

Number 64: March/April 2022
The Membership Renewal Edition

Word From the Chair



Another two months have passed since you received our last newsletter.

It is hard to believe how the months are passing. We are not yet at the end of Covid, but things are getting a bit more normal.

It was nice to see such a lot of new faces at our last monthly meeting. Hopefully these meetings will not get interrupted again. Our April meeting will be a social one, when we will be asking some of our

groups to entertain you. As it is near Easter, we will have an Easter bonnet competition so get your headgear decorated.

The u3a was formed as a way of getting people together, not only for the social side, but for helping and passing on their knowledge to others, hence the different types of groups. I feel that since the pandemic, this has been forgotten so I am asking if any of you have any special talents or knowledge that you think other people may like to learn or try. Please give me a call.

Hope to see you all soon as we get more involved in our groups. Stay safe and take care.

Sue

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Latest News/Events

Membership Renewal

As you receive your newsletter by email, your 2022/23 membership renewal form will also be emailed to you to save on paper & printing, if you are able to print it, please complete both sides and send to Joan Greenley.

If you cannot print it please contact Denise Roberts (659816) who will ensure you receive a copy or pick up a copy at the March General Meeting to be held at the Memorial Hall, Willerby Square on Wednesday 16th March at 2pm

If you are a taxpayer, you could assist us by ticking the box for GIFT AID. This year we were able to claim £722 from the government and with your help we can claim back £3 from your £12 Subs payment in tax relief. This greatly helps us in running your u3a.

AWAKE u3a Situations Vacant

1. General Monthly Meeting Head of Refreshments

We were pleased with the assistance provided by members in serving refreshments at the February General meeting but still require someone to oversee the process. This involves coordinating the tea/coffee/biscuits distribution for our regular Monthly meetings (if we are allowed to serve refreshments).

Any members interested or would like further information please contact Sue McPhee (652766)

2. Newsletter distribution

As we are thankfully continuing to get new members, and some present distributors are unable to continue, we are in need of more people to help distribute the newsletter every two months. Please contact me on 653964 if you feel you might be

able to help. You would be asked to deliver to a small geographic area, but as it may not be near your home, you will need a car – unless you are an enthusiastic walker!
Michael Ebeling

Dates for your Diary

Future Speakers & Activities

Wednesday 20th April – ‘In House’ entertainment featuring a variety of our Groups and their Members entertaining us for Easter. (Easter Bonnets optional!)

Wednesday 18th May – Philip Walker – Being a Yorkshireman/woman

Wednesday 15th June – Annual General Meeting

Please note: All the above meetings take place in the St. Andrews Memorial Hall, Willerby ((corner of Redlands Drive, opposite large Willerby car park) commencing at 2pm

Hull Arcade Walk

I have arranged a guided walk with Paul Schofield which will be on Friday 13th May at 2pm. The walk will last about 1½ hours, meeting at the Paragon Street end of the Paragon Arcade. We will walk from the Arcade to the Hepworth Arcade taking in everything in between. The cost will be £5.
If this is of interest to you and you would like to participate, please let me know as numbers may be limited.

Contact Sue McPhee 652766

Interest Group News **Group Co-ordinator**

Our groups are getting back to normal as more of you are starting to mix. **It would be nice if we could maybe start a few new groups. As I said on the front cover the u3a was formed for passing on our knowledge to others. I am sure some of you**

out there have a lot of knowledge about different subjects and could pass this on to others, if you have ever considered becoming a group leader but are concerned what this may involve come and meet our existing group leaders at the forthcoming 'get together' on the 1st^{of} April (contact Sue McPhee for details 652766)

The dancing group are starting a new session of learn to ballroom dance from the 8th of March at 2pm at the Anlaby village hall. It is a social afternoon all welcome. Contact Adrienne 654383 or Sue 652766

Art for Everyone

We are now well settled into the Guide Hut on Main St Willerby. 1.30 to 3.30pm on the first and third Monday of each month. If you are feeling in need of expressing your creative side come along and give it a go. We have the help of Mary Randell (one of our members and an Art Teacher!) who supports and encourages our efforts. For more information Contact Denise Roberts 659816

Badminton

The Swanland u3a group will be meeting again each Friday afternoon at the Hull and East Riding Sports Club, Chanterlands Avenue at 2 - 3.30pm. You will need to pay for membership of the club (£12.50 for the year).

We already have members from Awake and Cottingham u3a's and would welcome others.

For further details contact Ann Berriman (01482 650676)

Book Groups

2022 has started off very well for our three book groups. One outstanding book that has been popular with all groups is '*Where the Crawdads Sing*' by Delia Owens. The book is very well written, and you quickly get immersed in the story. It instigated much discussion and can be highly recommended. If any of you have been watching '*Maggie Murders*' on Netflix, two groups have read Anthony Horowitz's next book '*Moonflower Murders*'. It's another novel with a second book within the text. It was generally a satisfactory read but not outstanding as was '*The Midnight Library*' by Matt Haigh where the main character is able to relive her life to see what would have happened if she'd not made the choices she had. It certainly made us think about our

own lives! If you're interested in joining one of the book groups give me a ring (Chris Watson – 659773) and I can answer any queries you may have.

Bridge Group

We meet every 2nd and 3rd Wednesday of the month at the Willerby Library, Main Street, Willerby at 2pm to 4pm the next meeting will be Wednesday 9th March. Players and beginners are welcome. Ring Anita 657494.

'Caravan' AWAKE Trips Group

CITIES SCENE. Birmingham 4 nights away. May 10-13 return Sat late. Lockdown stopped our previous go at this for 38 members based in Leamington. The idea is to explore Warwick, Stratford, Coventry & Birmingham from our Birmingham base. As usual you will get lots of information on transport and things to see and do. You choose from the menu or whatever else and get on with it. Sharing yesterday's experiences at breakfast is always good. What follows are just a few ideas. Detailed information will be available nearer the time.

Birmingham. Hotel in China Town very close to station, Mama Mia at theatre next door, ballet at The Rep, other theatres. Black Country Museum, Botanic Gardens, Winterbourne House, a beautiful Arts and Crafts House in period gardens, a 1909 Cinema, Cadbury World. More canals than Venice to walk or boat trip. Jewellery Quarter. Curry eating.

Leamington Spa/Warwick Classic spa town. Pretend you are rich 150 years ago. Warwick Castle with lots of things to see. Old domestic buildings around town.

Stratford on Avon. "Wars of the Roses" at main theatre. Late trains back. River trips, everything Shakespeare. A grand day out.

Coventry A brilliant Motor Museum. The cathedral ruins beside the glorious new one.

Hotel. We will stay at "IBIS New Street Station." Double or twin rooms £342, 4 nights for two. I book, you pay at check in. Cancellation with no strings is up to 1400 on arrival day via me. If you just don't turn up with no word, I will be charged one night, and you will pay me.

Travel by train is to be booked by you to comply with U3A rules. Not my idea. Flexible pricing has recently changed but there are

still big advantages. You should be able to get £46.80 return bought about 2 weeks before and may need to get outbound and return a few days apart. It may be three times that if you book early. Book online or at the station ticket office at the right time. Three months ahead is now the highest prices. I am still allowed to be helpful so call me 657105. Trains from Hull 8.28 9.25 10.25 etc. with change at Sheffield.

PS, National Express Hull to Birmingham direct dep 10.00 arrive 14.00. Return Sat dep 15.00 direct. £15 each way.

Thanks for this from Geoff Morton on this trip.

Call or email to hold a place coatesroger@outlook.com 657105 07941222499

Chess Group

We meet as part of the Games group every other week at the Willerby Methodist Church on a Monday from 10am to 12 noon. (See photo on Page 21). We would like more members (both beginners & experienced players are welcome) if you are interested, please ring Peter Taylor on 501808 for details.

Cinema Group

Welcome back all you budding film buffs, the Cinema group is now up & running again.

Look forward to seeing you all first Tuesday of each month.
Ann Milledge.655929.

Coffee & Stroll

Our 2-mile footpath stroll (approx.) starts at 10.00am every fortnight Sunday, from the designated parking area, followed by coffee in a nearby café or pub.

If you are not walking due to weather conditions etc, please consider just having a coffee, as the venues are pre booked.

The next scheduled walks are:

April 3rd – Cottingham, Parking in Co-op car park, Coffee in Kristoffs.

April 17th - Hull, Parking at the Village hotel, Coffee in Starbucks.

May 1st – Beverley, Parking in Lairgate car park, Coffee in

Kavanaghs.

May 15th – Barton, Parking in Cottage Lane car park, Coffee in Wilderspin School.

May 29th – Willerby, Parking and Coffee at Costa, Willerby Hill.

For any further information or issues regarding transport etc, please contact me.

Les McPhee 652766 or 07855235766

Craft Group

It was lovely to see my craft group back and all keen to get going on their various projects. The beginners crochet session went very well with some ladies picking it up easier than others and that is totally normal. The March 21 session will again have the first half hour on refreshing the basics of last week and moving forward to learning 2 more stitches. Well done ladies and remember your crochet hook and wool again for the March session.

Remember the session cost has increased to £2.50 to make sure we cover the room hire and then 50p for those who want to purchase a cup of tea or coffee with a biscuit.

Please note the date change. The **April 11th** meeting date has changed as our usual date lands on Easter Monday, and the subject will be 'Different and unusual wool/yarns to use in knitting, crocheting, and crafting.

The May 16 session will be making pinecones, if you are intrigued then do make sure you attend.

Looking forward to seeing you all March 21st as usual at Willerby Methodist Church 2-4pm.

Barbara Gardner (654479 or email me on nevina@nevina.karoo.co.uk)

Darts, Dominoes & Card Group

The darts, domino and card group continue their meetings at the Men in Sheds premises in 1st Lane, Anlaby. It is much roomier than the room at the library and very comfortable. We currently average about twelve each meeting and would welcome anyone to join us. We meet every two weeks on Tuesday evening. If you are interested my mobile number is 07530 103 482

Les Holmes

Digital Photography

Unfortunately, the Digital Photography Group is currently suspended pending the search for a new leader, if any u3a member is interested please contact Stewart Mawer (655642) We are looking for someone with enthusiasm to run the group, help and expertise could be provided by existing members.

Discussion Group

The Discussion Group continues to meet on the 1st Friday of every month at the start time of 11am at the Beech Tree pub. Renee Bell 653543

Flex & Stretch

We have two groups every Monday, 12.30pm -1.15pm and 1.30-2.15pm. This is a friendly group with exercises for all. All welcome.

Sue McPhee 652766

French Conversation Group

We continue to enjoy meeting in two small groups fortnightly. As well as chatting we do a short translation which has ranged from an article about street cats in Istanbul to William the Conqueror! The small groups enable us to chat more easily and to keep socially distanced. We could still manage one new member.

Michael Ebeling 653964

Games Group

You are more than welcome to join us every Monday morning at 10am at the Willerby Methodist Church.

I am sad to report that one of our members, Mrs Sheila Wilkinson recently passed away.

For more details contact Jackie Kitchen 650702

Local History Group

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along! Our 2022 programme includes much of interest! The schedule for our next three meetings of 2022 is:

17th March Quiz-time! (Postponed from December 2021)

21st April

'Mark Sykes of Sledmere' by Chris Watson

19th May

'One Hull of a Show: The White City Story
1920-1938' by Michele and Alan Beadle

All our meetings are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments. (Note: Admission to our March meeting will be £1)

Further information can be obtained from the group leader (see below) or from our website:

<https://u3asites.org.uk/awake/page/22001>

Francis (650449)

NATUREWATCH

Date	Venue	*Meet
25.3.22	Far Ings at Barton	9.30
8.4.22	Oakhill at Goole	9.30
22.4.22	Scotton Common at Scunthorpe	9.30
6.5.22	YWT North Cave Wetlands	9.30
27.5.22	Now changed to Tophill Low	9.30

* Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury's) unless otherwise stated.

Play Reading (Held on the 4th Wednesday of the month)

Our first play reading of 2022 was, No Sex Please, We're British, a British farce written by Alistair Foot and Anthony Marriot. Unsurprisingly, it gave rise to much laughter and enjoyment of the reading. Our thanks go to Christine Trever for her excellent choice and for leading the meeting, and to Anita Coupland, our welcoming host.

Our next meeting is on, Wednesday, 23rd March.

Pauline Park

Quizzing group

Quiz nights are back in full flow with over 30 regular members and some new ones turning up to test their brains each time. Our quiz masters and mistresses continue to challenge us, and their efforts are greatly appreciated as we wouldn't be able to have a

quiz without somebody setting and asking the questions. The Quizzes are held every other Thursday at Anlaby Village Hall. Future dates: March 17th and 31st: April 14th and 28th. If you fancy turning up and 'having a go' give me a ring (Chris Watson, 659773) and you'll be more than welcome.

Singing for Fun

The singing for fun group is still going strong. If you like singing, why not come along and give us a try?

Sue McPhee 652766

Stately Homes

Things are almost back to normal (whatever that is now!). For our first return meeting in February, we had 41 members arrive to take part in a 'Guess What It Is' session. The visiting presenter was admirably assisted by his volunteer 'Debbie McGee' and there were some very bizarre guesses and answers. Did you know that in early days you could get stones to put in your knickers to relieve the problems of the menopause? If only we'd known ladies!! For March we are having a DVD of Waddesdon Manor, in Berkshire. Our programme for the rest of the year is still not finalised as some of the places we visit are not fully organised for groups yet but watch this space of If you are interested in joining the group, please contact Chris Watson (659773).

Table Tennis

See photo on page19 at our new venue (Men in Sheds, First Lane, Anlaby) if you fancy joining us every other Thursday at 2pm please ring Steve Roberts (659816) for details

Ten Pin Bowling – Monday & Friday

Hi everyone

I hope you are all well.

After a shaky start we are now meeting regularly on a Monday & a Friday morning. We are getting a good number of players attending regularly with everyone enjoying the sessions.

We meet at the Superbowl in Princes Quay at 1000hrs every Monday and Friday (except school holidays)

The cost is £7 for two games.

If you fancy giving it a try you will be more than welcome, it

doesn't matter if you have played before or not come and give it a try.

If you would like any further information, please feel free to contact me at sdclark1@hotmail.co.uk or tel. 07811719843.

Hope to see you all soon

Steve Clark

Ukulele Groups

Barely Awake

We hope to be playing a St. Patricks day gig at the Hallgarth Care Home, Cottingham but this may once again be scuppered by Covid!

We are appearing at the Filey Folk festival on Saturday 30th April at 2pm in the Bandstand, Crescent Gardens, Filey.

Why not come and have a great day out with Inghams fish & chips and great music, we look forward to seeing as many of our Groupies as possible.

Jean Tindall/Steve Roberts

Sunshine Strummers

The Beatles and Country and Western themes have been our focus for set lists during January and February. Each theme is repeated for at least three weeks giving members the opportunity to really master the chosen songs.

Performance requests are now coming in thick and fast, and it was a real pleasure to be asked to play at the recent Celebration of Life for Keith Dobbs held at Barton Cricket Club. After a long illness, Keith sadly passed away last year, and his family were keen to remember his life through a musical afternoon. Keith was a truly valued member of the Sunshine Strummers and an original member of the band. He was a real enthusiast for the ukulele and during the afternoon we played a selection of his favourite ukulele songs.

The band is growing with four new members joining in January and progressing really well with their ukulele playing. Birthdays are always celebrated with a special birthday strum and opportunity to wear the birthday cake hat – see below!!

Gary & Hazel Hughes





Short Walks (see photo on page 19)

All walks are on alternate Mondays and start at 10.30am. You are to have on you person your ICE information and dress suitably according to the weather and terrain I may be contacted at 07783 648257 and gian@gian.karoo.co.uk Ian Jones

28 March. River Hull Banks. Park at Oak Road playing fields car park where you might have access to groundsman's toilets. Flat, lots of grass. Socialise at Goodfellowship Inn, Cottingham Road.

11 April. Country Park Inn to Hessle Haven. Flat, muddy in places footpaths, toilets at Inn. A condition of parking is that you purchase some food and/or drink otherwise pay to park there!

25 April. Old Pond Ramble. Park at Riding for the Disabled, North Ferriby where we will socialise after walking. Flat, wet grass and mud.

9 May. Beverley Beck - River Hull Ramble. Park at dirt car park at the end of the Beck near the lock gates and the submarine! Flat, some grassy paths, no toilets. Carry with you sufficient money for socialising at the Riverview Cafe on the return leg of the walk before we get back to our cars.

23 May. Barton - Waters' Edge Ramble. Park at Humber Bridge car park and car share to cross bridge to Waters' Edge car park, Barton. Flat, muddy paths, toilets at Cafe where we will socialise. Toll payment by card! Remember to bring your passengers back!

Supper Club

This is a popular social group for a convivial evening meal.

In February we visited the Bella Rosa Restaurant in Anlaby and in March we are returning to Gingers in Willerby.

If you are interested in this group, please get in touch for more details as places are sometimes limited.

Sue 652766

It's the FUN & Culture Pages Poets Corner (A new venture!)

Sue McPhee has contributed many poems of late and I thought it would be a good idea if we encourage other budding poets to contribute to our **new Poets Corner section. Come on have a go!**

So to kick things off I thought I might have a go, apologies if it is a bit darker than Sue's previous contributions!

It was inspired by watching a Sky Arts documentary about the 1960's group The Moody Blues featuring their hit Nights in White Satin.

Nights On The Statins

Nights on the Statins
Just prolonging the end
Visions of bodies
Ever harder to mend
We now take our pleasures
In much smaller bites
A blank page in the diary
Becomes a delight
But we love it
Oh YES, we love it
Our memories
Ever more important
When we think of the past
As the days draw nearer
To breathing our last
A lifetime of ups & downs & fun
Meeting folk from
Everywhere under the sun
So let us rejoice
In the lives that we live
And never forget
It's certainly preferable
To the **ALTERNATIVE**

Steve Roberts

Now for this month's Poem from Sue McPhee

Events

Our u3a events are all legal and fine,
All with prescribed drugs and no illegal wine.
We'll bring our own wine, nibbles are free,
There will be a good time to be had for you and me.
It's a long time since we had a get together,
So let it happen no matter the weather.
Summer visits, we will look forward to,
These are things that we could not do.
We'll raise our glasses at a birthday bash,
Cheers to the one wearing the sash.
Maybe they will ask. Should we be here?
Of course, it's your birthday there's nothing to fear.
WE won't face any consequences down the line,
For OUR social events are all legal and fine
Sue McPhee





Should never have taken the dog to Hornsea during storm Eunice

IN MY OWN WRITE

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious, but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

Next AWAKEN

The deadline for contributions for the next Newsletter is Friday 6th May 2022

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

Final Thoughts from the Editor

A friend of mine recently invested in a new stair lift, he is very impressed as it gets him upstairs faster than it takes him to forget why he wanted to go!

Where do bad rainbows go?
Prism, but it's a light sentence

My definition of an intellectual is someone who can listen to the William Tell Overture and not think of the Lone Ranger

Bread is like the sun, it rises in the Yeast and sets in the Waist

Steve's Marriage Guidance Advice

Laughing at your mistakes can lengthen your life.
Laughing at your wife's can shorten it

And Finally

The worst things you can do to Yorkshire Folk

Mek a bad cuppa

Offer just one Yorkshire Pud

Mek thin Gravy

Call Tea, Dinner (or Dinner, Lunch)



Table Tennis group in action at Men in Sheds



The short walks Valentine's Day outing, they sure know how to treat a lady!



Lunch Club 2 Christmas lunch at Crofters, Anlaby



The Chess Group in action as part of the Games group at Willerby Methodist Church