

The Newsletter of Anlaby, Willerby and Kirk Ella u3a

Number 70: March/April 2023 The Membership Renewal Edition

Word From the Chair



I can't believe we are nearly a third of the way through the year and looking forward to longer days and all the flowers bursting forth. Regarding gardens and flowers there is some sad news. John Agnew passed away suddenly in February. Our condolences go to Lois and her family. John joined our committee last year and had volunteered to help organise the open gardens venture. I hope that this will still go ahead in memory of John, so please

think about opening your gardens. This is a new idea for our u3a so I hope that you can support and help with this venture.

We had an open meeting for members who would maybe like to join the committee. There was some positive feedback from the members who attended but it was a poor attendance.

It has been said before, if we do not get replacements for the three main places on the committee, YOUR u3a will have to close as we have come to the end of our tenure.

I know we are all retired, or semi-retired people and we have all worked hard in our previous positions so when we retire it is to enjoy our retirement, which is what the u3a offers but it does not run itself. So please think about how you can help keep YOUR AWAKE u3a afloat.

I am sorry to be a bringer of doom and gloom, but it is a serious matter.

Anyway, on a brighter note we have the scarecrow to dress, open gardens maybe and the Coronation. Any ideas for the Coronation let's make it an event?

It's over to you now take care.

Cheers, Sue McPhee



The short Walkers in the heart of Kirk Ella but where exactly? Ian Jones is giving a prize to the first member (apart from those above!) to identify the location.



The Badminton Group in action (for further information see Page 5)

Latest News/Events & Dates for your Diary

Membership Renewal

As you receive your newsletter by email, your 2022/23 membership renewal form will also be emailed to you to save on paper & printing, if you are able to print it, please complete both sides and send to Gwynneth Carmichael (Membership Secretary). If you cannot print it please contact Gwynneth (651762) who will ensure you receive a copy or pick up a copy at the March General Meeting to be held at the Memorial Hall, Willerby Square on Wednesday 15th March at 2pm. Unfortunately, due to rising costs the membership fee has been increased from £12 to £15 for full membership and from £8.50 to £10 for associate membership.

If you are a taxpayer, you could assist us by ticking the box for GIFT AID. This year we were able to claim £722 from the government and with your help we can claim back £3 on your £15 Subs payment in tax relief. This greatly helps us in running your u3a.

Future Speakers & Activities

Wednesday 15th March, Chris Watson, Agatha 'Queen of Mystery'

Wednesday 19th April, Anne Powell. Frustration, Inspiration, Publication

Wednesday 17th May, John Senior, Lesser-known things about Switzerland.

Wednesday, 21st June - Annual General Meeting

Please note: All the above meetings take place in the St. Andrews Memorial Hall, Willerby (corner of Redlands Drive, opposite large Willerby car park) commencing at 2pm

OPEN GARDENS

Awake U3A are intending to hold an 'Open Gardens' Event on Saturday 10th June 2023. We are looking for members who are willing to open their gardens on that day from 10-12 or 2-4 or both. This event was to be run by John Agnew who sadly is no longer with us. The committee would like the event to still take place in John's name but it needs someone to pull the event together. If you are either willing to run the event or open your garden, please contact Sue McPhee 652766

Coronation Celebration

We are going to hold an afternoon tea celebration for the Kings Coronation on Friday 5^{th} May at 2.00 pm at the Memorial Hall, Willerby Square (opposite Sainsburys car park). We are restricted in numbers so tickets will be on sale for £1 (contribution to the event) from Sue McPhee or any committee member, don't delay! Dress code is for a Coronation! (Remember 1953!)

Circus Skills Course

The Circus Skills six-week short course details are now finalised. It will take place in the Alf Kersh room at the Willerby Parish Institute (Willerby Library building) from 2pm to 3.30pm on the following Thursdays: March 23^{rd} & 30^{th} , April 6^{th} , 13^{th} , 20^{th} and 27^{th} . Cost - £2/session

6 members have shown their interest but more could be accommodated, if you are interested please contact Gary Hughes (07756848225) who will provide any details you may require.



Interest Group News Group Co-ordinator

We now have another cinema group and also a new play reading group. If you feel that you would like to start a group, something that you enjoy doing and you think others would enjoy, we are here to help. I am hoping that we can start the green bowling again this summer. I have been in touch with the Haltemprice club and they are willing to let us join as social bowlers. Get in touch with me if you are interested.

Don't forget this is YOUR u3a. We the committee are here to keep the wheels turning.

Sue 652766

Play Reading2

This is a new group and Barbara Falkingham is the group leader. If you are interested in joining, please ring Barbara (656716) for more details.

Art for Everyone

We are happy to say we can take a couple more members if anyone is considering joining our group. We meet in the Guide Hut, Main St, Willerby on the $1^{\rm st}$ and $3^{\rm rd}$ Monday of each month starting at 1.30pm. Mary Randell assists us in our efforts and ably teaches us new techniques. We are a very mixed ability bunch who just enjoy spending time with people who enjoy a similar interest.

If you are interested, please ring Denise Roberts 659816

Badminton

The Swanland u3a Badminton group meets each Friday afternoon at the Badminton Centre on Chanterlands Avenue from 2pm to 3.30.

We have members from Cottingham and Awake u3as and generally have a good turnout. For further details contact Ann Berriman on 650676.

Book Groups

Our two new choices for January were 'The Walls Have Ears' by Helen Fry and 'Girl on the 88 Bus' by Freya Sampson. The first book looked at how information was secretly gathered from high-

standing German prisoners. It's a very interesting book but would be better to 'dib in' rather than read through. By comparison the book by Freya Sampson was a very enjoyable easy read telling the story of a gentleman who travels on the bus each day to find a lost love. One of our February books was 'Shuggie Bain' by Douglas Stuart. This was a gritty story, set in Glasgow and whilst not being easy subject matter is well worth a read. Another book 'The Giver of Stars' by Jo Jo Moyes was unlike her earlier books. It tells the story of a sisterhood in Kentucky who deliver library books by packhorse. A good read. We have a wide range of books to read over the next few months so if you're interested in joining one of the groups give me a ring (Chris Watson – 07530 256560) and I can answer any queries you may have.

Bridge Group

The Bridge group meets every second and third Wednesday of the month at The Willerby Library. Main Street. Willerby from 2pm to 4pm. Next meetings, 15th March, 12th April & 19th April. Players and Beginners welcome. Ring Anita. 657494.

'Caravan' AWAKE Trips Group

Open to every member. Things are organised by member Roger Coates with a life time of independent worldwide travel.

I organise transport and hotels at best location and value. My knowledge and/or research produces information sheets for you to use the time well. This is guided independence. We don't go around as a group. You decide on the pace and places." Caravan" has visited Sheffield, Bristol, Northern Italy, St Malo France, Drax Power Station and twelve other places. Not lost anybody yet.

Next in this pick and mix of "Cities Scene" will be Glasgow.

June 6th to 9th Three nights. We will leave Hull early by train via York and Edinburgh up the east coast main line. Arrive Glasgow Queen St. noon ish. Your hotel is close and will hold bags for after 2pm check in. The return journey will be west coast on the Avanti tilting train through the borders to Carlisle then the scenic Carlisle-Settle line through The Dales and over the Ribblehead Viaduct to Leeds and change for Hull. Maybe time for a G and T in The Queens art deco lounge in the station.

You may like ... The Burrell Collection. An award-winning building full of treasures in a park with highland coos. Google for details. Various buildings designed by Charles Rennie Macintosh are around town including a Tea Room. A short train ride to Hill House at

Helensburgh is my favourite. Needs half a day. Good lunch. Glasgow centre has grand buildings at every turn and is very good at museums. A tour of the under croft of Central station (as seen on TV) is a good lark. The world-class all-day train ride up the west coast to Mallaig is a treat. There will be Harry Potter fans around for the viaduct. The centre of Glasgow and along the Clyde bank is served by an antique underground line designed for short people. Good fun for little money. Edinburgh has an easy link for a part or full day and/or step off at Falkirk to visit The Falkirk Wheel via a short taxi ride. This is spectacular modern engineering you can ride up and down or just stand and gasp.

Costs. Rail travel costs of £75 return to be paid up front to Roger based on you holding a senior rail pass is the estimate to Glasgow for early bookers with a pass.

Hotels. The best placed Premier Inn for us is George Sq. near Queens St. station. £251 3 nights for two. Double or twin. Pay on booking is best price. Pay on arrival is more. If you can book for yourself online please do. **Not** until we have at least ten. Please call me to give or get more information or to sign up.

Disclaimer...The organiser Roger Coates is not responsible for the safety and security of group members or for any result of industrial action. This is a group of u3a friends travelling together.

07941222499 657105 27 Hawthorne Ave. Willerby.

Chess GROUP - WANTED, MORE PLAYERS

We meet as part of the Games group every other week at the Willerby Methodist Church on a Monday from 10am to 12 noon. As a result of our plea for more players we now have 10 members but still have room for more if you are interested, our next session is Monday 23th March, please ring Peter Taylor on 501808 for details.

Coffee & Stroll

Our 2-mile footpath stroll (approx.) starts at 10.00am every fortnight Sunday, from the designated parking area, followed by coffee in a nearby café or pub.

If you are not walking due to weather conditions etc, please consider just having a coffee, as the venues are generally pre booked.

The next scheduled walks are:

April 2nd – Hull, Parking in Princes Quay, Coffee in 'Coffee Delight' April 16th – North Ferriby, Parking and Coffee at 'Duke of Cumberland'

April 30th – Barton, Parking and Coffee at 'The Old Tile Works' May 14th – Hull, Parking at the Village Hotel car park, Coffee in Starbucks.

For any further information or issues regarding transport etc, please contact me.

Les McPhee 652766 or 07855235766

Computer Group

The computer club is about much more than just computers. We meet at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month, and each meeting we have 2 or 3 resident 'experts' willing to help and advice on individual problems. This Group is open to all Awake members – you don't have to be a member of the Group to make use of it. If you have an IT problem, please just drop into one of our regular meetings for help.

Together, we try to make sense of today's new technology, including laptops, tablets, I pad's, smart phones and even the older 'not so smart' phones. We don't take these things too seriously – our meetings are intended to be light-hearted and an enjoyable experience for all. So even if you are completely new to computers or mobile phones, and simply want to learn how to send an email or a WhatsApp message, do come along and join us for what is essentially a social occasion with morning coffee – and a bit of 'new technology' support included if you need it. Chris Moody

Cinema Group1

We are a group of 15 film buffs who meet 1st Tuesday of the month to visit the cinema in the town Vue or Reel, the bus service from Willerby stops outside either cinema. Ann Milledge. 655929

Cinema Group2

The second Cinema group is now up and running on the 3rd Thursday of every month in the afternoon usually to the Vue or Reel cinemas. If you are interested, please contact Yvonne Crabtree for details (658066)

Craft Group

It was lovely seeing everyone again and we welcomed some new

members who also seemed to enjoy the meeting. Well, we are a friendly lot! It does not matter what craft you like working on and at what level as our group can help you over a challenge or maybe you can help some of our members as all are welcome.

The next 6 months of dates for our meetings are usually on the third Monday of the month: 20 March, 17 April, 15 May, 19 June, 17 July and 21 August. We meet as normal at the Willerby Methodist church Willerby between 2 – 4pm.

Looking forward to seeing you all and any new members at our next session.

Barbara Gardner 654479 (leave a message if no answer) or email me at nevina@nevina.karoo.co.uk

Dancing

We meet every Tuesday afternoon 2pm-3.30pm at the Anlaby Village Hall.

All welcome. Why not bring a friend and come along and learn to dance or brush up on your dancing.

Darts, Dominoes & Card Group

We continue to have some very enjoyable nights of darts, dominoes, and cards at the Willerby Institute (the Library on Main Street). The group meets every other Tuesday, 7-9 and our next dates are March $21^{\rm st}$, April $4^{\rm th}$ & $18^{\rm th}$ and May $2^{\rm nd}$, $16^{\rm th}$ & $30^{\rm th}$. If you're interested in joining the Group or you have any queries, please contact Les Holmes (07530 103256) for more information.



Sue Barwick hits double 1 to win the game.

Family History Group

The Family History Group is up and running again, We now meet at The Beech Tree public house on South Ella Way from 11.00 - 13.00 every 2nd and 4th Wednesday of the month. We are a small friendly Group, each working on our own projects, but sharing information.

New members are welcome, Chris Moody 653027 for information.

Flex & Stretch

We have two groups every Monday, 12.25pm-1.10pm and 1.25pm-2.10pm at St Luke's Church Hall.

Why not join our friendly group. Meet new people and keep fit at the same time.

For more details ring Sue 652766.

French Group

We were shocked to hear of the sudden death of John Agnew, who had been a valued member of the group for many years – things will not be the same without him. We now have spaces for two people if anyone is interested. You do not have to be particularly fluent, but a complete beginner would find it difficult. We are a friendly group meeting fortnightly. Michael Ebeling (653964)

Guitar group

The Guitar group continue to meet weekly at the Men in Sheds building, First lane, Anlaby every Wednesday from 10am to 12 noon.

We now have twelve members and are currently not able to fit any more in the space available, however if you are interested, give me a ring as I am compiling a waiting list.

If interested, please ring Paul Kirk 650259 after 5.00pm please.

Games Group

The Games Group meets at Willerby Methodist Church every Monday morning from 10am -12. We have been meeting in the hall since COVID, to be aware of social distancing etc. There are about 20+ of us who enjoy playing Scrabble, Rummikub and Sequence. We do have other games too. We welcome new members to join and expand our games base. We now have to

charge £2.50p as the room hire has increased but the 50p for a tea or coffee with a chocolate biscuit remains the same. Very good value!

We are very friendly and all amateurs, do come and give us a try. Or contact Jackie on 650702

Local History

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along!

Our next three meetings will be:

16th March "An Illustrated History of Paull" by David Smith

20th April "South Ella Hall" by Francis Davies

18th May "John Alderson of Hull" by Michael Free

All meetings of the Local History Group are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is a maximum admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments. However, at some meetings the charge is lower and it's even free sometimes!

Further information can be obtained from the group leader (see below) or from our website:

https://u3asites.org.uk/awake/page/22001

Francis (650449)

NATUREWATCH

DateVenue*Meet24th March Barrow Haven & Killingholme (Sth Bnk)9.30am31st March Potteric Carr, Doncaster9.30am14th April Far Ings Barton9.30am28th April Skipworth Common & North Duffield, Selby 9.30am12th May Thorpe Marsh, Doncaster9.30am

^{*} Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury`s) unless otherwise stated.

Mark & Celia Beaumont (654666)

Play Reading1

January's reading of Crown Matrimonial, by Royce Ryton, was set between 1937 and 1945 in Marlborough House, the home of Queen Mary. Her son, Edward VIII's relationship with twice-divorced American, Wallis Simpson, led to his decision to abdicate from the British throne. This was not only a constitutional crisis, but also showed the great sadness of a family and nation being torn apart, struggling with their feelings for this much-loved man and their unbending belief in honour and duty. We felt that some aspects of the play were redolent of recent events within our present Royal family. Its presentation, at The Haymarket Theatre in 1972, was the first to depict living Royalty. Christine Trever

The February play reading was the comedy, Aren't We All? by Frederick Lonsdale. After a romantic indiscretion a young husband is consigned to the proverbial doghouse. He is determined to catch his self-righteous wife in an extra marital kiss of her own. An older lady attempts to snare a man who is prone to afternoon assignations with shop girls. It is a play concerned with the sympathetic foibles of very human people. It was a play we all found amusing and enjoyed reading.

The next meeting is on, Wednesday, 22nd March. Pauline Park

Quizzing group

The Quiz Group continues to grow but we were all shocked and saddened by the passing of John Agnew. He had been in the group from the beginning and was one of our stalwart Quiz Masters. He certainly presented us with some 'challenging' questions but we all had a 'soft spot' for him and he will be greatly missed If you fancy turning up and seeing if it's for you, give me a ring (Chris Watson, 07530 256560) and you'll be made more than welcome. You don't need to be in a team as these are sorted out each Quiz, so anybody on their own can just arrive and be warmly welcomed. Our next dates are March 16th & 30th, April 13th & 27th and May 11th & 25th.

Singing for Fun

Do you like singing? Then try our group. We meet every other Tuesday evening 6.30pm-8pm at the Anlaby Village Hall. For more details ring Sue 652766

Stately Homes

Where is this year going?! It's March already and we have already had two presentations for the group. Numbers have increased and hopefully we're going to have a busy year. In February we looked at some of the local Stately Homes that have been left to decay or have been pulled down and then this month we looked at Haunted Stately homes. This session involved several of the house we have visited but sadly no one had any spooky memories. The session on Thursday, April 6th will give some background on Hardwick House which we are due to visit in May. If you would like more general information about the group, please do not hesitate to get in touch. (Chris Watson) on 07530 256560.

Short Walks

27 March Beverley BACK Paths. Deer Park playing fields car park. Socialise at King William VI, Cottingham. All pavements.

10 April Bank Holiday.

24 April. Welton-Elloughton high road. Green Dragon car park, Welton. All pavements.

8 May. Coronation Bank Holiday. Some might do as advertised Willerby De la Pole grounds. We will talk about it next walk.

22 May. Beverley Beck. Riverview Cafe car park, Riverview Road, Beverley. All metalled paths.

All walks start at 10.30. Wear appropriate clothing and footwear, carry on your person ICE information. Ian Jones can be contacted on 07783648257 by text and by email on gianj@gianj.karoo.co.uk

Supper Club

As yet we have not had a Supper club visit this year. I think it is about time. Supper club is open to anyone who likes to go out for a meal and socialise. We go to different restaurants each time. Sometimes the numbers are limited according to the choice of restaurant.

Please get in touch with me if this is something which you would like to join. I think the next one will be Kristoffs in Cottingham. Sue 652766

Table Tennis

The new year is well underway, and we continue to enjoy our table tennis with an average of around 12 participants including some new members. We have introduced a new end of session 'Round the table' competition with a trophy for the winner. The first three winners were all ladies (Lynn Bell, Sylvia Tynan and Marina St John) but yours truly finally managed to break the feminine monopoly in the $4^{\rm th}$ week and Theun Genis continued the male domination in week 5.

We continue to meet at our Men in Sheds venue, First Lane, Anlaby, if you fancy joining us every 2^{nd} & 4^{th} Thursday in the month at 2pm you will be made welcome for a game a hot drink and chocolate biscuit all for £2.50/ session. Existing, ex-regulars and potential new members are always welcome, all equipment is supplied if required. please ring Steve Roberts (659816) for details if required.

Ten Pin Bowling - Monday & Friday

Hi everyone, I hope you are all well.

The Monday group are now well established at the Hollywood Bowl, Kingswood Retail Park, Gibraltar Road, Hull HU7 3DB We meet at 10am. Bowling costs £6.55 for two games, car parking is free.

New members are always welcome, no experience required come and learn a new skill and have fun. Lifts maybe available if required please contact me if you need a lift or any further information.

sdclark1@hotmail.co.uk or tel. 07811719843.

The Friday group continue to meet at Super Bowl in Princes Quay at 10am. The cost is still £7 for two games. Dave Newman will welcome anyone who wishes to join this group. For more information, please contact David on 659870.

Steve Clark & David Newman

8.0/4.0	1	2	3	4	5	6		8			Tot.
Rejoo	5 / 10	- 8 18	- 1 19	5 4 28	4 2 34	- 7 41	1 4 46	6 - 52	9 / 69	7/5 84	
Geoff	11	1 2 14	7 1 22	⁷ 37	5 3 45	62	7 - 69			8 1 104	
Steve	8 1	6 2 17	7 2 26	9 - 35	55	⁹ /	6 3 80	7 1 88	9 / 105	7 112	112
Bill	9 -	8 / 27	8 / 47	67	9 / 87	115	134	8 1 143	9 / 162	9/8 180	180

Top Friday score so far at Superbowl, Princes Quay by Bill Daly

Ukulele Groups Barely Awake

We are looking forward to playing a St. Patrick's gig at Hallgarth Care Home (Covid permitting) in March featuring Irish songs and a new Rock & Roll set we are working on principally for the Walkington Ukulele Festival (see below) and are also appearing in the Bandstand at the Filey Folk Festival on Saturday 29th April at 2pm. Hopefully some of our Awake u3a friends will come to support us. The Sunshine Strummers are also appearing at the same time on Sunday 30th so why not make a weekend of it! We have recently welcomed a new enthusiastic member in James Hall.

Jean Tindall/Steve Roberts

Sunshine Strummers

A great start to 2023 for the Sunshine Strummers with excellent performances at two new concert venues including the Harrison Park Centre and the historic Charterhouse in Hull.

The group is now 26 strong and 'The Beatles' has been our selected theme for our recent Monday afternoon sessions. Their songs feature strongly in our new concert set list and what a pleasure it has been to play such iconic songs such as Yesterday, All My Loving, Hey Jude and Lady Madonna.

Our future gigs include playing for the Downright Special Community Group on World Down Syndrome Day (where we all wear odd socks), Ganstead Park Golf Club, the Walkington Ukulele Festival – One Amazing Summer Strum raising funds for The Stephen Hughes Foundation, and Music on the Green in Anlaby Common.

We also have a Ukulele Skills and Techniques Workshop planned for May delivered by the entertainer and Ukulele impresario Chris McShane.

New players are always welcome and can join an introductory programme which provides a stepping-stone to playing with one of the U3A Ukulele groups.

Gary and Hazel Hughes



No stage fright for the Sunshine Strummers at Charterhouse, Hull

It's the FUN & Culture Pages

Steve's Marriage Guidance Advice Turn any sofa into a sofa bed by telling your wife to calm down.

Poets CornerAntiques Roadshow from Bill Daly

A show on the road full of antiques It goes on for weeks and weeks People come from far and wide Clutching treasures by their side

Details to give and stories abound Items bequeathed or maybe found Saved for years or bought last week It's the value that they seek

Experts give items an auction price Often a surprise that's very nice

Sometimes silver other times gold Maybe unusual but always old

Fiona does basic, better, best Always with a knowledgeable guest Mostly she gets the order wrong Occasionally right and so on song

As each episode draws to a close We see a price so big that grows The owner is often completely aghast At such value wrapped up in the past

As credits roll we reflect and think Pity that auntie's vase isn't more pink Or maybe that picture on the wall Could be a Rembrandt after all

<u>People Watching from Sue McPhee</u> So now you know, Big Brother or in this case, Big Sister is watching YOU!

Looking from a café window or a hotel lobby, People watching should be classed as a hobby. Watching people is a fascinating sport, Keep it low key, don't get caught. Tall and thin, short and round, Every shape and size can be found. Busy people rushing here and there. Suited and booted not a minute to spare. Telephone talking without a care, Walking towards others they are unaware. Men wearing jeans showing builders bums, And belts so low fastened under their tums. Ladies strutting in heels that are far too high, With skirts so short showing their thigh. Coffee- to- go in lidded cardboard cups, Ready-made sandwiches to eat between sups. Eating on the hoof no time to waste, Fancy filled sandwich, no boring meat paste. Relaxed and watching, my life at a slow pace, What a strange and funny lot our human race. It's fascinating watching all these people pass,

So two coffees later it's time for me to get off my bottom. (bottom doesn't rhyme! anyone think of an alternative)

And Finally

After years of looking for work I managed to get a job as a Historian but I soon realised there was no future in it!

I am reading a book about sandpaper, it's a work of Friction.

I used to envy people who could do a cartwheel but now I am jealous of anyone who can get up off the floor without making grunting noises or holding onto furniture!

My wife asked me if I knew what her favourite flower was, after thinking for a moment, I said "Is it Self Raising"?

I was invited to a joint Chinese new year and Burns night party, It was a Chinese Burns night, I didn't want to go but they twisted my arm. Steve Roberts

IN MY OWN WRITE

Marian Atkin has penned the following very poignant piece about her Covid experiences.

Caroline

My story starts in 2020 when my husband and I caught Covid, when I came home and sadly, he did not but this story is not about us, it is about the nurse who looked after me when I was on oxygen and was told my husband had not made it. She came in with a bowl of warm water, took my slippers off and bathed my feet. She said "I am going to make you feel a bit better after all the trauma you've had. She was on her knees bathing my feet and dabbing them dry whilst I was crying. I said "you remind me of how Jesus bathed his disciple's feet" I will never forget her. She did her duties beyond everything. Her name is Caroline, nurse on Ward 36. God bless you.

Why not write an article for AWAKEN and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious, but it must be suitable for the AWAKEN readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

Next AWAKEN

The deadline for contributions for the next Newsletter is Friday 5th May 2023

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at http://u3asites.org.uk/

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Mike Powell gave a great talk on some of his favourite antique collection pieces.



Lynn Bell, the first winner of our new 'round the table' competition trophy



Photos taken on the Naturewatch visit to Far Ings Nature Reserve





