



Hello to
Well
We
is such a
These
busy for
Firstly,

everyone
were



security guards and then greeted by Flight Lieutenant Rich Weeks and his dog, such was the level of security. After the tour we finished off with fish and chips (some had a pudding!) at Walkers fish restaurant which I can thoroughly recommend. Next came the social evening which I think I can say was enjoyed by all. The entertainment was excellent and the pie and peas were good. The next social evening is Saturday 30th November.

Our trip to the KCOM Stadium went well. We learned a lot about the way the football stadium was run, by a very informative guide.

The next time I write the frontpage Christmas will be over and we shall be starting a new year with new adventures from the Stately Homes, Caravan and Social Groups.

Until the next time have a lovely Christmas and a healthy New Year. Sue McPhee



A Word from the Chair

all new and old members. Christmas is nearly here! either love or hate it, but it busy time for us all.

last two months have been a lot of U3A members. there was the visit to Fylingdales which who went enjoyed. We met by two, armed

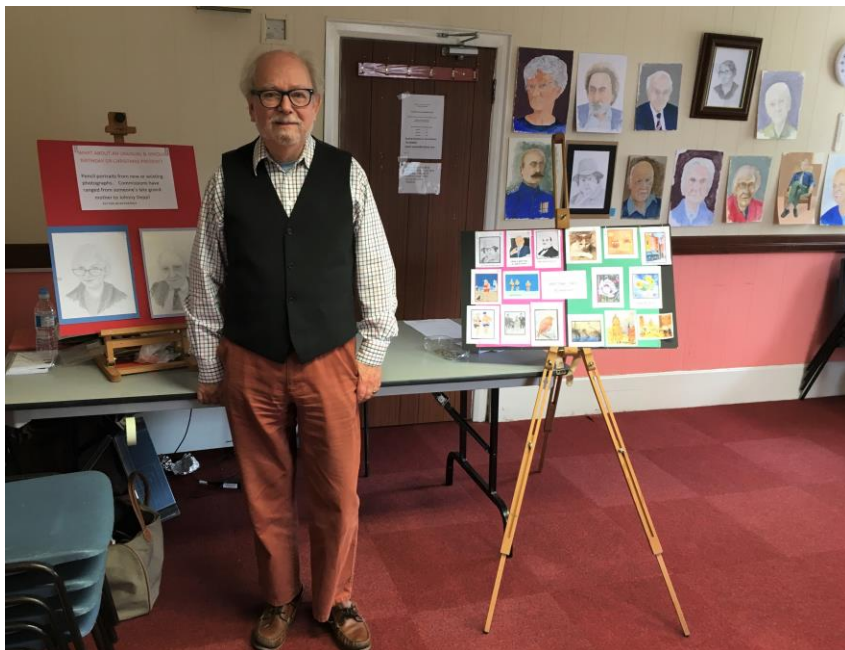
Attention all of our Artists/Photographers – Exhibition Coming – Page 3

School Readers wanted! – Page 3

Gardening Group back on – Page 3

New Caravan trip info – Page 4

Pudding Club Recipe book – Page 10



Michael Ebeling recently held an Art exhibition/sale at the Willerby Library in aid of Dove House raising around £200



Barely Awake and the Hull Male Voice Choir at Hessle Town Hall

Latest News/Events

Proposed Exhibition of Awake members

Art/Photography

Awake intend to hold an Open Exhibition of U3A'ers work. It will be held at the February Monthly Meeting and will be open to all members of AWAKE. Two pieces of art or photography can be submitted and should be mounted and ready for display. Please bring your work to the Roberts residence, 18, Ellerker Rise, Willerby, HU10 6EY on 15th, 16th or 17th of February 2020 so that we can plan the display for the following Wednesday. Any questions please contact Denise Roberts 659816

Ready Steady Read volunteers

Can you help?

We have been asked if anyone can spare two hours a week to help children read in schools. If you are interested contact Sue McPhee (652766), or see the notice board at the General Meeting for further information.

Interest Group News

The Gardening group has been on, off and finally on, hopefully with a new lady, Maureen Matthews, offering to be the leader. The next meeting will be Friday 15th November, at the library in Main Street, Willerby.

If you have any ideas for new groups please let me know.

Sue McPhee 652766

Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)

Book Groups

For September two of our groups looked at the classic 'Anne of Green Gables' by L.M. Montgomery and it was a very popular read especially for individuals who had never read it during their childhoods. The third group read 'Nine Perfect Strangers' by Liane Moriarty. The book had been in the popular charts for a while but it is a story with a few strange twists? Not to everybody's taste. Two other books read were 'Three Things about Elsie' by Joanna Cannon and 'Then She Vanished' by Claire Douglas. The first had an interesting twist on a lady with dementia and the second, a mystery with twists. Both can be recommended as an interesting read. If you are interested in joining one of the Book Groups

please contact Chris Watson on 659773

Bridge Group

We have a friendly evening of bridge every other Wednesday 7pm at the Willerby Library.

Beginners and all levels are welcome to join us.

Ring Anita 657494.

CARAVAN News

(Trips & Journeys, no Caravan required!)

The AWAKE trips and journeys programme for all members.

CITIES SCENE Stay in Leamington Spa for Birmingham, Coventry, Stratford and Warwick

3 nights hotel Sat. **April 4th. – Mon 6th.** inc. Check out Tuesday 7th. Easy rail travel one change. Early out, late back gives four days.

Train and hotel at Oct 2019 early booking prices £120 p.p. sharing for senior rail pass holder (no meals). Single use room add £75. All prices shown are provisional.

Visit Birmingham. Plenty of trains. Canals by foot or boat, Jewellery Quarter, two brilliant gardens, a classic Arts and Crafts Mansion, Cadbury World, Selfridges, Theatres, Curry Triangle, Black Country Museum, generally big city stuff.

Visit Stratford. Hourly trains or country bus. Everything Shakespeare, "The Winters Tale" at main theatre. Matinee and evening on Sat. Evening only Mon. You book, help if needed. River trips, late train back.

Visit Warwick Local bus. The Castle etc. Historic centre. Tow path walk up the spectacular Hatton flight of 23 locks achieved by last year's canal trip on our first afternoon. Good pub at the top.

Visit Coventry. Plenty of trains. Cathedral, a post war architectural star turn, very good Motor Museum and a lot of very ugly concrete.

Some rooms booked from last meeting. Spaces available now for members responding promptly to this newsletter. Call Roger Coates 657105 07941222499

Canal week 3. Last call for interest. This is now viable. Call me promptly to be considered. Date and route to be fixed (May ish) by group.

Carol Brooks was 'persuaded' by Roger to produce the following report on the St. Ives visit:

Caravan explores Cornwall – not just the pasties....

On the evening of 18th September, armed with a set of tickets plus essential travel itinerary, Roger's latest caravan of 12 departed Hull bound for St Ives, Cornwall. We were a diverse group with some members nothing less than "giddy" as the much anticipated berth on the sleeper drew closer. Choosing different modes of transport across London to Paddington Station we regrouped in Queen Victoria's old waiting room and enjoyed complimentary refreshments. The gleaming emerald green GWR "Night Riviera" train beckoned us to join it from the platform and we were soon on board exploring all the concealed fixtures within our cabins. Having placed breakfast orders with the stewards it was time for a night cap prior to retiring to our berths in anticipation of arriving in Cornwall. The final leg of the journey from St Erth to St Ives was a joy as we saw the sun rising over the stretch of estuary in between.

Roger's comprehensive notes including, map, bus / train times and other helpful tips enabled everyone to hit the resort running (more accurately, walking.) The weather was glorious and a range of pursuits were enjoyed during the day before leaving for the much awaited evening trip to the open air Minack Theatre (see Page 16) with its seating cut into the cliffs and the spectacular Atlantic coastline as its backdrop – a good time was had by all. Breakfast was the ideal time to catch up, share ideas and make plans for the day. An assorted list of activities were explored and enjoyed during the next five days including, serious sea swimming, festival events, long walks, short strolls, sketching, museum / gallery trips and not forgetting tasting the local cuisine of Cornish pasties and cream teas in and around St Ives.

The group ate together on the last night prior to boarding the sleeper train heading for Paddington Station. Whilst the journey was smooth and restful we found ourselves halted by a broken down train on the same line. Various contingencies were explored by train staff one of which involved us travelling back towards St Ives albeit in reverse to an alternative track. The contingencies were not deployed and the stricken train was removed allowing us to complete our journey. The group crossed London a little later than anticipated; however,

everyone caught the pre booked train for Hull. Once settled everybody relaxed and reflected on our Cornish capers, individual pursuits, group excursions and fond memories.

Coffee Club

Coffee and a chat with friends remains very popular. We now meet at Tea & Bisque-it, Kingston Rd, Willerby from 10.30 for an hour or so generally on the 2nd and 4th Fridays of each month. The next one will be **22nd November**.

Liz 572563

Cinema Group

The cinema group regularly visit either Reel or Vue cinemas, if you wish to attend please contact Ann Milledge (655929) for details and to let her know you will be attending.

Classical Music & Theatre Group

We meet on the first Monday of the month at 10.30am - The Beech Tree

The group has now grown into a large but just manageable number and Maureen would like someone to volunteer to lead a second group.

Maureen Thompson, 01482 656756

Craft Group

Thank you to Jan Thomas for looking after the Group due to me being away on holiday.

I am sure everything went well.

We are finalising the list for our Christmas Meal this month.

I am so proud of this happy band of crafters.

There is always a welcome to any new members.

They are soon integrated into who is doing what, and may be learning a new skill.

Next meeting 2 p.m. on 18 November at Willerby Methodist Church.

No meeting in December as we will be at our Christmas meal.

Brenda Stapleton 654830

Coffee and a Stroll Club (2019/2020)

All walks commence at 10.00am from the designated meeting point. Car sharing from Willerby - Sainsbury car park

available,

15th.Dec, 2019. Assemble outside Hop Pole Pub for local walk followed by coffee at Tea & Biscuit.

12th.Jan.2020. Meet at Ferriby foreshore car park, coffee at Duke of Cumberland.

26th.Jan. Park Princess Quay. Old town walk, coffee at the Muffin Bar.

16th.Feb. Park in Hessle at the back of the Coop. Local walk and coffee venue.

1st.March. Cottingham walk. Details to be advised.

15th.March. Willerby walk. Details to be advised.

29th. March. Beverley walk. Details to be advised.

Any queries and request for car share/lift, please phone David Atkin on 01482 650409

Dancing Group

2pm – 4pm every other Tuesday at Anlaby Village Hall, when present and new members will be very welcome, come and give it a go. Contact Adrienne for dates and details 654383

Darts, Dominoes & Cards Group

The group continues to flourish with an average attendance of about 18 people at each session. The next meeting is Tuesday 26th Nov and every second Tuesday thereafter.

Les Holmes 659852

Digital Photography

The Digital Photography group now meets with the Hessle DP Group and runs on the 1st Tuesday of the month in the small upstairs room at All Saints Church Hall, The Square, Hessle HU13 0AD at 10.00 to 12.00. We now pay £1 per meeting to cover the cost of room hire and refreshments.

Whatever your ability or knowledge of Digital Photography and Computer skills, you will get encouragement from other members willing to share their expertise and help develop your interests and, of course, you could share your expertise with others. This is what U3A is all about!

Stewart Mawer (655642)

Discussion Group

The group continues to meet at the Beech Tree Public House on the first Friday in the month at 10.30am however the group is

currently up to capacity and are looking for a volunteer to form a second group. Ring Renee Bell (653543) for further information.

Family History Group

Family History takes place on a Monday afternoon once a month at the Willerby Institute between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The dates for the rest of the year are as follows:- 2 Dec. 6th Jan 2020, 3rd Feb, 2nd March.

Contact Chris Gibbs 01482654897,
email christine.ferngibbs@gmail.com

Flex & Stretch Group

This group has certainly taken off, averaging about 18 members a week. We have two brave men who I am sure would welcome some more. Easy exercises, no floor work. Why not give us a try. Every Monday, 1.30 – 2.15pm, St. Luke's Church Hall.

Contact Sue McPhee 652766

Games Group

The Games group meets at Willerby Methodist Church weekly on a Monday from 10am - 12 in the church lounge.

If you wish to join us we will make you most welcome and if you decide to, once you enter Willerby Church we are 4th door down the corridor on the left.

We look forward to seeing you.

For more details - Group Leader Jackie Kitchen Tel 650702

Guitar Group

Our meetings now take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon.

We have recently welcomed a few new members but any potential members interested please contact Paul Kirk on 650259

Local History Group

This popular group meets monthly for talks on topics about the local history of our area. In addition, we arrange occasional outings, usually during the summer months, to places of local historical interest. Members are also encouraged to carry out research into aspects of local history and to promote wider interest amongst local people in the heritage of our area.

Our next few monthly talks are:

21st Nov 'Thomas Ferens' by Melvin Johnson
12th Dec* 'Christmas Quiz' with seasonal refreshments
16th Jan 'The stories behind wartime plane crashes on Hull'
 by Dennis Chapman

*please note this is the second Thursday and is also the day of the General Election. The church building next door will be in use as a Polling Station. Our meeting will go ahead as usual via the rear door of the church hall.

Meetings normally take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby. All AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

For more details, please contact the group leader:

Francis Davies(650449; francisvdavies@live.co.uk)

NatureWatch

The forthcoming visits are as follows:

Friday 29th November – Donna Nook +
 Saltfleetby/Theddlethorpe Dunes

Friday 13th December – Christmas Lunch & Far Ings

Regards Mark + Celia (654666)

Play Reading 1

After the summer break, the group tackled Agatha Christie's 'Spider's Web'. It contained the usual Christie twists and turns, as well as secret doors and a disappearing corpse. Even the readers were guessing as to which one of them was the culprit to the very end.

Next we are reading 'A Woman of No Importance' by Oscar Wilde. Needless to say we are looking forward to his famous one-liners.
 Sue Chambers

Play Reading 2

Play Reading Group 2, held on the 4th Wednesday of the month. Our September reading was, Dancing at Lughnasa, by Brian Friel. Set in 1936, on the west coast of Donegal, Michael Evans recounts that long ago Summer when his older siblings' hopes of love fade as they foresee sadness and economic privations ahead.

In October we read, Alphabetical Order, by Michael Frayn.

Poignant as well as funny, it draws on the playwright's journalistic experiences before technology changed that world for ever.

Our next session will be on Wednesday, 27th November. There will be no meeting in December.

Pauline Park

Pudding Club

The Pudding Club members would like to share with you some of the recipe's we have sampled over the last year. Hopefully you will be pleased to know that a Pudding Club Recipe book will be on sale at the 18th December General meeting held in the Memorial Hall, Willerby.

Joan Greenley 653917

Quizzing Group????

Our Quiz nights at Anlaby Village Hall continue successfully. On average 35 - 40 people attend the quiz and we continue to receive new members every time. As usual, grateful thanks to everybody who attends for helping us to swiftly set-up and clear-away. The Quiz continues to be held every other Thursday with a 7.30 start. The dates for the next few weeks are November 21st and December 5th and 19th. The first Quiz night in 2020 will be on Thursday January 2nd (the quiz group feel they'll be ready for their minds stretching after all the eating and drinking!?). For more information please give Chris Watson a ring on 659773.

Singing for Fun

We meet every other Wednesday at the Anlaby Park Methodist Church from 6.30pm till 8pm. The next meeting will be 27th November. We would like some more men to join us. This is not a serious group so why not give us a try. We recently entertained at the Cassandra House Care Home in Cottingham and had the Residents rocking in the isles!

Contact Sue McPhee 652766

Stately Homes Group

In September over 35 members of the group visited Belton Hall near Grantham. The Hall has one of the best Libraries in the National Trust and the visit was intended to link with our session in October. For this session we had a visiting speaker from the National Trust who gave us a very interesting talk on the history of Libraries in Country Houses. For November I was very pleased to give a presentation on the Houses of Agatha Christie, especially looking at Greenway in Torquay, a place I visited earlier in the

year. Next year's programme will be available in January. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

Supper Club

If you would like to join us please contact me,
Joan Greenley 653917 or Sue McPhee 652766

Table Tennis

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 1.45pm to 3pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

Ten Pin Bowling

Both the Monday and Friday sessions are now fully up and running at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre. More members could be accommodated so if you fancy two games, a bacon or an egg sandwich and a tea or coffee all for just **£6** then contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870

STOP PRESS – **David Newman** now holds the **TOP SCORE** title after recently posting a score of **209**, well done David (he said through gritted teeth - Editor)

Ukulele Groups

Beginners

We now have 13 active members of the group and their strumming skills are coming on in leaps & bounds!

Sunshine Strummers

It has been a busy post summer period for the Sunshine Strummers including performing at the Hull's 'Celebration of Older People' Concert organised by Age UK at the Guildhall.

The band returned for the evening Talent Contest where all received gold medals for participating and a mention from 'Burnsey' on his radio show.

Our new members have settled in well and are playing in all our gigs.

Christmas concerts are already booking fast so we are now busy practicing our festive songs.

Gary and Hazel Hughes

Barely Awake

It is hard to believe that in four and a half years the 6 original

members have now swelled to the amazing sum of 50 active members in three separate groups!

Barely Awake have recently entertained at St. Mary's Care Home, United Reform Church, Hallgarth Care Home, Sight Support Group, 'Stand' Trawlerman's charity event at the Hessle Town hall with the Hull Male Voice Choir, Castle Hill Cardiac recovery group (and we didn't miss a beat, and fortunately neither did they!) Hull U3A and a 70th birthday party at Godfrey Robinson Home. Our audience numbers ranged from 6 to 90, it's never a dull moment in Barely Awake!

Further information can be obtained from Steve Roberts (659816)

Wine Groups

We have two wine appreciation Groups. Each Group meets at the houses of each member in turn; membership is limited to about ten. The cost of a tasting is covered by the host so that no money changes hands. Both existing Groups have about ten members so we are keen to meet a demand to set up another Group. If you would like to join this third Group, and especially if you are prepared to be an organiser please contact Alan Townshend (Tel:651212) or Pat Dale (Tel:654976) who will be happy to talk to you.

WAG-1

On September 16th the Group visited the Little Wold vineyard. In a couple of weeks the grapes would be ready to pick so the various grapes (Seyval Blanc, Solaris, Madeleine Angevine and Phoenix white grapes and Rondo red grapes) could be studied in all their glory. Some 2018 prize-winning wines (three whites and one red) were tasted and found to be of high quality, confirming not only that English wines can challenge those from traditional wine-producing countries but that northern English vineyards are going to be an important contributor to this progress. In October Enid and Alan Townshend hosted a tasting of mainly 2018 wines made from lesser-known grapes such as Jacquere from Savoie and Narince from Turkey, both white wines, a rose Carignan (Spain) and Mansois aka Fer Servadou (South-West France) and Gamay (Provence), both reds. The selection was supplemented by a quality white Soalheiro Alvarino from Portugal. The two reds were probably the best, the Narince was certainly the worst but it was a good opportunity to widen our wine appreciation experience.

Walking – Longer Walks

14 November – (51) NUMBURNHOLME/LONDESBOROUGH – 6.3 miles. Meet at east end of Top Street, parking on roadside of Church Street & Top Street – Explorer Map 294 - Grid Ref: SE 868

454. A walk mainly along country roads/bridleways but does include a couple of fields, a wood and an incline. Leader Bob (tel. 07742 134253)

28 November – (41) SKIDBY (East) – 5.2 miles. Meet at Skidby Mill car park – Explorer Map 293 – Grid Ref: TA 021 332. A level walk along mostly roads and ash track but also through a golf course and field. Leader Dave (tel. 07818 509381).

12 December – HOTHAM/NORTH CAVE – 5 to 6 miles. Depending on various factors i.e, weather, wet/dry conditions, the exact route of this walk will be decided upon the day beforehand. Leader Neville (tel. 07840 077965).

9 January 2020 – (12) BARTON-UPON-HUMBER (East) – 5.9 miles. Meet at Tesco/Ropery car park - Explorer Map 281 – Grid Ref: TA 029 228. A level walk throughout on roads, a bridleway and the Humber embankment. Leader Dave (tel. 07818 509381).

23 January – (69) SOUTH CAVE (South) – 6.2 miles. Meet in South Cave Sporting Club car park (2nd up hill) by school – Explorer Map 293 – Grid Ref: SE 919 308. This walk is along roads, across fields and through a small wood and includes a couple of ascents. Leader Dave (tel. 07818 509381).

Walking – Short Walks (2-3½ miles)

List of forthcoming walks as follows:

11 Nov Scholars Gate Walk. Park at or near Bricknell playing fields car park, off Langdale Ave, off County Road North

25 Nov. Anlaby Common -Spring Bank West Green Lane. Park on one side of Springfield Lane off Springfield Way.

16 Dec Christmas Dinner Walk. Park at Country Park Inn, Hessle foreshore.

13 January 2020 Great Wall of Kirk Ella Walk. Park at Willerby Square car park.

I wish you a Merry Christmas and a Peaceful New Year.

Ian Jones.

All walks are of approximately 3 miles and start promptly at 10am. Wear suitable clothing and footwear.

Please carry on YOUR person personal contact details in case of emergency.

Ian Jones. Text 07847 850309 or gianj@gianj.karoo.co.uk

IN MY OWN WRITE

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or

serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

Christmas Thoughts from the Editor

Frosty the Snowman was recently seen sorting through a box of carrots, he was picking his nose!



What do you get when you cross a snowman with a Baker?

Frosty the Dough-man!

What do 52% of Britain's vote for at Christmas – No Brussels!

Dates for your Diary – Monthly Meetings

December 18th – Christmas Entertainment by the Year 2 School Children from Willerby Carr Lane Primary School and Christmas Singalong

January 15th - 2020 – Kathleen Barnett – Born free Foundation - Ginny the Tiger

February 19th – David Walford – Haworth & the Bronte's also the AWAKE Art/Photography exhibition

Next *AWAKEN*

Please send any items to be published to:

Steve Roberts at sadrob@outlook.com

And Chris Moody (website) at cjmcyj7@gmail.com

The deadline for items to be included in the next edition of ***AWAKEN*** is **Friday 3rd January 2020**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>



Hull City's new signings trot out of the tunnel at the KCOM Stadium



The first U3A would be astronauts in training at Fylingdales for their maiden flight in space



The St Ives 'Caravan' visit to the Minack Theatre in Cornwall



The Sunshine Strummers at the Hull Guildhall helping to celebrate the achievements of those of a certain age!

Merry
ChrisTmas
