

## **Word From the Chair**



A Happy New Year to you all,  
I hope that you had a lovely Christmas. Unfortunately, some people had to isolate or cancel their celebrations because of Covid. I hope you were not one of them.

How time flies as it is two years since we started with lockdowns. I wonder how many more months it will take until we get back to some sort of normality.

I know that things are uncertain at the

moment and a lot of people are wary of attending our groups, but we need to try and support them, if not we will not have any groups. No groups no u3a. All our group leaders are making their meetings as safe as they can.

Enough of the doom and gloom let's look forward to spring and sunny weather when we can get out in our gardens and hopefully have u3a meetings without having to wear masks.

It is the u3a's 40<sup>th</sup> anniversary this year and they would like all u3a's to celebrate this event. Your ideas please for ways we can celebrate and also promote our AWAKE u3a.

If anyone has any ideas for new groups, or if you would like to be a group leader please get in touch. Maybe you have some ideas for new six-week groups.

You will see in this newsletter that we have compiled a profile and photographs of our committee members. This is to let you see who holds what position and what their job entails. There will be vacancies to be filled on the committee later in the year when their term comes to an end.

Please could you give some thought to these requests, to help our u3a move forward and be a success.

Best wishes for the New Year and stay safe.

Sue



The Coffee & a Stroll Group testing the strength of the new Murdock Connection prior to a coffee in Princes Quay



The Flex & (at full) Stretch group in action

## ***Latest News/Events***

# **AWAKE u3a Situations Vacant**

### **1. General Monthly Meeting Head of Refreshments**

This involves coordinating the tea/coffee/biscuits distribution for our regular Monthly meetings (if we are allowed to serve refreshments).

Any members interested or would like further information please contact Sue McPhee (652766)

### **2. Speaker Finder**

Val Upton has agreed to take over the Speaker finder role

## **Dates for your Diary**

### **Future Speakers & Activities**

**Wednesday 16<sup>th</sup> February - Chris Watson, Unsolved mysteries of the past.**

**Wednesday 16<sup>th</sup> March - 16th Alison Larkin, Georgian costume and embroidery.**

**Wednesday 20<sup>th</sup> April – 'In House' entertainment featuring our Members for Easter.**

## **Interest Group News**

### **Group Co-ordinator**

I hope this year we are going to be able to continue with our groups in a more normal way without interruptions. I am also hoping that we may have some new groups.

If there is anyone who feels that they would like or are able to start a new group, please get in touch with me.

Ideas and suggestions are very welcome and support is given to new group leaders.

Sue 652766

## **Art for Everyone**

Welcome to 2022 and a year of creative art. We start our new term in the Guide Hut on Main St, Willerby from Monday 17<sup>th</sup> January at 1.30pm. Hope to see you all there although we understand with winter weather and the virus that not all members will be able to attend. We meet on the first and third Monday and all new painters are welcome to come and have a go. Contact Denise Roberts 659816

## **Badminton**

The Swanland u3a group will be meeting again each Friday afternoon at the Hull and East Riding Sports Club, Chanterlands Avenue at 2 - 3.30pm. You will need to pay for membership of the club (£12.50 for the year).

We already have members from Awake and Cottingham u3a's and would welcome others.

For further details contact Ann Berriman (01482 650676)

## **Bridge Group**

The Bridge Group meet every 2nd and 3rd Wednesday of the month at 2pm to 4pm at the Willerby Library Main Street Willerby. New players and Beginners welcome.

Ring Anita 657494.

## **Chess Group**

We are continuing as part of the Games group and thank Jackie Kitching for making us welcome (especially at the great Christmas party!) We can accommodate more members so if you are interested please ring Peter Taylor on 501808 for details.

## **Cinema Group**

The Cinema group will not recommence until the new year, I will contact members with details.

Ann Milledge 655929

## **Coffee & Stroll**

Our 2-mile stroll (approx.) starts at 10.00am from the designated parking area, followed by coffee in a nearby café or pub.

Please be aware of and comply with, the latest Covid restrictions in place. Also, if you are not walking due to weather conditions

etc, please consider just having a coffee, as the venues are pre booked.

The next scheduled walks are:

Feb 6<sup>th</sup> - Cottingham, Parking at the far end of 'The Parkway', Coffee in 'Lucy's Tea Rooms'.

Feb 20<sup>th</sup> - Hull, Parking and Coffee at 'The Peleton' within 'Warners Health Club', Pickering Road.

Mar 6<sup>th</sup> - Anlaby, Parking and Coffee at 'Deliciously Crafty'.

Mar 20<sup>th</sup> - Hessle, Parking (£1 charge refundable) and Coffee at 'Country Park Inn'.

For any further information or issues regarding transport etc, please contact me.

Les McPhee 652766

## **Craft Group**

Hope all my craft group had a lovely Christmas and New Year and are ready to start crafting again. The group decided that due to COVID they wanted to give the January date a miss and start back on Monday February 21<sup>st</sup>, So remember there is NO meeting in January 2022. The group decided that as COVID can deplete the number of members attending these sessions, then unfortunately the room subs needed to increase to £2.50 a session. Hopefully as life returns to a new normal, and the attendance increases and stabilises, then the subs would be adjusted again.

Hopefully you all will be ready for the February meeting. I will be teaching a short session on 'Learn the Basic crochet – holding the yarn, creating a chain and maybe working a double crochet stitch'. Please tell and bring your friends if they would like to learn to crochet as we always need more members. The March 21<sup>st</sup> meeting will be a refresh of the February session and then adding more stitches and skills. Please bring a crochet hook and some yarn if you want to learn to crochet. I suggest a 4mm crochet hook and DK wool for the beginners.

The April 18<sup>th</sup> meeting subject will be 'Different and unusual wool/yarns to use in knitting and crocheting'.

Looking forward to seeing you all February 21<sup>st</sup> as usual at Willerby Methodist Church 2-4pm. Barbara Gardner (654479 or email me on [nevina@nevina.karoo.co.uk](mailto:nevina@nevina.karoo.co.uk))

Take care, Barbara

## **Digital Photography**

Peter Richardson has decided to disband the Hesse u3a section of our joint Digital photography group and as a result I am also doing the same with the AWAKE section, I have run the Group for many years and feel it is the right time to give up the role. All of the membership details etc. will be retained and I sincerely hope someone comes along and takes over the running of the group.

Stewart Mawer 655642

## **Discussion Group**

The Discussion Group continues to meet at the Beech Tree on the 1<sup>st</sup> Friday of every month at the start time of 11am at the Beech Tree pub.

Renee Bell 653543

## **Family History**

Sorry the meetings have been a bit hit & miss due to Covid issues, I will contact all members with up to date information as it comes available

Chris Gibbs 654897

## **Flex & Stretch**

I hope everyone is keen to get fitter in the New Year.

We started our group again on Monday 10<sup>th</sup> January at St Luke's Church Hall. There are two sessions 12.30-1.15pm and 1.30-2.15pm. Anyone interested in joining us, please give me a ring. I wish a happy New Year to you all.

Sue 652766

## **French Conversation Group**

We continued to meet in people's homes, but at the beginning of January we decided to revert to two separate meetings on Zoom for the time being. These work very well, but obviously it is much better when we can meet properly. Before Christmas we had a very enjoyable party in the Alf Kersh room at the library. We brought food and played party games – including Pass The Parcel with forfeits in French between every layer!

Michael Ebeling 653964

## Games Group

The group enjoyed an excellent Christmas party in December and now are continuing in the New year with the same Covid rules in place as before. You are more than welcome to join us every Monday morning at 10am at the Willerby Methodist Church. For more details contact Jackie Kitchen 650702

## Local History Group

A Happy New Year to you all!

First of all, apologies for the precautionary postponement of our December meeting. Our Christmas Quiz is one of the highlights of our programme and you will be pleased to know that this has been rescheduled and is included in our 2022 programme.

All AWAKE u3a members and their guests are warmly invited to our monthly meetings. If local history is your thing, then please do come along! Our 2022 programme includes much of interest! The schedule for our first three meetings of 2002 is:

20<sup>th</sup> January 'Hessle Foreshore and its Role in History' by Michael Free

17<sup>th</sup> February 'The Snickets of Cottingham' by Jim Yates

17<sup>th</sup> March Quiz-time! (postponed from December 2021)

All our meetings are held on the third Thursday of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

We still have a number of virus mitigation measures in place. At the time of writing, this includes the wearing of face coverings inside the building.

Further information can be obtained from the group leader (see below) or from our website:

<https://u3asites.org.uk/awake/page/22001>

Francis (650449)

## NATUREWATCH

Date	Venue	*Meet Time
28.1.22	Paull Holme strays	9.30
11.2.22	Tophill Low	9.30
25.2.22	North Cave wetlands	9.30

11.3.22	Noddle Hill Reserve	9.30
25.3.22	Far Ings at Barton	9.30

\* Meet time at Willerby Square, please note all the meetings will start on Friday mornings at 9.30am at Willerby square car park (down by the side of Sainsbury`s) unless otherwise stated.

## **Play Reading**

Play Reading Group 2, Held on the Fourth Wednesday of the Month

Our November reading was Willy Russell's, Our Day Out. First aired on television, its success led to a stage play, musical and film. The plot gives an hilarious picture of a school coach outing to North Wales with children from a deprived area of Liverpool. Underlying the comedy, is the insight into their empty, depressing futures and one young girl's painful awakening to what lies ahead. It was a good play for a variety of roles.

Our next meeting is on, Wednesday, 26<sup>th</sup> January. Pauline Park

## **Singing for Fun**

Our group started again on Tuesday 4<sup>th</sup> January and is every other week at the Anlaby Village hall 6.30-8pm.

It would be nice to see new members and also welcome back those of you who were not quite sure about singing in a hall with other people.

I wish you all a happy singing New Year and every other Tuesday after that at 6.30-8pm in the Anlaby Village Hall.

If you would like any more details please give me a ring or just turn up. Tel. 652766

Sue

## **Table Tennis**

We commenced the new year on the 13<sup>th</sup> January (next meeting, Thursday 27<sup>th</sup> 2pm at Men in Sheds, First Lane Anlaby) We have not seen a number of our friends for a while so if you wish to join us we will be really pleased to see you back or If you would like to join the group, just give me a ring for details.

Steve Roberts (659816)



## *Meet your Committee*



### **Sue McPhee Chair**

Sue works very hard to keep our u3a running smoothly. She organises Committee meetings where we look after the business of keeping everything within the Charity Commission rules and trying to ensure all of our members are kept up to date with national information. The monthly meeting where she passes on information to everyone and loves to ensure we are all entertained in the social gatherings. The Chairs of u3a groups (ACCORD) around our area join together to share ideas and Sue regularly attends their meetings. In AWAKE Sue also holds the post of Group Co-ordinator, keeping leaders informed and supported. Sue also runs the Flex and stretch group and Singing for fun group. A very busy lady!



### **Chris Watson Vice Chair**

Chris was the Chair of our group before Sue and has now taken on the role of Beacon Administrator as well as supporting Sue in the roll of Chair. Chris has been involved with AWAKE from the very beginning and has a wealth of knowledge about u3a both locally and nationally. Chris has held several posts on the committee from business secretary, speaker finder and has been an active member of the ACCORD group and attended several national meetings in Leeds to keep updated. Chris also runs the three Book groups, Stately Homes Group and Quiz group.

### **Denise Roberts Treasurer**



Denise took over the role of treasurer from Trevor Barnett who had held the post from 2011. The job entails keeping a record of all the income and outgoings on behalf of our members. All the cash taken by group leaders has to be banked and rooms paid for out of the central account. The Charity Commission guidelines and the u3a Finance documents are our 'Bible' and Denise's job is to comply with these. This year we have started to use an accounting system that has been designed for u3a called Beacon. This system is used to hold all our accounts and membership information in accordance with the data protection laws. So this year Denise has had to

polish up her learning skills and get her head round this new fangled system. Denise also runs the Art for Everyone group.



### **Francis Davies    Publicity**

Francis has been involved in AWAKE from its conception and has held many posts including Chair. He now supports the group by printing the Newsletter and any other publications on behalf of our members. He also is our spokes person when it comes to advertising in local papers, radio or the internet. Francis also has a wealth of knowledge in the running of the group and its history.

The notice boards would be quite empty at the general meeting if Francis did not maintain it with information. He also runs the Local History group and is very active in promoting our area and its history to the general public. (watch out for the project Francis is working on at the moment)

### **Joan Greenley    Membership Secretary.**



Joan recently took over the post from Chris Coates who had kept records of all members from 2011. Joan has now entered all records on the Beacon system and is found at the desk at all general meeting to greet you and any new members. The Beacon recording was by no means an easy task but like all new things it becomes easier the more you do it. Joan has been involved from the early years and has been on the committee for the last three years. Joan has also been the speaker finder and a great job she did finding interesting and challenging speakers for our monthly meetings. Joan also runs the Pudding club . You know the saying if you want a job doing well ask a busy person.



### **Sue Dyson    Minutes Secretary**

Sue recently took over minutes secretary from Sheila Lines who also had been involved from the beginning. Sheila decided that it was time to hand over the pencil and Sue was asked if she would like to join the committee and take on this role. It is by no means an easy job as like most meetings we all speak at once and often have lots of discussion before a decision is reached ( ask Sheila), however Sue has got

her head round it and is producing our minutes and learning to stop us and ask what wants minuting from our chatter. You will also find Sue at the desk taking members numbers at the monthly meeting.

### **Liz Pickering Business Secretary**



Liz took this job over from Denise when she became treasurer. Liz has also been involved in AWAKE from the early years and knows a lot of our long standing members. Liz passes on information from national branch and keeps records of our meetings and AGMs. Liz also runs the lunch club at Manor farm.

Liz is coming to the end of her time on the committee and her sense of fun and knowledge will be missed, she will be still at the end of the phone I am sure.

### **Steve Clark Health and Safety**



Steve has taken on the role of Health and Safety and this entails checking out the venues we use for meetings and making sure our records are up to date with new regulations. During this Covid time he has supported us with advise at our meeting as to how and when we should meet and what we need to put in place to try to keep us all safe. He also keeps a record of any accidents. Steve gave a very comprehensive first aid talk to group leaders and is always willing to advise when needed. He also runs one of our Ten pin bowling groups.

### **Peter Bristow Committee**



Peter recently joined the Committee and he is heavily involved with The Men In Sheds Hatemprice project. This has helped both groups in that we now use their buidng for some of our groups and hopefully the money paid assists the Men in sheds group. Peter has good experience of being on committees and contribues to all of our activities. You will see him at the monthly meeting helping with newsletter distribution or welcoming at the door. Peter was our speaker finder for a while but found his work load with Men in sheds did

not allow him to give it his full attention.

## **Val Upton Co-opted member**

Val has recently agreed to come onto the committee and has agreed to take over the role of speaker finder. Welcome Val and thank you for taking on this role.

## **Our band of volunteers who also assist in running AWAKE**

### **Steve Roberts Newsletter**

Steve has now given up his committee duties after eight years due to health reasons but still continues to write the newsletter. We are very grateful for the wonderful job he does in keeping all of our members informed and doing it in a light hearted and fun way. Steve also runs the Table Tennis group and assists in the Barely Awake Ukulele group.

### **Michael Ebeling Newsletter distributor**

Michael has taken over from Chris Coates in distributing the Newsletter to members. We now try to deliver as many paperless copies as we can to those who do not mind the e-version, however for those who like a paper copy Michael has stepped up to the breach. Thank you Michael for your organisational skills. Michael also runs the French Conversation group.

### **Chris Moody Web manager.**

Chris manages the web site keeping everyone up to date with any new information. He quietly works away in the back ground keeping our website looking good. Thank you Chris. Chris also runs the Whisky appreciation and Computer groups.

### **Janet Brown Beacon Administrator**

Janet works with Chris Watson in supporting the running of the Beacon System. A lot of work has gone into setting up and helping people to understand how the system works and our thanks go to her for this. Janet also held a training session for leaders with a comprehensive hand out provided on how to use the system.

### **Les McPhee General helper**

Thank you Les for all the running about, chair shifting, emailing, printing and listening to our constant chatter about u3a.

If I have not mentioned you please forgive me as there are so many of you who help all the time. There are always ways in which our members can volunteer in helping with the smooth running of AWAKE. Your help is welcome no matter how small or large. You could run or assist a new or existing interest group. We also need to supply that welcome cuppa at our general meeting but as of now we have nobody to take on the job. Are you willing to get a small group together to do that? The committee as you will see, have been assisting in the running of AWAKE

for many years and their experience is invaluable, BUT, we also need new ideas and new blood to keep us up to date. If you feel you could come on to the committee of want to see what we do find one of us to chat to.

## **Ten Pin Bowling – Monday & Friday**

Hi everyone,

At the time of going to print we are unsure when the Bowling alley opening times will revert back to opening at 10am allowing us to resume our normal activity. Members of the two groups will be informed when we receive up to date information.

Steve Clark & David Newman

## **Ukulele Groups**

### **Barely Awake**

We had five Gigs planned for December 2021 but due to Covid concerns, we only fulfilled three of them however we had a great time at both St. Mary's Care Home and St Luke's Christmas fair. The Stephen Hughes Charity event at the New Walton Club was the highlight for us with an audience of well over 100 people and four Ukulele bands to entertain them, a great afternoon and a magnificent £1400 raised for this very worthy Charity.

Now it is back to practicing in the hope we can learn some new songs!

Jean Tindall/Steve Roberts

## **Sunshine Strummers**

A Happy New Year to all U3A members from the Sunshine Strummers. We return on Monday 10<sup>th</sup> January with a Country Music Set List and a plan to play and build up a Beatles based repertoire of new songs for the group.

Some new strummers have or will soon be joining the group as well as the U3A, following a short ukulele beginners programme. We look forward to them joining us in performances early in 2022.

We all loved our pre-Christmas Concerts at the Ada Holmes and Humber View Centres which hopefully brought a little Christmas Sparkle to residents who sang along to our festive songs.

We wish to give a massive thank you from The Stephen Hughes

Foundation to everyone who participated and supported the Charity Ukulele Concert - One Amazing Christmas Strum at the New Walton Club. It really was one amazing afternoon with excellent performances from all the bands including U3A's Ukulele bands – Barely Awake and The Sunshine Strummers.

An incredible total of £1,400 was raised at the event!! All funds raised will be used towards the Charity's aim of Saving Young Hearts through research into the heart disease Myocarditis and The Stephen Hughes Foundation Sports and Music Development Grants for children of primary school age.

It was lovely to see the star raffle prize – a fabulous ukulele, kindly donated by the World of Ukes was won by a member of Barely Awake and will be played with pride in all future sessions. Gary & Hazel Hughes



## Short Walks

All walks are on alternate Mondays and start at 10.30am. You are to have on you person your ICE information and dress suitably according to the weather and terrain

I may be contacted at 07783 648257 and  
gian@gian.karoo.co.uk      Ian Jones

### 2022 Short Walks

**January 10** meet at bottom of Willerby Square car park. Flat gravel and grass toilets at car park. Socialise at the Star Inn.

**Jan 24** meet at car park at Deer Park playground. Flat all pavements no toilets. Socialise back at the Star Inn.

**February 14** St Valentine's Day. Park at Norland pub corner of Hull Road and First Lane Hessle. Flat pavements and wet grass toilets at pub.

**28 Feb.** Northgate playing fields car park. Flat pavements toilets in Sports Centre if open. Socialise Kings Head park in Square or behind Co-op.

**14 March** Victoria Dock Village Hall car parks. Flat all pavements toilets at The Deep and Victoria Square. Socialise at the Goldcrest pub, Plimsol Way.

**24 March** Oak Road playing fields car park where you might have access to groundsmens' toilets. Socialise at Goodfellowship Cottingham Road.

**11 April.** Country Park Inn. Gentle inclines some grass toilets at pub.

**25 April.** Park at Riding for the Disabled. Flat lots of wet grass toilets at the Cafe where we will socialise.

**9 May.** Park at very end of Waterside Road Beverley Beck. Take enough money with you to socialise at Riverview Cafe Riverview Road HU17 0LD before walking along River Hull back to cars.

**23 May.** Waters' Edge wetlands Barton. Park at Humber Bridge car park to car share with those you feel safe. Socialise at Waters' Edge Visitor Centre cafe. Car drivers remember to take your passengers back to their cars.

**13 June.** Cherry Burton playing fields car park. Much longer than usual 4 miles.

Slight inclines lots of grass/mud no toilets. Socialise at The Hayride pub, Beverley.

**27 June.** Park at Ellerker Garden Centre where we will socialise and it has toilets. Long walk, grass and pavements, hazardous roads

Ian Jones

## **Supper Club**

There have been two successful supper clubs before Christmas, the first one at Gingers and the second one at Kristoffs. I hope to keep them going on a monthly basis if possible. Anyone interested in joining us please get in touch. At the moment there are about twenty members on the list.

Sue 652766

## **Wine Groups - WAG-1**

The Group has not met since June 2021, but hopefully will resume its activities as soon as Covid is on the way out.

Best wishes

Alan Townsend

## **It's the FUN & Culture Pages**

### **Sue McPhee's latest poems**

### **Here we go again**

It has hit us again, just like a bomb,  
This thug of a bug called Omicron.  
"Do have your booster" we have been told,  
To help stop this bug from getting hold.  
Waiting in the background, just in case  
There are rules and regs put in place.  
"Are we having another lockdown?" we may say,  
But the majority of people will say "NO WAY!"  
So it's back to masks and keeping space,  
(Though not always followed in every place.)  
We have jabs for chicken pox, measles and flu,  
Which have saved many lives between me and you.  
So have another jab to help keep us all clear.  
Think of the people who are living in fear.  
Those who are isolating and not going out,  
They are scared to go mixing while this bug is about.  
Please have your jabs and keep to the rules,  
Don't let them say you are one of the fools.



## This Year

Celebrations for the year are over and done,  
We were certainly misled, it wasn't much fun.  
Here's hoping this year will be a better one,  
Though that's what we all said in twenty one.  
We're still doing fist and elbow bumps,  
Not giving a hug when down in the dumps.  
Holidays on hold for another year,  
This may happen again I fear.  
Shall we? Can we? Are we able to enjoy things?  
Let's wait and see what this New Year brings.  
There are some of us, though, who don't like to be told,  
And this is why we are all still on hold.  
We'll take what comes, along with the rest,  
And keep on smiling, hoping for the best.



Just another overly dramatic post

**Why is it so  
much easier to fall  
asleep on the couch  
unintentionally than  
to fall asleep in bed  
intentionally?**

**"I've finally reached  
The Wonder Years"**

**Wonder** where  
I parked the car?

**Wonder** where  
I left my phone?

**Wonder** where  
my glasses are?

**Wonder** what  
day it is?



David Robinson gave an excellent talk on his tour of Nepal culminating in his cork out of the bottle trick!



Renee assures me it is non-alcoholic!



**Sylvia Tynan, the NEW highest scorer (211) in the u3a Ten Pin Bowling Groups**

Team Team 7		Lane 3										Game 2		19/11/2021	
Player		1	2	3	4	5	6	7	8	9	10	Total			
David G		X	2	/	X	(8)	1	X	X	9	/	X	8	/	9 / X
Hdcp	0	20	40	59	68	97	117	137	157	176	196	196			
David N		7	2	9	-	9	/	8	1	X	2	/	7	/	8 / 9 / 6 3
Hdcp	0	9	18	36	45	65	82	100	119	135	144	144			
Mu		(6)	-	3	6	7	2	7	-	9	-	X	1	6	7 1 8 - 8 -
Hdcp	0	6	15	24	31	40	57	64	72	80	88	88			
Sylvia		7	2	X	X	X	X	8	1	X	X	9	-	X	X 9
Hdcp	0	9	39	69	97	116	125	154	173	182	211	211			

achieved  
19/11/21



Janet Blowers being presented with the star raffle prize by Hazel Hughes after the Christmas Amazing strum Ukulele event at the New Walton Club





The New Walton Club audience whipped into a frenzy by the Ukulele Big Christmas strum for the Stephen Hughes Foundation Fund



The Games Group (& Chess club) Christmas Party  
Jackie Kitchen did us proud with great games & wonderful food  
Thanks Jackie (& daughter) it was very much appreciated by all

## **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email [sadrob@outlook.com](mailto:sadrob@outlook.com) or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

## **Next *AWAKEN***

**The deadline for the next Newsletter is Friday 4<sup>th</sup> March 2022**

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

## **Final Thoughts from the Editor**

**Convert** your sofa into a sofa-bed by simply forgetting your wife's birthday!

**They said** I couldn't bring snacks into the Hull New Theatre but I have a few Twix up my sleeve.

**Denise** said to our Doctor "My husband has a habit of talking in his sleep, what should I do?"

He replied "Give him a chance to speak when he is awake"

**What's** the chance of finding a fish in a pop group?

One in a Marillion!

## **Steve's Marriage Guidance Advice**

When your wife is really mad, just tell her she is overreacting. She will realise you are right and calm down instantly.

Look forward to more Marriage guidance advice in the future!

## **And Finally**

A New year's resolution is something that goes in one year and out the other.