

Number 71: May/June 2023

The Annual General Meeting Edition

Word From the Chair



As you can see by the heading it is that time of year again. The AGM is imminent when we ask for nominations for your committee.

We need a committee to make things run smoothly and this comprises of a Chair, Vice Chair, Business Secretary, Treasurer and five other supporting committee members who have various positions. Without the committee and the group leaders we could not make your u3a as

popular as it is today. These people are all voluntary and give their time to you willingly because they enjoy their different roles. This is what the u3a is all about, sharing ideas and talents. There are no exams, no teachers, and no pupils as everyone is on the same level and new groups start from conversations amongst ourselves.

We are supported and guided by The Third Age Trust who look after the legal side, provide insurance, guidance, and support in areas common to all u3a branches.

Unfortunately, our u3a has reached the stage where new blood is needed to bring new ideas and methods to keep this branch fresh. Some of our committee members have been with us since the beginning and have a wealth of knowledge and experience to share. It is only fair that we support them in appreciation of their long service.

It does not matter if you are a new member of the u3a or a long-standing member, if you have enjoyed your time with us and think you would like to make a difference, please think about nominating yourself or someone else to join our team.

This year my time as Chair and Chris Watson, who is Vice Chair, have both come to the end of our tenures and must stand down from these posts. Denise Roberts our treasurer is taking a step back and Lynn Quantrill has put her name forward for this post (Thank you

Lynn for stepping up) Denise will support Lyn until she feels confident enough to take on the post fully.

I would like to thank all the committee who have helped me over the last four years as

I could not have done this without them. Please think about how you can help our u3a go from strength to strength by volunteering and showing how you can make a difference.

Sue McPhee



Visit to the Hornsea Rescue Centre including Whiteheads fish and chips!



Latest News/Events & Dates for your Diary

AWAKE AGM Notice

This year's AGM will be held on Wednesday 21st June at 2pm in the Memorial Hall, Willerby Square (Opposite the Police Station)

The AGM is the occasion when along with other formalities, we nominate and elect members of our committee, we are always looking for new blood to rejuvenate our committee and if you, or someone you know would like to submit a nomination, forms can be obtained by downloading from the AWAKE website, picking up from the May General meeting (17th May) or by requesting a copy from Sue Dyson (07745475424). Any completed nomination forms need to be sent to Sue Dyson by the deadline of 2pm on Wednesday 1st June 2022

Membership Renewal

We wish to thank the members who have renewed their membership for the coming year and would like to remind those members who have not yet renewed, you have until 1st July when renewals will be closed. After this date you may re-join but will be given a new number.

Future Speakers & Activities

Wednesday 17th May – Dave Smith, Murder in the Slums

Wednesday, 21st June – Annual General Meeting

Wednesday 19th July – John Murray, Wildlife photographer specialising in the Willerby area

Please note: All the above meetings take place in the St. Andrews Memorial Hall, Willerby (corner of Redlands Drive, opposite large Willerby car park) commencing at 2pm

OPEN GARDENS

Unfortunately the open gardens that we hoped to have had this year will not go ahead as no one has offered to take over the organising and no gardens have been put forward.

Refreshment Rota for General meetings

Yvonne Crabtree would like to thank all those members who are on the Rota for providing refreshments at the general meetings on the third Wednesday of the month, however, to lighten the load she would appreciate the offer of help from other members. **I will start the ball rolling by offering myself as part of an all-male group so come on lads who will join me.**

Coronation Celebration

A great afternoon was held at the Memorial Hall to celebrate The Coronation of King Charles III. We were entertained by the Singing for fun Group and the Barely Awake Ukulele group (which featured a rare new joke from Steve!) The afternoon concluded with the serving of a sumptuous Afternoon tea, a big thank you to all who helped to purchase, prepare, and serve the drinks and spread, it was very much enjoyed and appreciated by all.

Circus Skills Course

It's pleasing to report that the recently completed six-week Circus Skills course has produced some amazing jugglers, plate spinners, diaboloists and balloon sculptors! The group of nine members showed great enthusiasm and willingness to have a go at new skills and were a super bunch of people to work with. We had so many laughs over the six weeks particularly during the tight rope walking and hula hooping sessions and there was a great camaraderie as we worked on the new skills.

A new five-week course is scheduled to run from 31st August, every Thursday 2pm – 3.30pm at Willerby Library and places are limited. If interested in learning and trying out a range of circus skills, please then contact Gary Hughes on 07756 848225 to book a place.

Gary Hughes

Interest Group News

Group Co-ordinator

I am pleased to tell you that we have some more groups starting. They are Beginners Bridge; a second Cinema group and the Digital Photography group has restarted. This is all good news.

If anyone has any ideas for more new groups please let me know and we will try to get things started. I think most of our groups have started from comments made in conversation. Think from little acorns, mighty oak trees grow.

Rejoo Daniels is also currently researching the possibility of starting two more new groups:

1. Pickle Ball

Pickle ball is a new game combining tennis, & badminton played on a slightly smaller court than badminton, with a lower net and using a paddle style bat and a plastic ball with holes (**see the latest Third Age Matters magazine, Page 4 for details**) it gives a slower and less energetic game than tennis and is a current craze really catching on. Rejoo is currently in discussion with Haltemprice Sports Centre to provide a suitable venue.

2. Robotics

Again, a number of u3a groups have a Robotics interest group and build models for a variety of competitions (robot wars!) see page 14 in the latest Third Age Matters magazine for an update.

If you are interested in either of the above groups, contact Sue McPhee (652766) who will pass it on to Rejoo Daniels

Sue McPhee

Art for Everyone

We meet in the Guide Hut, Main St, Willerby on the 1st and 3rd Monday of each month starting at 1.30pm. Mary Randell assists us in our efforts and ably teaches us new techniques. We are a very mixed ability bunch who just enjoy spending time with people who enjoy a similar interest. You are welcome to visit and see what we are about.

If you are interested, please ring Denise Roberts 659816

Badminton

The Swanland u3a Badminton group meets each Friday afternoon at the Badminton Centre on Chanterlands Avenue from 2pm to 3.30.

We have members from Cottingham and Awake u3as and generally have a good turnout. For further details contact Ann Berriman on 650676.

Book Groups

For our March and April meetings we have read books covering a varied selection of genres. Two lesser-known titles were '*The Garden of Evening Mists*' by Ton Twang Eng and '*The Long Song*' by Andre Levy, author of '*Small Island*'. The first book tells the story of a man who was the gardener to the Emperor of Japan and how his skills impacted on the life of one of his students. Andre Levy's book is set within the turbulent years of slavery in Jamaica. Two other books were recent popular titles '*Lessons in Chemistry*' by Bonnie Garmus and '*Forever Home*' by Graham Norton. For many different reasons all four books are worth a read and maybe take you outside your usual choices. If you're interested in joining one of the groups give me a ring (Chris Watson – 07530 256560) and I can answer any queries you may have.

Bridge Group

We now have beginner's groups on the first Wednesday of the month 2pm to 4pm and the second Wednesday of the month 10am to 12noon. The players group remains the same every second and third Wednesday of month 2pm to 4pm. all at Willerby Library. Main Street Willerby. For more details ring Anita.657494

Chess GROUP – WANTED, MORE PLAYERS

We meet as part of the Games group every other week at the Willerby Methodist Church on a Monday from 10am to 12 noon. As a result of our plea for more players we now have 10 members but still have room for more if you are interested, our next session is Monday 29th May, please ring Peter Taylor on 501808 for details.

Coffee & Stroll

We offer a leisurely 2-mile stroll (approx), locally or within a 10-mile radius, fortnightly on Sundays at 10.00am from the designated parking area. This is followed by coffee and chat in a nearby venue.

If you are not walking due to weather conditions etc, please consider just having a coffee, as the venues are generally pre booked.

The next scheduled walks are:

May 28th – Beverley, Parking in Lairgate car park, Coffee in Cornish Bakery, Toll Gavel.

June 11th – Cottingham, Parking at the far end of 'The Parkway', Coffee in Lucy's Tea Rooms.

June 25th – Hull, Parking and Coffee at Springhead Park Golf Club, Willerby Road.

July 9th – Little Weighton, Parking and Coffee at Croft Park Café, Rowley Road.

July 16th – Intermediate walk in Skidby for the Scarecrow Festival, Parking in the car park near the Millhouse or nearby on the road, Coffee in the Village Hall.

July 23rd – Kirk Ella, Parking and Coffee at Beech Tree pub.

For any further information or issues regarding transport etc, please contact me.

Les McPhee 652766 or 07855235766

Computer Group

The computer club is about much more than just computers. We meet at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month, and each meeting we have 2 or 3 resident 'experts' willing to help and advice on individual problems. This Group is open to all Awake members – you don't have to be a member of the Group to make use of it. If you have an IT problem, please just drop into one of our regular meetings for help.

Together, we try to make sense of today's new technology, including laptops, tablets, I pads, smart phones and even the older 'not so smart' phones. We don't take these things too seriously – our meetings are intended to be light-hearted and an enjoyable

experience for all. So even if you are completely new to computers or mobile phones, and simply want to learn how to send an email or a WhatsApp message, do come along and join us for what is essentially a social occasion with morning coffee – and a bit of 'new technology' support included if you need it.

Chris Moody 653027

Cinema Group1

We are a group of 15 film buffs who meet 1st Tuesday of the month to visit the cinema in the town Vue or Reel, the bus service from Willerby stops outside either cinema.

Ann Milledge. 655929

Cinema Group2

The second Cinema group continues to operate on the 3rd Thursday of every month in the afternoon usually to the Vue or Reel cinemas. If you are interested, please contact Yvonne Crabtree for details 658066.

Craft Group

We have lovely friendly meetings with both our new members and our established members. It is really nice seeing the members join together to help each other solve different challenges.

Well, we are a friendly lot! It does not matter what craft you like working on and at what level, as our group can help you over a challenge or maybe you can help some of our members as all are welcome.

The next 6 months of dates for our meetings are usually on the third Monday of the month: 19 June, 17 July, 21 August, 18 September and **23 October**. Please note that the October date is the 4th Monday due to me being on holiday. We meet as normal at the Willerby Methodist church Willerby between 2 – 4pm.

Looking forward to seeing you all and any new members at our next session.

Barbara Gardner 654479 (leave a message if no answer) or email me at nevina@nevina.karoo.co.uk

Dancing

We meet on alternate Tuesday's - 2pm-3.30pm (next one 16th May)

at the Anlaby Village Hall.

All welcome. Why not bring a friend and come along and learn to dance or brush up on your dancing.

Darts, Dominoes & Card Group

We continue to have some very enjoyable nights of darts, dominoes, and cards at the Willerby Institute (the Library on Main Street). The group meets every other Tuesday, 7 – 9 and our next dates are March 21st, April 4th & 18th and May 2nd, 16th & 30th. If you're interested in joining the Group or you have any queries, please contact Les Holmes (07530 103256) for more information.

Digital Photography

The Joint AWAKE and Hessle Digital Photography Group has re-started under a new leader, Dr Koshi (Bobby) Johnson supported by Peter Richardson and me. "Bobby" Johnson is a renowned wild-life photographer and a Fellow of the Royal Photographic Society. The group has, however, had to revert to its original time, 14.00 to 16.00hrs on the 2nd Tuesday of the month. The group will be trying a new venue(s) owing to the increased cost of room hire.

Stewart Mawer

(Former Group leader)

Family History Group

The Family History Group is up and running again, we now meet at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month. We are a small friendly Group, each working on our own projects, but sharing information.

New members are welcome, Chris Moody 653027 for information.

Flex & Stretch

This group meets every Monday at St Luke's Church Hall. We have two groups 12.25-1.10pm and 1.25-2.10pm. No floor exercises and work at your own pace. We vary each week with balls, resistance bands, weights and also balance exercises. Why not give our friendly group a try?

Sue McPhee 652766 for more details

French Group

We continue to meet fortnightly to exchange news and do a

translation from French to English. We have recently translated articles ranging from the return of M & S in France to the abolition of the word *Mademoiselle* in official documents. We are a relaxed and friendly group, so why not join us (there is quite a bit of chat in English too!)

Michael 653964)

Guitar group

The Guitar group continue to meet weekly at the Men in Sheds building, First lane, Anlaby every Wednesday from 10am to 12 noon.

We now have twelve members and are currently not able to fit any more in the space available, however if you are interested, give me a ring as I am compiling a waiting list.

If interested, please ring Paul Kirk 650259 after 5.00pm please.

Games Group

The Games Group meets at Willerby Methodist Church every Monday morning from 10am -12. We have been meeting in the hall since COVID, to be aware of social distancing etc. There are about 20+ of us who enjoy playing Scrabble, Rummikub and Sequence. We do have other games too. We welcome new members to join and expand our games base. We now have to charge £2.50p as the room hire has increased but the 50p for a tea or coffee with a chocolate biscuit remains the same. Very good value!

We are very friendly and all amateurs, do come and give us a try. Or contact Jackie email jackiektchn@yahoo.co.uk

Local History

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along!

Our next three meetings will be:

18th May "John Alderson of Hull" by Michael Free

15th June "The History of the Holderness Coastline" by Sally George

20th July "The Parks and Gardens of Hull by Paul Schofield

If you missed last month's talk on 'South Ella Hall and its Estate',

then you can find the content of the talk (and much, much more!) on our website by typing in this link: <https://u3asites.org.uk/awake/page/22001> A series of eight articles about South Ella appear under the 'Links' heading.

All meetings of the Local History Group are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is a maximum admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments. However, at some meetings the charge is lower and it's even free sometimes!

Further information can be obtained from the group leader (see below) or from our website (see above for the link).

Francis (650449)

NATUREWATCH

Date	Venue	*Meet
26 th May	Northcliffe & North Cave wetlands	9.30am
9 th June	Blacktoft Reserve, South Bank	9.30am
7 th July	Skerne wetlands, Near Driffield	9.30am
21 st July	Saltfleetby Marsh + Covenham Reserve	
(Full day due to time to get there near Donna Nook)		9.30am

* Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury's) unless otherwise stated.

Mark & Celia Beaumont (654666)

Play Reading1

April's meeting featured the farcical comedy, Fool's Paradise, by Peter Coke. Its first performance was, appropriately, on 1st April 1959 and it was set in that time. Two ex-wives of the same man, live together in a cluttered house of antiques and a pile of unpaid bills. His will dictates that they can live there provided that nothing is sold. The discovery of some jewels leads them to the devious antics of a wily dealer and even deeper trouble.

There was no meeting in April.

The next meeting is on, Wednesday, 24th May.

Play Reading2

This is a new group and Barbara Falkingham is the group leader. If you are interested in joining, please ring Barbara (656716) for more details.

Quizzing group

We sadly lost another of our long-term quizmasters, Alan Townshend, when he passed away on Easter Monday. He, like John Agnew, had been in the group from the beginning and will be greatly missed. On the positive side, our Quiz group continues to grow, and we have had some great quizzes over the past few weeks. If you fancy turning up and seeing if it's for you, give me a ring (Chris Watson, 07530 256560) and you'll be made more than welcome. You don't need to be in a team as these are sorted out each Quiz, so anybody on their own can just arrive and be warmly welcomed. Our next dates are May 25th, June 8th & 22nd and July 6th & 20th.

Singing for Fun

We meet every other Tuesday evening, 6.30 until 8pm at the Anlaby Village Hall. This is a singing for fun group not a choir. We are accompanied by the ukuleles and sing all the songs that we remember from our younger days. If you are interested in joining us, please ring 652766 for more details.
Sue McPhee

Stately Homes

Unfortunately, due to the lack of my ability to play a DVD back successfully, we did not get a chance to see a preview of Hardwick Hall!! Instead, we looked at the life of Bess of Hardwick and then had a look back at the first eleven years of our Stately Homes visits. Hopefully as I'm typing this review, our group members should be on their actual visit to Hardwick Hall and enjoying the warmer, sunnier weather. Our next meeting will be on Thursday June 1st, 2 o'clock at St Luke's Church Hall and will be a presentation about Highgrove House. If you would like more general information about the group, please do not hesitate to get in touch. (Chris Watson) on 07530 256560.

Short Walks

22 May. Beverley Beck. Riverview Cafe car park, Riverview Road, Beverley. All metalled paths.

12 June West Hedon Walk. Flat, 3 miles, gravel footpaths and pavements, no toilets. Park at long-stay station car park Soutter Gate/Preston Road. Socialise at Kingstown Hotel, Hull Road.

26 June East Hedon Walk. As for 12 June above.

10 July Oak Road (River Hull. 3 miles, flat, lots of grass, possible toilets at Oak Road playing field car park. Socialise at the Goodfellowship Inn, Cottingham Road HU5 4AT

24 July Walkington-Risby Ramble. 3 miles, slight inclines, lots of grass, no toilets.

Park at Fergusson Fawcett, Walkington.

All walks start at 10.30 prompt. From now on check either on Short Walkers WhatsApp site or with me to see if they are on. Ian Jones text 07783648257 or email gianj@gianj.karoo.co.uk

Supper Club

As yet we have not had a Supper club visit this year. I think it is about time. Supper club is open to anyone who likes to go out for a meal and socialise. We go to different restaurants each time. Sometimes the numbers are limited according to the choice of restaurant.

Please get in touch with me if this is something which you would like to join. I think the next one will be Kristoffs in Cottingham. Sue 652766

Table Tennis

The new year is well underway, and we continue to enjoy our table tennis with an average of around 12 participants including some new members. We have introduced a new end of session 'Round the table' competition with a trophy for the winner.

We continue to meet at our Men in Sheds venue, First Lane, Anlaby, if you fancy joining us every 2nd & 4th Thursday in the month at 2pm you will be made welcome for a game a hot drink and chocolate biscuit all for £2.50/ session. Existing, ex-regulars and potential new members are always welcome, all equipment is supplied if required. please ring Steve Roberts (659816) for details if required.

Ten Pin Bowling – Monday & Friday

Hi everyone, I hope you are all well.

The Monday group are now well established at the Hollywood Bowl, Kingswood Retail Park, Gibraltar Road, Hull HU7 3DB

We meet at 10am. Bowling costs £6.55 for two games, car parking is free.

New members are always welcome, no experience required come and learn a new skill and have fun. Lifts maybe available if required

please contact me if you need a lift or any further information.
sdclark1@hotmail.co.uk or tel. 07811719843.

The Friday group continue to meet at Super Bowl in Princes Quay at 10am. The cost is still £7 for two games. Dave Newman will welcome anyone who wishes to join this group. For more information, please contact David on 659870.

Steve Clark & David Newman

Ukulele Groups

Barely Awake

We had a great time playing in the Cliff top bandstand at the Filey Folk Festival and also for the Awake u3a Coronation Celebration.

We play at Derringham Bank Methodist church on May 20th at 2pm and also at the St. Luke's Summer Fair on Saturday June 10th from 12.30pm, if you would like to see us you will be more than welcome.

Steve Roberts

Sunshine Strummers

The Sunshine Strummers Ukulele Band tour bus has been travelling far and wide in the early spring with performances at Ganstead Golf Club and a first ever appearance at the Filey Folk Festival. Easter concerts at Portobello Methodist Church and St. Luke's Church in Willerby saw us don our Easter Bonnets and play a selection of appropriate songs for this special time of the year. We have some amazing events coming up including appearances at the Walkington Ukulele Festival (Saturday 1st July) and Music on the Green in Anlaby (Saturday 8th July). We are really excited by these two occasions as we will be playing in front of a much larger audiences than normal.

The latest theme for our song choices is Funny/Comedy Songs and this has thrown up some interesting new tunes to work on including Uncle Joe's Mint Balls, I Like Bananas Because They Have No Bones and I Wanna Be Like You – Ooh Bi Doo.

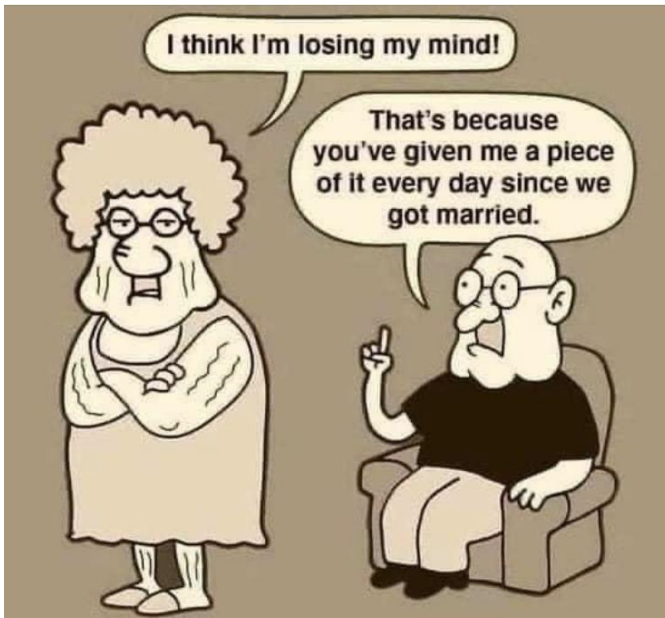
Gary and Hazel Hughes

It's the FUN & Culture Pages

Once you see "Roland Rat" in the Ford's steering wheel you can't unsee...



Why is his body so little?



Why does this remind me of the good old u3a ZOOM meetings

**As I get older I find I
only need 3 shops
Specsavers, Boots
and Greggs.
My life is just specs
and drugs and
sausage rolls.**

Steve's Marriage Guidance Advice

When a woman says,
“Correct me if I’m wrong”



Do NOT under any, and I
mean “any” circumstances
do it! 🖐️

Poets Corner

Writing for Fun

Covid panicking started me writing for fun,
People frightened they couldn't get their hair done.
Oh, my goodness what shall we do,
I've two inches of root growth showing through.
This started me thinking, I've plenty of time.
I'll put all of this down in a rhyme.
No one could meet unless in a bubble,
And there was no way that you could have a cuddle.
Deliveries of food came by a man in a van,
He came each week , I called him Dan.
Two minutes of clapping on a Thursday night,
For Doctors and nurses, we thought it was right.
Masks were being worn out in the street,
You kept three feet apart if you wanted to meet.
Standing and queuing in the shops for an hour,
Just for four toilet rolls and a bag of flour.
I've wrote about these happenings in the past,
I'm still writing rhymes; I don't know how long this will last.
People tell me they like my rhymes in the newsletter,
I am sure there must be others that could do better.
Why not give it a try see what you can do,
Then I can step down and it's over to you.

**A man knocked at my door and announced he was a
Ukulele tuner, "I didn't ask you to come", I said. "No but
your next-door neighbour did" was his answer!**

And Finally

What I If told you

You the read first line wrong

Same the with the second

And also the third!

IN MY OWN WRITE by Les McPhee

Distant memories of when he was a lad, may well prompt thoughts of your own childhood!

I was born at my Grandparents smallholding in Dunswell and raised until my teens in a prefab off Priory Road, during the 40's and 50's.

Almost every weekend, I looked forward (with Mum, Dad and two Brothers) to sleeping over, back at my Grandparents. In the absence of a car, this meant a conductor controlled two-bus journey, into and out of the city, on Friday evenings where, if the buses were too full, us lads would give up our seats (reluctantly) for someone a lot older. We arrived all excited, just before Granddad began listening to 'The Archers' at 6.45pm. However, woe betide anybody who spoke or made a noise during those fifteen minutes! Early Saturday mornings were spent feeding chickens, ducks, and pigs while later in the day egg collecting was quite competitive and 'mucking out' became a thankless but necessary task. In our spare time, copious amounts of 'Pop' (Dandelion and Burdock, my favourite) were drunk whilst reading weekly copies of the 'Dandy' and 'Beano'. Doing jigsaws or playing Board games were other pastimes, especially on rainy days (no TV, Mobile Phone or Computer). On alternate Saturday afternoons, we would watch Ionians RUFC playing locally alongside the river Hull, usually acting as ball boys. Quite educational in terms of the fitness and skill levels shown and colourful language used! Occasionally, we would walk to 'Dougies' village shop (akin to 'Open All Hours'), to buy a tissue wrapped bread loaf, sliced meat or cheese and other provisions. (Other than Milk, delivered by Horse and Cart and Eggs, Fruit and Vegetables which were all plentiful from the land). We eagerly awaited delivery of the green Sports Mail in the evening, to learn Hull City and Hull FC scores. (No Sunday games) Later, bath time meant a scrub down in a tin tub in front of an open fire, before bed in the company of a warm oven shelf wrapped in a sack, doubling as a 'hot water bottle'. (no Central Heating or Double Glazing)

Usually on Saturday evenings, Mum and Dad socialised in the local pub and brought us crisps back, to be consumed on Sunday together with the afore mentioned 'Pop'. Searching for the blue salt bag was the first objective!

Sunday started with a hearty English breakfast including

mushrooms picked, with the help of Dad, earlier in the day (6.00am), animals were then fed again, before attending Sunday School at the local Chapel (Sue also attended the same chapel!). Afternoon meant harvesting Fruit and Vegetables, when in season, playing cricket in amongst the ducks and chickens or even venturing to a friend's farm where we had the freedom to virtually, please ourselves. A Sunday roast dinner was usually served in the evening, where there would be serious trouble, again from Granddad, if we ever left the table during the meal without asking first!

Finally, the return journey home meant two buses again, before bed and on Monday morning, preparing for the school week again.

Why not write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious, but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY.

Next *AWAKEN*

The deadline for contributions for the next Newsletter is Friday 7th July 2023

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

The Awaken Team

Editors: Steve/Denise Roberts (659816)

Printing: Francis Davies (650449)

Distribution (Paper): Michael Ebeling (653964)

Distribution (email): Denise Roberts (659816)

Barely Awake in the Filey Folk Festival Bandstand



Sunshine Strummers also appearing at Filey





The Paul Schofield Walk in Beverley



The 'Massed' Celebration for the Coronation



Tighrope walking at Circus Skills!



Plate spinning and Sylvia
in the Naughty circle!



Walkington Ukulele Festival (One Amazing Summer Strum 2023)

Our two wonderful AWAKE Ukulele bands, Barely Awake and the Sunshine Strummers will be starring at the first ever Walkington Ukulele Festival on Saturday 1st July at Walkington Village Hall.

We would love you to join us and we hope that non-ukulele players will enjoy the entertainment and performers on show. If you would like to learn the ukulele, we would be very happy to chat with you at the event.

Full details are listed below: -

The event consists of two concerts - afternoon and evening, with professional artists, workshops, strum along and six local ukulele bands performing. Tickets are now available, and everyone is invited to join us for an amazing day of entertainment and festivities.

Full details of the festival line up are listed below: -

Afternoon Concert: 2pm – 5.15pm

Headline Artist: Ralph Shaw – King of the Ukulele!

Local Bands: Beverley Ukulele Group, Hull Ukulele Group, Willerby Carr Lane Primary School

Evening Concert: 7pm – 10.45pm

Headline Band: Tenfoot Ukes

Local Bands: Sunshine Strummers, Barely Awake, Assembly Line

Tickets are limited and are now on sale. Tickets can be obtained by contacting Gary and Hazel Hughes by e-mail at oneamazinglife23@gmail.com or by ringing 07572 878691.

Tickets for the public are priced at £10 per session (Afternoon or Evening) and £17.50 for both concerts. Children are free. Reduced rate for local band members playing at the event. Don't miss this amazing festival!

All funds raised will be used to support the Stephen Hughes Foundation and its aim of 'Saving Young Hearts' through research into the heart disease Myocarditis and our Sports and Music Development Grants for young children of primary school age.

Through its efforts the charity has now raised over £85,000 and is working towards its new target of £100,000. The funding has supported: -

- Over 75 grants awarded to primary schools and community groups for coaching, equipment and transport costs.
- Over 5000 children of primary school age have benefited from Grants.
- Sports supported include tennis, table tennis, cycling, boxercise, hockey, boccia, football, rugby league and union, martial arts, skateboarding, swimming, judo, gymnastics, orienteering and basketball.
- Musical activities supported include ukulele, guitars, percussion, glockenspiels, recording equipment and a community choir.



**WALKINGTON
UKULELE
FESTIVAL**
Walkington
Village Hall
Sat. 1st July 2023

Afternoon Concert: 2pm - 5.15pm
Headline Artist: Ralph Shaw - King of the Ukulele!
Local Bands: Beverley Ukulele Group
Hull Ukulele Group, Willerby Carr
Lane Primary School.

Evening Concert: 7pm - 10.45pm
Headline Band: Tenfoot Ukes
Local Bands: Sunshine Strummers,
Barely Awake, Assembly Line.

Raising funds for
The Stephen Hughes
Foundation

Tickets: Tel. 07572 878691
Afternoon Concert £10
Evening Concert: £10
Both Concerts: £17.50