



## **A Word from the Chair**

Well folks this is my 24<sup>th</sup> and final 'Word' to you all. Having had a great four years as Chair of AWAKE I will be stepping down at the AGM in June and you will then be getting a word from your new Chair each month. You won't totally be getting rid of me though as I will still be on the Committee and involved in everything as I am at the moment!! Having been on the Committee for 8 years from the initiation of AWAKE I've loved every minute of what I've done, especially the last four years as your Chair. Knowing that we now have over 500 members and 50 (still growing) interest groups gives me a great deal of personal pride in having been involved in all the developments that have taken place. Keep up the good work all of you, enjoy all the time you spend with AWAKE and continue to spread the word. Thanks for all your support and see you around.  
Chris

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The first meeting of the Supper Club at Francois in Willerby



The Digital Photography group board a Beverley Road Tram at the Transport Museum

## ***Latest News/Events***

### ***2019 Annual General Meeting (19<sup>th</sup> June)***

As you may know the AGM is the occasion when, along with other formalities, we nominate and elect members of our Committee. Our present Committee members all enjoy the work they do on behalf of AWAKE and the majority of the present members are willing to continue in their roles. However, if you, or someone you know would like to submit a nomination to join the team, Nomination Forms can be found on the Website or as hard copy from Liz Pickering, our Business Secretary. Any completed Nomination Forms need to be sent to Liz by the deadline of 2 p.m. on Wednesday, 5th June.

### ***First Aid Information***

As a result of an unfortunate accident at the Pig Racing event it was decided to offer First Aid information to our Group Leaders. This became a perfect example of the U3A ethos in action.

U3A is all about members passing on and receiving skills from other members and so Steve Clark found himself turning back the clock to pass on the First Aid knowledge he gained during his working life. Steve presented basic information on the actions required when being confronted with an accident situation and provided written handouts to take away. Leaders were also provided with first aid kits and in the case of groups who meet in hired halls, a risk assessment sheet for their premises was also provided.

Each of our three walking groups were also provided with 2 high viz vests.

**A big thanks to Steve for his efforts.**

### ***Membership Renewal***

Please note, if you have **NOT** renewed your membership you will cease to be a member and will not receive the AWAKEN Newsletter or attend Interest Groups.

If unsure please contact Chris Coates (657105)

### ***New Groups!***

#### ***Group Coordinator/ Social Team***

We have no new groups at the moment. The Supper club is going for its second evening on Thursday 30<sup>th</sup> May at Millers,

Raywell. Please get in touch with me if interested. Our social team have arranged a Quiz Trail and Supper Night for Saturday 1<sup>st</sup> June starting at the Memorial Hall, Kirk Ella. There will be two trails to follow, one short and the other a little longer. Tickets £3, get in touch for more details or tickets. If you do not want to walk why not just come along for the supper and a singalong to finish!

Please get in touch if you would like to start a new group or if you have any ideas about new groups. Sue McPhee (652766)

## **Bridge Group**

Learn to play this challenging game. It's like whist but played as a partnership. The Bridge group meets alternate Wednesday evenings at Willerby library at 7pm. We play instructive social Bridge and have two raw beginners now playing with confidence. Tea and biscuits and a couple of hours of using your grey matter, a small charge covers the room hire. New players and beginners are welcome.

Contact Anita Coupland for further information (657494)

## **Classical Music & Theatre Group**

We have now been meeting for several months and have enjoyed a wide variety of musical entertainment - Ballet, Brass Bands, Tres Amici, Opera, Event Cinema and everything in between.

We meet at the Beech Tree and enjoy coffee (£1.00) on the first Monday of the month at 10.30am. A lively discussion follows of past and present events based on a list of suggestions provided.

Next meetings, Monday, June 3rd 10.30am, and Monday, July 1<sup>st</sup> 10.30am

Maureen Thompson 01482 656756

## **Interest Group News**

**Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)**

## **Book Groups**

For March and April two groups read *A Talent for Murder* by

Andrew Wilson. It is a story based around the disappearance of Agatha Christie in 1926. It is an easy read but a bit far-fetched, though interesting for lovers of the lady herself. Another *Favourite Poetry* session was held and again thoroughly enjoyed by everybody, even the non-poetry lovers in the group. Many of the poems chosen were the same as the earlier groups. Much discussion arose after reading *Americanah* by Chimamanda Ngozi Adichie – not an easy read but raised many interesting points about racism. *The Girl with the Dragon Tattoo* by Steig Larson was chosen by one group. Both members who had read it earlier when it was published and new readers enjoyed the book. If you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

## **CARAVAN News**

### **(Trips & Journeys, no Caravan required!)**

#### **Manchester City Scene report.**

Thank you, Roger for another successful caravan trip. There's no need to waste time looking for the Information Centre, Roger IS the Information Centre! The hotel was only five minutes from the station and the Manchester transport system is wonderful, with lots of free buses.

Sylvia Warren and I explored art galleries, museums and libraries and there were plenty of opportunities to "shop till you drop". We walked through China Town and the Gay Village and went out to Salford Quays, however you may not find us in another Northern Soul club anytime soon (ask someone who went !).

It really was a packed visit, with good company, good weather mostly and something for everyone to do whatever their interests. I loved Manchester and look forward to Cambridge.

#### **Gill Blacksell.**

#### **Current plans are:**

News..... A group of 22 recently enjoyed a busy two night, three day visit to Manchester. The early bookers paid £47.11 for hotel and travel. This was the latest of the "Cities Scene "trips.

Cities Scene to Cambridge is full with 31 passengers. This is August 19<sup>th</sup>-21<sup>st</sup>.

St Ives, Cornwall by sleeper train is full. Sept. 18<sup>th</sup> out, four hotel nights, two train nights.

If you are interested in taking a stand-by place for these call Roger 657105. No obligation but better than a wasted place if there is a last-minute drop out.

Cities Scene to Birmingham and Stratford, three nights will be in the Spring 2020. Dates to be in a future newsletter. No list open

yet.

All these are train travel and non-refundable hotel rooms.

AND.... If you are a cyclist (yes, we have some) and fancy a few days in cycling heaven that is Holland by ferry, no cars then talk to Roger. If you do not need stabilisers you qualify.

Roger Coates [coatesroger@outlook.com](mailto:coatesroger@outlook.com) 01482 657105

### **Cinema Group**

This group has now been going for 6 months and has a regular membership of 10 to 12 visiting either Reel or Vue cinemas. We are keen to start a second group (preferably with some men in it!) If anyone is interested in joining a second Cinema group please contact Ann Milledge tel. 655929.

### **Coffee Club**

Coffee and a chat with friends is still proving very popular. The venue is Gabrielle's in Anlaby from 10.30 am for an hour or so on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month. The next one will be 24<sup>th</sup> May.

Liz Pickering 572563

### **Craft Group**

The Craft Group continues to meet at 2pm on the 3rd Monday of the month at Willerby Methodist Church.

We are a very happy welcoming group if you would like to join us just come to the next meeting.

You never know what might turn up!

Brenda Stapleton (654830) [Brenda@staple.karoo.co.uk](mailto:Brenda@staple.karoo.co.uk)

### **Coffee and a Stroll Club**

All walks commence at 10.00am from the designated meeting point.

car sharing from Willerby Sainsbury car park available.

**26<sup>th</sup>.May** Walkington. Park at Ferguson Fawsitt upper car park.

**16<sup>th</sup>.June, now 23<sup>rd</sup> June due to Fathers Day Clash!.**

Kirton Lindsay, Uncle Henry's Farm Trail. Car share from Willerby car park. (Farmland walk, please wear suitable footwear!)

**30<sup>th</sup>.June.** Gabrielles. Anlaby. Meet and park at Sainsburys car park opposite cafe.

**14<sup>th</sup>.July,** Barton. Park in Market Square area. Margaret and Alans town tour.

**28<sup>th</sup>.July.** Cottingham walk. Park at the Co-op car park, Coffee at Kristoffs

**11<sup>th</sup>.August.** Beverley walk. Coffee at Travellers Rest. Parking details TBA

**25<sup>th</sup>.August.** Town walk, park Princess Quay and meet East Entr. dock side.

**15<sup>th</sup>.Sept.** Gabrielles. Anlaby. Meet and park at Sainsbury car park opposite cafe.

**29<sup>th</sup>.Sept.** Ferriby walk. Meet and park at foreshore.

Any queries and requests for car share/lift, phone David Atkin 650409

## **Dancing Group**

2pm – 4pm every other Tuesday at Anlaby Village Hall, when present and new members will be very welcome, come and give it a go. Contact Adrienne for dates and details 654383

## **Darts, Dominoes & Cards Group**

The group continues to flourish with an average attendance of about 18 people at each session. The next meeting is 21<sup>st</sup> May and every second Tuesday thereafter.

Les Holmes 659852

## **Family History Group**

Family History takes place on a Monday afternoon once a month at the Willerby Institute between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The dates for the rest of the year are as follows:- 3rd June, 8th July, 5th August, 9th Sept, 7th Oct, 4th Nov & 2nd Dec.

Contact Chris Gibbs [01482654897](tel:01482654897),

email [christine.ferngibbs@gmail.com](mailto:christine.ferngibbs@gmail.com)

## **French Group**

As there were only three people who did not go to the fortnightly French group as well as the monthly conversation group, the two groups have been amalgamated and now meet on the second and fourth Monday afternoons in the month. We are now concentrating more on the spoken word in the hope that we will be less tongue-tied when we try to speak French. Unfortunately we do not have room for new members at the moment, but if you would be interested, please contact me, as we may have spaces in the future or another group could be formed if there is sufficient interest.

We are very grateful to Mary Moore for all her hard work in running

the fortnightly group over the past few years, and we hope that by now she has happily settled into her new home in Norfolk.  
Michael Ebeling (653964)

## **Games Group**

The Games group meets at Willerby Methodist Church weekly on a Monday from 10am - 12 in the church lounge.

If you wish to join us we will make you most welcome and if you decide to, once you enter Willerby Church we are 4th door down the corridor on the left.

We look forward to seeing you.

For more details - Group Leader Jackie Kitchen Tel 650702

## **Guitar Group**

Our meetings now take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon.

We have recently welcomed a few new members but any potential members interested please contact Paul Kirk on 650259

## **Lawn Bowls**

The AWAKE U3A bowling group has developed into a social bowling evening at Wolfreton Park Bowling Club, Chestnut Avenue, Willerby.

Beginners are welcome to come and try Lawn bowls. We have woods to use and instruction can be given. You just need some flat shoes. It is a lovely place to be on a summer afternoon or evening. Social bowling times are Monday evening from 6.15pm, Tuesday and Friday Afternoons from 1.30pm

Contact Angela Featherstone 653903 for more information.

## **Local History Group**

This popular group meets monthly for talks on topics about the local history of our area. In addition, we arrange occasional outings, usually during the summer months, to places of local historical interest. Members are also encouraged to carry out research into aspects of local history and to promote wider interest amongst local people in the heritage of our area. A recently created exhibition about Willerby's Past will soon be appearing in the Willerby & Kirk Ella Institute on Main St., Willerby and will be on display at our June meeting.

Our next few monthly talks are:

**16<sup>th</sup> May**

'The Stories behind Hull's Blue Plaques'  
by Paul Schofield



**20<sup>th</sup> June**

'Castles of East Yorkshire' by Michael Free

**18<sup>th</sup> July**

'Charles Henry Wilson of Warter Priory'  
by Andrew Hancock

Meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby, and all AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

For more details, please contact the group leader: Francis Davies (650449; [francisvdavies@live.co.uk](mailto:francisvdavies@live.co.uk))

## **NatureWatch**

The forthcoming visits are as follows:

**Friday 24<sup>th</sup> May** 9.30am – Paull Holme Strays & Kilnsea NR  
(subject to flood prevention work completion)

**Friday 7<sup>th</sup> June** 9.30am - RSPB Bempton Cliffs

**Friday 28<sup>th</sup> June** 9.30am – Leven Canal

**Friday 12<sup>th</sup> July** 9.30am – Kiplingcotes Station, Rifle Butts & Chalk pits

**Friday 2<sup>nd</sup> August** 9.30am – YWT Potteric Carr

Regards Mark + Celia (654666)

## **Play Reading 1**

After finishing *Amadeus* by Peter Shaffer in April, the group read a number of dialogues and sketches provided by the Writing for Fun group.

They included: a conversation consisting entirely of answerphone messages, a vignette of life in a Hessle Road corner shop, a police interrogation, a wartime tall story, a meeting between a magistrate and a defendant in a lift (expectations and prejudices challenged in that one) and a discussion in a retirement complex about money and chocolate biscuits (and sex!). Many thanks to our skilled and sharply observant writers.

May's meeting was cancelled as it clashed with the Open Afternoon. The next meeting will be on Wednesday 5<sup>th</sup> June at 2pm at Manor Farm when we shall be reading *Dear Charles* by Alan Melville. The play is based on *Les Enfants d'Edouard* by

Marc-Gilbert Sauvajon and Frederick Jackson.  
Sue Chambers

## **Play Reading 2**

Our March reading was a fast paced, comedy thriller, Strangers in the House by Victor Lucas. Being fewer in number and without our only male member in April, we read Curtain Up! a comedy for women by Peter Quilter. It was an hilarious script that had us laughing throughout. It's just as well that we were not performing on stage.

We were sad to say goodbye to Mary Moore who has moved to pastures new. She will be greatly missed.

We meet on the fourth Wednesday of the month.

Pauline Park

## **Pudding Club**

Two of our newest recruits excelled in our April Fools themed meeting producing puddings that weren't quite what they seemed. Steve served each of us a raspberry gratin made to resemble cups of frothy coffee, (complete with a Bonio on the side). A pudding that would not have been out of place in a smart restaurant. Bob brought along a delicious lemon drizzle cake, and none of us guessed the secret ingredient was mashed potato. He also brought along a very tasty sweet carrot pie, served with cream. Thanks to Val for hosting our meeting and providing both savoury and sweet profiteroles and lashings of tea and coffee. Joan Greenley.

## **Quizzing Group????**

Our move to Anlaby Village Hall has been very successful with over 40 members attending each of the first 2 quizzes held there. People have brought their own drinks and everybody has 'mucked in' effectively to set up and pack away. Ample parking is available near the shops. The Quiz continues to be held every other Thursday with a 7.30 start. The dates for the next few weeks are May 23<sup>rd</sup>, June 6<sup>th</sup>, 20<sup>th</sup> and July 4<sup>th</sup> and 18<sup>th</sup>. For more information please give Chris Watson a ring on 659773.

## **Stately Homes Group**

April saw the group make a re-visit to Renishaw House in Derbyshire. As usual there were many interesting things to see along with lots of information about the house itself and its owners. For the May meeting a brief preview was given for the June visit to Kiplin Hall in North Yorkshire. We are having a

guided tour when we go but just found out a few interesting facts to consider before the visit. For the rest of the meeting the group looked at the sort of presentations and visits might be possible for our future meetings. Many suggestions were made and has given us a lot of ideas for next year's programme. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

## **Table Tennis**

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 1.45pm to 3pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

## **Ten Pin Bowling**

Both the Monday (**NOW every week**) and Friday (also every week) sessions continue at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre. More members could be accommodated so if you fancy two games, a bacon or an egg sandwich and a tea or coffee all for just **£6** then contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870

**Stop press, the top score record now stands at 204 recently achieved by David Groom, one of the Friday gang, well done David.**

## **Ukulele Groups**

Barely Awake have entertained at the Hollies Care Home, Hessle, Cottingham Methodist Church, St. Luke's Church, St. Mary's Care Home, The Macular Society and an outdoor event at the Mires Beck Garden Centre open day. The Sunshine Strummers have entertained at Trinity House Rest Home, Alderson House, Overton House, Cottingham, Anlaby Community Care Home and the Saltshouse Haven Nursing Home.

In total we now have 49 members in the three Ukulele groups, all hopefully making a joyful noise!

Further information can be obtained from Steve Roberts (659816)

## **Wine Groups**

We have two wine appreciation Groups. Each Group meets at the

houses of each member in turn; membership is limited to about ten. The cost of a tasting is covered by the host so that no money changes hands. Both existing Groups have about ten members so we are keen to meet a demand to set up another Group. If you would like to join this third Group, and especially if you are prepared to be an organiser please contact Alan Townshend (Tel:651212) or Pat Dale (Tel:654976) who will be happy to talk to you.

## **WAG-1**

Our tasting on March 18<sup>th</sup> was devoted to Fairtrade wines in support of Fairtrade Fortnight (February 25 to March 10). The wines were produced in South Africa, Argentina and Chile and were purchased by Sheila Lines from a number of local supermarkets. Of the three whites tasted the South African Chenin Blanc was probably the best – and it cost only £4.79 per bottle from Lidl. Not bad for a 14 % abv wine! Four reds were tasted next, all judged to be of good quality, of which the South African Shiraz – Pinotage from Aldi and especially the Chilean Carmenere from Sainsbury's were highly rated. Our next meeting, devoted to wines for Spring, will be hosted by Enid and Alan Townshend on May 13<sup>th</sup>.

## **Walking – Longer Walks**

**23 May – (56) HOVINGHAM** – 6.8 miles approx. Meet by the Hovingham Bakery (by the beck) village, just off the B1257 Malton to Helmsley road, park along Church Street between the bakery and Hovingham Hall – Explorer Map 300 – Grid Ref: SE 666 758. Mainly field paths but also through two woodlands along the Centenary Way and Ebor Way. Two climbs, both to gain access to the woodlands. Please note, it is advisable to take a packed lunch and drinks and the walk will start at **10:30**. Leader Carol (tel: 07905 062365)

**13 June – (71) ALKBOROUGH (South)** – 6 miles approx. Park and meet outside the tearoom – Explorer Map 281 – Grid Ref: SE 880 216. The walk will be along the bank of the River Trent, mostly flat with just short ascents/descents on and off the river bank. Leader Neville (tel: 07840 077965)

**27 June – (05) WARTER (East)** – 8.6 miles. Meet at car park adjacent to village school – Explorer Map 294 – Grid Ref: SE 868 502. Mainly along field paths/tracks, a bit of road walking uphill at first then down into Lavender Dale and another ascent to reach Blanch Farm. Back down the edge of Great Dugdale. Leader Jim (tel: 07940 768533)

**11 July – SLEDMERE** – 7.8 miles approx. Meet at the car park at junction off B1251/B1253 – Explorer Map 300 – Grid Ref: SE 927 645. Some road walking along with field paths/tracks, reasonably level walk. Leader Kath (tel. 07931 528177)

**Please note, due to local scheduled road works/alterations/traffic issues etc., walks from April onwards**

**will start at 10:00 prompt.**

## **Walking – Short Walks (2-3½ miles)**

List of forthcoming walks as follows:

27th May is Bank Holiday.

10th June Steep Hill Aerodrome Walk. Park in Little Wold Lane, off Beverley Road, South Cave.

24th June Beverley Jock's Lodge Walk. Park in Morrison's car park near recycling area.

8th July North Cave River Walk. Park in children's playground car park opposite the steeped church.

22nd July Elloughton-Brough Ramble. Park opposite The Half Moon, Elloughton (beware restricted parking area).

All walks are of approximately 3 miles and start promptly at 10am. Wear suitable clothing and footwear.

Please carry on YOUR person personal contact details in case of emergency.

Ian Jones. Text 07847 850309 or [gianj@gianj.karoo.co.uk](mailto:gianj@gianj.karoo.co.uk)

### **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email [sadrob@outlook.com](mailto:sadrob@outlook.com) or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

It is THAT time of the year again as the Holiday planning season is about to commence, Maureen Thompson has penned a poem warning you of the potential airport pitfalls!

It's holiday time let's have some fun  
Jump on a plane and off to the sun  
OK that's fine but first things first  
This is when the bubble bursts!  
We have to play the packing game  
Every year it's just the same  
We pack our bags with too much stuff  
And someone shouts enough is enough

If its abroad its passport time  
He's found his so where is mine?  
We leave at dawn we know the score  
Set the alarm and up at four  
Check in is busy we stand in line  
Cases are weighed a worrying time  
We know its kilos not pounds we say  
Just hope our conversion is all ok  
The next big worry is passport control  
But duty free is our next goal  
We pass through the metal detector scanner  
Smiling away in a nonchalant manner  
Feels like walking a tunnel of shame  
Hoping no-one calls our name  
We're through and clear and on our way  
Its only taken most of the day!!  
Would we do it again next year  
You bet we would, just **WISH YOU WERE HERE!**  
**Maureen Thompson**

## **Thoughts from the Editor**

It's the last newsletter for our current Chair, Chris Watson, after four years she is standing down, many compliments have been paid to Chris during her time as Chair, in fact only the other day I heard someone say "she combines the wisdom of youth with the energy of old age" seriously though Chris, thanks for your time as Chair, **who will vet my jokes now?**

## **Dates for your Diary – Monthly Meetings**

**19<sup>th</sup> June – Annual General Meeting followed by Tea/Cakes**

**17<sup>th</sup> July – TBC**

**21<sup>st</sup> August - TBC**

## **Next AWAKEN**

Please send any items to be published to:  
Steve Roberts at [sadrob@outlook.com](mailto:sadrob@outlook.com)  
And Chris Moody (website) at [cjmcj7@gmail.com](mailto:cjmcj7@gmail.com)

The deadline for items to be included in the next edition of **AWAKEN** is **Friday 5<sup>th</sup> July 2019**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>



The Sequence Dancing group impressively all in unison



The Quiz Group at their new home in the Anlaby Village Hall



