



## **A Word from the Chair**

Hello again Everybody. Isn't it great to see all the Spring flowers bursting out. I only need to see the snowdrops and daffodils to feel a smile coming on. I always try to keep my 'word' fairly light and cheerful but listening to the Media in its various forms, it saddens me to see how many older people, still feel themselves to be isolated and lonely. The social aspect of the U3A has always been one of our priorities at AWAKE and one of the most rewarding things for me is to hear from you the members how much your life has been enriched by coming to AWAKE. I know we all have made some very good friends since joining the groups and again many individuals have told me how they look forward to enjoying their time with the lovely company rather than sitting at home on their own. If you know of anybody who might be lonely or find it difficult to go out on their own try to encourage them to come along with you to any meeting to try it out or get them to come to our Open Day in May. If we can spread the word hopefully people will realise there is something out there for them to come and enjoy. Take care and enjoy the Spring.

Chris

**Membership renewal due – April 1<sup>st</sup> (form enclosed)**

**New Committee member wanted – Page 3**

**New Keeper of the 'Things' FOUND – Pages 3/4**

**New Supper club launches – Page 4**

**Bridge group moves venue – Page 4**

**New Lawn Bowls season starts soon – Pages 7/8**

**Quiz Group venue change – Pages 9/10**



The Stately Homes Group Visit to Norfolk



The excited U3A Punters at the start of the Piggy Gold Cup

## **AWAKE U3A OPEN DAY**

**Wednesday, 1<sup>st</sup> May 2019**  
*at*

**St. Andrews Memorial Hall,  
Willerby Sq.**

**2.00 p.m. – 4.00 p.m.**

**Members & Prospective Members welcome!  
Come along to see what our Interest groups  
have to offer and bring your friends!**

### **MEMBERSHIP !!!**

**Membership Renewals**....a message from the membership secretary..... 1<sup>st</sup> APRIL is when you should renew your membership.

Please Note: It makes no difference when you last joined or renewed, your membership is due now and that is why a renewal form is enclosed in this month's newsletter. You can pay with cash or cheque.

**Please complete and sign the back of your form,  
otherwise I am unable to process your application.**

Chris Coates

### **Forthcoming AGM**

It may be a bit early for the June AGM but we are looking for a prospective Committee member. Anyone with a mind for organisation is welcome to put themselves forward for election in June.

### ***Keeper of the 'Things'***

A willing volunteer has agreed to be the new Keeper of the 'Things' taking over from Chris & Roger Coates.

Greg Lamb now houses all of the Audio/Visual equipment available for Interest Group use. If you require equipment please contact Greg on 659778, his address is 51, Derrymore Avenue, Well Lane, Willerby. HU10 6ET

## ***New Groups!***

### **Supper Club**

The first Supper Club will be held on Thursday 21<sup>st</sup> March at 6.30pm for 7pm at Francois in Willerby Square. After two meetings this was decided as the venue for the first evening, as this was central for most people. If it is successful we will try for a different venue for each meeting. If you think you would like to join us watch this space for the next one.

Sue McPhee

### **Bridge Group**

The Bridge Club have moved from Manor Farm pub and now meet in the Willerby Library Building, Main Street, Willerby. We have an enjoyable evening of bridge every other Wednesday at 7pm. New members welcome. Ring Anita Coupland on 657494

### **Classical Music & Theatre Group**

We now meet monthly at the Beech Tree Public House at 10.30am for an hour or so - next one, Monday 4<sup>th</sup> February. We discuss a current list of musical and theatre events at various venues and plan any future visits.

Maureen Thompson

01482 656756 [tudor30@tudor30.karoo.co.uk](mailto:tudor30@tudor30.karoo.co.uk)

**Anyone interested in any of our groups please contact either the group leader or myself Sue McPhee.652766**

## **Interest Group News**

**Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)**

### **Book Groups**

In January two groups read '*Perfect People*' by Peter James. It is fiction but relates to issues around genetic engineering. Much discussion was carried out around the theme, resulting in the book being acknowledged as a good read that made you think. For two of the groups in February, members had to read a poem of their choice and give reasons for their selection. Despite several members initially indicating that they didn't know or like poetry, the sessions turned out to be some of the most enjoyable we have had with people acknowledging that they knew more poetry than they thought! One new book was '*Can't Wait to Get to Heaven*' by

Fanny Flags. A quirky but readable book that looked at what heaven might be like. If you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

## **CARAVAN News (Trips & Journeys, no Caravan required!)**

After four years it is time to refresh how this programme of trips and visits works. Any Awake member can take part. It is run by Roger Coates, me! I am happy to share my lifelong experience of independent travel worldwide. The bi-monthly newsletter is the only way to advertise the trips. I do take names at meetings but always wait for the 75% of members who do not come to meetings to read the information and respond. Very early booking gets the best prices. This can be up to three months ahead. Such bookings are usually not refundable. The trips are generally not available commercially or at my price. To book a place or check detail, call or email. When I ask for money it must be paid promptly. Cheques, cash or online banking via me to AWAKE U3A who have already paid out. No instalments. I will hand out lots of information, maps etc. for you to hit the ground running on arrival doing what you want to do. Solo travellers have a chance to tag along with others if you want. I am on all the trips but am not a shepherd or a walking guide. If you get arrested I will pass the hat round for your bail. Trains will leave early and return late to get the best out of the stay. Coach trips will ALWAYS leave on time. Watching the trips it is clear that forming big groups on arrival is not the best way to explore.

### **Current plans are:**

**Manchester "City Scene"** March 31<sup>st</sup>. - April 2<sup>nd</sup>. 2 nights, return train. 21 booked. A bargain deal due to cancellation for a twin room and train is £45.70 p.p. Also at the same price is one lady to share a twin. These are early booking prices. Call me.

**Cambridge "City Scene"** August 19<sup>th</sup>-21<sup>st</sup> with extension option. Is £74 p.p. 2 nights B&B in Christ's College, en suite rooms in the heart of town. Plus train. This is sort of full but call if interested.

**St Ives Cornwall** 18<sup>th</sup> Sept 4 nights in a remarkable hotel at festival time with return sleeper train. 13 booked could take 4 more. Call me. Roger Coates 01482 657105 07941222499 [coatesroger@outlook.com](mailto:coatesroger@outlook.com)

## **Cinema Group**

This group has now been going for 6 months and has a regular

membership of 10 to 12 visiting either Reel or Vue cinemas. We are keen to start a second group (preferably with some men in it!) If anyone is interested in joining a second Cinema group please contact Ann Milledge tel. 655929.

## **Coffee Club**

Coffee and a chat with friends is still proving very popular. The venue is Gabrielle's in Anlaby from 10.30 am for an hour or so on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month. The next one will be 22<sup>nd</sup> March.

Liz Pickering 572563

## **Craft Group**

Our group continues to be very productive.

Members enjoying needlework, knitting, crochet, patchwork and quilting and lots of other crafts as well as chatting and exchange of ideas.

Following the Christmas sale and further donations we have donated £150 for the patients of the Breast Cancer ward at Castle Hill Hospital.

New members are always welcome.

Meetings are at 2 pm on the third Monday of the month at the Willerby Methodist Church.

Brenda Stapleton 654830 Brenda@staple.karoo.co.uk

## **Coffee and a Stroll Club**

All walks commence at 10.00am from the designated meeting point.

car sharing from Willerby Sainsbury car park available.

**24<sup>th</sup>. Mar.** Tynan Trail around Derringham. Meet at Manor Farm car park.

**14<sup>th</sup>.April.** Beverley. Kavanaghs Tea Rooms. Meet Lairgate car park.

**28<sup>th</sup>.April.** Hessle Country Park Inn. Park near Inn.

**12<sup>th</sup>.May.** Barton Foreshore. Park at Barton Haven car park passed the Ropery.

**26<sup>th</sup>.May** Walkington. Park at Ferguson Fawsitt upper car park.

**16<sup>th</sup>.June.** Kirton Lindsay, Uncle Henry's Farm Trail. Car share from Willerby car park.

Any queries and requests for car share/lift, phone David Atkin 650409

## **Dancing Group**

2pm – 4pm every other Tuesday at Anlaby Village Hall, when present and new members will be very welcome, come and give it a go. Contact Adrienne for dates and details 654383

## **Darts, Dominoes & Cards Group**

The group continues to flourish with an average attendance of about 18 people at each session. The next meeting is 2nd April and every second Tuesday thereafter.

Les Holmes 659852

## **Discussion Group**

This group is now around 16 strong and Renee would like to split it into two manageable tables, also should numbers increase further is there anyone prepared to run a second group?

The Group meets at the Beech Tree Public House, the next meeting being Friday 5<sup>th</sup> April at 10.30am.

If you are interested in participating please contact Renee Bell on 653543

## **Family History Group**

We meet every month at the Willerby Institute between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The forthcoming dates are as follows :- 8 Apr, no meeting in May, the next one is 3 June.

Contact Chris Gibbs [01482654897](tel:01482654897),  
email [christine.ferngibbs@gmail.com](mailto:christine.ferngibbs@gmail.com)

## **Games Group**

The Games group meets at Willerby Methodist Church weekly on a Monday from 10am - 12 in the church lounge.

If you wish to join us we will make you most welcome and if you decide to, once you enter Willerby Church we are 4th door down the corridor on the left.

We look forward to seeing you.

For more details - Group Leader Jackie Kitchen Tel 650702

## **Guitar Group**

Our meetings now take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon.

We have recently welcomed a few new members but any potential members interested please contact Paul Kirk on 650259

## Lawn Bowls

The new season at the Wolfreton Bowls Club commences on Monday evening, 8th April at 6.30pm. The date for re-joining or joining the Bowls Club is Saturday 30<sup>th</sup> March from 10.30am in the Bowls Club Pavilion, Chestnut Avenue. Any further information required please ring Angela Featherstone 653903

## Local History Group

This popular group meets monthly for talks on topics about the local history of our area. In addition, we arrange occasional outings, usually during the summer months, to places of local historical interest. Members are also encouraged to carry out research into aspects of local history and to promote wider interest amongst local people in the heritage of our area.

Our next few monthly talks are:

**21<sup>st</sup> March** 'A History of Castle Hill Hospital' by Rolf Meigh

**18<sup>th</sup> April** 'A Walk around Hull General Cemetery - without getting your shoes dirty' by Pete Lowden

**16<sup>th</sup> May** 'The Stories behind Hull's Blue Plaques' by Paul Schofield

Meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby, and all AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

Guests are also welcome and invited to attend up to two meetings, although ongoing attendance requires membership of AWAKE U3A. For more details, please contact the group leader: Francis Davies (650449; [francisvdavies@live.co.uk](mailto:francisvdavies@live.co.uk))

## NatureWatch

The forthcoming visits are as follows:

**Friday 12<sup>th</sup> April** 10am - Tophill Low

**Friday 3<sup>rd</sup> May** 10am - YWT North Cliffe woodland

**Friday 24<sup>th</sup> May** 9.30am - Paull Holme strays & Kilnsea NR (subject to flood prevention work completion)

Regards Mark + Celia (654666)



## **Play Reading 1**

In January the group finished reading 'Noises Off' by Michael Frayn and learned the intricacies of modern farce (although 1982 is not that modern!)

Next they tackled 'Amadeus' by Peter Shaffer, with its chorus of Whisperers and the poisonous machinations of the court of the Austrian Emperor Franz Joseph against Mozart, prompted mainly by rival composer Antonio Salieri.

This month we have embarked upon 'Ten Times Table' by Alan Ayckbourn. It is one of his earlier works which premiered in London in 1978. It centres around an organising committee, which struck a chord with a number of the readers!

Sue Chambers

## **Play Reading 2**

During the past two meetings we have read Constance Cox's adaptation of Jane Austin's, Mansfield Park. Despite some deviation from the original text, the story line and characters were recognisable and we enjoyed bringing them to life in our own inimitable style.

We meet on the fourth Wednesday of the month, our next being on 27th March.

Pauline Park

## **Pudding Club**

Our January meeting saw us tucking into comfort food, when we enjoyed steak and kidney pudding and the requested mushy peas. We celebrated St Valentine's Day with variations on chocolate and heart shaped cheesecakes, and on St David's day we ate leek pudding and welsh cakes. We have been told to expect the unexpected for our meeting in April which will be held shortly after April Fools' Day. We are a small group which meets in members' homes on the first Friday of the month and are happy for more people to join us, so if you like puddings, making or just eating them and enjoy a chat why not give us a try.

Joan Greenley 653917.

As new members in February, Bob Jackson and myself were made very welcome by Joan and the other members, we now look forward to practicing our culinary expertise when it is the men's turn to produce the goods for April Fool's Day! (very apt, I here you say!)

Steve Roberts

## **Quizzing Group????**

We knew it would happen eventually but decision time came this month when 49 members attended the Quiz at Manor Farm. Unfortunately the room only has a H & S limit of 35 and as no other space is available it was sadly decided that we would have to move to pastures new. From Thursday 28<sup>th</sup> March, our new venue will be Anlaby Village Hall near to Gabrielle's. Ample parking is available near the shops. Start time for the Quiz will still be 7.30 so we should be able to continue what has been a great few years of quizzing. For more information please ring Chris Watson on 659773

## **Singing for Fun (The Wide Awakers)**

Our next session will be on the 3<sup>rd</sup> April and every other Wednesday at 6.30pm to 8pm at the Anlaby Park Methodist Church. New members welcome especially men! For more information contact Sue McPhee

## **Stately Homes Group**

The group had a rest in January as the date of the session was a bit too close to the New Year. For the February session Jacky Meigh, one of the group's members, gave a very interesting talk on how the Stately Homes were involved in the development of photography. In March, a presentation was given on the Cliveden, owned by the National Trust but now leased as a very exclusive (and expensive) hotel. Over the centuries the house had attracted many scandals the most recent, one during the ownership of the Astor family, being The Profumo Affair. THERE WILL BE A VISIT TO RENISHAW HALL IN DERBYSHIRE ON THURSDAY, APRIL 4<sup>TH</sup>. DETAILS WILL BE AVAILABLE FROM CHRIS. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

## **Table Tennis**

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 1.45pm to 3pm on the second and fourth Thursday in every month. For further information contact Steve Roberts (659816)

## **Tai Chi**

Both of our groups are now well established, making it impossible (sorry!) to enrol any beginners at present. However, I have learnt that Swanland U3A CAN take beginners at present. If interested you should contact MARGARET PRIESTLEY-LEACH on 633530.

If you have some experience of Tai Chi there should be no problem in fitting you in to an AWAKE group so call me on 657105 to discuss.

Chris Coates

## Ten Pin Bowling

28/12/2018										Score										10:46:23													
Team		Team 5		Lane 5								Game 1								28/12/2018													
Player		1		2		3		4		5		6		7		8		9		10		Total											
David G		X		7		/		X		6		3		9		/		9		-		X		X		X		X		7		1	
Hdcp		0		20		40		59		68		87		96		126		156		183		201		201									

At last Steve Roberts magnificent top score of 200 has been confined to history as David Groom from the Friday group easily surpassed it by scoring 201, who will be next to nudge nearer to the perfect score of 300? This is becoming a definite possibility as more and more members are now purchasing their own balls!

Both the Monday (every other week) and Friday (every week) sessions continue at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre. More members could be accommodated so if you fancy two games, a bacon or an egg sandwich and a tea or coffee all for just **£6** then contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870

## Ukulele Groups

Both Barely Awake and The Sunshine Strummers continue to entertain at various venues around the area.

We recently held a Ukulele Group Social evening at St. Luke's Church hall attended by 33 Ukulele wielding members of the three Awake U3A Ukulele groups and along with their family's and friends spent a great night singing and playing songs from **OUR** era!

## Wine Groups

We have two wine appreciation Groups. Each Group meets at the houses of each member in turn; membership is limited to about ten. The cost of a tasting is covered by the host so that no money changes hands. Both existing Groups have about ten members so we are keen to meet a demand to set up another Group. If you would like to join this third Group, and especially if you are prepared to be an organiser please contact Alan Townshend (Tel:651212) or Pat Dale (Tel:654976) who will be happy to talk to

you.

## **WAG-1**

The 2019 season started with a tasting, organised by the Townshends, of Wine Society "Champions", four wines that were reported to punch very much above their weight, plus an unusual Turkish red made from the hasandede grape and Waitrose's Cremant de Limoux. February's meeting, hosted by Chris Watson and Ann Kay, exposed us to "Pinots Round the World" - three Pinot Grigios from Germany, Italy and Sicily and three Pinot Noirs from Chile, France and Australia. The German offering from M & S was considered to be particularly good. We look forward to Sheila Lines' March presentation of Fairtrade wines on March 18<sup>th</sup>.

There is a vacancy for anyone wishing to join the group. Please contact Alan Townshend (Tel. 651212) for further details.

## **WAG -2**

In November we had a social evening at the Hop Pole, and December was our Christmas Party Meeting, It was hosted by Anita who provided a super spread and a wine quiz.

Each of us took our favourite wine and the evening started with home made Martinis.

We were joined by friends and a great evening was had.

January and February where back to normal, pleased to say John's wife is a lot better and good luck to Lynn who is going into hospital so may miss March.

We are still on 9 members and going strong.

Pat Dale

## **Walking – Longer Walks**

**28 March** – (16) North Newbald (East) – 6.20 miles. Meet in the village hall car park (please all park near the entrance) – Explorer map 293 – Grid Ref: SE 909 368. Route entails walking on roadways, field paths and farm tracks. Leader Chris (tel: 07791 443364)

**11 April** – (11) Hotham (West) – 6.8 miles. Meet on roadside near the church - Explorer maps 291 & 293 – Grid Ref: SE 894 345. This walk is along farm tracks and field paths with about 2 miles of road walking back into Hotham.  
Leader Dave (07818 509381)

**25 April** – (07) Goodmanham/Londesborough – 7.2 miles. Meet at village car park – Explorer map 294 – Grid Ref: SE 887 429. Route is across field paths/farm tracks and some road walking, reasonably level throughout. Exact route and contact details to be confirmed later but the walk will start at **10:00**.

Leader: Bob (tbc)

**9 May** – (03) Wharram Percy – 8.02 miles. Meet at Wharram Percy car park, sign-posted from B1248 road to Malton – Explorer map 300 – Grid Ref: 866 644. This walk is mainly field paths and farm tracks with a little metalled road walking and includes some up/down hill sections. Please note, it is advisable to take a packed lunch and drinks and the walk will start at **10:00**. Leader Dave (tel: 07818 509381)

**Please note, due to local scheduled road works/alterations/traffic issues etc., walks from April onwards will start at 10:00 prompt.**

## **Walking – Short Walks (2-3½ miles)**

List of forthcoming walks as follows:

**Mon 25th March** 2019 “John Kaye Walk” Walk. We have asked permission to park, neatly against the fence, at the VERY end of the large car park of Hull & East Riding Sports & Social Club opposite the Crematorium on Chanterlands Avenue.

**8 April** Little Wauldby Farm, Dam and Scroggs. Meet in Willerby Square car park for car-sharing.

**22 April** is a Bank Holiday DIY Humber Bridge Country Park.

**29 April** for those who want it Boulevard and 114, Coltman Street. Park in West Park, off Walton Street.

And lastly:-

To all short walkers and other interested parties, all 21 walks for 2019 are ready for printing. Please let me know soon if you wish to get copies.

Ian Jones email [gianj@gianj.karoo.co.uk](mailto:gianj@gianj.karoo.co.uk)

text to 07847 850309

## **Writing for Fun Group**

The third booklet of our collective pieces is still available at the bargain price of £2 per copy.

Copies will be available at the monthly meetings or by contacting any members of the group or committee.

Look for the shiny blue cover and settle down for a cracking good read. Liz Parker

### **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title ‘IN MY OWN WRITE.’ What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your

article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

## **Dates for your Diary – Monthly Meetings**

**17<sup>th</sup> April - Kath & Clive Richardson – A humorous look at the quirks of the English Language**

**15<sup>th</sup> May – Maria Hardy – Florist (Sandhill Garden Centre**

**Using flowers for display (a free raffle will be held to win the floral displays made on the day)**

**19<sup>th</sup> June – Annual General Meeting**

## **Thoughts from the Editor**

The recent sunshine and record temperatures cheered everyone up and prompted Pat Youle to submit one of the Poems (by Spike Milligan) recently chosen by the Book Club as a favourite.

SMILE

Smiling is infectious  
You catch it like the flu  
When someone smiled at me today  
I started smiling too  
I walked around the corner  
And someone saw me grin  
When he smiled I realised  
I had passed it onto him  
I thought about the smile  
And then realised its worth  
So if you feel a smile begin  
Don't leave it undetected  
Start an epidemic  
And get the world infected

## **Next AWAKEN**

Please send any items to be published to:

Steve Roberts at [sadrob@outlook.com](mailto:sadrob@outlook.com)

And Chris Moody (website) at [cjmcj7@gmail.com](mailto:cjmcj7@gmail.com)

The deadline for items to be included in the next edition of **AWAKEN** is **Friday 3rd May 2019**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>

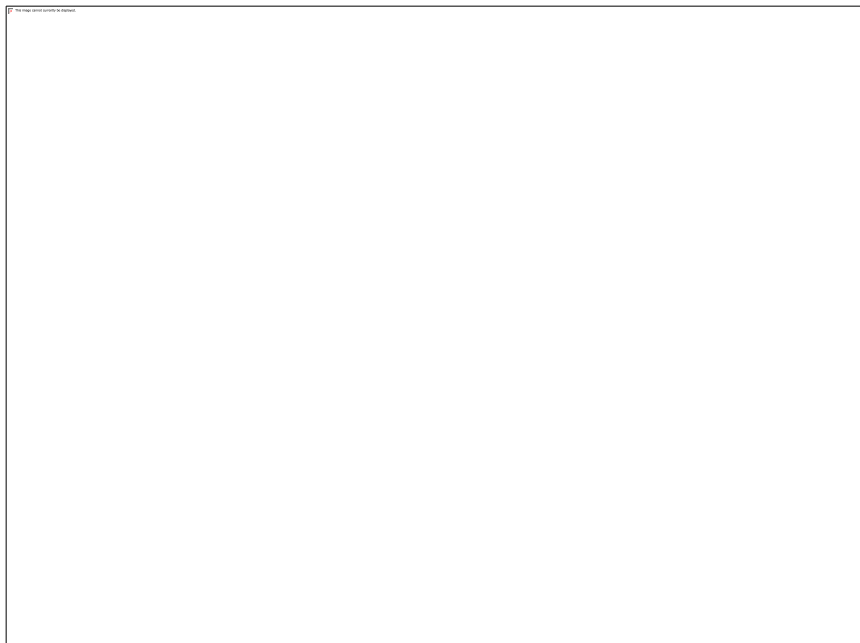


The Pudding Club celebrating Valentine's day



The Ukulele Groups social evening at St. Luke's Church





The short walking group visiting Geoffrey the Giraffe at  
Twiga cottage in Cottingham



Roger 'Parky' Coates with local plane maker Alan Shipp