

Number 41: January/February 2018

A Word from the Chair



Happy New Year to you all and hope you enjoyed a great Christmas whether it was a quiet, relaxed one or one where you didn't know if you were coming or going. As 2018 begins, it's time to consider New Year Resolutions. I don't usually bother as my will power has a habit of weakening very quickly but this year I've decided to treat my body with a bit more kindness than I usually do. Reflexology, Massage and Facials (yes, I do pay to look like this!!) are already in the diary but the simplest change is the one that I find hardest to maintain – To Drink More Water. It sounds so easy but it comes with many complications. First of all, shall I have bottled or tap water. If bottled, that means I have another decision, as to whether I want sparkling or still. Further to that do I want it flavoured or not. If I go for tap water I become wasteful as I have to run the tap for ages until the temperature of the water is cold enough. Then I have to remember to sip rather than gulp which means I have to walk around with the glass or put it down somewhere and forget about it. What is an even bigger complication comes when the water has run its course through the body and there isn't a loo in sight or even worse just as you've snuggled down, nice and warm you have a call of nature (sometimes more than once!) and you never seem to get as cosy when you get back to bed. Never the less I'm determined to maintain my resolution for the year. Just keep telling me I look so much healthier for it and I'll try not to be a martyr to the cause – Honest. Have a good year and let's all enjoy what AWAKE comes up with in 2018. Chris



The Good Old Days



Latest News/Events

The Good Old Days

Thanks to all of those who gave their time and effort to make our latest 'entertainment afternoon' a success, it's good to see both the participants and the audience going the extra mile with both content and costume (see photos on previous page)

New Groups!

After another year of successfully launching new groups, let's hope we can carry on in the same way. I am always open to new suggestions. Just get in touch and I will try to accommodate.

Sue McPhee 652766

Coffee and a Stroll Club

DATES 2018

11thFeb. McCoys/Old Town/Odeon Car Park.

25th.Feb. Ferriby Stn. Cafe/North Ferriby. Foreshore Car P.

11th.March. Barton Tile Factory. (Car share available from Willerby/Anlaby.

25th.March. Country Park Inn /Hessle Foreshore.

15th.April. Gabrielles/Anlaby/Morrisons front Car Park.

29th.April. McCoys/Old Town/Odeon Car P.

13th.May. Ferriby Station Cafe/Ferriby/Foreshore Car P.

27th.May. Zackerys/Kirkella.

10th.June. Barton Ropery/Barton.

24th.June. Gabrielles/Anlaby/Sainsburys Car P. Anlaby.

15th.July. Country Park Inn/Hessle Foreshore.

29th.July. McCoys/Old Town/Odeon Car P.

Please note that all actual walks commence at 10.00am from the designated car park, i.e. Ferriby Foreshore or Barton Ropery, therefore any car sharing to get there should take this into account and obviously set off earlier in order to achieve the 10.00am start. Many thanks.

Any queries and requests for car share/lift, phone David Atkin 650409.

Secret Pudding Club!

See the photograph on Page 15 for some of our early efforts, if you would like to join us we still have room for one or two more

people to join, so if interested contact Joan Greenley on 653917

Interest Group News

Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)

Art for Everyone

The Art group meets on the first and third Monday of each month. We have one session led by Mary Randall who guides us through the use of various medium and subjects, the second session is free and easy. If you are interested please contact Denise Roberts 659816.

Book Groups

For November one group read 'Three Sisters, Three Queens' by Phillipa Gregory. As usual with her books, Gregory's background research ensured that a good story was created within the factual details and was well received. A second group read 'Small Great Things' by Jodi Picoult and as with the response from an earlier group, was thought to be an excellent read. The issue within this book revolves around the racial tension in America and generated much discussion. The third group read a very interesting non-fiction book 'Silent Witnesses' by Nigel McCrery which detailed the development of many of the forensic methods used in solving the crimes of today. A good 'dip in' book. Our Christmas meeting involved all three groups coming together for a meal at Manor Farm. The food was very good and we enjoyed readings from 'Revoltin' Rhymes' by Roald Dahl – excellent accompaniment to turkey and Christmas Pudding! If you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

CARAVAN News

DRAX POWER STATION March 5th. 2018 Visit the biggest UK power station producing 7% of our power, much of it from renewable resources. The tour lasts 2-2.5 hours. some outside. Dress for the weather. Bus LEAVES Gorton Rd railings 9.50 Waitrose bus stop 10.00. There will be a cafe /lunch stop on the return journey. Back about 3.30. To book a place sign the list at a meeting or call Roger 657105. The cost will be £6 to £10 depending on size of bus. Pay me on the day on the bus. Simple. Drop outs will have to pay.

NARROW BOAT again! This will be mid/late April. We start near Birmingham and will get to Stratford basin beside the theatres with a view to attending then back to base in the week. The Stratford

canal is very pretty. The cost is about £100 for the week plus food at cost and shared car travel. I know all the technical stuff, (some of last year's crew were quick learners). You need to be a team player and expect to be very close to other people much of the time. A no obligation chat with Roger is the first move on this. There will be 9 plus me.

A BREATH OF FRENCH AIR Wednesday May 2nd – Monday May 7th. This ambitious trip is based around the book "All The Light We Cannot See." By Anthony Doerr. A Pulitzer winning WWII fictional tale set in the walled citadel of St Malo in France and in Germany. The St Malo locations are all real and can be found around the inner city. I urge you to read the book first and take it or notes with you. The walls are beside the sea and make a spectacular place to stay and walk around. Day1. Leave Hull early train, change London, arr. Portsmouth lunchtime. Visit Portsmouth Historic Dock Yard, HMS Victory, Mary Rose, Submarine museum etc. all afternoon. Join overnight ferry in 2 or 4 berth cabins. Dock in St Malo about 8 beside the walled city. A modest walk to our hotel within the city walls. Three nights hotel B&B. Live the story, go looking. Also, a WWII complex German bunker now an excellent museum of the period in the book. Local bus to this or a steady walk. Visit Concale , the oyster capital of France, just a 20 min local bus ride. Dinard, a pretty medieval town on the river Rance by local bus. On the way cross the Rance Barrage with visitor centre. Still generating electricity since 1966 very much ahead of its time. Here is the second greatest rise and fall of tides in the world. 90 min train to Rennes, the capital of Brittany. Intact medieval streets and houses. See Botticelli, Rubens, Picasso et.al in the museum. Check out, join ferry day crossing (cabins available) Pass close to Channel Islands. Arrive Portsmouth 18.00. Short train journey to Winchester, hotel in the heart of this ancient town. Next day till 1600 to take in this city. I can book a blue badge guide. Trains home via London. Hull 2300 ish. phew. Price guide £315 all travel and hotels B&B no other food, senior rail pass and shared twin rooms. Max 20 I will start booking with 10. Call Roger or sign a list.

SETTLE CARLISLE ACT 3! Date in March newsletter, meanwhile list at this meeting.

Date for your Diary – This year's **Edinburgh** trip will be Aug. 12th – 16th (4 nights)

Roger Contact 657105 07941222499 coatesroger@outlook.com

Coffee Club

Coffee and a chat with friends is still very popular with around

25-30 regulars attending. The venue is Gabrielle's in Anlaby from 10.30 am for an hour or so on the 2nd and 4th Fridays of each month. The next one will be 26th January. Liz Pickering 572563

Craft Group

Can I just say that as a mere male of the species, I attended the November general meeting with little expectation of the talk by Brenda Stapleton on Quilting, just how wrong could I be!

The talk was both informative and humorous and the samples on show were stunning to say the least, well done to Brenda and her fellow Crafters - Editor

Please come along if you are interested in joining the Group.

Brenda Stapleton 654830

brenda@staple.karoo.co.uk

Dancing Group

The dancing group could do with a few more members. This is a friendly sequence dancing group, you don't have to be a dancer as you will be taught the dances. We meet every other Tuesday in the Anlaby village hall 2pm.-4pm come along and give us a try. Nobody has two left feet according to John our teacher.

Adrienne 654383

Digital Photography (Joint group with Hesse U3A)

The December meeting's Christmas competition was won by Judy Wride with her shot taken in Chobe, Botswana (see page 16) Joan Dawson and Steve Roberts were joint runners up.

The January meeting will be on Outdoor portraits and Hull Fair when we will be looking at what members had taken on the subjects. At the February meeting we will be looking at what members had taken of local landmarks and City of Culture. An outing "after dark" session will hopefully be held in the new year.

For more information please contact Stewart Mawer on 655642 or email stewart@mawer.me.uk

Family History Group

If you want to find out who your ancestors are, where they came from and what they did for a living, come and join us and we'll help you discover! We meet monthly at the Willerby Institute (Library) between 2-4pm in the room on the right as you go in the main door. We are a friendly group and all help each other, having a laugh along the way! The dates for the next year are as follows:-

8 Jan, 5 Feb, 5 Mar, 16 Apr, 21 May, 4 Jun 2 Jul, 6 Aug, 3 Sept, 1 Oct, 5 Nov, 3 Dec

You will notice the April and May dates are out of sync, due to Bank Holidays. Contact Christine Gibbs 01482654897 or Christine.ferngibbs@gmail.com.

Guitar Group

Our meetings now take place at Manor Farm (Willerby Road) on Wednesdays from 10am to 12 noon on the following dates:

Jan. 10th & 24th, Feb. 7th & 21st, March 7th & 21st, April 4th & 18th, May 2nd, 16th & 30th & June 13th & 27th

Any new potential members interested please contact Paul Kirk on 650259

Local History Group

This is one of AWAKE U3A's most popular groups and meets on a monthly basis for talks on topics of the local history of our area. We also arrange occasional outings, usually during the summer months, to places of local historical interest.

Our next few monthly talks are:

18th January 'Hull's Incredible Untold Story of WW2'
by Dennis Chapman

15th February 'Hull's Old Town Pubs' by Paul Schofield

15th March 'Three Day Millionaires' by Alec Gill

19th April 'The Pease family of Hull – Yorkshire's
First Bankers'
by Michael Free

Everyone welcome!

Our meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby, and all AWAKE U3A members are warmly invited. There is an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

Guests are most welcome to attend up to two meetings, but ongoing attendance requires membership of AWAKE U3A.

For more details about the Local History Group, please contact the group leader: Francis Davies (650449;
francisvdavies@live.co.uk)

NatureWatch

Happy new year to you all, the dates for the activities in the early part of 2018 are as follows:

26.1.18 North Cave Wetlands
23.2.18 Blacktoft RSPB + Oakland park
Goole/Southbank
23.3.18 Denaby Ings and Sprotborough Flash,
West Doncaster
20.4.18 Potteric Carr (YWT) Doncaster
(see website for the full 2018 list)

There are a couple of new sites to investigate and return to favourite sites to see what has changed. I will try and send reminder emails on the Monday of the week with meeting times for the Friday. Late July early August I am away in Switzerland with the Scouts so I have jiggled the dates to suit.

If, on your travels, you come across sites or hear of new sites being opened then can you please drop me the details so I can a) investigate and B) add it to the library of sites for further inclusion.

Regards Mark + Celia

Play Reading 1

At the last meeting of the group we took time to reflect on the variety of readings which had been accomplished during the year. They included:

Charley's Aunt, Lord of the Flies, Habeas Corpus, A Chorus of Disapproval, The Diary of Anne Frank and *A Christmas Carol*.

At intervals throughout the year, we also attempted vocal exercises on a Sense of Place, Novel Openings and adopting persona.

January's meeting saw us begin to read Willy Russell's '*Our Day Out*' where readers reverted to their schooldays and were challenged to attempt Liverpudlian accents!

Play Reading 2

Our recent readings were, *Celebration, The Wedding and The Funeral*, a double bill by Keith Waterhouse and Willis Hall. In November, *Play On*, by Rick Abbott, gave us the opportunity to tackle a play within a play. All were light-hearted and really enjoyable. Our next meeting is on Wednesday, 23rd January. Pauline Park (650701)

Quizzing Group????

The 2018 programme has already begun and we are still getting over 30 people for each quiz held fortnightly on a Thursday evening at Manor Farm. The dates for the next few months are: January 18th, February 1st and 15th and March 1st and 15th.

Post-Christmas Quiz

Isn't it strange how Children, Grandchildren and friends ply the elderly (many of whom are overweight, suffer from Diabetes and have high blood pressure!) with chocolates at Christmas. In celebration (can you see what I did there!) of this pastime here is a post-Christmas quiz with all of the answers being chocolates or sweets.

1. Ten Pin Bowling
2. A touch of the Occult
3. Laid by a German Chicken
4. Between the two
5. Several Cilla Blacks

Answers can be found on Page 14

Singing for Fun

I would like to give a big thankyou to all of the Singing for Fun members for their enthusiasm with the Christmas entertainments that you were involved in. I look forward to another successful year of singing. We welcome new members, especially men, to join our friendly group.

For more details contact Sue McPhee 652766

Stately Homes Group

Our Christmas meeting involved a visit to Sewerby Hall where, after hot drinks and mince pies, we were given an excellent tour of the house led by the Curator and one of the Main Guides. One interesting thing we found out was that some of the furniture at the Hall had been acquired from the 'not-on-show' stock from other Stately Homes. These Homes were keen to get rid of items in order to reduce their insurance!! The programme for 2018 is about finalised, just waiting for some confirmation phone calls. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on

Table Tennis

We have recently welcomed some new members into the group who are settling in well. New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 2pm to 3.30pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

Tai Chi success story!!!! 140 up!!!!!!!

There are 140 moves in the Tai chi form. 8 of our "Advanced" group are now celebrating the fact that they have now learnt all 140 moves, we are very proud of this achievement and hope that it will inspire the other members of this group and the later group to keep going and reach that target during the following year. It may seem remarkable that it has taken nearly 5 years to get to this stage and we have lost some members along the way but this year there will be nearly 50 of us over the 2 groups and enthusiasm is certainly not lacking.....sorry no vacancies at present for 2018! Chris Coates

P.S. thanks go to Mike our instructor for his patience and forbearance throughout!

Ten Pin Bowling

Both the Monday (every other week) and Friday (every week) sessions commence at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre.

Contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870 for more details

Barely Awake Ukulele Group

The Barely Awake group had a very busy December entertaining at the Hessle U3A Christmas special, then at Derringham Bank Methodist Church to a very appreciative audience, also at Albion Court, Anlaby for our best Gig ever! (thanks for the invite, Val). We then providing musical accompaniment for the 'Good old Days' at the Awake December meeting, and also held an impromptu Christmas singalong for the residents at Godfrey Robinson House in North Ferriby.

Both the Beginners group and the Intermediate group are now

in full swing with 12 beginners and 6 intermediate budding George Formby's.

Anyone interested in joining please contact Steve Roberts (659816) for details.

Walking – Longer Walks

25 January – (60) BISHOP BURTON/WALKINGTON – 5 miles approx. Further details to be confirmed. Leader Neville (tel 07840 077965)

8 February – (46) NORTH NEWBALD – 5.6 miles. Meet at village green – Explorer map 293 – Grid Ref: 912 367. Leader Dave (tel. 07818 509381)

22 February – (61) BEVERLEY WESTWOOD – 4.5 miles. Meet at car parking area on Newbold road – Explorer map 293 – Grid Ref: TA 022 396. Leader Dave (tel 07818 509381)

8 March – (48) GOODMANHAM – 7.5 miles. Meet at village car park – Explorer map 293 – Grid Ref: SE 887 429. Leader Neville (tel. 07840 077965)

22 March – (52) RAWCLIFFE – 6 miles. Meet at south side of church, 'The Green' – Explorer map 291 – Grid Ref: SE 685 229. Leader Dave (tel. 07818 509381)

All walks start at 09:30.

Contact Dave Carlton tel. 650268 email davec123@outlook.com
For further details

Walking – Short Walks (2-3½ miles)

All walks are about 3 miles and start prompt at 10.00.

Wear clothing and footwear suitable for the weather and terrain.

Please supply me in writing with your name and contact details and the name and contact details of a named relative or friend should there be an emergency.

22 Jan Hessle-Sainsbury Way....flat, all pavements. Be aware that the Beverley Road is closed just before Darley's roundabout. Park at Hessle main car park.

12 Feb Newland Park from Oak Road Playing Fields car park.....park there. Flat, all pavements.

26 Feb Haltemprice Priory.... flat, lots of muddy grass. Park at dead end of Main Street, Willerby.

12 Mar Victoria Dock Village Bridges...flat, all pavements. Park at the Village Hall car parks.

26 Mar Willerby/Kirkella Womble. Light inclines, some grass/mud, mainly pavements...park at bottom of Willerby Square car park.

Ian Jones can be texted on 07847 850 309 or emailed at gianj@gianj.karoo.co.uk

IN MY OWN WRITE

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email sadrob@outlook.com or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

This month we have a poem from one of our relatively new members, Maureen Thompson, the sentiment is both self-explanatory and a welcome message.

PASTURES NEW

A year ago we lived in Wiltshire
We were happy and settled in a place to retire
Age and health-the need to downsize
It's something we thought would never arise
We did local searches but nothing would gel
Then daughter from Yorkshire gave us a bell
Checked out some places for us to view
We whittled them down to just a few
After several visits the die was cast
Our home was sold-goodbye to the past
Hello Yorkshire a long way to move
But after a year it's definitely love
We have made new friends and settled in fine
Yorkshire folk are so friendly and kind
We love your County as we travel around
The coast and Dales new places abound
We arrived last year with some trepidation
But twelve months on it's all anticipation

We awake each morning with a plan for the day
As often as not this includes U3A
This is now home so thanks to you all
We love it here and are having a ball

Maureen Thompson

(Thanks for that contribution Maureen, it brought a tear to my eye – Editor)

ROGER'S RANTS.

I hear the Riplingham Rd/A164 and Great Gutter Lane/A164 junctions area is to get a roundabout. There have been serious accidents here since the by-pass was opened, we are told that a roundabout on a trunk road will help congestion, really? A tail back like the regular one at Pappas will also happen at the new one. Same traffic, same road, same thing to get round. Riplingham will likely become an easy turn for north bound drivers spotting the Pappas jam ahead. Sat navs will take this new traffic through Kirk Ella village, Church Lane and by the school. Picture a 38 tonne truck at school time. I have no training in road design but do have an Ology in common sense. Bin this expensive plan and look at mine. Formed and explained to E.R.Y. Highways years ago when we lived 30 yrs. on Riplingham Rd and costing a fraction of the proposed silliness. Ready? Make all the turns left only. Out of Riplingham Rd on to A164 can only turn south towards bridge on a filter lane made on existing land. Entering Riplingham from A164 can only happen heading south. Again filter lane on existing land. Joining A164 from Gt Gutter lane only left filter towards Pappas. Joining Gt Gutter only by filter heading north. The existing dangerous centre lane where right turning standing traffic is protected from 60mph traffic only by a white line, will go. All the filter lanes in and out at Riplingham Rd and Great Gutter for left turns only can be made on existing verge land. Through traffic on this trunk route will not find a rat run and will get a clear flow. Local traffic will use local roads.

(Sounds like the League of Gentlemen – Ed) Some of the huge cost savings over the sausageabout plan (it can't be round can it?) can employ wardens to humiliate and charge the school zigzag parkers and let their tyres down. This is a trunk road so ERY highways are the agent but the dosh is ours.

WOTUFINK ?? tell E.R.Y. Highways.

P.S. I notice the lane markings on Papas roundabout have gone back to how they were. Maybe the thinking is "let's build a

roundabout and if it proves dangerous dig it up again.”

P.P.S. Overheard in Boots. “Where will I find haemorrhoid cream”...” on the bottom shelf” (I do the jokes!-Ed)

Post -Christmas quiz answers

1. Skittles
2. Black Magic
3. Kinder Egg
4. Twix
5. Matchmakers

Membership Update

Chris Coates (our Membership Secretary) reported at our recent committee meeting that the current membership of AWAKE U3A stands at a record 542!

Dates for your Diary – Monthly Meetings

February 21st - 'The Life and Times of Fred Elwell'
Val Wise

March 21st Canine Partners – Barbara Caulton

Next *AWAKEN*

Please send any items to be published to:

Steve Roberts at sadrob@outlook.com

And Chris Moody (website) at cjmcj7@gmail.com

The deadline for items to be included in the next edition of ***AWAKEN*** is **Friday 9th March 2018**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND
KIRK ELLA U3A the website may be found at
<http://u3asites.org.uk/>



Mother & Baby at Donna Nook taken by Judy Wride during the
NatureWatch visit in November 2017 (I have chosen NOT to
print the photo of the actual birth!)



The Ladies in the Pudding Club! with some of their creations



The pastel drawings produced by members of the Art Group during their 'Animals' session led by Mary Randell



The winner of the Digital Photography Group competition
Taken by Judy Wride when on holiday in Botswana (this was
only Judy's second visit to the Group), Well done Judy!