry when we spoil your beachside fun But it really is so funny to watch you pack and run Summer in this country is a hit and miss affair You know from being British a week of sun is rare Summer rains are gentle and sometimes very loud We really hope your summer is long and hot and dry And we raindrops don't come pouring like a torrent from the sky

Summer is a season you welcome like a friend But weather is just something on which you can't depend You plan ahead in winter forgetting there is weather Summer is a fun time when you can be together You plan your fetes and weddings, forget about the rain Until we little raindrops spoil it all again So in the month of August when you're feeling blue Just remember happy things and this is what you do Laugh and sing out in the rain, smile up at the sun Summertime is here at last enjoy it and have fun !! Lynn Bell was runner up with her Summer story.

Summer always seems too far away when its winter with the cold and dark nights and you can't wait until Spring arrives with all the beautiful colours of the spring flowers giving you a taste for summer and the happy memories that you have enjoyed in summers gone by.

There are so many happy memories I am sure we all share with the joys of growing up and being out with our friends and just getting called in for your dinner or tea and thinking what a nuisance parents are interrupting your game. Apart from a week in the long school holidays most of it was playing outside having a great time. You don't realise how hard it was for parents, yet you still have the memories of going to Bridlington and staying in a caravan and having a picnic on the beach each day as summers seemed to be summers then with lovely weather.

Time goes so fast and before you know it you are all grown up and getting married and realising how hard it was when your parents began their married life, but adventures then begin with your loved one. Like the time you got your first car and going from Hull to Cornwall and stating that once past Taunton you would find a place to stay only to find that after getting through Taunton and one wrong turn and you are back in Taunton and after doing this 3 times not finding it funny anymore and thinking we would be parking in a field for the night as well as stating that you will not drive this far again without booking a B & B. There was also the time in Cornwall when we turned into a car park and saw 2 ladies sitting on a bench just in front of a parking space but deciding to get a space a little further along so as not to disturb them but before having the chance to get out of our car a car had decided to park in the space behind the ladies who ended up in the air on the bumper of the car, the car then reversed and the ladies

came down with a thump and the people in the car just got out of it and walked away. We did laugh but did feel for the ladies.

As the years went by, we have had many a summer either in England or Scotland despite getting bitten by the insects. We have been lucky enough to travel the world with all the adventures that entails travelling by air, cruises, trains and pinching yourself that we are the fortunate ones to be able to do this with our break from work in the summer and gaining the knowledge of the different cultures of the countries we are visiting.

We moved nearer to family which has enabled us despite the poor weather to have get togethers and long evenings reminiscing over past summers and the holidays we have all taken. The adventure of sorting out the garden and trying out a veggie plot and sorting out the garden to make it colourful.

How we long for the summer weather to return to be able to sit and enjoy a glass or two in the evenings with friends.

Summer is not yet over, and more plans of holidays yet how sole destroying is to find that people want to move us into winter before summer has even begun with Christmas gifts in the shops in August. Time moves quickly enough without winter being thrown at us so early.

Summers are the best time of the year with so many opportunities which I intend to make the most of.

Once you hit a certain age life is just a delicate balance of trying to stay awake and trying to fall asleep. While slowly getting worse at both



MY WIFE ASKED ME WHY I SPOKE SO SOFTLY IN THE HOUSE. I SAID I WAS AFRAID MARK ZUCKERBERG WAS LISTENING! SHE LAUGHED. I LAUGHED. SIRI LAUGHED. Apple watch for sale, hardly used, used to belong to my Granny Smith.



That's an angry looking post

Little known fact there is a Patron Saint of checking bread rolls before removing from the oven.

Saint John The Bap Test.

A weasel walks into a bar.

The bartender says, "Wow, I've never served a weasel before. What can I get you?"

"Pop," goes the weasel.

This Month's poem is from Bill Daly on a subject most of us face from time to time!

Changing Cars

Cars come in every style and shade Sometimes I wonder where they've been made Perhaps you have a favourite type Or maybe you think it is all just hype No more maintaining that rusty old banger Repairs must be done in a posh garage hanger Petrol or diesel the engine might guzzle Changing your car can be such a puzzle Features like economy comfort and speed Are important things we just might need New gadgets fill the salesman's patter But in reality do they matter Trade in the model that's become old Will its value leave us cold Top of the range increases the cost Now we are bewildered and a bit lost Finance or a loan may be the way We'll make that payment another day For the future we're told think green Have we picked the right machine For the planet electric tops the heap But just now the price may be too steep Without enough sockets for more power A long journey might turn quite sour So internal combustion could stay a while If it does then I for one will simply smile

And Finally Just because something is on Facebook doesn't

necessarily mean it is true. William Shakespeare

In my Own Write

Why not write an article for AWAKEN and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than

a purely informative article. The content can be lighthearted or serious, but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

Next AWAKEN

The deadline for contributions for the next Newsletter is Friday 3rd November 2023

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <u>http://u3asites.org.uk/</u>

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The merry u3a widows cruising the Canaries. A good time was had by all!



Johnny Walker selling bulbs following his excellent talk on the trials and tribulations of showing at the Chelsea Flower Show



Barely Awake at Hallgarth Care home, Cottingham for their 'Tropical' theme garden party (looking suspiciously like the Sunshine Strummers)



Tripping the light fantastic at the recent Social evening