



Word From the Chair

Hello everyone.

I hope everyone is enjoying the Great British summer!!!!

This is the first opportunity that I have had to say thank you for letting me serve as your new chair of this fantastic organisation.

It is important for me to say a massive thank you on everyone's behalf to those who have served on the committee and are now stepping down. Their expertise, knowledge, and dedication together with you all have continued to move the organisation forward and make it the amazing organisation I have recently joined. I look forward to working with all the Committee, group leaders and members. I will certainly be tapping into this expertise and knowledge that everyone brings.

The Committee is so important to ensure that things run smoothly, and this allows us all to enjoy the activities and events that we all look forward to so much.

I have recently retired, however I have returned in a part time role. I have now joined the U3A as I have more time to attend the groups and events however over the last few years, I have had firsthand knowledge of the U3A as my partner joined after her retirement some 4 years ago. I have been to numerous events with her and have thoroughly enjoyed them and met some very lovely people and have witnessed the pleasure that has been derived from attending these events. Over the next few months, I look forward to meeting as many of you as I can and look forward to continuing to develop this wonderful organisation with all of you. My door is always open, and I am keen for all to share any ideas or suggestions. I am excited to get more involved and attend many more events and organisations that U3A offers and am keen to support and help in any way that I can.

Chris Poole



Our new u3a recruit outside the Willerby institute for the recent
Scarecrow Trail
(Our thanks to the Crabtree's, the McPhee's, Pauline Park and
Denise Roberts for their assistance in making this happen for
the second year running)



Introducing Lynn Quantrill, our new Treasurer who is taking
over from Denise Roberts. Denise will continue to assist Lynn to
ensure a smooth transition, therefore please continue with the
current payment system until informed otherwise.

Latest News/Events & Dates for your Diary

AWAKE AGM

This year's AGM was held on Wednesday 21st June

The AGM was attended by 74 members which met the quorum required. The minutes from last year's meeting were accepted as a true record and signed. The Accounts had been examined and found correct by Lambert Clerical and were also presented along with the treasurer's report. An increase in membership fees was also explained and a flow chart of how this is spent was supplied to the meeting. Lambert Clerical was approved as our financial examiner for the year 23/24. This year the meeting was invited to vote on a new Chair as Sue McPhee has come to the end of her tenure. Chris Poole has been elected as our new Chair and Sue will support him as Vice Chair. Lynn Quantrill has stepped up for election as Treasurer and was also accepted by those present. Denise Roberts will support Lynn through the transition period. All of the standing members of the committee were also voted to continue in posts. Thanks were given to Sue and Denise for their hard work in difficult times and in building up our u3a to the present number of 477 members. The meeting responded with applause.

The afternoon was rounded off with a sing along and tea and cakes.

The next AGM will be Wednesday 19th June 2024 at 2,30pm.

Background information from Chris Poole our newly elected Chair:

I have been a registered Nurse for over 35 years. I trained in London at the Royal London hospital and worked at St Bartholomew's Hospital and the Royal Free Hospital before travelling North and working in Manchester. My NHS experience covering trauma and orthopaedics, clinical anaesthetics, day surgery, transfusion practice, surgery GI and critical care, teaching/lecturing, appraising and mentoring, site management and a number of management roles. Throughout my career I have always been passionate about caring for people from every background ensuring the delivery of the highest levels of patient care and safety.

During my career I have especially enjoyed the training and presentation aspects which has been a major part in my

professional career and this has involved me presenting to colleagues and groups at all levels and speaking and presenting to a variety of different organisations and bodies locally, nationally and internationally

I have many interests and am always looking to learn and explore new things some of my main hobbies /interests include Gardening, Music of all varieties, Travel, Football & Golf.

Thank you again and I look forward to meeting you all in the near future.

Chris Poole
07943395606

Chris.poole7binternet.com

Future Speakers & Activities

Wednesday 19th July – John Murray, Local Wildlife photographer specialising in the Willerby area.

Wednesday, 16th August – Johnny Walker – Every Flower show has a story.

Wednesday, 20th September – John Senior – Lesser-known things about Switzerland

Please note: All the above meetings take place in the St. Andrews Memorial Hall, Willerby (corner of Redlands Drive, opposite large Willerby car park) commencing at 2pm

Circus Skills Course

A new five-week Circus Skills course is scheduled to run from 31st August, every Thursday 2pm – 3.30pm at Willerby Library and places are limited. Skills covered include juggling, plate spinning, diablo, balloon modelling, hoola hooping and a few surprises. If interested in learning and trying out a range of circus skills, please then contact Gary Hughes on 07756 848225 to book a place.

Social Evening

Another social evening and buffet is planned for Saturday 9th September at the St Andrew's Memorial Hall 7.15 pm until 10.30pm. £7 per person

Bring your own drinks and glasses. AWAKE members only as tickets are limited.

Tickets available from Sue McPhee 652766.

Interest Group News

Group Co-ordinator

Hi. I'm Sue McPhee, the group coordinator. If anyone has an idea for a group or is thinking that they may like to start a new group, please get in touch with me and I will see if there is any response to the request. If so, we can have a meeting to get things started. There are lots of things members may think of but are a bit shy to come forward.

I have been asked about starting a Canasta group anyone interested. Please let me know.

Please contact me with any ideas.

Sue 652766

Art for Everyone

Hi Painters or prospective painters. Just to let you know the Art Group are on holiday! We start up again on 17th September. We meet on the first and third Monday thereafter at the Guide Hut, Main St, Willerby. If you are interested, please ring Denise Roberts 659816

Badminton

The Swanland u3a Badminton group meets each Friday afternoon at the Badminton Centre on Chanterlands Avenue from 2pm to 3.30.

We have members from Cottingham and Awake u3as and generally have a good turnout. For further details contact Ann Berriman on 650676.

Book Groups

Two new choice books have been read recently. 'Death in Blitz City' by David Young is set in and around a fictional American Army camp based in Cottingham. Although the setting is the war attacks in Hull the actual story relates to the racial issues in America and produced some interesting discussion. The second book 'The Space Between Us' by Doug Johnstone is of the Sci-Fi genre which has been avoided by all the groups in the past! This book however is far more than the usual books of the type and again provided a lot of discussion. If you fancy reading it, also have a look at the recent TV series 'Spy in the Ocean' in relation to the intelligence of our under-water creatures. It makes the book even more interesting. If you're interested in joining one of the groups give me a ring (Chris Watson – 07530 256560) and I can answer any queries you may have.

Bridge Group

We now have beginners' groups on the first Wednesday of the month 2pm to 4pm. The players group remains the same every second and third Wednesday of month 2pm to 4pm. all at Willerby Library. Main Street Willerby. For more details ring Anita.657494

'Caravan' AWAKE Trips Group

Caravan is organised independence. Travel opportunities are planned and accompanied by me, Roger Coates with a lifetime of independent travel. Every AWAKE member can join a Caravan event highlighted in the newsletter until it is full. Sheets of info from me will help you make informed choices so no wasted time.

The most recent trip was to Glasgow in June, Three nights. Out and back transport was six trains with views. Arrived at 2pm. Bags were soon dropped, and everybody was off in all directions knowing their plans to be seen next at breakfast. The buildings of Charles and Margaret Rennie Mackintosh are the Glasgow star turn on the plan of many of the groups. Enthusiastic reports on the world class scenic West Highland Line. A full day to Mallaig. This started a few minutes from our hotel. £26 well spent. Friendly taxi drivers impressed everybody. I was delighted to see just how much members packed in. Our return journey was through Lakeland hills by tilting pendolino to Carlisle, then Ribbleshead route to Leeds. In the spirit of Caravan our 45 min. wait in Leeds was filled by a quick march to the fabulous cocktail bar of the Queens Hotel by back door from the station. My expert eye told me we were surrounded by Friday night customers in Friday night best whose mothers had told them to put a coat on. Reflecting on the trip Pauline Park tells me her Thai basil and passionfruit cocktail downed in five minutes was the icing on the cake. My wife Chris had a trip too many on Argyle Street. Stone cold sober. A broken humerus. Five hours in A&E sharing a corridor with a prisoner in his orange uniform chained to a wheelchair and three warders. Chris got stuck into the rest of our stay one handed, in good spirit and is making what we think is good progress.

Next. Roger's outline proposal for the next Caravan trip. This is early thinking which will lead to firm details by mid-September for the trip mid to late Oct. We will be East Enders. Staying in London's East End, maybe not all in the same place. My suggestion list will include... an early Victorian music hall. Recently restored/saved. Was a dressing station at the battle of Cable Street. Thames side very old pub owned by high profile

actor often seen around. Thames side even older pub with a Dickens story and original outside balcony over the river. This is mudlark country at low tide. Access by the "steps" dating from before some of the London bridges. Churches by Nicholas Hawksmore are all around. The houses with weaver's garrets in Spitalfields. One such in Princelet Street can be rented. Sleeps 6, four nights £1632! Dan Cruickshank (historian) lives by here. "The history of a nation in a handful of streets" recent book. Further up west The George, only gallery pub remaining. Belongs to N.T. You just missed Dickens and Shakespeare. Cutty Sark and Thames tunnel. Ride DLR to Canary Wharf. Docklands Museum in old warehouse. A night at the theatre, West End for £30 all pro and sometimes big names. I have been a few times. Uber Boats can take you from Greenwich to Putney for about £10. Please give me a call soon if you are interested with no obligation. 07941222499 657105

Chess Group

We meet as part of the Games group every other week at the Willerby Methodist Church on a Monday from 10am to 12 noon. As a result of our plea for more players we now have 10 members but still have room for more if you are interested, our next session is Monday 24th July please ring Peter Taylor on 501808 for details.

Coffee & Stroll

We offer a leisurely 2-mile stroll (approx), locally or within a 10-mile radius, fortnightly on Sundays at 10.00am from the designated parking area. This is followed by coffee and chat in a nearby venue.

If you are not walking due to weather conditions etc, please consider just having a coffee, as the venues are sometimes pre booked.

The next scheduled walks are:

July 23rd – Kirk Ella, Parking and Coffee at 'The Beech Tree' pub.

August 6th - Swanland, Parking and Coffee at the 'The Swan & Cygnet' pub.

August 20th - Beverley, Parking in Lairgate car park and Coffee in 'Coles Kitchen'.

September 3rd – Willerby, Parking and Coffee at 'Costa', Willerby Hill.

September 17th – Cottingham, Parking in Co-op car park and Coffee in 'Kristoffs'.

For any further information or issues regarding location or transport etc, please contact me.

Les McPhee 652766 or 07855235766

Computer Group

The computer club is about much more than just computers. We meet at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month, and each meeting we have 2 or 3 resident 'experts' willing to help and advice on individual problems. This Group is open to all Awake members.

Chris Moody

Cinema Group1

We are a group of 15 film buffs who meet 1st Tuesday of the month to visit the cinema in the town Vue or Reel, the bus service from Willerby stops outside either cinema.

Ann Milledge. 655929

Cinema Group2

The second Cinema group continues to operate on the 3rd Thursday of every month in the afternoon usually to the Vue or Reel cinemas. If you are interested, please contact Yvonne Crabtree for details (658066)

Craft Group

At the June meeting one of our talented ladies brought in a beautiful cake she had been practising her new skill of icing. She unfortunately could not eat it all and wondered if the group would 'help' her by eating it. Needless to say, the cake disappeared in a flash with many comments of how scrumptious it was. We do like to help where we can! (See page 23 for a photo of the scrumptious cake)

Well, we are a friendly lot! It does not matter what craft you like working on and at what level as our group can help you over a challenge or maybe you can help some of our members as all are welcome.

The next 4 months of dates for our meetings are usually on the

third Monday of the month: 17 July, 21 August, 18 September, and **23 October**. Please note that the October date is the 4th Monday due to me being on holiday. We meet as normal at the Willerby Methodist church Willerby between 2 – 4pm.

Looking forward to seeing you all and any new members at our next session.

Barbara Gardner 654479 (leave a message if no answer) or email me at nevina@nevina.karoo.co.uk

Dancing

The Dancing is currently closed but will reopen on Tuesday, September 5th and will then be held on the 1st & 3rd Tuesday of every month. Further information can be obtained from Adrienne Robinson (654383)

Darts, Dominoes & Card Group

Our mixed activities of darts, dominoes, and cards at the Willerby Institute (the Library on Main Street) continue to go well and prove lively (especially the darts!). The group meets every other Tuesday, 7 – 9 and our next dates are July 11th, 25th and August 8th & 22nd. If you're interested in joining the Group or you have any queries, please contact Les Holmes (07530 103482) for more information.

Digital Photography

The Joint AWAKE and Hessle Digital Photography Group has re-started under a new leader, Dr Koshi (Bobby) Johnson supported by Peter Richardson and me. "Bobby" Johnson is a renowned wild-life photographer and a Fellow of the Royal Photographic Society. The group has, however, had to revert to its original time, 14.00 to 16.00hrs on the 2nd Tuesday of the month. The group will be trying a new venue(s) owing to the increased cost of room hire.

Stewart Mawer

(Former Group leader)

Family History Group

The Family History Group now meets at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month. We are a small friendly Group, each working on our own projects, but sharing information.

New members are welcome, Chris Moody 653027 for information.

Flex & Stretch

This group meets every Monday at St Lukes Church Hall. We have two sessions the first one is 12.25-1.10pm and 1.25-2.10pm. We do a variety of exercises to help keep us mobile and you can do as little or as much as you feel capable of doing.

Why not come along and give it a try and maybe make new friends.

Sue 652766

French Group

We continue to meet fortnightly on Monday afternoons in two groups, and we have met outside whenever possible. We cover a wide range of topics, and recently we translated the toreador aria from Bizet's Carmen, and then watched it on television. We would welcome one or two new members, but not complete beginners. Michael Ebeling (653964)

Guitar group

The Guitar group continue to meet weekly at the Men in Sheds building, First lane, Anlaby every Wednesday from 10am to 12 noon.

We now have twelve members and are currently not able to fit any more in the space available, however if you are interested, give me a ring as I am compiling a waiting list.

If interested, please ring Paul Kirk 650259 after 5.00pm please.

Games Group

The Games Group meets at Willerby Methodist Church every Monday morning from 10am -12. There are about 20 of us who enjoy playing Scrabble, Rummikub and Sequence. We do have other games too. We welcome new members to join and expand our games base. We now have to charge £2.50p as the room hire has increased but the 50p for a tea/coffee/biscuit remains

We are very friendly and all amateurs, do come and give us a try.

Or contact Jackie email jackiektchn@yahoo.co.uk

Local History

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along!

Our next three meetings will be:

20th July "The Parks and Gardens of Hull by Paul Schofield

17th August "The Stathers of Spring Bank" by Pete Lowden

21st September "Lost Railway Stations of Hull" by Harvey Barker

All meetings of the Local History Group are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is a maximum admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments. However, at some meetings the charge is lower and it's even free sometimes!

Further information can be obtained from the group leader (see below) or from our webpage -

<https://u3asites.org.uk/awake/page/22001>.

Francis (650449; francisvdavies@live.co.uk)

NATUREWATCH

Date	Venue	*Meet
21.07.23	SaltfleetbyMarsh + Covenham Res	9.30am
	(Full day due to time to get there Nr Donna Nook)	
4.08.23	Filey Brigg and Filey Dams	9.30am
18.08.23	Linwood Warren+ Kingerby Becks Meadow	9.30am
1.09.23	Askham Bog	9.30am
15.09.23	Messingham Sand Quarry + Scotton Common	9.30am

* Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury`s) unless otherwise stated.

Mark & Celia Beaumont (654666)

Pickle Ball

Come and try your hand at Pickleball. A game invented for the baby boomers and "Golden Oldies." Not too much running around and lots of fun!

Come and join us at Haltemprice Leisure Centre Tuesdays at 1:00 pm. (other days may be added on after the holidays)

Essential equipment is available for beginners.

Contact Alison Ward on alisonward8815@gmail.com

Play Reading1

There was no meeting in May. In June we read two one act plays.

The first, and most enjoyed, was White Blackmail, by Edward Percy. Set in the 1930's, it is the dramatic story of a false will involving £40,000, an enormous amount of money for the time.

The second was Food for Thought, by Roland Pertwee, which we

felt did not have the same pace.

The next meeting is on, Wednesday, 26th July. There will be no meeting in August. Pauline Park

Play Reading2

This is a new group and Barbara Falkingham is the group leader. If you are interested in joining, please ring Barbara (656716) for more details.

Quizzing group

Our Quiz group continues to attract new quizzers and we have had some great quizzes over the past few weeks. We even had the return of one of our early members, Jim McGlashen, acting as Quiz master. Hopefully he'll be back again! If you fancy turning up and seeing if it's for you, give me a ring (Chris Watson, 07530 256560) and you'll be made more than welcome. You don't need to be in a team as these are sorted out each Quiz, so anybody on their own can just arrive and be warmly welcomed. Our next dates are July 20th, August 3rd, 17th and 31st.

Singing for Fun

The singing for fun group meets every other Tuesday at the Anlaby Village Hall

6.30-8pm. We are not a choir but a group of people who like to sing.

Now Covid is over we have been able to go into some of the care homes to entertain the residents. This gives the residents and our group a lot of pleasure seeing how much they like music.

If anyone would like to join our group, please get in touch with me if you have any questions. Our group of men is growing, and they are very welcoming so if you are thinking of joining us please come along.

Sue 652766

Stately Homes

Our meeting in June, looked at 'All the King's Houses' including Highgrove House, Clarence House and Dunfries House. We also found out he is part owner of a B & B in Transylvania!!! Our yearly holiday took place earlier this week – a very enjoyable experience as described by David Newman. The meeting in August looks at 'Stately Homes' in Europe and will be on Thursday, August 3rd, 2 pm at St Luke's church Hall. If you would like more general information about the group, please do not hesitate to get in

touch. (Chris Watson) on 07530 256560.

Stately Homes visit report from David Newman

On Monday 3rd July, excited members of the U3A Stately Homes Group crowded the pavement at Willerby Square with their suitcases to set off on our annual holiday.

Heading south to Northamptonshire, our first stop was Althorpe House, the ancestral home of the Spencer Family set in magnificent grounds where we learnt some fascinating historical details of the generations of the family. The island in the lake is the resting place of the late Diana, Princess of Wales.

From Althorpe we headed into Warwickshire to find our hotel, a 16th century grade II listed building. Walton Hall Hotel is set in 65 acres of magnificent grounds and countryside.

On Tuesday morning the group visited Charlecote Park, a fascinating Tudor manor with Victorian additions, home of the Lucy family dating from 1558. The Lucy family played a significant role in the English Civil War and has on display many artefacts of this period of history including documents signed by Oliver Cromwell. The afternoon was spent with free time in Stratford Upon Avon which needs little introduction, home of the RSC and Shakespeare. Many of the group took the opportunity to visit the Holy Trinity church to view the graves of William Shakespeare and his family. The riverside walk was a delight on a rather wet afternoon.

We had two stately homes to visit on Wednesday. Upton House near Banbury, with its outstanding collection of paintings and porcelain was purchased by the Bearsted family in the 1930's as their country retreat. It houses a world-renowned art collection together with dramatic terraced gardens.

Our second visit of the day was to Canons Ashby in Northamptonshire, an Elizabethan house with 18th century gardens, the house being home to the Dryden family for 400 years. Within the grounds can be found the stunning Priory Church founded in 1147.

Although the hotel was always very busy with numerous other guests, Chris Watson managed to commandeer the bar on the final evening for a lighthearted quiz. It was so exciting that we had a visit from a surprise guest. Unfortunately, this gate crasher, a duck, had waddled in through an open door and was promptly chased through the hotel by staff and evicted.

Thursday morning found the group heading home via Belton House in Grantham. We were blessed with better weather (even some sunshine) and had plenty of time to explore the wonderful house and gardens before making our return across the Humber Bridge to Willerby.

Without doubt all of the visited Homes proved fascinating, providing a fantastic glimpse into history. The knowledge of the guides in all of the properties further enhanced our visits. A mention must be given to Sharon, our superb coach driver who found access to some of the properties very challenging for a large coach.

Finally, none of the above would have happened without Chris Watson's organisation and planning of what has proved to be yet again a wonderful U3A stately home trip.

Short Walks

The walkers did West Hedon Walk on 12th June and East Hedon on 26th June in good weather. On both occasions we socialised afterwards in what was the Kingstown Hotel which has changed ownership and is now the "Hungry Horse "

We found the food excellent for the price with the possibility of 2 for 1 at £11:85 making it a very good value for money meal.

July 10 West and East banks of the River Hull. Park at Oak Road Playing Fields car park at the end of Beresford Avenue. 3 miles, flat, plenty of grass, possibility of toilets at groundsmens' hut. Socialise at Goodfellowship, Cottingham Road.

July 24 Walkington-Risby Ramble. Park at Ferguson Fawcett pub. 3 miles, some gentle inclines, lots of grass, no toilets.

August 14 Cherry Burton - Ravensthorpe Walk. Park at Cherry Burton playing fields car park. 3 miles, flat, lots of grass, no toilets. Socialise at Hayride pub, Grange Way, Beverley.

AUGUST 28 IS A BANK HOLIDAY

September 11 Waters Edge Walk, Barton. Meet at Humber Bridge car park for car share. Then park at Waters Edge Visitors Centre, Barton where we will socialise after the walk. 3 miles, flat, gravel and grass paths, no toilets.

September 25 Albert Dock / River Humber Linear Walk. Park at Sailmakers pub, St Andrew's Quay HU3 4SA, where we will socialise afterwards. 3 miles, flat except for steps over warehouses, all pavements, no toilets.

Contact Ian Jones via text to 07783648257 or email gianj@gianj.karoo.co.uk

Table Tennis

We continue to meet at our Men in Sheds venue, First Lane, Anlaby, if you fancy joining us every 2nd & 4th Thursday in the month at 2pm you will be made welcome for a game a hot drink

and chocolate biscuit all for £2.50/ session. Existing, ex-regulars and potential new members are always welcome, all equipment is supplied if required. please ring Steve Roberts (659816) for details if required.

Ten Pin Bowling – Monday & Friday

Hi everyone, I hope you are all well.

The Monday group are now well established at the Hollywood Bowl, Kingswood Retail Park, Gibraltar Road, Hull HU7 3DB

We meet at 10am. Bowling costs £6.55 for two games, car parking is free.

New members are always welcome, no experience required come and learn a new skill and have fun. Lifts maybe available if required please contact me if you need a lift or any further information.

sdclark1@hotmail.co.uk or tel. 07811719843.

The Friday group continue to meet at Super Bowl in Princes Quay at 10am. The cost is still £7 for two games. Dave Newman will welcome anyone who wishes to join this group. For more information, please contact David on 659870.

Steve Clark & David Newman

Ukulele Groups

Barely Awake

We have recently entertained at Derringham Bank Methodist, St. Luke's Summer Fair, Anlaby Park Methodist, the very first and hugely successful Walkington Ukulele Festival for the Stephen Hughes Foundation (see Sunshine Strummers report for details)

And most recently the Ideal Standard Retirees Group, we have a number of gigs lined up for the future and have recently welcomed new members.

Steve Roberts

Sunshine Strummers

Two fantastic performances from our u3a Ukulele bands, Sunshine Strummers and Barely Awake were given at the first ever Walkington Ukulele Festival on 1st July. The event was a great success and huge thanks to everyone including many from AWAKE u3a who supported and participated in the event. An amazing £1525 was raised for The Stephen Hughes Foundation. All monies raised will support the charity's aim of 'Saving Young Hearts' through research into the heart disease Myocarditis and our Sports and Music Development Grants.

Plans are now underway for our Christmas concert, One Amazing Christmas Strum on Sunday 3rd December at the New Walton Club in Hull.

Sessions for the Sunshine Strummers will continue every Monday at Men in Sheds throughout the summer, giving the group time to work on a new selection of songs after a busy time with concerts during May and June. Bookings are already coming in for autumn and Christmas concerts and it looks as if a busy festive period is in store for the band.

Our new players have settled in well and it has been great to see them strumming so confidently at recent concerts!

Gary and Hazel Hughes

It's the FUN & Culture Section

Church of the Confused
Chicken



Poets Corner

Looking Back from Sue McPhee

Remember the days when we were young,
The days weren't long enough to get things done.
All the school holidays we were out in the sun,
Running and jumping and having fun.
With jam sandwiches and a bottle of pop,
Out all day we didn't want it to stop.
Playing in fields and climbing trees,
We got into trouble for scraping our knees.
Leaving our bikes without a care,
Knowing they were safe, till you got back there.

Remember British bulldog and hide and seek?
Keeping your eyes closed, not allowed to peek.
Girls competing with handstands against the wall,
Dresses tucked in their knickers, no fear of a fall.
Boys played Cowboys and Indians with their wooden guns,
Falling and rolling about, having lots of fun.
Happy times to remember now we are older,
Children today, like games to be bolder.
There's no skipping and jumping or running around,
They only press buttons with their eyes looking down.
Look what they are missing, didn't we have fun,
Alas for us, it's nearly over and done

And Finally

If Whoopie Goldberg married Peter Cushing she'd be Whoopie Cushing.

If Beyonce Knowles married Roy Castle, she'd be Beyonce Castle

Next time you are feeling down & useless, just remember that at a factory in Germany there is a worker who fits the indicators on BMW's!

In my Own Write

An account from one of our members recounting some of the severe hardships endured by those from Hull who chose to join the most dangerous profession in the world, that of Trawlerman.

The Trip (1955)

Failing to secure an apprenticeship, my priority was to find a job. I decided to go to St Andrews Dock and sign on for Deep Sea Trawling as a galley boy.

Mum was quite upset, as my father had done thirty years as Skipper and Mate, he was furious! Having avoided each other because of sailing times he later joined a ship I was on as Mate. He made my life Hell hoping to dissuade me from this occupation, it did not work, I carried on.

My first trip -Greenland. Through the Pentland Firth into the Atlantic heading across to Canada's Newfoundland Coast. We ran into an almighty storm. Force 10-12, mountainous waves,

we were more under water than on top. Nerves were jangling. These ships are superb in bad weather, the only damage was in the pantry, many of the provisions were broken or split leaving a shortage. As we went further north, we encountered icebergs of various sizes, magnificent in sparkling colours. It being dark when we reached the icefields our vision was restricted, we waited for daylight before seeking passage. The weather was fine, scenery of crystal blue waters. We managed to catch 2500 kits of fish and the passage home was fine.

Trouble at home! The company and the Fish Merchants were in dispute over prices being too low, So when we landed the Merchants virtually ignored our catch with most of it going to the Fish house for cats and dog food.

I did six years in all and missed many birthdays, Christmas's and New Year celebrations and holidays before coming ashore to work. The Trade was hard and dangerous, but the choice was ours. I heard many stories of injured seamen, but we always classed them as an act of God.

I am a big fan of the 'Ladies' who demanded and won the changes we desperately needed. Three Cheers to them.

P.S. I never did get to meet the Three Day Millionaire!

Mr. Fred Brown

Why not write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious, but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

Next *AWAKEN*

The deadline for contributions for the next Newsletter is Friday 8th September 2023

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

The Awaken Team

Editors: Steve/Denise Roberts (659816)

Printing: Francis Davies (650449)

Distribution (Paper): Michael Ebeling (653964)

Distribution (email): Denise Roberts (659816)

This year's Stately Homes trip explorers



A relaxing drink after a hard day at the Stately Home's face!





The Sunshine Strummers (above)
& Barely Awake (below) rocking the very successful
inaugural Walkington Ukulele Festival





The flowers planted outside the Willerby Parish Institute on behalf of AWAKE u3a and maintained by Sue & Les McPhee looking resplendent.



The cake devoured by the Craft group, it's a tough job but someone has to do it!



Pickle Ball in action at Haltemprice Sports Centre (see page 11 for details)