



## A Word from the Chair

Happy New Year Everybody. Hope you've all enjoyed a great Christmas and have now put all the decorations away ready to get back into routine. I've decided not to make any New Year Resolutions this year – my will-power is just not good enough! If you remember, last year I was determined to drink more water but, despite a kind friend giving me what looked like a baby's feeding bottle with hourly slots marked on for the amount of water I should be drinking, I failed miserably, regularly forgetting to fill up the bottle. I am now trying to rid my body of all the extra pounds gained from very enjoyable eating and drinking over the Festive period but I fear it's going to be a long job. (I'm sure many of you know what I mean!). On a more positive note you'll find enclosed with this Newsletter an updated list of all the AWAKE interest groups. Many new ones have been initiated over the past few months so have a check to see if anything catches your interest. Many thanks go to Sue McPhee who never stops trying to get new groups off the ground. Whatever you decide I hope you all have an enjoyable and healthy 2019 and enjoy all your experiences with AWAKE.

Chris

**We are still searching for a new 'Keeper of the Things' Page 3**  
**New Social Committee members still required – Page 3**  
**Up to date 'Caravan' information on Manchester, Cambridge & St. Ives on page 5**  
**Septuagenarians paint Sheffield Red! – see page 6**  
**We had Roger's Rants, now we have Brenda's Beefs – see page 13**



5/6<sup>th</sup> of the Canal boat crew on route to Stratford (John Howden was behind the camera)



The Wide Awakers singing group at the Anlaby Christmas lights switch on

## ***Latest News/Events***

### **Keeper of the 'Things' required**

Roger and Chris Coates are still searching for a U3A member to look after the equipment for meetings, e.g. projector, screen, lap top etc. This needs a corner of a spare room. If you can pick out a lap top from a DVD player then you are qualified. This job was done by Clive Eacott for three years then Chris and Roger Coates for three years. That leaves one of 518 members to take on this modest task for a while, please. Give us a call if you will do this.

Roger and Chris Coates 657105.

### ***New Groups!***

The Awake committee are hoping to form a separate social events group to plan and organise forthcoming events, if you are interested and have lots of good ideas please contact Sue McPhee. (652766)

### **Supper Club**

We are planning on starting a Supper Club, this will be at a venue to be decided at a meeting of those people who are interested. The numbers may have to be limited because of the size of the venue but if you wish to register your interest please contact Sue McPhee.

### **Bridge Group**

We have an enjoyable evening of bridge every other Wednesday at 7pm at The Manor Farm, Willerby Road. New members welcome. Ring Anita Coupland on 657494

### **Darts, Dominoes & Cards Group**

The group continues to flourish with an average attendance of about 18 people at each session. The next meeting is 22nd January and every second Tuesday thereafter. Whilst the darts attracts the most people, new card games have been introduced with some success. A new learning curve!

Les Holmes 659852

## **Cinema Group**

This group has now been going for 6 months and has a regular membership of 10 to 12 visiting either Reel or Vue cinemas. We are keen to start a second group (preferably with some men in it! If anyone is interested in joining a second Cinema group please contact Ann Milledge tel. 655929.

## **Discussion Group**

This group has now become established under the leadership of Renee Bell. The group is run in a fun manner and everyone enjoys the opportunity to air their views.

The Group now meets at the Beech Tree Public House, the next meeting being the 1<sup>st</sup> February at 10.30am.

If you are interested in participating please contact Renee Bell on 653543

## **Classical Music & Theatre Group**

We now meet monthly at the Beech Tree Public House at 10.30am for an hour or so - next one, Monday 4<sup>th</sup> February. We discuss a current list of musical and theatre events at various venues and plan any future visits.

Maureen Thompson

01482 656756 [tudor30@tudor30.karoo.co.uk](mailto:tudor30@tudor30.karoo.co.uk)

**Anyone interested in any of our groups please contact either the group leader or myself Sue McPhee.652766**

## **Interest Group News**

2018 has been a good year for new groups, can we keep it going in 2019? Any ideas welcome and will be considered. A cycling group has already been put forward, this would be to cycle on cycle tracks and disused railway tracks.

**There has not been a lot of interest in forming a social event organising group. Please think about this and consider becoming involved in the running of our/ your AWAKE group.**

Contact Sue McPhee for more information.

**Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)**

## Book Groups

In October and November several books were read by more than one group. 'House of Orphans' by Helen Dunmore was generally well received but was felt not to be as successful as her other books set in Russia. It needed to contain more about the orphans' situation rather than mainly following one person's life. By comparison 'Elinor Olephant is Completely Fine' by Gail Honeyman was an interesting story revolving round one character and overall was felt a good read. 'The Music Shop' by Rachel Joyce considered how music affected people's lives and was enjoyed by most members of one group. For our Christmas read, reviewed before our very enjoyable meal at The Beech Tree, another of Rachel Joyce's books was considered, 'A Snow Garden and other stories'. Many of the short tales were thought to be a bit strange but one of them had everybody looking at their conservatories!! (Have a read and see what you think.) If you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

## CARAVAN News (Trips & Journeys, no Caravan required!)

**Manchester** March 31<sup>st</sup>- April 2<sup>nd</sup>. Central hotel near station. See & Do? 2 historic libraries, Whitworth Gallery, Science and Industry Museum with the real Stephenson's Rocket in just now and the first passenger rail platform in the world. Lowry Theatre and gallery, "Girl on the Train" playing. The King and I at Opera House etc. China Town, Canal Street Gay Village, Art House Cinemas. Imperial War Museum North at Salford Quays. Bramham Hall Stockport a spectacular Tudor manor house recently restored. Tram (pay) and bus network (on pass). Train travel and shared/solo rooms for about £50 p.p. (at time of print) for two nights sharing and rail passes. 18 places booked, will take another 10.

**Cambridge August 19<sup>th</sup>**. This world class destination will be busy but quieter after 4pm. We have the long Summer evenings and a central hotel. The heart of the city is a picture. Students are down, colleges open to view. Choral services at Kings College Chapel with sounds to make you gasp. Punting PIY, (I have falling in form!) or skippered, on The Backs by the colleges or the upper reaches to Grantchester (honey for tea?) which is also a lovely walk. Boat trips on the Cam to Ely or shorter. The Polar Museum, Duxford Air Museum a bus ride away. Our hotel is by the station with frequent buses or 20 mins walk to centre. This is offered 2 or more nights with train travel. **Guide** price 2 nights £130p.p. based on very early booking and sharing and rail passes.

**St Ives Cornwall. Again!** Sleeper train return and four nights hotel. Sept 18<sup>th</sup> -24<sup>th</sup>. The Arts Festival is all over town. Hotel is almost in the sea. See Ped n Olva hotel's own web site front page. Hotel is

£450p.p. sharing, train is about £100 return to £200 return. Booking open now. The 2017 group were amazed at the experience. I think some are in for this. This hotel "does not take groups" but they will take mine. Please call me for more details of things to do.

Roger Coates 657105 07941222499

[coatesroger@outlook.com](mailto:coatesroger@outlook.com)

## **Caravan Visit to Sheffield**

Pauline Park puts pen to paper on the November 2018 city break to Sheffield.

A city break just an hour from home may seem an unusual choice but Roger knew that we were in for a treat. Nine of us met at an unearthly hour at Paragon Station, on a damp morning in November to explore the delights of Sheffield.

The format was brilliant. Roger did all the work, booking the train tickets and the hotel, providing a programme of events, places to visit and eat and even timetables for local transport. Then it was left to us to decide what we wanted to do and when.

We left our luggage at the Premier Inn and set off on our adventure. Trams featured throughout our wanderings and were so efficient.

During our three days we toured the impressive, revitalised city centre and the Millenium Square, ate at lively restaurants, including Mamas & Lesons and Egos, and visited the beautiful Lyceum theatre and the Curzon Broom cinema.

The play, The Messiah, described as an hilarious Nativity, didn't quite live up to our expectations. Hugh Dennis (Outnumbered) and John Marquez (Doc Martin) worked frantically and brilliantly in their roles, Lesley Garrett sang her heart out but unfortunately it didn't work for us.

The Curzon Broom, an old bank, refurbished as a cinema in great style, was in a dark, rather dubious looking street but inside was something special. The basement still housed the original bank but we four had a private viewing of The Nutcracker and the Four Realms in such comfort that some fell asleep despite the film being well worth seeing!

A really interesting morning at Kelham Island Museum told the story of the development of Sheffield through its industry, particularly steel making, and we had the pleasure of seeing the mighty River Don engine in steam.

The two Cathedrals were majestic in their central positions and deserved longer visits, as did the Graves Art Gallery. The Winter Garden was visited twice, not just because of the warmth it offered, the impressive structure housed quality craft units, an art gallery and a delicious café, as well as its plants.

We've saved our favourite jaunt until last- a ride around the Peak District in a 1929 Model A Ford car. It didn't start well as we arrived too early at the Edale station where we were to meet Roger's group

returning from their car trip. It was raining and we needed a coffee. The station café was closed, the pub wouldn't serve us as it was too early, the rangers at the YHA were holding a meeting, with drinks in hand, but said they were closed, too. Finally, we found Champion House, a Christian activity centre who took pity on us. Four chairs were brought to their entrance hall, followed by coffees and biscuits. We must have looked an odd group, but what kindness and true Christian endeavour. Soon we were in the car, with hot water bottles and fur blankets provided by our driver, Steve, Mr Toad's lookalike in dress and with a fount of knowledge. What an adventure, whizzing along narrow, Peak District lanes, horn tooting, walkers waving and smiling at the 'old dears' on board. Gill's newly purchased M&S hat blew away, never to be seen again, and we never stopped laughing. All good things come to an end so we finished our adventure in Bakewell, eating yet again. It was a super trip; three very full days that left those who had not been before, determined to visit Sheffield again. Many thanks, Roger, from the four septuagenarians who were amused to see themselves described as 'the four girls' in your programme.

## **Coffee Club**

Coffee and a chat with friends is still proving very popular. The venue is Gabrielle's in Anlaby from 10.30 am for an hour or so on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month. The next one will be 25th January.

Liz Pickering 572563

## **Craft Group**

Meetings are at 2 pm on the third Monday of the month at the Willerby Methodist Church.

Brenda Stapleton 654830

## **Coffee and a Stroll Club**

All walks commence at 10.00am from the designated meeting point.

car sharing from Willerby Sainsbury car park available.

### **Dates Early 2019**

27<sup>th</sup> Jan. Barton walk, meet at the Ropery.

10<sup>th</sup> Feb. Liz/Steve's stroll. meet at Manor Farm pub.

24<sup>th</sup> Feb. Lucy's Tea Rooms Cottingham, meet on the Parkway.

10<sup>th</sup> March. Ferriby, meet at the foreshore car park.

Any queries and requests for car share/lift, phone David Atkin

650409

## **Dancing Group**

2pm – 4pm every other Tuesday at Anlaby Village Hall, when present and new members will be very welcome, come and give it a go.

Contact Adrienne for dates and details 654383

## **Family History Group**

Another year has gone, so A Happy New Year to you all, we are still here, every month at the Willerby Institute between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The dates for the next six months of the year are as follows:-

7 Jan, 11 Feb, 11 Mar, 8 Apr, no meeting in May, the next one is 3 June.

Contact Chris Gibbs [01482654897](tel:01482654897),  
email [christine.ferngibbs@gmail.com](mailto:christine.ferngibbs@gmail.com)

## **Games Group**

The Games group meets at Willerby Methodist Church weekly on a Monday from 10am - 12 in the church lounge.

If you wish to join us we will make you most welcome and if you decide to, once you enter Willerby Church we are 4th door down the corridor on the left.

We look forward to seeing you.

For more details - Group Leader Jackie Kitchen Tel 650702

## **Guitar Group**

Our meetings now take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon.

We have recently welcomed a few new members but any potential members interested please contact Paul Kirk on 650259

## **Local History Group**

This popular group meets monthly for talks on topics about the local history of our area. In addition, we arrange occasional outings, usually during the summer months, to places of local historical interest. Members are also able to take part in research into aspects of local history in our area. One of our current projects is researching the history of various houses on

Main Street in Willerby. Of current interest is The Lodge, 81 Main Street, the small cottage at the entrance to Willersley House. If anyone knows anything of the history of this house or of Willersley House itself, we would be delighted to hear from you!

Our next few monthly talks are:

**17<sup>th</sup> January** 'The Hull & Barnsley Railway' by Brian Crowther

**21<sup>st</sup> February** 'The Ellerkers of Risby' by Chris Watson

**21<sup>st</sup> March** 'The History of Castle Hill Hospital' by Rolf Meigh

Meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby, and all AWAKE U3A members are warmly invited. There is usually an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

Guests are also welcome and invited to attend up to two meetings, although ongoing attendance requires membership of AWAKE U3A.

For more details about the Local History Group, please contact the group leader: Francis Davies (650449; [francisvdavies@live.co.uk](mailto:francisvdavies@live.co.uk))

## NatureWatch

The forthcoming visits are as follows:

Friday January 18<sup>th</sup> 10am – RSPB Blacktoft Nature Reserve

Friday 15<sup>th</sup> February 10am – Noddle Hill Reserve

Friday 15<sup>th</sup> March 10am – YWT North Cave Wetlands

Regards Mark + Celia (654666)

## Play Reading 2

In October, we read, *Laburnum Grove*, by J B Priestley. Set near London, this was one of Priestley's first plays from 1933, but is still enjoyable today. George Redfearn, fed up with his sponging relatives, convinces them that he is the leader of a counterfeit ring. Their reactions are predictable but the play leads on to a very surprising ending.

As we were approaching Christmas, our November read was *The Wizard of Oz*, adapted by Alfred Bradley from the original story by L Frank Baum. Being well known, it helped with the excellent opportunity for voice characterisation. We're gradually losing our inhibitions so had a lot of fun with our interpretation of this classic.

Our next meeting is on, Thursday, 24<sup>th</sup> January.  
Pauline Park

### **Quizzing Group????**

Our Christmas Quiz broke all records for attendance with 48 Quizzers plus the Quizmaster. We were fighting with the Christmas tree for space! Everybody enjoyed themselves and are looking forward to the questions of 2019. The dates for the first months of the year are January 17<sup>th</sup> and 31<sup>st</sup>, February 14<sup>th</sup> and 28<sup>th</sup>, and March 14<sup>th</sup> and 28<sup>th</sup>. For more information please ring Chris Watson on 659773

### **Singing for Fun (The Wide Awakers)**

Our group was busy before Christmas singing at different events and venues.

Our next session will be on the 23<sup>rd</sup> January and every other Wednesday at 6.30pm to 8pm at the Anlaby Park Methodist Church. New members welcome especially men.

For more information contact Sue McPhee

### **Stately Homes Group**

For our November visit we had John Halloca, a visiting speaker who gave a very interesting presentation on Chillingworth Manor in Northumberland. Having been a house guide there, John was able to tell many anecdotal stories to go along with the facts about the Hall. In December we went on a Christmas visit to Burton Agnes Hall. The decorations were excellent including many paper sculptures. Whilst we were there, we also enjoyed a talk on 'Christmas through the ages at Burton Agnes'. Our new programme for 2019 is in production and will be available at our first meeting on February 7<sup>th</sup>. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

### **Table Tennis**

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 1.45pm to 3pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

### **Ten Pin Bowling**

Both the Monday (every other week) and Friday (every week) sessions continue at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre. More members could be accommodated so if you fancy two games, a bacon or an egg sandwich and a tea or coffee all for just **£6** then contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870

## Ukulele Groups

Well that's another year over, I was surprised to count 32 appearances by Barely Awake during 2018 culminating with 26 members of the group (Barely Awake & The Sunshine Strummers) joining with the Wide Awakers singing group to lead the Christmas community singing at the December general meeting.

**Best Gig of the year** – Albion Court Christmas party wins for the second year running!

**Most rewarding Gig of the Year** – Joint winners, Hallgarth Care Home, Cottingham and Chiltern Primary School assembly with our choir of 50 children.

Here's to 2019, look forward to seeing you for more singalong songs and maybe some new jokes! (I have been provided with lots of new material)

Anyone interested in joining please contact Steve Roberts (659816) for details.

## Wine Groups

We have two wine appreciation Groups. Each Group meets at the houses of each member in turn; membership is limited to about ten so that they can fit around a dining table. The cost of a tasting is covered by the host member so that no money changes hands. Both existing Groups have about ten members so we are keen to meet a demand to set up another Group. If you would like to join this third Group, and especially if you are prepared to be an organiser please contact Alan Townshend (Tel:651212) or Pat Dale (Tel:654976) who will be happy to talk to you.

### WAG-1

The last tasting of the year was hosted by Joan Cross on November 19. It comprised six wines from local supermarkets, all reasonably priced and judged to be good value for money. In particular *Brave Heart*, an excellent Malbec from California, available from Morrisons for £5.50 (or £10 for two), was a particular bargain. The 2019 season will start at the Townshend home on January 21 with a selection of strongly recommended wines supplied by the Wine

Society. A programme for the subsequent months will be drawn up at that meeting.

There is a vacancy for anyone wishing to join the group. Please contact Alan Townshend (Tel. 651212) for further details.

## **Walking – Longer Walks**

Please note; the walks in January are 'tester' walks for U3A Members who may wish to try something new.

10 Jan – (64) SOUTH CAVE – 5.44 miles. **NEW WALK** Meet at South Cave Sporting Club car park – Explorer map 293 – Grid Ref: SE 919 308. Route includes walking up an incline to Little Wold Plantation then down to Everthorpe and across fields back to West End and road walking back to start. Leader Dave (tel 07818 509381)

24 Jan – (68) Barton-upon-Humber (West) – 5.16 miles. **NEW WALK** Meet at Tesco/Ropery Café car park – Explorer map 281 – Grid Ref: TA 029 228. This walk is mostly on level ground and including the ash track adjacent to the Humber, field path and roadway. Leader Dave (tel: 07818 509381)

14 Feb – (60) Bishop Burton – 7.06 miles. Meet at roadside of Pudding Lane – Explorer map 293 – Grid Ref: Se 989 397. This level walk is along field paths, roadways and a farm track. Leader Neville (tel: 07840 077965)

28 Feb – (44) – North Cave (East) – 6.8 miles. Meet at car park opposite church – Explorer map 293 – Grid Ref: 896 326. Route includes fields paths, farm tracks, some roadway and heads along Drewton Dale, up and around St. Austin's Dale. Leader Dave (tel: 07818 509381)

14 Mar – (10) Hotham (North) – 5.56 miles. Meet on roadside near the church - Explorer maps 291 & 293 – Grid Ref: SE 894 345. The walk is along farm and field tracks, roadway and through a wood and does include an incline. Leader Dave (tel: 07818 509381)

28 Mar – (16) North Newbald (East) – 6.20 miles. Meet in the village hall car park (please park all near car park entrance) – Explorer map 293 – Grid Ref: SE 909 368. Route entails walking on roadways, field paths and farm tracks. Leader Chris (tel: 07791 443364)

Unless stated, all walks start at 09:30.

## **Walking – Short Walks (2-3½ miles)**

List of forthcoming walks for early 2019

**Mon 14th January** 2019 Beverley Minster - St Mary's. Meet at bottom of Tesco car park, Morton Lane.

**Mon. 28th January** 2019 North Ferriby Wander. Meet at N Ferriby foreshore car park at end of Humber Road.

**Mon 11th February** 2019 Cottingham Snickets. Park at King George V playing fields car park, Northgate.

**Mon 25th February** 2019 River Hull East Bank Circular. Park at Oak Road playing fields car park, off Beresford Ave, off Beverley High Road.

**Mon 11th March** 2019 Hessle-Heads Lane Suburbia Walk. Park at bottom of main car park, Hessle.

**Mon 25th March** 2019 "John Kaye Walk" Walk. We have asked permission to park, neatly against the fence, at the VERY end of the large car park of Hull & East Riding Sports & Social Club opposite the Crematorium on Chanterlands Avenue.

And lastly:-

To all short walkers and other interested parties, all 21 walks for 2019 are ready for printing. Please let me know soon if you wish to get copies.

Ian Jones email [gianj@gianj.karoo.co.uk](mailto:gianj@gianj.karoo.co.uk)

text to 07847 850309

## **Writing for Fun Group**

The third booklet of our collective pieces is still available at the bargain price of £2 per copy.

Copies will be available at the monthly meetings or by contacting any members of the group or committee.

Look for the shiny blue cover and settle down for a cracking good read.

Liz Parker

### **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email [sadrob@outlook.com](mailto:sadrob@outlook.com) or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

**Remember Roger's Rants well now we have Brenda's Beefs as Brenda Skern gets her new technology gripes off her chest!**

## **Brenda's Beefs**

To start with I fully admit I am a total duffer at all things I.T.

However, as a relative of mine is wont to say 'that doesn't make me a bad person'

Anyway, to continue, I am sure I am not the only person in the country who is without a smart phone, laptop, tablet etc.

However, during the last few weeks, coping with the stress of moving house, I have come to the conclusion that without the aforesaid contraptions I have become a Non-Person.

Hours on the phone attempting to contacting all the utilities, disembodied voices telling me I could access the internet and be attended to more quickly but nevertheless my call was important to them!

This task was made even more stressful because, dare I say it, a failure of vital information lost somewhere in cyber space!

A move scheduled to take place on the 17<sup>th</sup> August did not happen until 12<sup>th</sup> October so forgive me, I decline to involve myself in modern technology (I wish you would Brenda, I have just had to type this onto my computer! – Editor)

To finish this diatribe, I add that during my working life my job involved some mathematical calculations and I managed very well with a book of logarithmic tables!

## **Dates for your Diary – Monthly Meetings**

**20<sup>th</sup> February 2019 – Alan Shipp (retired Fire Officer) How to build your own Aeroplane just off Willerby Square! – Not to be missed!**

**20<sup>th</sup> March – TBC**

**17<sup>th</sup> April - Kath & Clive Richardson – A humorous look at the quirks of the English Language**

## **Thoughts from the Editor**

**May all your troubles last as long as your New year's Resolutions!**

## **Next AWAKEN**

Please send any items to be published to:  
Steve Roberts at [sadrob@outlook.com](mailto:sadrob@outlook.com)  
And Chris Moody (website) at [cjmcj7@gmail.com](mailto:cjmcj7@gmail.com)  
The deadline for items to be included in the next edition of **AWAKEN** is **Friday 8th March 2019**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.  
Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>



Barely Awake and their fifty - seven year old Choir members ready for the Chiltern Primary School Assembly for the Parents



Winning photograph in the Digital Photography Group Autumn theme competition taken by Anne Higham



'Sherpa Tensing' Jones with his intrepid short walkers on top of the world (well Elloughton Dale!)



Queen Elizabeth of Parker on the throne with her ten pin bowling subjects after winning the Monday top score trophy