



## **Word from the Chair**

Welcome Everyone

It's hard to believe that a year and more has gone by since we were all together.

I hope that you have all had your two vaccinations and are feeling fighting fit and getting ready to start meeting again. There maybe some of you still a little apprehensive about meeting, but I think if we stay with masks and socially distanced, all will be OK.

Thank you all for renewing your membership again. Let's hope we get more active this year.

You will see by your renewal forms that we now have a new membership secretary in Joan Greenley. Chris Coates has been the AWAKE Membership Secretary for many years. She has decided to put her pen and ledgers away and pass the job on to someone else. I would like to thank Chris for all her hard work and patience over the years, as it can't have been an easy job. Thankyou Chris.

**You will see inside the newsletter that Steve has put a list together of Groups and Group Leaders intentions regarding starting their groups again.** You will also notice that some groups may not be starting again due to lack of leadership, in this case the groups may have to fold unless someone will step forward or maybe share the tasks.

**We also have the u3a day to look forward to (June 2<sup>nd</sup>) and also the 10<sup>th</sup> Anniversary of AWAKE (July 14<sup>th</sup>).** Volunteers are needed to help with these two days if anyone is able to offer their services. We will only be too glad to accept.

I hope to see you all soon, so stay safe till then.

**Sue McPhee**

**Beacon Admin system update – page 3**  
**Can you help AWAKE – page 3**  
**National u3a awareness day (June 2<sup>nd</sup>) update – Page 3 & 4**  
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**Our Garden Takeover & Makeover Page 25**



**Ian Jones and the short walks first outing following lockdown on the new Doctor Murdoch bridge**

## ***Latest News/Events***

### **Launch of Beacon System**

On the 1<sup>st</sup> April our new membership system commenced, all of the new membership is now entered onto the system and group leaders will start to use the system when their groups re-commence, assistance will be provided by Janet Brown or Chris Watson until group leaders are fully conversant with the process. If you require any assistance with Beacon contact Janet (656259)

### **AWAKE u3a Situations Vacant**

**1. Keeper of the Things** Unfortunately Greg Lamb who was the 'Keeper of the Things' is having to give up the job due to ill health, we thank Greg for his sterling efforts over the past years and ask if any member would like to take on the role which entails storing the various items of equipment (Computer, projector, screen etc.) and lending them out to Groups/members on request.

**2. General Monthly Meeting Head of Refreshments**

This involves coordinating the tea/coffee/biscuits distribution for our regular Monthly meetings when they recommence probably in August.

Any members interested or would like further information please contact Sue McPhee (652766)

### **Dates for your Diary**

**Wed, June 2<sup>nd</sup> – National u3a Awareness Day**

We are taking over the small walled garden at the corner of Main Street and Well Lane in Willerby for 2021 to try and increase the awareness of Awake u3a in our area.

Also all of the benches in and around Anlaby will be fitted with u3a advertising for both Wednesday 2nd June and 14<sup>th</sup> July (our 10<sup>th</sup> Anniversary) and look out for a Banner on the Waitrose car park wall.

**We are encouraging members to decorate their homes & gardens in u3a colours (blue & yellow)**

**A variety of advertising material will be available**

**for garden/house decoration for anyone to pick up from the Willerby Library building on Tuesday 1<sup>st</sup> June from 2pm onwards. Please make use of this facility.**

### **Wednesday July 14<sup>th</sup> – Awake u3a 10<sup>th</sup> Anniversary & Re-launch Open Day**

Again we are planning to use the same decorations and for members to decorate their front gardens with bunting, pom poms etc in u3a colours (Blue & Yellow) for our 10<sup>th</sup> Anniversary celebrations on the 14<sup>th</sup> July.

We are also in negotiation with the local Parish Councils and the East Riding council to plant commemorative trees in Anlaby, Willerby & Kirk Ella

**We will be holding an Open Day/Anniversary event in the Memorial Hall from 2pm onwards.**

## **Future zoom Speakers**

**May 19<sup>th</sup> – Catherine Terry** – A life treading the boards  
Zoom meeting number – 5611602647, Passcode -1RiRhp

**June 16<sup>th</sup> – Steve Dimmer** – The Carry On Film Franchise  
Zoom meeting number – 5611602647, Passcode -1RiRhp

**July 21<sup>st</sup> - Fools Gold** – Return of the popular Duo from the North East  
Zoom meeting number – 5611602647, Passcode -1RiRhp

### **Interest Group News**

**Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)**

**Provisional Plans for restarting Interest Groups  
(Details can be found in Interest Group updates)**

**Art appreciation** – Looking towards August for indoor meetings – to start with garden party meeting.

**Art for Everyone** – Meeting indoors from 3<sup>rd</sup> Mon September.

**Badminton** – June 21<sup>st</sup> subject to membership of Hull & ER club (further information from Ann Berryman – 650676)

**Book clubs** – 25<sup>th</sup> & 26<sup>th</sup> August

**Bridge** – Hoping to meet up again indoors in September. Please get in touch for more information Anita Coupland 657494

**Caravan** Sept – Narrow Boat & Oct – City Scene Bristol & Bath

**Chess** – Continues on Chess.com but Late June a possibility for face to face games.

**Cinema Visits** – July (Ann will contact members)

**Classical Music & Theatre** – Awaiting new Leader

**Coffee Club** – Provisionally 25<sup>th</sup> June

**Coffee & a Stroll** – Beginning again on May 23<sup>rd</sup> 10.00 am

**Computing** – 21<sup>st</sup> June at the Beech Tree

**Crafts** – Looking to September for first meeting indoors also looking for new leader.

**Dancing** – To commence in September

**Darts, Dominoes & Cards** – proposed to commence in September

**Digital Photography** – Zoom at present and hoping to resume Field Trips ASAP.

**Discussion Group** – As soon as the Beech Tree can accommodate the group.

**Family History** – September for our indoor meetings

**French Conversation** Meetings at present on Zoom or in gardens, hoping to meet indoors by mid-June.

**Games** – Provisionally late June

**Gardening** – Awaiting new Leader

**Guitar** – 18<sup>th</sup> May at Paul Kirk's house until numbers increase

**Jazz** – Resume on 21<sup>st</sup> June

**Local History** – Outdoor meetings commence 17<sup>th</sup> June, Indoor meetings 16<sup>th</sup> September

**Luncheon Club 1** – Not expecting to start until September

**Luncheon Club 2** – Provisionally Thurs 24<sup>th</sup> June

**Naturewatch** – Provisionally 21<sup>st</sup> May

**Playreading 1** – Awaiting new leader

**Playreading 2** – Provisionally September

**Pudding Club** – July 2nd

**Quizzing** – August 5th

**Singing for Fun** – Tuesday 22nd June, **Anlaby Village Hall**

**Stately Homes** – Outdoor 3<sup>rd</sup> August (Prov),  
Indoor 2<sup>nd</sup> September

**Stretch & Flex** – Starts at St. Luke's Mon 24th May 1.15pm to 2pm

**Supper Club** – Provisionally September

**Table Tennis** – Awaiting information from Church venue

**Tai Chi** – 17<sup>th</sup> May & 14<sup>th</sup> June depending on group

**Ten pin Bowling 1 & 2** – hope to start in September after the School holidays

**Ukulele - Barely Awake** – outdoors in May, Indoors in June at St. Luke's hopefully!

**Ukulele – Sunshine Strummers** – Late June – Willerby Synagogue

**Walking (6-7 miles)** – starts May 27th

**Walking (2-3.5 miles)** – Slow short walks began on 12<sup>th</sup> April, for our full program see section below in newsletter. I Jones

**Wine Appreciation 1** – Decision to be made on May 17th

**Wine Appreciation 2** – Provisionally September

**Writing for Fun 1** – Awaiting new Leader

**Writing for Fun 2** – Provisionally June

## **Interest Group updates**

### **Art for Everyone**

We have enjoyed meeting on Zoom with a project each month, although not everyone has been able to get onto Zoom. We are looking forward to meeting in a garden to paint/draw outside at 1.30pm 17<sup>th</sup> May and then we will plan from there as the situation opens up for meeting in larger groups. Please watch out for emails giving further details or give me a ring. Hopefully we will soon be meeting up and painting together.

Denise Roberts

### **Book Groups**

Hi Everybody. Hope you've all been keeping safe and well. With the proposed route out of lockdown it seems likely that, once

again, we will be able to meet up for our regular monthly book reviewing and for our 'putting the world to rights' chats. With this in mind, I'm suggesting we start our sessions again on Wednesday/Thursday, 25<sup>th</sup>/26<sup>th</sup> August (still the 4<sup>th</sup> week in the month). Once Boris has let us know how many people can meet inside I'll get in touch with you to sort out organisation. Our meeting place will still be the room at Willerby Library. Until then start getting your lists together of all the millions of books you've been reading over the past year. I don't think we're going to be stuck for suggestions for the foreseeable future!!!! Take care and see you soon. Chris

## **CARAVAN** - The independent travel group of Awake u3a

Any member can choose to join a planned trip you will see promoted in the newsletter. I am Roger Coates the group leader. I have a lifetime of independent travel experience world-wide to share. "Caravan" started in 2016 with a week at Edinburgh Fringe then about three travel events each year at home and abroad. The Awake newsletter is the only way to tell all members what is on offer. Contact with me will get more details. 657105 07941222499 [coatesroger@outlook.com](mailto:coatesroger@outlook.com)

The Covid rules provisional plans for this year are:

**Sept, Narrowboat** one week self-drive (our third.) 3 vacancies. Tea making the only skill needed.

**October "Cities Scene" Bristol and Bath** 5 nights train travel. Staying in Bristol, lots to see and do.  
Roger Coates

## **Chess Club**

The chess club continues via the internet (Chess.com)

We hope to extend both our membership and level of activity when we start to play in the same room possibly as part of the Games Group or in the Willerby library at the end of June at the earliest. Please contact Pete Taylor 501808 for further information

## **Coffee Club**

Hope everyone is keeping well.

Hopefully we can start again at Tea & Bisque – It, Provisionally the 25th of June. Take care Liz 572563

## Coffee and Chat (Zoom version) – Sue McPhee

We now meet every Tuesday & Friday at 10.30am on Zoom.

To be able to join us the code is; 561 160 2647 Password 1RiRhp

## Coffee & Stroll

This group is now under the leadership of myself, Les McPhee.

Until restrictions are lifted suitably, walks will incorporate Coffee Shops with outdoor seating. The initial walks starting at 10.00am are:

**May 23<sup>rd</sup> – Springhead Golf Club** with parking in the Golf Club car park.

**June 6<sup>th</sup> – Tea & Bisque-it** with parking in Willerby Square car park.

Further walks will be decided following discussions with members and will be fortnightly on Sundays at 10.00am.

Please let me know if you will be attending the above walks and for any further information, please contact me on 652766.

## Craft Group

I have now been able to contact Willerby Church booking officer and have reserved a provincial room booking for the meeting in September.

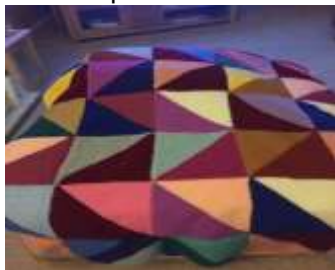
As you know I am member No. 4 and have been the Craft Group organiser for 10 years.

I am not sure that I will be able to continue running the group as I am having mobility and other health problems and allergic reactions to medications which have frazzled my concentration.

I hope that someone will step up and take over .

Please contact me if you feel able to take on the task.

Brenda Stapleton 654830



Brenda continues to be active during lockdown



## **Digital Photography Group**

Our first field trip is scheduled for June 1<sup>st</sup> to the old town and the Dr. Murdock bridge, if wet we will revert to the zoom meeting format (zoom meeting No. – 9047867933, Passcode – 01482)

Stewart Mawer

## **Darts, Cards & Domino Group**

Hello Everybody. Hope you've kept safe and well during lockdown. In relation to starting the group up again we obviously have some difficulties in relation to the room space at the Library. We still don't know from Boris what size an indoor group can be in the future but for us the issue will be available space. At the present time I am thinking of a start in September, but once we have more information about spacing I'll get in touch with you all to see how things can be arranged. Have a good summer and hopefully see you later in the year. Take care. Les

## **Discussion Group**

I will be contacting everyone when I have a "starting date" and hopefully it will be at the Beech Tree again. I will contact them as soon as they are fully open.

Renee Bell

## **Family History Group**

Just to say I am thinking of restarting the family history group in September.

We may have a slight problem, self distancing- it depends on how many wish to attend as I think we can only have 6 in the room at the moment. If that is the case, I'm prepared to do 2 sessions that afternoon. 1.30 -3.15 and 3.30 - 5.15, to give me time to clean the surfaces after each session.

Of course, by the time we get to September we may not need to do this, it would be lovely if we were all together, time will tell!

Please could you drop me an e mail and tell me whether you still wish to continue coming to the group. Thanks a lot.

Chris

Christine.ferngibbs@gmail.com

## **French Conversation Group**

We have continued to meet informally as a group of friends, either on Zoom or in gardens when weather permits. These

weekly meetings have enabled us to keep in touch throughout the last year, but we are looking forward to the time when we can all meet together again indoors.

We do not plan to start again as a formal U3A group until there are no restrictions on indoor gatherings – hopefully mid June?

Michael Ebeling

## **Jazz group**

I have contacted all of the members of the AWAKE U3A Jazz Group and we have agreed to resume meetings at my house (59 Windsor Avenue, Anlaby, HU10 7AT).

We have changed the day to meet to the third Monday in every month but the time remains the same at 2 - 4 p.m.

We will resume on Monday 21st June.

Dave Cutler

## **Local History Group**

As COVID restrictions ease, it has now been possible to put a programme together for the remainder of 2021. Indoor talks will resume in September but, prior to that, a number of outdoor visits have been planned following the easing of restrictions on outdoor gatherings on 17<sup>th</sup> May. Details of the programme can be found below.

### **Outdoor Visits**

Thursday, 17<sup>th</sup> June - Butt Farm World War II Anti-Aircraft Gun Site, nr Beverley: Guided tour by Dennis Chapman. (donation)

Thursday, 15<sup>th</sup> July - Sutton Village: Guided tour by Paul Schofield (£5pp)

Thursday, 19<sup>th</sup> August – Historic Headstones: A Guided Tour of Hull General Cemetery. by Bill Longbone. (donation)

Numbers for the visits will be limited to around 15-20 persons and booking is required. Please book your place by contacting the Group Leader at [francisvdavies@live.co.uk](mailto:francisvdavies@live.co.uk) or call **650449**. Booking commences 17<sup>th</sup> May 2021.

Details of meeting place, etc. will be provided to participants at the time of booking.

Thursday, 16th September - 'Street Stories: People behind street names in Anlaby, Willerby and Kirk Ella' by Francis Davies.

Thursday, 21st October – 'Hull's Old Town' by Paul Schofield.

Thursday, 18th November - 'A Journey to Willerby on the Hull & Barnsley Railway... with the odd detour' by Dennis Chapman.

Thursday, 16th December - Christmas Quiz with seasonal refreshments.

Indoor meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. All AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

Welcome back!

For more information, please contact me by email or phone (details above)

Francis

In the meantime, for more local history stories, please check out our page on the AWAKE u3a website: <https://u3asites.org.uk/awake/page/22001>

## **Luncheon Group 1**

I have no plans to restart the group at the moment.

I am classed as 'extremely clinically vulnerable' and have been shielding since March 2020 so am very wary of meeting in a large group indoors. I know the pubs are not open indoors yet anyway and there is no guarantee that the weather will be warm enough to sit outside anytime soon. Once restrictions are completely lifted in June, I will look at the situation again but realistically, because of my own situation, I think it will be around September before I consider meeting up again.

Heather

## **Musical & Theatre Group**

Unfortunately, I shall be unable to continue leading this group due to personal circumstances.

I am very sorry and will miss our fun meetings at the Beech Tree. I do hope a volunteer will come forward to take over although it may be a while before we feel comfortable in confined spaces.

Thank you to all my ladies and look forward to meeting at other venues

Maureen Thompson

## Naturewatch

The Nature Group will be restarting.

A Program for 2021 will be sent out on 17.5.21 to listed members of the Nature Group with a provisional first date of 21<sup>st</sup> May venue TBC

All meetings will be held on a Friday morning (not afternoons \*\*\*) with times and dates to be confirmed as and when we can restart, finishing mid to late in the afternoon.

Need to bring suitable footwear and outdoor clothing, pack up and own drinks, binoculars and cameras (not essential but will improve the experience) own sanitisers and masks. Entrance fee or membership cards for the appropriate Reserve.

Re Covid19 if you are feeling unwell or been tested positive then please do not attend. Track and Trace forms will be done at the start of the meeting at the Reserve

Unfortunately, there will be no car sharing scheme in operation until further notice (Unless you are in a social bubble or same family members)

Also, after not meeting for 17 months your current emergency contact details, as it might have changed during the Covid situation.

## Pudding Club

It's a year now since we've been able to meet but if cake is your happy place I've a new recipe for you. Forget lemonade scones. They are so last year. The go to cake for 2021 is a light sponge where the butter is replaced with double cream. I thought I should give it a go. If scones can be made with lemonade then a plain sponge can be made with double cream. It works. You will need:

2 large eggs +1 egg yolk  
110 g sugar  
200g double cream  
pinch of salt

1 teaspoon vanilla extract  
180g self raising flour  
1 teasp baking powder

Heat oven to 170c/325f/gas3. Grease and flour an 8 inch round cake tin. Beat eggs, egg yolk and sugar until fluffy with a hand held mixer. Add the cream and beat on a low until combined. Add the flour, baking powder and salt and beat for about a minute. Pour into the tin and bake for 40-45 minutes. Leave to cool in the tin. To serve, dust with icing sugar. Joan Greenley

## **And now a recipe from Lesley Rieder for Japanese Milk Bread - best bread ever!!**

Ingredients for Tangzhong

60ml water

60ml milk

23g bread flour

Place water in small saucepan, add flour and whisk until smooth. Add milk and whisk to combine. Heat over medium heat whisking constantly until you have thick pudding like mixture. Scrape into bowl and cover with cling film to prevent skin forming and allow to cool to room temperature.

Bread ingredients

120 ml milk

7g active dried yeast

50g sugar

15g dry milk powder

1 egg

350g bread flour

1 tsp sea salt

58g unsalted butter  
(softened)



In large mixing bowl dissolve 1 tsp of the sugar into the lukewarm milk and sprinkle yeast over and stir gently to mix. allow to stand for about 10-20 mins until it becomes bubbly and frothy on surface. Then add milk powder, rest of sugar, tangzhong, egg, flour and finally the salt. Mix with spatula to combine then knead in mixer with dough hook for about 5 mins on slow 2-3 speed. Makes a very sticky dough. After 5 mins of kneading add butter in 3-4 additions mixing for about 20 secs in between. Scrape down sides of bowl, turn speed to 4-5 (med) speed and knead for further 6-7 mins. Dough should become smooth and satiny and pull off cleanly from sides of bowl. (You can mix by hand but takes forever and is very sticky.)

Place dough on lightly floured surface and shape into ball. Put

back in bowl, cover bowl with clingfilm and place in warm place to double in size about 2 hours. Place on floured surface and press out all excess air. Divide into 4. Roll into 6" squares. Take 2 opposing corners to centre then the one other and roll up from bottom and bring last point down and seal edges. Place side by side in greased and floured loaf tin, cover loosely with cling film and leave in warm place to rise above tin about 1-2 hours.

Brush top with milk and bake at 350f,180c or gas mark 4 for 30-35mins. Place on wire rack to cool. Delicious and worth all the faffing about!

Lesley

## **Quizzing Group**

Our new 'normality' is approaching and with this in mind we can hopefully think about renewing our Quiz Nights again. The advantage of Anlaby Village Hall is that there is plenty of room to spread about but it will still depend on what Boris decides the number of people inside can be. All being well we should know soon. To this end I'm proposing to hold the first Quiz Night on Thursday, August 5<sup>th</sup> and once we get further information about numbers I'll be in touch with you re organisation. Start swotting up and hopefully see you soon. Chris

## **Singing for Fun**

Singing for fun is starting again, all being well as long we don't go back into lockdown again. The date will be Tuesday 22<sup>nd</sup> June at the Anlaby Village Hall 6.30pm-8pm.

I have changed the venue because I felt that it would be better for members to have more space and we can open the windows to let the air circulate round. There is better parking also.

Please get in touch if you want anymore details.

Sue

## **Stately Homes Group**

Hi Everybody. Hope you've been enjoying the better weather and getting a few steps closer to 'freedom'. With this in mind I am intending (subject to indoor group sizes) to begin the Stately Homes Group meetings on Thursday, September 2<sup>nd</sup> at St Luke's Church Hall, 2p.m. This will then start our usual meetings on the first Thursday of each month. I am also looking at the possibility

of a visit somewhere fairly local in August (possibly Thursday 3<sup>rd</sup>) as we can go in our own cars. In relation to our Annual Trip, I think it would be better to move that to 2022 but possibly earlier in the year, May or June. I'll be in touch with all of you when we get definite information on the further lifting of lockdown. In the meantime I hope you're all managing to get out and about a bit more and having chance to catch up with family and friends. See you soon. Chris

## **Stretch & Flex**

Stretch and Flex. Hoping to start as soon as we can be inside with more than six people, Planning for our first meeting in St Luke's church hall on Monday 24<sup>th</sup> May from 1.15pm to 2pm

## **Tai Chi**

Our "Group 3" which began in October and was an amalgam from the original groups 1 /2 for those who were keen to continue our lessons, was brought to a halt prematurely in October with 3 weeks still to run. On **17<sup>th</sup> May, 24<sup>th</sup> May and 7<sup>th</sup> June** these 3 weeks of lessons will run for that Group only.

Tai chi classes will resume for the original groups 1 and 2 on the following **Monday 14<sup>th</sup> June**, so it will be great to see everyone back! Some members who attended in March prior to lockdown have already paid for their 6 week session. I have a record of who has paid. **If you** are not sure about this please call me on 657105. **If you** no longer wish to continue the class's please call me and let me know asap.

I look forward to seeing you all by 14<sup>th</sup> June (conditional on lockdown easing of course) and so will Mike.

Cheers

Chris Coates

## **Ten Pin Bowling (Monday & Friday)**

Dave Bodecott has decided to give up leadership of the Monday session due to health reasons (he is on the mend after his operation I am pleased to report) and Steve Clark has agreed to take over for which we are very grateful.

Both David Newman and Steve feel it is best to start both groups in September due to the August school holidays if the national COVID alert level is favourable.

Both leaders will send out an email via Beacon to all bowlers who

regularly attended prior to lockdown when they have any more information.

Steve Clark & David Newman

## **Ukulele Groups**

### **The Main Street Ukes**

As most of you know by now, I will be moving house to rural Cheshire within the next few weeks. Therefore, I will no longer be leading the Main Street Ukes. At the moment we have not had anyone come forward to take over this roll. I have spoken to Gary Hughes and Steve Roberts who lead The Sunshine Strummers and Barely Awake respectively, and they have agreed to assimilate any members who wish to join these groups.

I will be so sorry to leave all of my U3A friends behind. Being involved with the Ukulele groups has been so much fun, and I thank you all for your support and friendship and some wonderful gigs and practice sessions.

Until such time as Pickfords come to carry us away I will keep on hosting the Zoom meetings with the Main street Ukes group.

Best regards Steve Clarkson

Can I put on record my thanks to both Steve & Ann for all of their input to both the Ukulele group and Singing for Fun, they will be missed and we wish them well in their new venture to deepest, darkest Cheshire.

Steve Roberts

## **Sunshine Strummers**

The Sunshine Strummers U3A Ukulele Band recently came together for their 50th Ukulele jamming session since the start of the first lockdown last year. The band have played every Monday for up to two hours and have amassed over 200 new songs along with playing many old favourites.

Each session has a different theme, and these have included the following: Songs from the Movies, Country and Western, Beatles Collection, Rock and Roll, Africa, Songs with Blue in the Title and even Astronomy!!

Zoom has proved a great platform to keep the band playing, and despite the occasional technical hitch such as muted players,



disappearing band members and strange Zoom backgrounds the group has built up a strong camaraderie. Playing the ukulele always makes us smile and we have had many laughs over the 50 weeks.

However, the band are really looking forward to playing live and in person again and already have a number of bookings including the 'Music on the Green' festival in Anlaby in August. When we get back together, we will continue playing weekly on Mondays 2.30pm – 4pm, but at a new venue, the Willerby Synagogue.



Gary and Hazel Hughes

## **Barely Awake**

We are currently welcoming some of the Main Street Ukes members to our group and will attempt to practice together outside before resuming indoor practice at St. Luke's church hall hopefully in June meanwhile we continue on zoom.

Steve Roberts

## **Short Walks**

Slow short walks have already started up from 12th April when we did the new Dr Murdoch bridge. Anyone wanting to join this group needs to be aware that we go slowly over about 3 miles from 10 am on the 2nd and 4th Mondays.

All walkers MUST have on their person their details and who to contact in an emergency. Also they should dress according to the weather and the terrain. i.e. no one in flip-flops to cross a deep ploughed field!

All walks have a title, terrain information, parking instructions and whether or not there are toilets en route.

I shall be floating the idea later in the year that those who wish at the end of the walk go for a social cup of coffee/tea/gin/whathaveyou or even a meal.

The initial programme for up to July 2021 follows:-

**April 26** Hessle Two Bridges. Flat, pavements and some grass tracks. Park far end of library car park, Hessle. Toilets.

**May 10** Pickering's House 114 Coltman Street. Flat, all pavements. Park in West Park near Hessle Road end. Possible toilets in park.

**May 24.** North Ferriby Old Pond. Flat, mainly grass. Park at Ferriby foreshore car park at end of Humber Road. No toilets.

**June 14.** Willerby Wander. Flat, pavements, grass, gravel. Park at bottom of Willerby Square car park. Toilets.

**June 28.** Cottingham Golf Course. Slight hills, grass. Park in Woodhill Way. No toilets.

**July 12.** Two Lakes. Flat, pavements, grass. Park behind Costello Pavilion. Toilets in sports centre if open.

**July 26.** Swinescaife Quarry. A killer hill, dirt footpaths. Park on left all pointing downhill at top of Little Wold Lane, S Cave. No toilets.

Ian Jones on WhatsApp and 07783 648257  
and eventually Beacon( but don't hold your breath)

## Long Walks Group

The Longer Walks group hopes to resume meeting on the 2<sup>nd</sup>. and 4<sup>th</sup>. Thursdays of the month. Our first post-lockdown walk will be on May 27<sup>th</sup>. Details will be emailed in mid-May to all pre-lockdown group members as well as any interested and most welcome new-comers who may contact me via [rnchamberlain47@hotmail.co.uk](mailto:rnchamberlain47@hotmail.co.uk)

## Wine Groups - WAG-1

Our March zoom wine tasting resulted in the following:

We "tasted" four wines. Chris had purchased a 187 ml bottle of pinot grigio rose on a 3 for £5 offer from Morrisons. It was from their Morrison's Best collection and emanated from Provence de Pais in Italy. A small quantity of red grapes was added to the pinot to give the rose colour. Chris thought that the wine was less sweet than normal pinot grigio wines: she thought that it

was a light wine (12.5%) with features of cranberry and raspberry.

Sheila was trying a Silver Mine sauvignon blanc 2019. This was a Bulgarian wine celebrating a local mine that had been worked since Roman times. This varietal wine had tastes of gooseberry, sweet grapefruit and elderberry and was 12% abv. It was bought from the Coop. Sheila said that it was very pleasing.

Bob and Maggie thought that they would be a bit adventurous in trying a wine from Uruguay, namely a 14% 2019 Criollo tannat at £5.99 from Aldi. The tannat grape originated in the south west of France, its name reflecting its high tannin content, which makes pure tannat wine a bit heavy. Usually tannat grapes are added to other red wines to beef up their taste. This wine was judged to be pleasant enough.

Enid and Alan had no trouble enjoying a fine malbec wine, a Chateau Pineraie Cahors from south west France. It was a smooth, 13.5% wine enriched with tastes of blackberries and plums. It cost £11.99 from Roberts and Speight.

Maggie Charlton

Alan Townsend

Moving on to April, Chris Watson was enjoying a Macerao white Chilean wine, produced as a Naranjo (orange) wine where the Moscato grapes (skin and seeds) are given a 3 month maceration, dry farmed and hand harvested. Flavours of pear and honey may be detected. Can be sampled on its own or recommended with fish, seafood or chicken. Cost £8 (instead of £10) from Waitrose and is 13.5% vol

Joan Cross was pleased to join her first zoom meeting with us and was drinking a Domaine Vieux Vauvert Vouvray 2020, a firm favourite of hers from Waitrose. Cost £9.90 and is 12.5% vol

Alan and Enid had purchased a Valdobbiadene Prosecco Superiore 2019 from Lidl at £7.99 and this got very good feedback.

Bob and Maggie tried a Baron de Ley Reserve Rioja 2016 from the north eastern region of Spain. This comes from the Tempranillo grape, is 13.5% vol and cost £9 from the Co-op store in Hessele.

Best Regards, Maggie

**It's the FUN Page**



## Poems

### (Sue McPhee's latest topical poems)

#### 10th Anniversary

It's AWAKE'S 10<sup>th</sup> Anniversary. Hip, hip hooray,  
Let's make July 14<sup>th</sup> a u3a fun day.  
Maybe celebrate the day with strawberries and cream,  
Getting everyone together, it could be a dream.  
Decorate your gardens with flowers and bunting,  
It would be great if you are able to do this thing.  
See blue and yellow flowers at the corner of Well lane,  
There's a shiny bright plaque giving our name.  
We are asking the council if we can plant a tree,  
Not just one, it could maybe be three!  
Email or ring with your ideas,  
We would be very pleased with some volunteers.  
Volunteers are needed so come along,  
Tell us your thoughts we don't want to go wrong  
Let all your friends know about our u3a,  
Tell them what they are missing if they stay away.  
Let's waken up the AWAKE, after our long year break,  
Come and celebrate with us, have a cup of tea and a slice of  
cake.

Tuesdays and Fridays are coffee and chat,  
No special topic, just this and that.  
Drinking coffee, or tea, in our own front room  
Who would have thought we would be using Zoom!  
WE put the world to rights with our opinions,  
Laughing at ideas that are made by us minions.  
There's David and Pete with their corny jokes,  
We are easily amused all of us old folks.  
There are visits from the cats who like to be seen,  
Hogging the limelight but it's not their scene.  
Looking at your friends, albeit on a screen,  
Even for an hour it's nice to be seen.  
Zoom is now a normal occurrence,  
It's the way to go if you want a conference.  
Don't be afraid, just find the app,  
And get on to Zoom with just a click and tap.  
Make note of the password if you would like to meet,

Give you friends a surprise and a welcome treat.  
We will all be here on a Tuesday and Friday,  
So try and visit us if you can find the way.

## **And another topical Poem from Maureen Thompson**

Will it be May or will it be June  
All we hope is it will be soon  
What is the question we hear you ask?  
The removal of course of the COVID mask  
This is a year we want to forget  
But even so we owe a huge debt  
To all the people who gave of their best  
The Doctors, the nurses and NHS  
Ambulance staff and unseen carers  
Help that was given by so many neighbours  
We must never forget the sorrow and sadness  
Tears that were shed in the midst of this madness  
But hope is here as we line up for jobs  
Thank goodness for scientists working in labs  
We know it's not over we are still a bit scared  
But thank you so much for all those who cared  
Summer is coming there is light at last  
Soon we hope COVID is consigned to the past  
Hands, face and space are there as guidance  
So follow the rules and keep your distance  
Look at the flowers, smile at the sun  
We'll beat this virus it's now on the run!  
*Maureen Thompson*

### **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email [sadrob@outlook.com](mailto:sadrob@outlook.com) or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

## **Next *AWAKEN***

**The deadline for the next Newsletter is Friday 9<sup>th</sup> July 2021**

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

### **Final Thoughts from the Editor**

**My mate was telling me he failed his exam in  
Aboriginal Music  
I said DIDJA REDO IT?**

**Grandma, where did you grow up?  
In Hull my dear  
And where did Grandad grow up?  
He didn't!**

**I like to read chiropractic magazines, I have lots of  
Back issues!**

**I bought a wig today, only£1, it was a small price  
Toupee**

**What is the difference between a Hippo & a Zippo?  
One is really heavy and the other is a little lighter**

**What George Orwell failed to predict was that WE  
would buy the cameras ourselves and that OUR  
biggest fear would be that nobody was watching!**



**The new Banner & frame produced by Lesley Rieder & Peter Taylor, look out for it featuring at future Awake events**



**The plaque made for the Well Lane/Main Street Garden**





Before & after the first working party 'attacked' the garden at the corner of Well Lane & Main Street, keep your eye out for further developments on u3a day (2<sup>nd</sup> June)

