

AWAKEN

The Newsletter of Anlaby, Willerby and Kirk Ella U3A

Number 55: October 2020

THE INTERNET AGM EDITION! (See pages 3 to 10)

A Word from the Chair



It is such a long time since we were able to meet. How the months have flown. The nights are now drawing in and it will soon be Christmas.

I hope you have all kept clear of the Corona virus. Luckily the weather has been quite nice which has meant that we have been able to get out and about in our gardens, unless completely isolated.

The best part of this situation is we must all be better off money wise as we have not been able to spend much. We just watch it grow, although pity about the interest rates.

I would like to thank Steve Roberts and Francis Davies who have been busy keeping us up to date with the online newsletters. Thanks also to Chris Moody, who does a brilliant job with the web site. I know it is unfortunate that not everyone has access to the internet, which is why we have made a paper newsletter this month hoping to keep in touch with you all.

I know there will be some of you who have not renewed your membership for this year because of the situation we are in. We hope this will only be a blip and that you will be back with us when we open everything up again.

As you will see in the newsletter we are asking if anyone is interested in assisting the committee and I hope there are some members who would consider this.

I would also like to ask if there is anyone who could spare a few minutes to ring someone who is isolated and if there is anyone who would like to receive a phone call. By asking these questions the committee feel they should be looking to the future and encouraging all members to be involved in our U3A.

Unfortunately, due to Covid19 we were not able to have our usual AGM, so we will now be having a virtual one on Zoom (see page 4). Inside this newsletter are all the details on how you can be involved.

We will also be reviewing the rules for trips and outings. This is so that everyone knows the U3A guidelines and what is expected when going on these events.

I hope that you enjoy this newsletter. Should the situation change we will send you another paper newsletter to keep you up to date, otherwise those of us who are online, keep looking for the newsletters on the internet.

That's enough from me, I'll go and put the kettle on for a cuppa.

Keep distancing and stay safe. Sue

Latest News/Events Calling out to all members Could YOU volunteer to help Spread the load of running AWAKE U3A



AWAKE NEEDS YOU

Chris Coates has been our Membership
Secretary since the beginning of AWAKE U3A
and in that time has consistently done a sterling
job. She has now decided to step down and Joan
Greenley has kindly agreed to take over from
the end of this financial year (April 2021), it
would be of great help to Joan if someone could
volunteer to assist her. We are also in need of
any member willing to help in a variety of other
capacities

Perhaps you can – work on a computer, welcome new members, organise paperwork, have experience with statistics, make a mean cup of tea, be fit enough to move chairs and tables, organise a group of people, teach someone a skill you have, give your opinion or deliver the newsletter. All of these things are essential to running U3A and we need you.

(please contact Sue McPhee to discuss possibilities)

2020 AGM

As I am sure you will appreciate, we have not been able to conduct this years AGM, our constitution states the AGM must be conducted annually with a limit of up to 15 months. We have waited patiently for the Covid19 situation to improve but this has not happened therefore we have no alternative but to organise a Zoom AGM in order to satisfy our constitutional requirements.

This will be held on Wednesday 18th November at 2pm

The Zoom meeting number is 71455034062 And the password is 4qtmsa

I am sure many of you are now conversant with zoom but if you have a computer, laptop or I pad/tablet it is easy to download the Zoom App, if you would like any advise on the use of Zoom please ring Denise Roberts on 659816

2020 AWAKE AGM Agenda

- 1. Approve Minutes of AWAKE U3A AGM on 19th June 2019
- 2. Chairs Report
- 3. Financial report
- 4. Appointment of Examiner of the accounts for 2020/21
- 5. Acceptance of Object Clause change to our Constitution previously agreed.
- 6. Election of Committee
 - a. Committee Officers
 - b. Committee Members
- 7. Any other business
- 8. Date of next meeting 16th June 2021

Minutes of AGM - 19th June 2019

Minutes of the Annual General Meeting held 2pm Wednesday 19th June 2019, at The Memorial Hall, Kirk Ella.

1. Apologies: Mike Noddings, Maureen Noddings, Chris Gibbs, Ann Milledge, Dorothy Ackroyd, Liz Pickering, Sylvia Thomson.

- 2. Minutes of AWAKE U3A AGM held 20th June 2018: Heather Brabiner proposed we accept the minutes as a true record. Judy Groom seconded. The minutes were accepted as a true record.
- 3. Matters arising: None.
- Chair's report. CW told the meeting she had been involved with AWAKE since 2011. She said she had a great time over the past 4 years as Chair. She reported we had had a very successful year. We had followed advice from National office re financial matters and we felt secure in meeting National guidelines. 3rd Age Matters reports nationally but nothing ever included from AWAKE! CW reminded everybody that items from Regional and Yorkshire and Humberside area meetings were always put on the boards at the monthly meetings. The members of the ACCORD meetings have been discussing the Open Door Policy. In AWAKE visitors can attend 2 meetings for free, but then have to join. Other U3As may have different policies. CW said she had passed the job of finding speakers for the monthly meetings, to Joan Greenley. Steve Clark could give advice on First Aid and was our Health and Safety representative. Everyone should carry their ICE card with them at all times. The Ambulance service need the postcode if we contact them. CW said the most vital thing she had learnt as the Chair, was to delegate. Chris Coates, our membership secretary, told the meeting we average 120 members at the monthly meeting, but our membership is 5 times that number at 520. She is now using 4 digit membership numbers. CC thanked everyone for signing the back of the membership forms. CC said she would deliver cards to members living in HU10. She thanked Jan Thomas for helping to sort out the delivery envelopes. CC thanked the members who delivered the newsletters and said some people have been delivering since we began. CC said she will continue as Membership Secretary but has decided to step down from the committee. Roger Coates' CARAVAN has been very successful this year and apparently there are more trips in the pipeline this year. The Stately Homes group will be going away again soon. Sue Mc reported a good year with many new groups. Some groups have had to split into 2 groups because of the numbers. She thanked the Group Leaders for their hard work. The Supper Club have had 2 meetings already with plans for the next meeting in July. Our Social Evenings have proved very popular. Members to let S Mc know any other suggestions.

S Mc said she was trying to get the Gardening Group up and running again. S Mc said she was starting a Flex and Stretch group on 15^{th} July at St Luke's Church Hall. CW thanked S Mc for her report.

5. Financial Report. DR reported there had been a few changes made this year. She said we have to keep our finances in line with the Charity Commission and Insurance Rules. Payment and booking details of Travel and Room Hire now come under the remit of the Treasurer and not the Group leaders. Other changes have been made to the Banking side of things. We have opened new accounts and use Bank Transfers to make ticket and rail payments. These accounts have been examined and passed by Lambert Clerical for the sum of £150. David Atkin inquired about TAT. DR told us they pay for insurances and licenses etc. DR said she had been very fortunate in following in TB's footsteps, as he had set up our system initially, and thanked him for his help.

Francis Davies proposed we accept the report. Alan Ackroyd seconded. Report accepted.

- Appointment of examiner of accounts for 2019-2020: Les Holmes proposed we used Lambert Clerical next year. Jan Thomas seconded. Appointment agreed.
- 7. Election of committee: Jan Thomas will be standing down from the committee but will still help CC with membership duties at our meetings. CC is also standing down from the committee but will run our membership at the meetings and from home. FD, the Vice-chair said he did not want to take up the post of Chair as he had many other commitments.

As there had not been any nominations for the position of Chair, Sue McPhee agreed to take on the role. Other committee members were as follows –

Sue McPhee - Chair -

Chris Watson - Vice Chair -

Francis Davies -

Trevor Barnett -

Liz Pickering - Secretary - 2020

Denise Roberts – Treasurer -2020

Steve Roberts - Newsletter - 2021

Sheila Lines - Minutes - 2021

Joan Greenley - Speaker Finder - 2021

Les Holmes and Steve Clark were both elected for 3 years.

Proposed and seconded. No abstentions.

We have 1 space on the committee for a co-opted member.

Members interested should see Sue McPhee.

- 8. Any other business: Nothing.
- 9. Date of next meeting: Wednesday 19th June 2020.

Thanks were given to the ladies who supply our refreshments at our monthly meetings. It was explained Mary Moore had left Hull to live nearer to her family. SR had put a lot of photos on the screen we could watch as we drank our tea. Sue Mc presented Jan with flowers, Chris Coates with flowers and wine, and Chris Watson with wine and a book token.

The meeting closed at 2.45pm.

Chairs Report

I would like to thank the committee for helping me through my first year as chair of the AWAKE U3A. It has been a strange and interesting one.

Joan Greenley has organised some interesting speakers for our Wednesday meetings and Steve Clark has worked well as our Health and Safety officer. They are the latest members of the committee.

I have been attending the Accord meetings and seeing how other U3A's in our area run their groups. Listening to these people I think our AWAKE U3A is organised well and runs smoothly, thanks to our committee and group leaders. The AWAKE membership is now in excess of five hundred.

We have had some great trips and visits this year and the social evenings went down well thanks to the social group.

It then came to an abrupt stop in March due to Covid19. We were organising many things for 2020, the biggest event being the U3A day on the 3rd June. Subsequently all the arrangements had to be cancelled.

Hopefully we can look forward to a better 2021.

Sue

Financial report

The accounts this year have been very much in line with the budget expected with no great changes to recording and examining. Stephen Lambert of Lambert Clerical examined the accounts at the end of March 2020.

The sheets below show the income and outgoings and the balance sheet with comparison. You will see that at the end of 2019-2020 year we have not changed our situation financially. This has allowed us to meet this Covid19 year with reduced membership fees and unexpected expenses.

ANLABY WILLERBY AND KIRK ELLA USA INCOME AND EXPENDITURE ACCOUNT for the year to 31 March 2020

		2020		2019	
	Note	£	£	E	£
MEMBERSHIP INCOME					
Subscriptions			6,694.50		6,349.00
OTHER INCOME				1	
Sale of publications		70,80		144.00	
Gift Aid	3	1,221.45		1,164.35	
Bank Interest		4.00		4.58	
Room hire from interest groups		8,861,55		7,203.75	
Stately Home trip fees		11,030.50		9,122.00	
Bank compensation				75.80	
Contributions from groups:				li .	
Dancing group		50.00			
Social group		275.11		333.88	
Local history				649.30	
Grants - Third Age Trust		100.00			
Other income		6.00		-	
			21,419.41		18,697,66
GROSS INCOME			28,113.91		25,046.66
LESS EXPENDITURE					
Room hire - Main		613.68		497.79	
Room hire - Interest groups		9,418.87		6,669.50	
Speakers		420.00		410.00	
Stately Home trip costs		11,030.50		9,122.00	
Postage		428.82		312.96	
Printing and stationery		272.79		239.70	
Computer expenses				29.00	
Other equipment		3.99		215.68	
Equipment repair and maintenance		26.00		26.78	
Refreshments		348.03		697.51	
Newsletter		1,452.10		1,658.49	
Publications		140.40		157:03	
Publications - Old stock written off		110.00		19.15	
Traveling		1.925.00		1.921.50	
TAT capitation		860.20		990.14	
Third Age Metters		80.00		330.14	
Competition prizes		377.01		245.73	
Group support costs Administration costs		60.84		761.51	
Accounts honorarium		150.00		150.00	
TOTAL EXPENDITURE		100.00	27,735.23	1,000,000	24,124.4
				1	

The notes referred to above form part of the accounts

ANLABY WILLERBY AND KIRK ELLA U3A

BALANCE SHEET

as at

31 March 2020

		20	20	20	19
	Note	£	£	£	£
FIXED ASSETS					
Tangible fixed assets	1		3,148.67		2,828.00
CURRENT ASSETS					
Stocks				110.00	
Accrued income		1,221.45		1,164.35	
Bank current account	4	7,072.11		6,965.15	
Bank current account No 2		2,004.22		1,502.52	
Bank deposit account		1,009.49		1,507.19	
		11,307.27		11,249.21	
CURRENT LIABILITIES					
Accruals		150.00		150.00	
		150.00		150.00	6
NET CURRENT ASSETS			11,157.27		11,099.21
TOTAL ASSETS LESS CURRENT	LIABILITIES		14,305.94		13,927.26
REPRESENTED BY :					
Surplus account	2		14,305.94		13,927.26
		9	14.305.94		13,927.26

The notes referred to above form part of the accounts

If any member wishes to look at the full accounts report please contact Denise Roberts (Treasurer) tel. 659816

NOMINATION FORM FOR ELECTION TO THE COMMITTEE OF ANLABY, WILLERBY AND KIRK ELLA U3A

Proposer Seconder

We (insert names and membership number) of (insert addresses) being current members of Anlaby, Willerby and Kirk Ella U3A, hereby nominate for position of Chair/Vice (insert name of candidate) Chair/Treasurer/Secretary/Member* of (insert address)

*please clearly indicate

Signed

I declare that I am a member of Anlaby, Willerby and Kirk Ella U3A Signed: Nominee

- Nominees must be members of Anlaby, Willerby and Kirk Ella U3A
- Proposers and seconders must be members of Anlaby, Willerby and Kirk Ella U3A
- No person shall be nominated unless they have signified their consent to serve, or there is in the opinion of the meeting sufficient evidence thereof.
- Note: A person is disqualified from being a charity trustee under the Charities Act if they have been convicted of an offence involving deception or dishonesty (unless any such conviction is legally regarded as being spent), if they are an undischarged bankrupt, have made compositions or arrangements with any creditors from which they have not been discharged or have been removed from serving as a charity trustee, or been stopped from acting in a managerial position within a charity.

PLEASE ENSURE THIS NOMINATION FORM IS RECEIVED BY THE BUSINESS SECRETARY OF THE COMMITTEE BY WEDNESDAY 4th NOVEMBER AT THE ADDRESS (bottom Page 10)

As you will have read in the Newsletter we are going to hold our postponed AGM as a Zoom meeting on Wednesday, November 18th. In relation to electing members of the Committee this is the current

situation at the AGM.

The following members are still in tenure and are willing to continue for the year 2020/21:

Chair Sue McPhee (to 2021)
Vice Chair Chris Watson (to 2021)
Minutes Sec Sheila Lines (to 2021)

Committee Member Steve Roberts (Newsletter Editor) (to

2021)

Joan Greenley (Membership Secretary

from April 1st, 2021)

Francis Davies (to 2022) Trevor Barnett (to 2022) Steve Clark (to 2022)

Members due for re-election at 2020 AGM

Treasurer Denise Roberts (for 2 years)
Business Sec Liz Pickering (for 2 years)

This leaves available places on the Committee. If you would like to nominate someone (or get someone to nominate you), fill in the Nomination form and send to the Business Secretary by the date indicated. Appointments will be confirmed at the AGM Zoom meeting on Wednesday, November 18th.

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Name

Membership Number

I am not able to vote by e-mail or take part in the Zoom AGM but would like to register my acceptance of:

- a) The minutes of the last AGM (2019)
- b) The Certified Accounts for the year (2019-2020)

As detailed in the October issue of AWAKEN

Signature

If required cut out pages 9 & 10 and the forms should be sent to the address below by Wednesday, November 18th

Liz Pickering, 8 Primrose Drive, Hull HU5 5QJ

e-mail: lizpickering1958@gmail.com

Mike Noddings

It was with great sadness that we heard the news of the passing of Mike Noddings last month. Mike had been involved with AWAKE since its inception in 2011 and had also been the Chair six years ago. The Whisky Group was very popular under his management and he also formed a group for railway enthusiasts. He was well known to many members of AWAKE both through the U3A itself and through his wide range of other involvements over the years in such things as The National Trust and local Amateur Dramatics. For many of us, our links with Mike came through education particularly from when he taught at Wolfreton and when he was the Maths Adviser in Hull (anybody remember his Maths Weekends at the Shirley Hotel in Bridlington?!?). Our thoughts are with Maureen (Mike's wife) and his family as they come to terms with life without Mike. He was a true gentleman and will be greatly missed by all at Awake.

Chris Watson

Michael Dean Noddings



1939 - 2020

The Fun Page!



This is what awaits the Ten pin bowlers!

We couldn't have a newsletter without a Sue McPhee poem! U3A

Here's the U3A in all its glory, Tell what happens give me the story. I've seen all the posters when I am out, But want to find out what it is all about. We are retired folk with time to spare, Who pass on their skills for others to share. French and art and Stately homes trips, There is plenty more, so see if it fits. Just come along and give us a try, You can visit three times before we ask you to buy. Pick up a leaflet and membership form, Fill in your details, but not when you were born. Plenty of activities to pick and choose, Find some you like you've nothing to lose. Maybe you would like to knit and natter, Or do some craft work along with the chatter. If walking or history is more your style, Give it a go and try for a while. Why not try something different, that's new to you, Give it a go, you don't know what you can do! So fill in the form straight away, Don't leave it until another day. Meet new people and make new friends, We'll keep you busy, it never ends. Maybe we'll meet at a coffee morn, This could happen if you fill in the form. We are a happy and friendly mix of a group, And a warm welcome awaits if you join our troupe.

Information for Restarting Groups

Unfortunately, we currently find ourselves in a worsening Coronavirus situation with the 'Rule of Six' now in operation if & when the situation improves the following restarting procedures must be carried out:

Prior to Groups restarting, Risk Assessments must be completed, this comes in three parts:

- 1. A written Risk Assessment conducted by the Venue for the general use of the venue/room.
- 2. A written Risk Assessment conducted by the Group Leader for their activity being held in that venue/room
- 3. Your responsibility as a member of that group
 First you should look at your own health are you
 displaying any symptoms. Secondly have you been in
 any contact with anyone else who is displaying
 symptoms or has been diagnosed as having Covid-19.
 Then taking into consideration all of what has been put
 in place for your safety Do you feel safe to take part?
 When all of this has been thought about you make the
 decision to attend, if for any reason you do not feel it is
 the right time you will be more than welcome to attend
 when you are ready All of these things are in place for
 the safe return of all group members to their activity
 groups so please assist your group leader in any of the
 requests they may make.



Interest Group News

I am sorry that things are not moving very fast, I know how desperate a lot of you are to get back to your groups. There are such a lot of rules and regulations which we have to follow that means it is hard for some groups to get back together. The group leaders are trying their best to see how they can start their groups safely. Keep checking the online newsletter if you are able this will help to keep in touch with your group leaders.

Sue

Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)

The majority of our Interest groups have not been able to meet during the original lockdown and now the Boris Rule has knocked any plans to restart for SIX! (do you see what I did there)

Most groups are planning to start at the earliest opportunity legislation will allow (probably next year at the earliest)

But some groups have managed to continue to meet in some form or plan to do so, the following reports cover these groups activities.

New AWAKE Events & Travel Procedure

Please Note: All future AWAKE social events & travel incorporating transport & accommodation will in future be required to adhere to the AWAKE written Social & Travel procedure document ensuring we satisfy the Third Age Trust requirements for protection of payments made by members.

CARAVAN News

Thank you sincerely for 8 years trusting me to handle your money including getting back every penny for the Leamington trip.

I will now run the Leamington trip privately and will contact those who wanted to participate previously when it is rearranged. The Canal Boat trip will go ahead when the participating group agree a suitable date. At the moment there are no new Caravan proposals but watch this space.

Roger Coates

French Conversation Group

Instead of meeting fortnightly we have met weekly throughout

lockdown. Initially we used WhatsApp in two groups, and then we have been meeting in gardens. It has been great to keep in touch. We have done a translation each week, and a gradually reducing amount of chat in French, but plenty in English! We intend to start meeting in the Institute room at Willerby library on September 21st from 2pm to 4pm. And every two weeks thereafter if the Covid19 restrictions allow.

Michael Ebeling

Guitar Group

The Guitar group are planning to recommence in the St. Luke's Church Hall (a much bigger venue) with a maximum of six members starting from 29th September from 1.15pm to 2.45pm (£3/head, please use rear car park & rear Hall door).

Paul Kirk 650259 after 5pm

Local History Group

It is six months since our last bi-monthly newsletter and, at that time, we were looking forward to an exciting series of monthly talks at our regular meetings. None of that has happened, of course, and there has been, and still is, much uncertainty about when we shall be able to meet again. During this period of unpredictability, we have been cancelling meetings on a rolling, monthly basis and I can now confirm that our September and October meetings will not be taking place. One bright spot, however, was our July meeting, which took place online, via Zoom. Although I realise not everyone was able to participate, Paul Schofield's talk on the history of Beverley was much enjoyed by those who were able to log in. No further Zoom meetings are envisaged in the foreseeable future.

Although we have been unable to meet since last March, a number of interesting and new articles on aspects of the local history of our area can now be accessed on the AWAKE U3A website by following this this link https://u3asites.org.uk/awake/page/22001 There, you will find a growing list of essays on a variety of subjects, including Wolfreton Garth, Alma Cottage, Foxdale Kindergarten School, Elmbrae, The Beeches, Ivy Cottage and South Ella.

There are also many other online sources of local history and many of these can be accessed by simply typing in "Local History Hull" into your search engine. For example, Hull History Centre produce a regular blog with a number of interesting articles. This can be accessed at http://hullhistorycentre.blogspot.com/ It really is amazing what can be found online with very little effort!

Hopefully, it won't be too long before we are able to meet again and we shall make every effort to do so, as soon as it is safe. Until then,

please feel free to contact me at any time with any queries or comments about the local history of our area. I would love to hear from you. You can reach me at francisvdavies@live.co.uk or on 01482 650449.

Francis

Luncheon Group One – 2nd Wednesday monthly – under normal circumstances!

We are living in strange times at the moment and we have obviously been unable to have our monthly lunches out but I will get in touch with Springhead Golf Club soon to see if there is any possibility of having a 'socially distanced' lunch in the dance area of the cafe – possibly for Wednesday 13th January 2021. I don't think it will be viable to go before then.

On a slightly more cheery note, I have been in touch with the Kingston Theatre Hotel and they have suggested that we use the Snobs Function Room (minimum 30 diners) for our sole use. I have not seen this room but am assured that it is large enough to accommodate us all using tables set for either two or four people. I have kept the provisional booking for Wednesday 9th December but I do not have to make a decision until mid-November and no deposits will need to be paid until then. The price is the same as last year - £19.95 for the Christmas Lunch or £17.95 for the set menu. Could you please contact me on 348765 or email heather@heatherbrabiner.karoo.co.uk if you are interested in this option or not. For those on email, let me know if you would like me to send you a copy of the Christmas Lunch menus.

Keep safe and I hope to be seeing you all soon. Heather

Pudding Club

It's been 6 months since our last meeting when we celebrated St. Patrick's Day. We ate Guinness muffins, Baileys cupcakes and Porter cake (made with Guinness). Notice a theme going on there? I've always baked. For me it's a great way to spend an afternoon and at the start of lockdown I baked a lot, although finding flour in those early days became a bit of a mission, and as yeast was also hard to find I thought I'd have another go at making sourdough bread. A lockdown favourite. It does take a long time and patience is required. A sourdough starter is a bit like having a pet. It needs feeding everyday and keeping warm. It really is a labour of love.

For something easy I had a go at the now infamous lemonade scones. How did someone come up with this idea? The recipe was all over the internet at the time. I really couldn't see how this would work, but work it did. Three ingredients. 400 g SR flour. 6fl.oz. lemonade, 6 fl.oz. double cream. Try it. I think it makes the scones more bready than cakey, but delicious nonetheless. Banana bread was also a favourite during lockdown. Why was everyone making banana bread? I made it because I had overripe bananas and putting them in a cake was preferable to throwing them out. We also baked because we had huge amounts of time on our hands. We couldn't go anywhere, see friends or family or do many of the things we liked doing, so along with lots of other new hobbies, people took up baking for the first time. Things are now slowly changing, so I hope it's not too long before we can meet up again, but I think we shall have to be patient a little longer. Stay safe and keep baking. Joan Greenley Can I also say that we are addicted to the Pineapple loaf from the Pudding Club Recipe Book. (Steve & Denise Roberts)

Quizzing Group????

Hope you're all keeping busy and building up your knowledge of trivia ready for the return to our Quiz Nights!! (You could also be devising a few Quizzes for as soon as we get going!!) Unfortunately given the size of the group and the close quarters needed to whisper answers it doesn't seem to be sensible to return to routine at the moment and anticipate our first Quiz Night will be in January. There have been quizzes in the on-line newsletter each time and I have been putting a quiz on the AWAKE web-site most weeks. If you go to the National U3A website there have been some excellent quizzes available on there, being provided by the National Quiz Group Adviser. I also know many of you have been having Zoom Quizzes with your family during the lockdown. Continue to take care and look after yourselves and hope fully see you in 2021.

Stately Homes Group

Hope you're all managing to cope with lockdown and are keeping safe and well. It was very disappointing not to be able to go on our Summer Trip in July but our deposits are being kept safely by Acklams until we decide what is happening in relation to next year's trip. My suggestion at the moment is that we carry out the same visits etc that we originally planned for this year. The only difference is that we will have to go in June (possibly the first week) instead of the first week of July as the rescheduling of one of my missed holidays is now early July. I'm sure some of you have had to also rebook holidays so let me know if the change of our trip to June

next year would cause any difficulties for you. There have been some brilliant 'visual tours' of Stately Homes and Collections online and places are slowly being reopened for visits. At the present time it seems unlikely we will all be able to meet up together until the New Year because of the size of the group but once anything seems possible I'll be in touch with you all. Take care and keep well.

Tai Chi

Some of our 40+ members have been enthusiastic to resume the Tai Chi lessons in September, while others are reluctant to meet up until January. With this in mind we have formed a "third" group from the existing 2 groups which will run for 8 weeks from October 5th until late November. The group will have no more than 15 members to allow for spacing. We have a risk assessment done and all will be given a copy of this plus the advice for them to make their own assessment.

If you have not been included in this third group it is probably because I have been unable to contact you. Vacancies may occur along the way so contact me if you would like to sit on the subs bench.

At the time of writing this will go ahead as planned. Chris Coates

Ukulele Groups Beginners

The Beginners Group meet weekly on Zoom and the Group are enjoying the opportunity to regularly play together and socialise. We recently welcomed a new member to the group (Ann Berryman)

Sunshine Strummers

The Sunshine Strummers have met every Monday on Zoom since lockdown began and despite the odd technical hitch it has been a great forum to enable us to keep playing and practicing the ukulele.

Ukulele Big Bash

On a monthly basis all three Ukulele Groups – Barely Awake, Sunshine Strummers and Beginners have come together on Zoom for a Ukulele Big Bash. This has proved a great way for over 30 uke players to come together and enjoy a strum and sing-along. Themes have included Songs that Make You Smile, Rock and Roll and Country and Western,

Bill's Big Birthday Strum

The theme for our recent Zoom Strum Along for the Sunshine Strummers Ukulele Band was 'Celebration' as we toasted the 90th Birthday of one of our members – Bill Coop. Bill is a truly amazing member of our band and in a 'Desert Island Discs' like session, he chose his favourite ukulele songs for us to play. Songs included The Happy Wanderer, Singing in the Rain, Blue Moon and Wooden Heart. In Part 2, we celebrated his wonderful 90 years with songs to commemorate his birthday, including Congratulations, It's My Party, You're 16 (changed to 90) and of course – Happy Birthday. With his youthful looks and a head of hair that we would all be proud of, it is hard to believe that Bill is now a nonagenarian!! Keep Strumming Bill.

Barely Awake

We have continued to meet on a weekly basis on Zoom since lockdown began but intend to revert back to our normal fortnightly meetings in the near future, the zoom system is not perfect but we are keeping in regular contact. Hopefully one day we can all practice in the same room and start to entertain again.

Wine Groups - WAG-1

Since the onset of the Covid-19 pandemic in the UK, WAG-1 has transformed itself into a virtual Group. We still meet monthly on-line via Zoom, facilitated by our Zoom master Bob Charlton, where we view and discuss a wine selected by each member. Unfortunately two of our members have been unable to access Zoom, and of course we have been able to taste the wines on the night.

August's meeting involved four wines. Sheila Lines selected a 2019 blush sauvignon blanc, Silver Moki, from Marlborough, New Zealand, 12% alcohol by volume (ABV), £7: she was not impressed. The Charltons chose a 2018 Redbridge pinotage Moerbei (mulberry)) from the Western Cape, South Africa, 14% ABV, £12 from Naked Wines (£9 for subscribers). They reported that it lived up to its advertised multiblended taste of coffee, cherries, cinnamon and caramel and was really enjoyable. The Townshends presented a very 2018 claret Lamothe St. Germain recommended by the Wine Society at £6.95 (14%). Finally Chris Watson broke the mould by introducing a wine in a 250 ml can, a Californian Barefoot pinot grigio (12%) costing £3 which was canned in February 2019. She judged it to be as good as the bottled version. We look forward to resuming our normal wine tasting format but we will continue to Zoom until it is safe to do so.

Alan Townshend

Walking - Longer Walks

The Awake Longer Walks group is indefinitely suspended until further notice, members are encouraged to privately form bubbles of six should they want to continue walking. If further information is required please contact Neville Chamberlain (651681)

IN MY OWN WRITE

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

<u>Dates for your Diary – Monthly Meetings</u>
It is difficult to imagine when monthly General Meetings will be allowed again (120 people of a certain age in one room!) but we live in hope.

Next AWAKEN

We are considering sending out the Newsletter by email to anyone who requests it this way. It would reduce the amount of paper used and help reduce the amount pushed through doors or posted.

If you would be happy to receive your newsletter in this way please let Steve Roberts know.

Hopefully we will continue to produce the Online Newsletter, keep checking the AWAKE website for the October edition and keep sending articles, stories & photos for inclusion.

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