

## **A Word from the Chair**



Hello everyone, I am Sue McPhee who most of you probably know. I feel privileged to have been elected as your new Chairperson. I was overlooked for the PM's post owing to not having the right credentials nor being subject to drug abuse.

My role as AWAKE U3A group coordinator will continue, ably assisted by Chris Watson.

Chris has been an excellent chair for the last four years and has some big shoes for me to fill, I hope I can do her proud over the next two years.

Summer is here and we are all thinking about holidays. When you read this I will have returned from my main holiday to Austria and Switzerland. I just love the scenery. Let's face it at our age every day is a holiday so make the most of them while you are able.

I look forward to seeing you all at the monthly and group meetings. Happy holidays to everyone.

Sue

**AGM Feedback – Page 3**

**New Groups? Gardening & Stretch/Flex – see Page 3**

**Fancy a trip to view the Fylingdales Royal Airforce base? see Page 3**

**Forthcoming 'Caravan' plans – see Page 4**

**The joys of a mobile phone – See Page 12**

**Grandparents, do you have musical Grandchildren? – see Page 13**



The lucky raffle winners with their wonderful flower arrangements produced by Maria from Sandhill Nurseries



Presentation to Chris Coates, Jan Thomas and Chris Watson at the AGM (see page 3)

## ***Latest News/Events***

### ***2019 Annual General Meeting (19<sup>th</sup> June)***

The AGM was a success with Sue McPhee elected as our new Chair for 2 years, the outgoing Chair, Chris Watson now becoming Vice Chair for the same period.

Chris Coates and Jan Thomas have stepped down from the committee and we now have two new committee members in Les Holmes and Steve Clark. Francis Davies has relinquished the position of Vice Chair but is still a member of the committee. The afternoon concluded with tea & cakes for all.

## ***New Groups!***

### ***Group Coordinator/ Social Team***

We would like to see if there is any interest in bringing the Gardening group back. I have had an offer from a lady who may be willing to lead this group. There will be a stretch and flex group starting at St Luke's Church on a Monday afternoons 1-30 to 2-15pm and this will commence from Monday 15<sup>th</sup> July. Please contact Sue McPhee for more details of both of the above new groups 652766.

We have been approached regarding the possibility of taking advantage of a day trip to visit the Royal Airforce base at Fylingdales, North Yorkshire, a total of 25 can be accommodated and the proposed dates are either Monday 15<sup>th</sup> or Tuesday 16<sup>th</sup> September, if interested please contact Sue McPhee for further details, also the trips around the KCom Stadium and the Holmpton Bunker are still open if interested.

## ***Social Evenings***

There was a good response to the Quiz trail and Supper. I hope everyone enjoyed the evening. Look forward to the next event. Any suggestions welcome.

## ***Interest Group News***

**Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)**

## ***Book Groups***

Unfortunately, our May sessions had to be cancelled due to the Library being used as a polling station. Because of this May

and June's books were reviewed together. All three groups had read *The Tattooist of Auschwitz* by Heather Morris and the general view was that it was a very good book, despite the horrors related in the story. Another book that was well received was *A Man Called Ove* by Fredrick Backman. Whilst there was a story underpinning the book it could also be 'dibbed' into for individual chapters. Other books read were *Light Between Oceans* by M.L. Stedman and *The Future of Us* by Jay Asher & Carolyn Mackler, the latter being reviewed before. Many thanks are due to the members who ran the sessions during my absence. If you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

## **Bridge Group**

We have a friendly evening of bridge every other Wednesday 7pm at the Willerby Library.

Beginners and all levels are welcome to join us.

Ring Anita 657494.

## **CARAVAN News**

### **(Trips & Journeys, no Caravan required!)**

#### **Current plans are:**

The trips and travel programme continues with "Cities Scene" to Cambridge and St Ives Cornwall in festival week via sleeper train, both full. "Cities Scene" to Birmingham with Stratford 3 nights will be in Spring 2020, no list yet. CANAL WEEK. I have been lobbied by some ex crew for another week (third time) on the water. This will happen if I get the numbers (max 8). It will be in Scotland on the Union and Forth and Clyde canals with two passages on the spectacular Falkirk Wheel, a visit to The Kelpies (you google) plus Glasgow and/or Edinburgh. This is less physically challenging than the other routes we have done. First move is to call me, 657105 with a view to a group meeting to consider dates. Roger Coates Caravan organiser.

## **Coffee Club**

Coffee and a chat with friends is still proving very popular. The venue is Gabrielle's in Anlaby from 10.30 am for an hour or so on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month. The next one will be 27<sup>th</sup> July.

Liz Pickering 572563

## **Classical Music & Theatre Group**

We meet on the first Monday of the month at 10.30am - The Beech Tree

A lively discussion follows concerning past, present and future visits to various venues.

The live screening of Romeo and Juliet from Covent Garden at The Minster in Hull - (inside unfortunately because of the weather), was much enjoyed by all who attended.

New meeting dates - August 5th, September 2nd

Maureen Thompson, 01482 656756

## **Craft Group**

Lots of activity at the last meeting.

Several ladies had organised a sale of their handiwork in Aid of Castle Hill hospital.

We had a donation of threads and equipment following the death of Elizabeth a lovely lady who was one of the first to join us.

Looking forward to seeing what turns out from some weird shapes being knitted.

I will be bringing cutting tools and board to demonstrate rotary cutting of fabric at the next meeting. The owl quilt I brought to the meeting inspired two ladies to have a go.

Meetings 3rd Monday afternoon of each month except December when we have a meal.

Brenda Stapleton 654830 or [brenda@staple.karoo.co.uk](mailto:brenda@staple.karoo.co.uk)

## **Coffee and a Stroll Club**

All walks commence at 10.00am from the designated meeting point. car sharing from Willerby Sainsbury car park available.

**28<sup>th</sup>.July.** Cottingham walk. Park at the Co-op car park, Coffee at Kristoffs

**11<sup>th</sup>.August.** Beverley walk. Coffee at Travellers Rest. Parking details TBA

**25th.August.** Town walk, park Princess Quay and meet East Entr. dock side.

**15<sup>th</sup>.Sept.** Gabrielles. Anlaby. Meet and park at Sainsbury car park opposite cafe.

**29<sup>th</sup>.Sept.** Ferriby walk. Meet and park at foreshore.

Any queries and requests for car share/lift, phone David Atkin 650409

### **Dancing Group**

2pm – 4pm every other Tuesday at Anlaby Village Hall, when present and new members will be very welcome, come and give it a go. Contact Adrienne for dates and details 654383

### **Darts, Dominoes & Cards Group**

The group continues to flourish with an average attendance of about 18 people at each session. The next meeting is 23<sup>rd</sup> July and every second Tuesday thereafter.

Les Holmes 659852

### **Discussion Group**

The group continues to meet at the Beech Tree Public House on the first Friday in the month at 10.30am. A great variety of subjects always promotes lots of debate. Ring Renee Bell (653543) for further information.

### **Family History Group**

Family History takes place on a Monday afternoon once a month at the Willerby Institute between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The dates for the rest of the year are as follows:- 5 August, 9 Sept, 7 Oct, 4 Nov, 2 Dec.

At the moment there is a waiting list, please contact me and I will put your name down.

Contact Chris Gibbs 01482654897

email christine.ferngibbs@gmail.com

### **Games Group**

The Games group meets at Willerby Methodist Church weekly on a Monday from 10am - 12 in the church lounge.

If you wish to join us we will make you most welcome and if you decide to, once you enter Willerby Church we are 4th door down the corridor on the left.

We look forward to seeing you.

For more details - Group Leader Jackie Kitchen Tel 650702

### **Guitar Group**

Our meetings now take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon.

We have recently welcomed a few new members but any potential members interested please contact Paul Kirk on 650259

## Lawn Bowls

The AWAKE U3A bowling group has developed into a social bowling evening at Wolfreton Park Bowling Club, Chestnut Avenue, Willerby.

Beginners are welcome to come and try Lawn bowls. We have woods to use and instruction can be given. You just need some flat shoes. It is a lovely place to be on a summer afternoon or evening. Social bowling times are Monday evening from 6.15pm, Tuesday and Friday Afternoons from 1.30pm

Contact Angela Featherstone 653903 for more information.

## Local History Group

This popular group meets monthly for talks on topics about the local history of our area. In addition, we arrange occasional outings, usually during the summer months, to places of local historical interest. Members are also encouraged to carry out research into aspects of local history and to promote wider interest amongst local people in the heritage of our area.

Our next few monthly talks are:

18<sup>th</sup> Jul 'Drawings of F.S. Smith' by Mike Covell

15<sup>th</sup> Aug 'The Passive Air Defences of Hull in WW2'  
by Simon Davies

19<sup>th</sup> Sep 'A Walk around Anlaby's Past' by Francis Davies

Meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby, and all AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

For more details, please contact the group leader: Francis Davies (650449; [francisvdavies@live.co.uk](mailto:francisvdavies@live.co.uk))

## NatureWatch

The forthcoming visits are as follows:

**Friday 2<sup>nd</sup> August** 9.30am – YWT Potteric Carr

**Friday 16<sup>th</sup> August** 9.30am – Filey Brigg

**Friday 30<sup>th</sup> August** 9.30am – YWT Skerne Wetlands

**Friday 13<sup>th</sup> September** 9.30am – Humberside Peatlands/Crowle Moor

**Friday 27<sup>th</sup> September** 9.30 – Pocklington Canal  
**Friday 18<sup>th</sup> October** 10am – North Cave Wetlands  
Regards Mark + Celia (654666)

## **Play Reading 1**

Our reading of '*Dear Charles*' by Alan Melville revelled in the wit and the pace of the writing which we expect from this author. Set in the immediate post-war years in France it examined, in a light-hearted way, the prejudices and morals of an unusual family group.

In July we are reading the more sober '*The Winslow Boy*' by Terence Rattigan. This is based on a real-life case which led to a public trial against the Admiralty over the dismissal of a boy from Osborne Naval College. Rattigan set the play before the First World War which allowed him to examine the rise of the trade unions, the women's suffrage movement and the rights of the individual.

There will be no meeting for the group in August.

Sue Chambers

## **Play Reading 2**

Play Reading Group 2 held on the 4th Wednesday of the month. Our first reading was, Moliere's, *The Sisterhood*, adapted by Ranjit Bolt. It was different from our usual choice but well received. This month we read two plays written by Watford & District U3A for their own play readers. *Ransome Park :Bunkered*, and *Foiled Again* (a melodrama) were very amusing and ideal as all characters had a similar amount of dialogue, not always easy to find.

Thank you to Anita Coupland who led the May meeting. Our next session will be on, Wednesday, 24<sup>th</sup> July. There will be no meeting in August.

Pauline Park

## **Pudding Club**

Our little group continues to meet once a month when we enjoy all sorts of puddings, both sweet and savoury. May saw us celebrating Spring, when we enjoyed a simnel cake and cheesecake with elderflower and lemon topping. June was fruit and two of our members made tarte tatin, one apple and one pear and wondered where the name came from. It was named after two French sisters who invented the pudding by accident in the late 19<sup>th</sup> century. Our theme for July was American



Independence Day where one of puddings we ate was Kentucky Derby pecan pie. The Americans certainly have a sweet tooth. If anyone would like to join us we meet on the first Friday of the month over lunchtime. Joan Greenley 653917

## **Quizzing Group????**

Our Quiz nights at Anlaby Village Hall continue successfully. We have welcomed a few new members who have returned (always a good sign) and ample parking is available near to the Village Hall. Thanks to everybody who attends for helping us to swiftly set-up and clear-away. The Quiz continues to be held every other Thursday with a 7.30 start. The dates for the next few weeks are July 18<sup>th</sup>, August 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup>, September 12<sup>th</sup> and 26<sup>th</sup>. For more information please give Chris Watson a ring on 659773.

## **Singing for Fun**

This group is still singing for fun. We have recently sung at the Hollies Care Home and on Saturday July 21<sup>st</sup> we are singing at the Parklands Care Home Beverley for their garden party.

If you feel you would like to join us, we meet every other Wednesday evening 6-30 until 8pm at the Anlaby Park Church, Trinity room. The next meeting will be 24<sup>th</sup> July.

Sue McPhee 652766

## **Stately Homes Group**

The group had an excellent visit to Kiplin Hall in June. The journey was a bit longer than usual but very well worth it as we were lucky enough to have one of the best house guides we have ever had. He provided a lot of information about the house and family but his presentation was precise and articulate enabling all of our members to hear clearly and get maximum enjoyment (We also had the additional bonus of homemade shortbread biscuits and a pleasant light lunch. In July we have our Annual Trip away so watch this space in the next edition. **THERE WILL NOT BE A MEETING IN AUGUST.** Our next session on Thursday, September 5<sup>th</sup> will be a visit to Belton House in Lincolnshire. Can you let me know if you would like to go on the visit and you haven't already signed up. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

## **Supper Club**

Our next outing is to Kristoffs in Cottingham on Thursday August 8<sup>th</sup>. If anyone would like to join us for a night out and a meal with friends please let me, Joan Greenley 653917, or Sue McPhee 652766 know.

## **Table Tennis**

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 1.45pm to 3pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

## **Ten Pin Bowling**

Both the Monday (**NOW every week**) and Friday (also every week) sessions continue at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre. More members could be accommodated so if you fancy two games, a bacon or an egg sandwich and a tea or coffee all for just **£6** then contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870

Please note, the Monday group do not meet during the School holidays but the Friday group continue to meet.

## **Ukulele Groups**

### **Beginners**

The Beginners Group continue to flourish with new members joining on a regular basis, we are currently practicing for our **first** public appearance at the One Amazing Strum fundraising event (see Sunshine Strummers section for details)

### **Sunshine Strummers**

It's been a busy spring and early summer for the Sunshine Strummers as they have played many concerts across Hull and Haltemprice. All members can be seen wearing their colourful Caribbean shirts on performance days and bringing a little sunshine to all the gigs.

Look out for the Uke Charity Concert – 'One Amazing Strum' to be held on Saturday, 7<sup>th</sup> September 7.30pm at the Blackburn Club in Brough. Five U3A bands will be playing at the event including the Sunshine Strummers, Barely Awake and Steve

and Denise's Beginners Group – Awakening.

Entry to One Amazing Strum is £5 for the public and donations of £3 for those playing. All funds raised will support The Stephen Hughes Foundation, which is a Willerby based charity with the aim of 'Saving Young Hearts' via research into the heart disease Myocarditis and the Stephen Hughes Sports Development Grants for children of primary school age.

Tickets can be ordered from Gary and Hazel Hughes at [oneamazinglife23@gmail.com](mailto:oneamazinglife23@gmail.com)

Gary and Hazel Hughes

## **Barely Awake**

The group have entertained at Holme Court Care Home, Hallgarth Care Home (twice, the second time for Cottingham Day), St. Luke's Fair and the Sun Inn in Beverley for the Folk Fringe festival.

Further information can be obtained from Steve Roberts (659816)

## **Wine Groups**

We have two wine appreciation Groups. Each Group meets at the houses of each member in turn; membership is limited to about ten. The cost of a tasting is covered by the host so that no money changes hands. Both existing Groups have about ten members so we are keen to meet a demand to set up another Group. If you would like to join this third Group, and especially if you are prepared to be an organiser please contact Alan Townshend (Tel:651212) or Pat Dale (Tel:654976) who will be happy to talk to you.

## **WAG-1**

On May 13<sup>th</sup>, at the Townshend residence, we tasted a selection of six wines that cost less than a tenner, considered by Victoria Moore in *The Telegraph* to be excellent value for money. Easily the best white was the Italian Moncaro Verdicchio, 2018 (Waitrose, £5.99) whereas all three reds were first class. Of these, the Sicilian Caruso e Minini Perricone, 2017 (M&S, £6, down from £9) was voted as the best overall. On June 17<sup>th</sup> at the Charlton house we had a tasting of 3 fruit wines (plum, blackberry, strawberry) from English Heritage as well as a red and a rose wine based on the tempranillo grape, and brought back from a holiday in Spain where they were purchased from a local Lidl supermarket for £1.69, plus a "Tuna Club" sauvignon blanc from Waitrose at £5.99. The fruit wines and the sauvignon blanc were all fairly good but unfortunately the two tempranillos did not prove popular, possibly because they had not travelled well or because the group was not

in "holiday mode". The next meeting will be on July 15, hosted by Chris Coates.

## **Walking – Longer Walks**

25 July – NO WALK PLANNED

8 August – (67) FORDON – 5.7 miles approx. **NEW WALK** Meet at the St James Church – Explorer Map 301 - Grid Ref: TA 049 751. A gentle walk that is reasonably flat along North Dale, country road and a farm track. Due to the travel distance, it is strongly recommended that walkers car share. Walk starts at 10:00. Leader Richard (tel. 07975 963523).

22 August - NO WALK PLANNED

12 September – (22) BEVERLEY CLUMP – 5.2 miles approx. Meet at the top of the Clump (on South Cave road to Riplingham) at the small parking area – Explorer Map 293 – Grid Ref: SE 944 327. A walk to Drewton Dale, ascending to High Hunsley then joining the Wolds Way down through woods and return. Walk starts at 09:30. Leader Jeanne (tel. 07929 564024)

26 September – (74) MILLINGTON/POCKLINGTON – Meet at car park near Millington church – Explorer Map 293 Grid Ref: SE 830 519. Some road walking, across fields and a golf course, though woods and along part of the Wolds Way. Some uphill sections to gain access to golf course and Wolds Way. Walk starts at 09:30 Leader Dave (tel. 07818 509381).

## **Walking – Short Walks (2-3½ miles)**

List of forthcoming walks as follows:

22 July Elloughton-Brough 3 miles, pavements & one grassy field. Park opposite Half Moon, Elloughton.

12 Aug Swanland Northfields. 3 miles all pavements. Park in playground car park off West Wold off West Leys Rd.

26 Aug is Bank Holiday.

9 Sept Welton Dale Counter-clockwise. 3miles , gentle inclines, grassy/earth paths.

Park near Green Dragon, Welton.

23 Sept Hull Western & General Cemeteries, 3 miles, mainly pavements. Park near police station in Pearson Park, entry via Pearson Ave off Beverley Rd.

All walks are of approximately 3 miles and start promptly at 10am. Wear suitable clothing and footwear.

Please carry on YOUR person personal contact details in case of emergency.

### **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

**This month Jennifer Jackson takes us on her journey of discovery into the world of MOBILE PHONES, this may well strike a chord with lots of our members!**

#### **Oh for mobile Phones – NOT!**

Boarded train, Driffild to Hull, sitting opposite was a 28 year old male wearing headphones, presumably watching or listening to a film on his mobile. Judging from his expression, was thoroughly enjoying laughing and smiling all the way to Paragon Station. Another lad who wore a very large palm cross round his neck proceeded to read a very old tattered book, I presumed was a Bible or the Koran. Upon a beep from his mobile he proceeded to take a strip of pills from his luggage and swallow one. Probably a good idea for us elderly not to forget our medicines. **Oh! for Mobile phones.**

A young lady balancing a "Pumpkin" cup of coffee in her hand continued to spill this as she was falling asleep. A very young girl who was speaking on her mobile to a friend, relating about her sexual encounters from the night before (for all and sundry to hear) proceeded to score her partner a 3 out of 10. I didn't realise you could score sex on your mobile. **Oh! For mobile phones.**

An elderly gentleman with no mobile gave me a knowing wink from time to time, eyebrows raised. I don't think it was a 'come on' to me, but rather hoped he found me attractive. An array of make-up was put out on the adjacent seat and this took the girl 20 minutes to put on her face with pictures of how it should be done on her mobile. **Oh! For mobile phones.**

And, finally a young teenager who obviously couldn't speak English showed his mobile to the conductor saying he wanted to go to 'WHOOLE' (HULL). At least it was an entertaining journey but I

wonder if my mobile is used to its full advantage, must learn more about it. **Oh! For mobile phones.** (I do believe you can also ring people up as well but don't quote me I could be wrong! – Ed)

## **Roger Coates returns!**

**Roger returns, not with a rant but with great information for any Grandparents with musical grandchildren.**

Hull Music Service moved into their purpose built, blue conical building next to Hull Truck some 20 years ago. This joyful place still thrives having survived various moves to close it. A permanent staff of teaching musicians works there and in schools. It is highly rated nationally. Hull Junior Choir happens there every Thursday from 6pm to 7.30pm in term time with their skilled teachers to have fun, sing and perform. There are currently some spaces for children 7-13. NO tests to join, no elitism and NO CHARGES!!!

**This is not restricted to Hull pupils.** Contact is 01482 318800  
Pass the word.

## **Thoughts from the Editor**

I was going to ask you all to support the campaign against removing the free TV licence for the over 75's AND the campaign to cut down on Single use plastics but as we are not supposed to mention politics instead I will leave you with this thought: If you boil a funny bone does it become a laughing stock!

## **Dates for your Diary – Monthly Meetings**

**21<sup>st</sup> August – TBC**

**18<sup>th</sup> September – Chris Watson – 8 years of the Stately Homes group**

**16<sup>th</sup> October – Pat Collard – 'Who wants to be a Millionaire' winner**

## **Next AWAKEN**

Please send any items to be published to:

Steve Roberts at [sadrob@outlook.com](mailto:sadrob@outlook.com)

And Chris Moody (website) at [cjmcyj7@gmail.com](mailto:cjmcyj7@gmail.com)

The deadline for items to be included in the next edition of **AWAKEN** is **Friday 6<sup>th</sup> September 2019**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>



The Short Walking Group at the Norman Church in Etton



Treading the boards at the excellent Hull New Theatre visit



Judy Wride captured this great image of a Puffin on a recent Naturwatch Group visit to the Bempton Nature reserve





The Sunshine Strummers entertaining at Anlaby Community Care Centre