

Number 66: July/Aug 2022
(This one is especially for you Beryl!)

Word From the Chair



These months are passing so quickly. We have now passed the longest day so it is all downhill now until the dreaded C word.

We held our AGM in June with a good attendance from members. It was passed by all that we purchase a "Chatty Bench" to replace the trees that we had hoped to plant.

Some suggestions have already been made as to where it could be placed.

Lowfield Road, Anlaby, Gorton Road, Wilson Street/Beverley Road, Davis Corner, John Gray Court are the suggestions received to date, If you have any more ideas please let me know. We can then organise a vote to find the most popular place. After that it will be asking the council again for their permission!!

The array of different Jubilee cakes at the AGM were a great success and very popular with our members. There are a lot of talented bakers in our AWAKE u3a. Yvonne Crabtree won the prize with her gluten free cake. Thank you to all who donated a cake.

We are having an Open Morning on Tuesday July 26th (see page 3 for details) please feel free to bring a friend along for a cup of tea and a chat and let them see what our u3a is all about.

Also we are having one of our popular social evenings on Saturday 20th August. (See Page 4 for details)

If you are having a holiday this year, enjoy and stay safe and I will see you soon.

AGM summary – Page 3

Next Open Day – Page 4

Next Social Evening – Page 4

Your new Committee – Page 9



The 2022 AGM



Yvonne Crabtree, the winner of the Jubilee cake competition with judge Pat Jackson

Latest News/Events

AWAKE AGM Summary

The Chair, Sue McPhee, welcomed the 54 members who attended the AGM and commented how good it was that this year we were able to have a live meeting rather than in the previous 2 years when we had to hold the meeting via Zoom.

Election of Committee

The following Committee members were still in tenure and willing to continue for the year 2022/2023: Sue McPhee, Chris Watson, Francis Davies, Steve Clarke.

The following Member was re-elected: Denise Roberts

The following members were elected to the Committee: Sue Dyson, Val Upton, John Agnew, Yvonne Crabtree

This is Sue McPhee's last year as Chair and Chris Watson is also giving up her role as Vice Chair at the next AGM. Denise Roberts is also looking for someone to take over the role of Treasurer who ideally could work with her in 2022/2023 to enable a smooth transfer and therefore we will be looking to find individuals to take over the roles of Chairperson, Vice-Chair and Treasurer from June 2023. Members were also invited to contact any of the Committee with any ideas for Groups or activities.

The membership present agreed that the Committee should forward the proposal to source and install a bench to celebrate the 10th Anniversary of AWAKE u3a. The Next AGM will be on Wednesday 21st June 2023.

Anniversary Commemoration Bench proposal

Following on from the agreement at the AGM to purchase a bench for the AWAKE u3a area, we have begun the process of consultation with ERYCC. The placement of street furniture, which includes benches, is by authorisation from them. The council have the final say on the siting of the bench but if you have any suggestions on a preferred position, please contact a committee member.

Yvonne Crabtree

Special deals discount club

A new Italian restaurant, Cibo Italiano is opening in Willerby Square to replace Da Lucia.

Opening Monday, 1st August, 8.30am until 9.30pm every day. Our u3a members will receive a **20%** discount off meals by showing their AWAKE u3a membership cards.

Dates for your Diary

Open Day

Our next Open Day to promote AWAKE u3a will be on Tuesday 26th July, Anlaby Village Hall, 10am -12noon. Tell your friends to come along for a coffee and a chat with our group leaders to find out what we have to offer.

Social evening

Fancy a night out with entertainment and a buffet for £5. Come along to our social evening Saturday, 20th August, St Andrew's Memorial Hall, Willerby Square Kirk Ella. 7.15-10.30pm. Bring your own drinks and glasses. Sue McPhee now has tickets to sell.

Future Speakers & Activities

Wednesday 17th August, Jean Cannon /James Cressy – Drainage Engineer

Wednesday 21st September, Dulcie Lewis – Not just a Yorkshire Pudding!

Wednesday 19th October, Sally George – The importance of keeping a diary

Please note: All the above meetings take place in the St. Andrews Memorial Hall, Willerby ((corner of Redlands Drive, opposite large Willerby car park) commencing at 2pm

Interest Group News

Group Co-ordinator

I have been giving this job some thought and I have decided to put some suggestions forward for groups.

Have a look and see if there are any which you feel you maybe able to run with help from someone else. Some of our newer members may be interested and feel that they would like help in starting a new group.

Garden visits, longer walking, trains and transport, Pickle ball (tennis for pensioners!), family history, alcoholic drinks (local brewers, gin, beer etc) photography, languages, flower arranging, cake icing, or any other suggestions. We could possibly do some six-week courses for these suggestions.

Please get in touch with your ideas. Don't forget this is your u3a.

Sue 652766

Art for Everyone

We meet in the Guide Hut just off Main St, Willerby. 1.30 to 3.30pm on the first and third Monday of each month from 19th September. If you are feeling in need of expressing your creative side come along and give it a go. We have the help of Mary Randell (one of our members and an Art Teacher!) who supports and encourages our efforts. For more information Contact Denise Roberts 659816

Badminton

The Swanland u3a Badminton group has several Awake members and would welcome more. We meet at the Hull and East Riding Sports Club each Friday afternoon from 2pm to 3.30 pm. Why not come along and refresh your badminton skills? For further details contact me on 650676
Ann Berriman

Book Groups

As was mentioned in the last Newsletter, several of the books already reviewed have been circulated around the groups. Looking at the new ones we have read, one of the groups chose '*American Dirt*' by Jeanine Cummings. The context for the novel illuminates the situation of migrants trying to get over the border from Mexico to America. It tells the story of a

woman and her son who try to escape the country after the rest of their family are massacred by a local cartel. An interesting read, highlighting the plight of the Mexican migrants. At the other end of the spectrum one group next month is reading and talking about their favourite Roald Dahl book!! If you're interested in joining one of the book groups give me a ring (Chris Watson – 07530 256560) and I can answer any queries you may have.

Bridge Group

The Bridge group continues to meet every second and third Wednesday of the month at the Willerby Library 2pm to 4pm. Next meeting July 20th. New members and beginners welcome. ring Anita 657494.

'Caravan' AWAKE Trips Group

CARAVAN TO Coventry, Stratford, Leamington based in Birmingham May 2022. Second attempt.

This "Caravan "trip was to replace the Leamington based event which Covid stopped. All 38 members got their train fares back. A small group of Caravan regulars report a wonderful time packing lots in from The Ballet, Pen Museum, to a stunning Art Deco house and gardens etc. Staying in China Town, a few steps from the station. They had all my research to hand so could use time well in this cultural whirl of a city getting to their choices at their pace. I remained at home to await our Ukraine family. Ask Pauline Park about sharing her winceyette outfit with hotel staff late at night.

This is how CARAVAN works. Nothing to do with a box on wheels. This is not a fixed group thing. Every member will see the trips promoted to everybody in AWAKE newsletter. Just now our fourth self-drive narrowboat (Yorkshire Pennines this time) is a possibility. I will be at the open morning July 26th to promote membership and talk/ hear about travel.

Roger Coates 657105 07941222499

Autumn canal cruising in Yorkshire.

This will be our fourth canal week. Based in Yorkshire this time. We hire for the week and go and stop where we want. No experience needed. I have considerable experience at this lark as have some members who are repeat boaters. The boats have central heating, proper lavs. Full kitchen. Scope for

walking along the tow path as your accommodation follows.

I am looking for a week mid-September to mid-October. To make a booking I would like more names. You pay in advance, no refunds. The group will be 6 to 10 There are a few boat yards all with good access to glorious Pennine boating.

See the "Shire Cruisers" web site for comprehensive information and/or give me a call. 657105. Roger Coates, The Caravan Man.

Chess Group

We meet as part of the Games group every other week at the Willerby Methodist Church on a Monday from 10am to 12 noon. We would like more members (both beginners & experienced players are welcome) if you are interested, please ring Peter Taylor on 501808 for details.

Cinema Group

The Cinema group next meets on the first Tuesday in August (2nd) for further information ring Ann Milledge on 655929

Coffee & Stroll

Our 2-mile footpath stroll (approx.), starts at 10.00am every fortnightly Sunday from the designated parking area, followed by coffee in a nearby café or pub.

If you are not walking due to weather conditions etc, please consider just having a coffee, as the venues are generally pre booked.

The next scheduled walks are:

July 24th – Hull, Parking and Coffee at 'The Peloton' within 'Warners Health Club', Pickering Road.

August 7th - Willerby, Parking and Coffee at the 'Beech Tree' pub.

August 21st - Ellerker, Parking in Ellerker Lodge Garden Centre car park, Coffee in 'The Olive Tree'.

September 4th – Beverley, Parking and Coffee at East Riding Leisure, Flemingate.

September 18th – Hull, Parking in Princes Quay or nearby, Coffee in 'Coffee Delight'.

For any further information or issues regarding transport etc, please contact me.

Les McPhee 652766 or 07855235766

Craft Group

We had a brilliant attendance for the taster session on making pinecones using material. This session was kindly lead by Jean who is one of the members. Those who participated really enjoyed making them and proudly took their creations home. This was a good idea for the Christmas festivities.

We have been asked as a group to help Barton Church decorate a Christmas tree with a decoration that can hold a picture showing some of our AWAKE U3A groups. The 20th of June session was an open craft session and we invited Sue McPhee to call in and discuss an appropriate size for all these lovely pictures the other groups are going to provide to be displayed. It was decided on a credit card size, so we are now discussing ideas for the decoration shape. So thinking caps on for ideas.

Our next sessions are 18 July, 15 August, 19 September and then a change to 10 October due to myself going on holiday.

Looking forward to seeing you all at the next session.

Barbara Gardner 654479 or email me at nevina@nevina.karoo.co.uk

Darts, Dominoes & Card Group

The group has moved back to its original venue at the Willerby Institute front room (at the library). Many thanks to 'Men in Sheds' for enabling us to keep the group going at the end of Lockdown. Several of our members have now returned as they find the Institute easier to get to. In celebration of our return the group has even invested in a new dart board !!! Please feel free to join the group and try it out. If you prefer dominoes or cards we provide these as well. The group meets every other Tuesday, 7 - 9 and the next date is July 26th. Any questions please contact Les Holmes (07530 103256)

Flex & Stretch

We meet every Monday 12.30-1.15pm and 1.30-2.15pm at St Luke's Church Hall. Varied exercises, no floor work. We are all of the age that if we get down we struggle to get up.

Why not give us a try.

Sue 652766

French Group

The group continues to flourish, but in the autumn we shall have to divide up into two groups meeting fortnightly. The weekly translations have ranged from Marie Antoinette to Le Creuset kitchenware, and we are also revising some basic grammar, starting with negatives.

Michael Ebeling

Guitar group

We have completed a couple of gigs and have more in the pipeline, if you are interested we have room for more members and meet at the Men in Sheds building, First lane, Anlaby on the second Wednesday of every month from 10am to 12 noon. If interested, please ring Paul Kirk 650259 after 5.00pm please.

Following the June AGM the AWAKE committee is now made up as follows:



Sue McPhee Chair

Sue is commencing her final year as Chair of AWAKE u3a. She organises Committee meetings where we look after the business of keeping everything within the Charity Commission rules and trying to ensure all of our members are kept up to date with national information. She also runs the monthly general meetings where she passes on information to everyone and also loves to ensure we are all entertained in the social gatherings. She

attends the ACCORD meetings comprising the Chairs of u3a groups around our area who join together to share ideas. In AWAKE Sue also holds the post of Group Co-ordinator, keeping leaders informed and supported. Sue also runs the Flex and stretch group and Singing for fun group. A very busy lady!



Chris Watson Vice Chair

As with Sue, Chris is in her final year as Vice Chair and would love to help train someone into this role ready to take over in the new year. Chris has been involved with AWAKE from the very beginning and has a wealth of knowledge about u3a both locally and nationally. Chris has held several posts on the committee from Chair, Business secretary, speaker finder and has been an active member of the ACCORD group and attended several national meetings in Leeds to keep updated. Chris is also

the Beacon Administrator with Janet Brown, she also runs the three Book groups, Stately Homes Group and Quiz group. Another very busy lady.



Denise Roberts Treasurer

Denise took over the role of treasurer from Trevor Barnett who had held the post from 2011. The job entails keeping a record of all the income and outgoings on behalf of our members. All the cash taken by group leaders has to be banked and rooms paid for out of the central account. The Charity Commission guidelines and the u3a Finance documents are our 'Bible' and Denise's job is to comply with

these. Denise also runs the Art for Everyone group.



Francis Davies Publicity

Francis has been involved in AWAKE from its conception and has held many posts including Chair. He now supports the group by printing the Newsletter and any other publications on behalf of our members. He also is our spokes person when it comes to advertising in local papers, radio or the internet. Francis also has a wealth of knowledge in the running of the group and its history.

The notice boards would be quite empty at the general meeting if Francis did not maintain it with information. He also runs the Local History group and is very active in promoting our area and its history to the general public. (watch out for the project Francis is working on at the moment)



Sue Dyson Business/Minutes Secretary

Sue recently took over Business secretary from Liz Pickering and now successfully combined the minutes Secretary with her new tasks. Sue produces the agendas and takes minutes at all of our meetings and keeps us up to date with all of our paperwork.

You will also find Sue at the desk taking members numbers at the Wednesday monthly meeting and welcoming everyone into the hall.



Steve Clark Health and Safety

Steve has the role of Health and Safety and this entails checking out the venues we use for meetings and making sure our records are up to date with new regulations. During this Covid time Steve helped us to keep safe and up to date with any new advice. He also keeps a record of any accidents. Steve gave a very comprehensive first aid talk to group leaders and is always willing to advise when needed. He also runs one of our Ten pin bowling groups



Val Upton Speaker Finder

Val has recently been elected onto the committee and has agreed to take over the role of speaker finder. We welcome Val and thank her for taking on this role. Val has served on the Cottingham u3a committee in the past and has now settled into assisting AWAKE. You will find Val at the welcome desk with Sue Dyson at our general meetings, please say hello when

you come along to the Wednesday meeting.



John Agnew Committee Member

John is well known to most of you already.

John has offered to shadow Denise in the Treasurers role and has settled into the committee routine. John has been active in AWAKE u3a from the beginning and has served on several social and charity committees in his time. His knowledge and contributions will be valued.



Yvonne Crabtree Committee member

Yvonne has recently retired and joined our AWAKE to meet new people from the area and continue in her family's involvement with u3a. Yvonne created our Scarecrow for the recent festival and is coordinating the purchase and placement of the 10th Anniversary bench. Please go over for a chat she is always willing to talk. She also loves the quiz night.

The following members also have specific responsibilities:

Gwynneth Carmichael – Membership Secretary

Chris Moody – Website manager

Janet Brown – Beacon Administrator

Steve Roberts – Newsletter Editor

Michael Ebeling – Newsletter distribution

Les McPhee – General help at all times

Games Group

You are more than welcome to join us every Monday morning at 10am at the Willerby Methodist Church.

For more details contact Jackie Kitchen 650702

I have finally got around to putting a date in the diary for a coffee afternoon in memory of our Games group friend Margot McLindon.

I have decided on 22nd August, 1.30pm -3.30pm in the garden of Willerby Methodist church. If wet or too hot in the hall.

I expect to have a cake stall and a raffle and a bring and buy

stall. Maybe others, we will see.

There will also be a quiet area with a memory table with candles to remember Margot.

You are all welcome to join us for coffee and cakes at a very reasonable price of £1.50

Contributions for the stalls will be greatly welcomed and received.

For further details contact Jackie Kitchen

Local History Group

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along! Our 2022 programme includes much of interest! The schedule for our next three meetings of 2022 is:

21st July 'Trinity House' by David Shaw

18th Aug. 'The Willerby Heritage Trail'* by Francis Davies

15th Sept. 'Look Up, Look Down and Look Around' by Paul Schofield

In conjunction with our talk in July, a group tour of Trinity House has been arranged on the afternoon of Wednesday 24th August. Bookings for this will commence at our June meeting.

All our meetings are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

Further information can be obtained from the group leader (see below) or from our website:

<https://u3asites.org.uk/awake/page/22001>

Francis (650449)

NATUREWATCH

Date	Venue	*Meet
22 nd July	Millington Woods	9.30am
5 th August	Messingham Sands & exploring N Lincs	9.30am
19 th August	Allerthorpe (Nr York)	9.30am
2 nd Sept	Humberhead Peatlands/Crowle moor	9.30am
16 th Sept	Askham Bog (York)	9.30am

* Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury`s) unless otherwise stated.
Mark & Celia Beaumont (654666)

Play Reading

The June play reading was After the Ball was Over by William Douglas Home. It is a comedy which opens at the annual Drayton Castle Ball Hunt on the same evening that the Bill outlawing fox-hunting is passed through the House of Lords. An inauspicious start to the evening is followed by the gate-crashing of the Anti-Hunt League which leads to confusion, disaster and death. It is only the timely intervention of the butler and a certain Sovereign Lady that prevents an illegal fox-hunt from taking place the following day. This play was produced at the Old Vic in London in 1985 and featured the well known actors Anthony Quayle and Patrick Cargill in the cast.
Christine Trever

Quizzing group

The Quizzing drive is still going strong and we've had some newer members taking the plunge as our quiz masters and mistresses. The Quizzes are held every other Thursday at Anlaby Village Hall. Future dates: Thursdays - July 21st, August 4th and 18th. If you fancy turning up and 'having a go' give me a ring (Chris Watson, 07530 256560) and you'll be more than welcome. You don't need to be in a team to come as these are chosen each week, so anybody on their own can just arrive.

Singing for Fun

We are still singing every other Tuesday evening at the Anlaby Village hall 6.30-8pm.
Come along and give it a try it is good for you. All welcome.
The next meeting will be Tuesday August 2nd.
Sue 652766

Stately Homes

In July we celebrated the Queen's Platinum Jubilee by putting on a presentation about the Development of Buckingham Palace. We rounded the session off with Strawberries and

Cream and a lovely Lemon Drizzle cake (Thanks for that Pat). Hot off the press, 30 of us have just returned from a 4 -day visit down to the Bury St Edmunds area. We managed to visit 4 National Trust Properties whilst we were down there plus a call-in at Burghley on the way home. A great time was had by all. Hopefully we will include a bit more detail and some photographic evidence in the next Newsletter.

Chris Watson

Short Walks

All walks are on alternate Mondays and start at 10.30am. You are to have on you person your ICE information and dress suitably according to the weather and terrain.

I may be contacted at 07783 648257 and

gian@gian.karoo.co.uk Ian Jones

25 July West Hedon Footpaths.

Meet at Station car park at back of Hedon. Go through the town via St Augustine's Gate and Soutter Gate/Preston Road.

8 August East Hedon. park at Station car park at back of town.

3-4 miles, flat pavements, dirt tracks and grass, no toilets.

Socialise at Kingstown Hotel, Hull Road, Hedon.

22 August Steep Hill South Cave. Park at top of Little Wold Road facing downhill.

2 miles but very steep hill, dirt track, no toilets. There is a less steep option to meet the other walkers coming back. Socialise at the Fox & Coney, S Cave which has a car park through the arch.

12 September Humber/Albert Dock there and back. 3 miles, flat pavements except for steps up and over warehouses, no toilets. Park at St Andrews Quay near Sailmakers pub where we will socialise.

26 September Elloughton Dale new version. 3 miles gentle inclines, grass and dirt tracks, no toilets. Socialise at Half Moon, Elloughton where you may park.

10 October Park at Star, Willerby to walk to Cottingham and back. Flat, grass, 3 miles, no toilets.

24 October Anlaby Snickets Park in Lynwood Avenue. 3 miles, flat, all pavements, no toilets. Socialise at Beech Tree, South Ella Way.

Supper Club

This group meets about every six weeks at different locations. Our

last outing was a visit to the Ferguson Fawcett in Walkington which was enjoyed by all. Good food and good company.
This group is open to anyone in the AWAKE. Please get in touch for more details if you would like to join us.
Sue 652766

Tai Chi

We were all concerned that lockdown would have seriously harmed our progress but persistence, for some also with medical problems, has been rewarded! Group 1 are ready to take on a new routine called THE SILK. The main body of Group 2 will soon have mastered THE FORM, all 140 moves, where even recently joined participants have made great efforts to merge in with others who have been practising for years!

Opportunity for a limited number of new entrants to join Group 1 which is from 10am to 11am on Mondays at St Luke's Church Hall. You can join us now and get to know us and what Tai chi is all about or wait until September 5th when we will be beginning THE SILK when you will be on an equal footing with everyone else. Give me a call on 657105 for more details.
Important reminder for current members. Tai chi will run throughout July but will have a break during August on Monday 15th and Monday 22nd. We resume on August 29th.

Chris Coates

Table Tennis

Meeting now at our Men in Sheds venue, First Lane, Anlaby, if you fancy joining us every 2nd & 4th Thursday in the month at 2pm. We are missing some of our ex-regulars and would love to see them return. please ring Steve Roberts (659816) for details if required.

Ten Pin Bowling – Monday & Friday

Hi everyone

I hope you are all well.

We are now meeting regularly on Monday & Friday morning. We meet at the Superbowl in Princes Quay at 1000hrs every Monday and Friday (except school holidays) Our last session prior to the summer school break will be Friday 18th July and we will recommence on Monday 5th September.
The cost is £7 for two games.

If you fancy giving it a try you will be more than welcome, it doesn't matter if you have played before or not come and give it a try.

If you would like any further information, please feel free to contact me at sdclark1@hotmail.co.uk or tel. 07811719843 (Monday) or David Newman 659870 (Friday).

Steve Clark & David Newman

Ukulele Groups

Barely Awake

Recently we have played at Summer Fairs at The Church of Ascension and St. Luke's and at Kirk House for the Queens (Beryl) Jubilee celebration. We are due to play at The Ridings and there is talk of another gig at the Hessle Town Hall in conjunction with the Hull Male Voice Choir in aid of STAND, further details to follow. We continue to meet on the 2nd & 4th Thursday of the month and are still enjoying our strumming. Jean Tindall/Steve Roberts

Sunshine Strummers

The Sunshine Strummers have had a very busy early summer after being in demand to play at local Platinum Jubilee Concerts. A selection of the Queen's favourite songs featured at these events including Leaning on a Lamp Post, White Cliffs of Dover, Dancing Queen and a rendition of Rule Britannia on ukulele and kazoo.

A recent highlight for the group was the visit of children from Willerby Carr Lane School to play with us. We jointly played a selection of songs and the children loved strumming along to Drunken Sailor. All the children were issued a certificate from the Sunshine Strummers for playing so well.

The Rocking Ukulelians from Year 3 were brilliant and have asked if they can play with us at least once a term. A big thank you to Paul Browning at Willerby Carr Lane for his wonderful efforts in running a weekly ukulele class.

We played at our first wedding recently and the theme of love featured in all our songs specially chosen for the married couple including Can't Take My Eyes off You, Stand by Me, Eight Days a Week and That's Amore.

Gary and Hazel Hughes

It's the FUN & Culture Pages

Poets Corner (Our new venture, growing momentum!)

Our first limerick from Michael Ebeling (let's have some more!)

There once was a lady called Sue,
Who never found time for a brew.
AWAKE u3a
Kept her busy all day,
So she'd too many things she should do.

Smile

Give a little smile as you walk down the street,
"Good morning" and smile to all who you meet.
The ladies and gents who live all alone,
Their only contact is by telephone.
Say hello to the lady sat on the seat,
You may make her day, give her a treat.
A simple smile to show you care,
A simple smile that you can share.
There is no cost in smiling, it comes free,
Let's try to smile, both you and me.
Today, tomorrow, whenever you can,
Try to make someone feel better, I'm a big fan!
Remember to share, put it on your agenda,
You won't get arrested you are not an offender!
Let's try to brighten this world of ours,
A smile is as good as a bunch of flowers.

Sue McPhee

IN MY OWN WRITE

Why not write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious, but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your

Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

Next AWAKEN

The deadline for contributions for the next Newsletter is Friday 8th September 2022

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

Steve's Marriage Guidance Advice

Denise shouted to me "do you ever get a shooting pain across your body like someone has a voodoo doll of you & is stabbing it?"

"No" I replied

She responded with "How about now?"

And Finally

A friend of mine was telling me about a very interesting TV programme about lots of recipes using tomatoes as the base ingredient, Unfortunately I missed it but hopefully I can get it on **KETCHUP!**

Just noticed Robinsons are no longer promoted at Wimbledon, but I believe the break up was **CORDIAL!**



The Supper Club visit to Ferguson Fawcett, Walkington



Barely Awake entertaining the 'Queen' during her Jubilee visit to Kirk House, Anlaby



The Craft Group showing their material pinecone expertise



Our special u3a lady taking part in the Anlaby, Willerby & Kirk Ella Scarecrow hunt (thanks to Yvonne Crabtree and her husband for all of their hard work in creating her!)



Can you put a name and place to this photograph?



Sunshine Strummers, The Wedding Entertainers



Twoirate Pirates

My very first pure bread dog. He just loafes around the house all day. Maybe he has a yeast infection. I have no dough left to spend on him. At first I thought he was the greatest thing since sliced bread., but he's so kneady. Can't get him to rise in the morning. If he doesn't smarten up, he's toast.

