

A Word from the Chair



A Happy New Year to You All.

I hope you all had a good Christmas and Father Christmas was good to you. Not too many mince pies and chocolates, I hope. Well that's it for another year and we can now look forward to lighter nights and holidays. Hopefully this year will be a busy one again for the AWAKE U3A as there are quite a lot of ideas being passed around for different events. We

are always happy to listen to your ideas so please see one of the committee members with your suggestions.

I am sure you all enjoyed the school children singing at our last meeting as they did very well and our thanks go out to Miss Carmichael and the school for letting them attend. Special thanks also to 'Father Christmas' for giving the children and us a surprise. He must have had a very busy schedule! (He told me he loved it – Editor)

I would like to thank the Ukulele players and the Singing for Fun group (who were very nervous) for giving their time. Another big thank you goes to all the group leaders who give their time, as without them we would not have such a successful AWAKE U3A.

Healthy wishes for the coming year.

Sue

February Art/Photography Exhibition update – Page 3

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The Wide Awakers in full Christmas voice at the Parklands Care Home, Beverley



'Santa' presents a cheque to the Willerby Carr Lane Year 2 singers for a great afternoon's entertainment

Latest News/Events

Proposed Exhibition of Awake members

Art/Photography

Awake is holding an Open Exhibition of U3A'ers art & photography work. It will be held at next month's February General Meeting in the Memorial Hall and is open to all members of AWAKE. Two pieces of art or photography can be submitted and should be mounted, named on the reverse and ready for display. Please bring your work to the Roberts residence, 18, Ellerker Rise, Willerby, HU10 6EY on 15th, 16th or 17th of February 2020 (if delivery is a problem ring Denise/Steve and we can arrange to pick them up) we can then plan the display for the following Wednesday. Any questions please contact Denise Roberts 659816

Interest Group News

The new Gardening group with Maureen Matthews as the leader will commence on Friday 17th January, from 2pm-4pm at the Library in Main Street, Willerby.

Contact Maureen on 651897 for further details.

If you have any ideas for new groups please let me know.

Sue McPhee 652766

Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)

Book Groups

November saw the final group's reading of 'Nine Perfect Strangers' by Liane Moriarty. The subject matter of the book provoked much discussion and mixed responses – certainly a 'strange' book but worth a read to see what you think. The other books read during November were 'New Boy' by Tracey Chevalier giving a new slant on Shakespeare's 'Othello'. It's only a short read but an interesting take on the classic version. The final book was '16 Trees of the Somme' by Lars Mitting. Again an interesting read about a young man trying to find his grandfather's 'treasure' with a few diversions along the way. December saw our Christmas Meal at The Beech Tree, complete with a group reading of 'How the Grinch Stole Christmas' (we're so intellectual!) and it was thoroughly enjoyed by everyone. If

you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

Bridge Group

Happy New Year from the Bridge Group
We restart 15th January 2020 and every other Wednesday night at 7pm Venue: Willerby Library
New members Welcome!
Call Anita Coupland Tel: 657494
anitacoupland@yahoo.co.uk

CARAVAN News

(Trips & Journeys, no Caravan required!)

The AWAKE trips and journeys programme for all members.

Leamington Spa hotel for Birmingham, Stratford, Warwick, Coventry. April 4th/5/6. Early start late return. The usual notes from me in your hand to make the very best of time. Thirty three are booked on this and hotel is paid. I will book the train travel when it opens soon. Easy journey one change. These early bookings catch best value. I will contact the group for prompt train payment when I know the cost. I have available NOW, two twin/double rooms already booked for this trip. £154.50 per room 3 nights. Also a male twin share for £77.25. These are now offered to Swanland and Hessle U3A. First come first served.

Canal Journey 2020 is taking shape. Dates, gender mix, available boat size, good route are coming together. We will have a 10 or 12 berth boat. My crew list is Bratley, Harrison, Biallod, King, Morton x2, Boddice x2 Please call/email me to confirm your place and any dates mid-April and May that are out for you.

Roger Coates 657105 07941222499 coatesroger@outlook.com

Coffee Club

Coffee and a chat with friends remain very popular. We now meet at Tea & Bisque-it, Kingston Rd, Willerby from 10.30 for an hour or so generally on the 2nd and 4th Fridays of each month. The next one will be **24th January**.

Liz 572563

Cinema Group

The cinema group regularly visit either Reel or Vue cinemas, if you wish to attend please contact Ann Milledge (655929) for details and to let her know you will be attending.

Classical Music & Theatre Group

We meet on the first Monday of the month at 10.30am - The Beech Tree. Next meeting 3rd February 2020 and then March 2nd, April 6th.

We met in December and enjoyed a Christmas meal together following on from our meeting - a popular venue as there were two other U3A groups also enjoying early festivities.

Maureen Thompson 01482 656756

Craft Group

After a very busy and productive year, we all went out for a meal at The Beech Tree instead of our December meeting.

It was lovely to relax and enjoy a social event.

We will continue to beaver away at our crafts and hopefully increase our skills and try new ones.

Our meetings are on the 3rd Monday of every month except December.

Come and join us.

Brenda Stapleton 654830

Coffee and a Stroll Club

All walks commence at 10.00am from the designated meeting point. Car sharing from Willerby - Sainsbury car park available,

26th.Jan. Park Princess Quay. Old town walk, coffee at the Muffin Bar.

16th.Feb. Park in Hessle at the back of the Coop. Local walk and coffee venue.

1st.March. Cottingham walk. Meet at Coop car park.

15th.March. Willerby walk. Meet outside Hop Pole, coffee at Tea & Biscuit.

29th. March. Beverley walk. Meet at Figham Lane, Coffee at Travelers Rest.

Any queries and request for car share/lift, please phone David Atkin on 01482 650409

Dancing Group

2pm – 4pm every other Tuesday at Anlaby Village Hall, when present and new members will be very welcome, come and give it a go. Contact Adrienne for dates and details 654383

Darts, Dominoes & Cards Group

The group continues to flourish with an average attendance of about 18 people at each session. The next meeting is Tuesday 21st Jan and every second Tuesday thereafter.

Les Holmes 659852

Digital Photography

The Digital Photography group now meets with the Hessle DP Group and runs on the 1st Tuesday of the month in the small upstairs room at All Saints Church Hall, The Square, Hessle HU13 0AD at 10.00 to 12.00. We now pay £1 per meeting to cover the cost of room hire and refreshments.

Whatever your ability or knowledge of Digital Photography and Computer skills, you will get encouragement from other members willing to share their expertise and help develop your interests and, of course, you could share your expertise with others. This is what U3A is all about! Our annual Christmas competition was won by Phil Atkin (see Page 15 for the winning photo) Stewart Mawer (655642)

Discussion Group

The group continues to meet at the Beech Tree Public House on the first Friday in the month at 10.30am however the group is currently up to capacity and are looking for a volunteer to form a second group. Ring Renee Bell (653543) for further information.

Family History Group

Family History takes place on a Monday afternoon once a month at the Willerby Institute between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The dates for the beginning of the year are as follows:- 3rd Feb, 2nd March, 6th April.

Contact Chris Gibbs 01482654897,
email christine.ferngibbs@gmail.com

Flex & Stretch Group

This group is doing well, easy exercises, no floor work. Some of

us have trouble getting down and even more trouble getting up. All welcome 1-30 to 2-15 pm every Monday at St Luke's Church Hall.

Sue McPhee

Games Group

The Games group meets at Willerby Methodist Church weekly on a Monday from 10am - 12 in the church lounge.

If you wish to join us we will make you most welcome and if you decide to, once you enter Willerby Church we are 4th door down the corridor on the left.

We look forward to seeing you.

For more details - Group Leader Jackie Kitchen Tel 650702

Guitar Group

Our meetings take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon.

We have recently welcomed a few new members but any potential members interested please contact Paul Kirk on 650259

Local History Group

This popular group meets monthly for talks on topics about the local history of our area. In addition, we arrange occasional outings, usually during the summer months, to places of local historical interest. Members are also encouraged to carry out research into aspects of local history and to promote wider interest amongst local people in the heritage of our area.

Our next few monthly talks are:

16th Jan 'The stories behind wartime plane crashes on Hull'

by Dennis Chapman

20th Feb 'Anlaby Road: City Centre to Walton Street'
by Liz Shepherd

19th Mar 'Railways of East Yorkshire' by David Walford

Meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. All AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of

speakers, hall hire and refreshments.

For more details, please contact the group leader: Francis Davies (650449; francisvdavies@live.co.uk)

NatureWatch

The forthcoming visits are as follows:

Friday 17th January – Dawson City Clay Pits, Goxhill

Friday 31st January – Waters Edge, Barton

Friday 21st February – Tophill Low, Driffild (pay)

Friday 6th March – North Cave Wetlands

Friday 20th March – Potteric Carr, Doncaster (9.30am)

Contact Mark + Celia (654666) for further details

Play Reading 1

After finishing Agatha Christie's 'Spider's Web', the group returned to Oscar Wilde and 'A Woman of No Importance'. Although there was the usual light satire on the English social structure of the time, Wilde also used the play to highlight the misogyny and sexism of the era.

Maintaining the foray into Edwardian high society, the group celebrated Christmas at Downton Abbey with an adaptation of the earlier scenes of the popular series.

As the normal meeting date fell on 1st January, it was decided not to break from family festivities so the next meeting will be on Wednesday 5th February at Willerby Library on Main Street. Happy New Year to all.

Play Reading 2

Our November reading was, Cards on the Table, by Agatha Christie, adapted by Leslie Darbon. Published in 1936, it has the familiar Christie house party setting, where a murder is committed during a session of contract bridge. Regular sleuths, Hercule Poirot, Superintendent Battle of Scotland Yard, Colonel Race and Mrs Ariadne Oliver seek motive and psychology to solve the crime.

We next meet on, Wednesday, 22nd January and then every 4th Wednesday in the month.

Pauline Park

Pudding Club

Our December meeting saw us comparing Christmas Puddings. Marks and Spencer came out on top of the bought puddings but Steve Robert's pudding (I cannot tell a lie it was actually Denise's) was equally delicious. We also shared a Rocky Road version of a Christmas Pudding and an actual figgy pudding. All washed down well with a fine pudding wine. After the indulgences of Christmas our January meeting was all about low calorie puddings, (yes there are such things,) and February being the shortest month will see us trying bite size puddings. Our recipe book is still on sale for £1. Joan Greenley

Quizzing Group????

After a great Christmas Quiz the year started well with 40 people attending the first quiz of 2020 on January 2nd at Anlaby Village Hall. On average 35 - 40 people attend the quiz and we continue to receive new members every time. As usual, grateful thanks to everybody who attends for helping us to swiftly set-up and clear-away. The Quiz continues to be held every other Thursday with a 7.30 start. The dates for the next few weeks are Thursdays, January 16th, 30th February 13th, 27th and March 12th and 26th For more information please give Chris Watson a ring on 659773.

Singing for Fun

Our group has had quite a busy time before Christmas as we have been singing at the Beverley Parklands, St Luke's, and the Hollies. We have been asked to go back to Cassandra House in January. If you like singing why not come along, especially if you are a man as they are in short supply. The 8th January is our first meeting after Christmas and every other Wednesday thereafter 6-30 pm till 8pm at the Anlaby Park Church Trinity room. Contact Sue McPhee 652766

Stately Homes Group

December saw nearly 30 of the group have a trip to York. Our first visit of the day was to the Merchant Adventurers' Hall and we enjoyed a talk from one of the guides there. We also found it had a good cafe, just right for when you get off the Park & Ride bus. The second treat was to 'The York Chocolate Story', not quite a Stately Home but we did get some history of the chocolate-making families from York along with plenty of samples of sweets. We even made our own chocolate lollies. A great visit for all ages. Our 2020 programme starts on Thursday, February 6th with a talk on the Royal Palaces of Scotland. Please feel free to join us at St

Luke's Church Hall at 2 o'clock. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

Supper Club

If you would like to join us please contact me, Joan Greenley 653917 or Sue McPhee 652766

Table Tennis

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 1.45pm to 3pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

Tai Chi

TAI CHI VACANCIESBEGINNERS WELCOME!!

Our second group is down on numbers and we invite anyone interested to let us know if you would like **to begin in January 2020.**

The class is taught expertly and in a relaxed manner by instructor, Mike Maduro. It begins at 11am every week at the church in South Ella Way and ends at 12 noon.

Cost is approx. £3 per lesson or less but is collected on a 6 week basis so that both Instructor and Hall can be paid reliably. PLEASE CONTACT Chris Coates on 01482 657105

Ten Pin Bowling

Both the Monday and Friday sessions are now fully up and running at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre. More members could be accommodated so if you fancy two games, a bacon or an egg sandwich and a tea or coffee all for just **£6** then contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870

Ukulele Groups

Beginners

The Beginners group are still going strong and some of the members had the opportunity for only the second time to perform in public at the Christmas December General Meeting.

Sunshine Strummers

Happy New Year from The Sunshine Strummers

The Sunshine Strummers have enjoyed a lively festive period with five Christmas concerts during November and December. Hawaiian Christmas shirts worn by all and music stands adorned with Christmas lights all added to the Yuletide Uke season.

Members of the group enjoyed a Christmas lunch at Manor Farm followed by a uke request session where everyone was able to choose and play their favourite song played over the last year.

Concert requests are already coming in for 2020 and we will be rehearsing a new set list during January. This will give us a rest from the Sunshine Strummers version of the '12 Days of Christmas'!!

Gary and Hazel Hughes

Barely Awake

We have recently entertained at the St. Luke's Autumn Fair, a very rewarding gig at the Hessle Gateway group to a very appreciative audience, At Derringham Bank Methodist church and Christmas concerts at Kirk House and the Blue Bell Care Home.

We are looking forward to adding some new songs for 2020, celebrating our 5th Anniversary and maybe even adding the odd new joke!

Further information can be obtained from Steve Roberts (659816)

Wine Groups

We have two wine appreciation Groups. Each Group meets at the houses of each member in turn; membership is limited to about ten. The cost of a tasting is covered by the host so that no money changes hands. Both existing Groups have about ten members so we are keen to meet a demand to set up another Group. If you would like to join this third Group, and especially if you are prepared to be an organiser please contact Alan Townshend (Tel:651212) or Pat Dale (Tel:654976) who will be happy to talk to you.

WAG-1

Our November meeting was a tasting of East European wines, selected and hosted by Sheila Lines, which demonstrated the improving quality, increasing availability and good value of wines from Hungary, Moldova and Bulgaria. "Radacini", a sauvignon blanc from Moldova (Waitrose, £5.99) was the best of the three whites tasted. The Bulgarian "Silver Mine" merlot (Co-op, £6.00) was the best red, marginally better than the

equivalent cabernet sauvignon "Silver Rock" (£4.75!). We look forward to a tasting of wines selected by Joan Cross at our next meeting on January 20th

WAG-2

At our November Meeting our host for the night visited Waitrose to prove you can buy some good wines at discounted prices and good prices.

He succeeded with 4 wines but 1 from the Ian Botham Wines (a Cabernet Sauvignon) was not a bit like it's name sake,(it was rather thin) and another by popular agreement would be better served with chips.

Still 4 out of 6 wasn't a bad thing. Our evening ended with alight hearted discussion on China and which wines we would serve with some of their delicacies such as barbequed sparrows and grass hoppers.

We met for our Christmas get together in December when we were joined by 3 guests from our other Wine Group. The evening started with home-made Martinis to get us warmed up then went on to the wines and fun.

Our hostess Anita had provided a Christmassy spread with crackers and games, each member brought a bottle of their favourite wine so the evening went with a swing and all enjoyed themselves.

We are looking forward to 2020 and hoping it will be as enjoyable as this past year as the accident prone and walking wounded are now well and fit.

Walking – Longer Walks

23 January – (69) SOUTH CAVE (South) – 6.2 miles. Meet in South Cave Sporting Club car park (2nd up hill) by school – Explorer Map 293 – Grid Ref: SE 919 308. This walk is along roads, across fields and through a small wood and includes a couple of ascents. Leader Dave (tel. 07818 509381).

13 February – (13) BROUGH HAVEN – 6.16 miles. Meet at Haven car park – Explorer Map 293 – Grid Ref: SE 936 263. A level walk along roads and tracks with a minimal amount of field walking. Leader Dave (tel. 07818 509381).

27 February – (14) WELTON (North) – 6.5 miles. Meet opposite Green Dragon pub – Explorer Map 293 – Grid Ref: SE 958 272. A walk along roads, through woods and fields/tracks,

following part of the Wolds Way. Leader Dave (tel. 07818 509381).

12 March – (43) SOUTH CAVE (North) – 7.1 miles. Meet at zebra crossing on Market Place – Explorer Map 293 – Grid Ref: SE 923 312. A walk with several inclines, following part of the Wolds Way, across fields and some road walking. Leader Dave (tel. 07818 509381).

26 March – (32) DRIFFIELD – 6.9 miles. Meet at Riverside/Canal Head parking area – Explorer Map 295 – Grid Ref: TA 028 572. A level walk across fields and along roads, following the canal and becks. Leader Dave (tel. 07818 509381).

All walks 09:30 start

Walking – Short Walks (2-3½ miles)

List of forthcoming walks as follows:

13 Jan 2020 Great Wall of Kirk Ella.

Park at bottom of Willerby Square car park. Could be muddy in places.

27 Jan Beverley, Molescroft Meander. Park in dirt car park off Ings Road, off Grange Way, Beverley. Mainly pavements.

10 Feb Swanland figure of 8 Walk. Park at playing fields, off West Wold, off West Leys Road. All pavements.

24 Feb Scholars Gate Estate In reverse. Park at far side of Big Fun car park at end corner of National Avenue. If challenged say "Maggie gave permission on 11.11.19 to Ian" All pavements.

9 March Victoria Dock Village and Old Town. Park at Village Hall car parks, off South Bridge Road. Opposite Malden Drive. All pavements.

23 March Barton-Waters' Edge Ramble. Meet at bottom of Humber Bridge car park for car-share to cross Bridge. Passengers bring toll money! Drivers remember to bring passengers back! Could be muddy.

30 March for those who want ...another visit to 114, Coltman Street. Park in West Park, off Walton Street. All pavements.

All walks are of approximately 3 miles and start promptly at 10am. Wear suitable clothing and footwear.

Please carry on YOUR person personal contact details in case of emergency.

Ian Jones. Text 07847 850309 or gianj@gianj.karoo.co.uk

IN MY OWN WRITE

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

New Year thought from the Editor

If you are asked where you see yourself this year, tell them you do not have 2020 vision!

Dates for your Diary – Monthly Meetings

February 19th – David Walford – Haworth & the Bronte's also the AWAKE Art/Photography exhibition

March 18th – Perfect Predators – South Cave Falconry

**April 15th – Rena Scrowston
(AKA Lady Harmione Vincentzie-Trembling)
Entertaining Speaker**

Next **AWAKEN**

Please send any items to be published to:

Steve Roberts at sadrob@outlook.com

And Chris Moody (website) at cjmcj7@gmail.com

The deadline for items to be included in the next edition of **AWAKEN** is **Friday 6th March 2020**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>



The Art Group with their Christmas craft work



The winning photograph taken by Phil Atkin in the 'It's a small,



small world' Digital Photography Group competition
The Sunshine Strummers in full festive garb at the Christopher

Pickering Lodge



They are all teenagers again at the Social Evening!