

**Number 40: November/December 2017**

## A Word from the Chair



Hello again everybody. I'm sitting here with no voice having used it all up on a very musical weekend! On Friday night I went to see 'Joseph' at the New Theatre and despite annoying the friends sitting around me I sang my way through every song in the show – nearly word perfect. Saturday morning my voice wasn't too bad but by bedtime, after singing along to the 'Elderly Brothers' at our first (but definitely not our last) U3A Social Event I couldn't even manage a whisper. For those of you who

weren't able to make it to this premier event, you missed a treat, so listen out for the next social evening which will soon be in the pipeline. To round off the weekend I became a 'Barely Awake' Groupie (so to speak) and went to offer vocal support to our favourite U3A ukulele group at Christ Church, South Ella. All the audience really enjoyed the sing-a-long and I think I heard the group being invited back sometime! I've now got three or four weeks to get my singing voice back ready for our Christmas Monthly Meeting and hope you'll all come to have a 'Good Old Days'/Christmas singsong at the Memorial Hall on December 20<sup>th</sup>. If I don't see you there can I be one of the first to wish you a 'Merry Christmas' and give a great big 'Thank You' to all of you for yet another great year for AWAKE. See you in 2018. Chris x



**Some of our 'Crafty' ladies!**



## **Compo & Clegg have nothing on this lot!**

### **Latest News/Events**

### **10% Club**

We hope you are all taking advantage of this offer, just show your U3A membership card at the participating shops (**latest details published in this Newsletter**) to receive the discount.

New shops now offering the U3A discount include Boutique1, Wicksey's, Pineapple, Independent Mobility & Spa Serenity.

### ***New Groups!***

We are always looking for opportunities to start up new groups especially where members show a keen interest. If you have an interest or activity for which we do not have a group there may be one in a neighbouring U3A.

**BE ADVENTUROUS** - have a chat with Sue McPhee or any of the existing Interest group leaders, all of whom are volunteers, and you might find it's not as daunting as you think!!

### **Coffee Club**

Coffee and a chat with friends is very popular with around 25 regulars attending. The venue is Gabrielle's in Anlaby from 10.30 am for an hour or so on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of each month. Dates until the end of the year are 10<sup>th</sup> and 24<sup>th</sup> November then 8<sup>th</sup> December. Liz

Pickering 572563

## **Coffee and a Stroll Club**

Future meetings 2017: 26<sup>th</sup>Nov, 10<sup>th</sup>Dec.

2018: 14<sup>th</sup>Jan-Kirkella/Zacherys,

28<sup>th</sup>.Jan- Anlaby Common/Gabrielle's.

11<sup>th</sup>.Feb, further dates, (venues TBD)11<sup>th</sup>.Feb. - 25<sup>th</sup>.Feb.- 11<sup>th</sup>.Mar.- 25<sup>th</sup>.Mar.-15<sup>th</sup> April- 29<sup>th</sup>.April.

Please note that all actual walks commence at 10.00am from the designated car park, ie Ferriby Foreshore or Barton Ropery, therefore any car sharing to get there should take this into account and obviously set off earlier in order to achieve the 10.00am start. Many thanks.

Any queries please phone David Atkin 650409.

## **Guitar Group**

I have now arranged for the group to meet every other Wednesday, 10 until 12 at The Manor Farm. You can be a beginner or have played before. At the moment there is no cost for using the Manor Farm, and I would like to thank them for that. If anyone is interested contact Paul Kirk on 650259.

## **Secret Pudding Club!**

The first meeting of the Pudding Club was held on October 6<sup>th</sup> and went down very well with all who attended. So did a flourless lemon and cream roll, a microwaved chocolate pudding with an ice cream centre, and a General satisfaction Pudding which might not have lived up to its name. For our December meeting we will be tasting Christmas delights: puddings we serve our family and friends over the Christmas period, and there will also be a blind tasting of mince pies.

We still have room for one or two more people to join, so if interested contact Joan Greenley on 653917

## **Interest Group News**

I have a few ideas for new groups which may appeal to you, Bridge, Cinema visits, Debating or Discussion or how about a real ale group, there seems to be a lot of new breweries starting and it may be an alternative to the wine group. There is still a list for short tennis and the pudding club. Please contact me if you are able to start a group or have any other ideas.

Sue McPhee 652766.

**Please note, information on all of our Interest groups can be found on our website (just put Awake U3A into google, other search engines are available!)**

## **Art for Everyone**

The Art group meets on the first and third Monday of each month. We have one session led by Mary Randall who guides us through the use of various medium and subjects, the second session is free and easy. If you are interested in joining us please contact us for dates and times.

Denise Roberts 659816.

## **Book Groups**

There isn't enough space to review the six different books we read in September and October but one that promoted a great deal of discussion and thought was 'Small Great Things' by Jodi Picoult. The author usually writes excellent books considering key issues within the content. This book is no exception and tells the story of a black midwife who finds herself faced with an horrendous situation. Well worth a read. If you are interested in joining one of the Book Groups please contact Chris Watson on 659773.

## **Bowls Group**

The outdoor Bowls has now closed for the season and will restart in March of next year, details will be available nearer the time for existing or potential new members.

**N.B.** The Wolfreton Bowls club AGM is to be held on **Thursday 16<sup>th</sup> November at 2pm** in the club house, all club members welcome to attend.

Anyone requiring further information please contact Denise or Steve Roberts on 659816

## **CARAVAN News**

1. Most group leaders are taking details of family contacts for use in emergency. I am not doing that. If you want such details available on a trip I suggest you place them in a purse, wallet or pocket so friends around you can find them. Caravan is friends travelling together, including me.

2. The "City Seen" trip to Sheffield is currently not viable. It was announced at the Oct. meeting so is new to 75% of members. I am proposing it again via this newsletter so everybody gets a fair chance.

Also Cambridge and Manchester are future potential "City Seen" visits.

Rail Day November 3<sup>rd</sup>. To help Steve our everpatient editor, I write this report BEFORE THE TRIP! to catch the press deadline. (Here follows Gypsy Rose Roger's report of the trip to deepest, darkest Yorkshire)

We all probably make it to the station in time (unlike the last trip).

The 14 minute platform change in Leeds could go well although June who has arranged for assistance by wheel chair as she walks slowly, may have eloped with the 'nice young man' pushing her. It may not be raining so we probably got good views. We will have taken our seats on the ancient rolling stock on this route which will probably not break down or find a cow on the line. A nice volunteer guide will appear at Settle to tell the story. Everybody will have read my notes about no toilets at Kirkby Stephen station as we cross platforms to return over the dramatic part of the route. Somebody will ask why we are not going all the way to Carlisle although having been clearly told that coming back from Carlisle would be dark over the top and our lunch stop is Skipton and its market day. Somebody may have bought a big vase from a salesman who saw him coming on the market and find it will not go on the rack. A few of us may take a cuppa in the magnificence of the art deco lounge of the Queens Hotel where we may bump into Alan Bennett (who will take lots of new material from our U3A for his next Book/Film/Play), as we wait for our train to Hull. June may rejoin us to say the 'nice young man' has bad breath and only wanted her money so hey ho. We may all take away a bit of the vase in case it is Ming or just mingin. We may all have had a jolly good day.

### **CARAVAN TRIP TO ST. IVES SEPT.28<sup>TH</sup> – Oct 4<sup>th</sup>**

Departure at 19.15 from Hull station feels a bit odd. In the first class waiting room at Paddington with staff and nibbles by 22.30. Having crossed London in three different ways. Soon in our cabins, berths with full bedding and a basin then everybody turns up in the lounge car for chat and a drink. Gentle speed in the night gets us to St Erth after breakfast service in cabins. In the hotel by 08.15. a few steps from the train to drop bags. West Cornwall awaits. We are four couples and three singles who soon get going in their own way. This was made a very full week by the ambition of everybody not to waste a minute. Here

is a selection of what some or all did. Penlee Gallery Penzance, Barbara Hepworth home and museum, Lost Gardens of Heligan (now found), a 15 mile coast walk with sight of 56 seals in one bay, a 7 mile walk to The Tinnars Arms, Charles Town (features on Poldark) , bus pass wandering around the county, Bernard Leach pottery and museum, Minak Theatre miles from anywhere open air on a cliff edge with the sea as back drop for a performance of Hansel and Gretel in German with idiosyncratic sub titles and a two piece orchestra, four found a helpful pub to tune in to the Hull F.C. semi final, ahhh (I told you not to mention the semi final – Ed), and lots of very good eating etc.etc. Most days we would pass at breakfast which some days had a cabaret of seals or dolphins out of the window. The hotel is pretty much in the sea. Ideas swapped and soon off to catch a bus or train or just stroll around this beautiful place. Leave St Ives 21.25 and back the way and in the style we came. Home for more culture by lunch.

## **Craft Group**

I was amazed at the buzz around the room at the last meeting. There was so much activity and projects being worked on. A fantastic owl quilt made by one member was displayed which was truly inspirational, especially as it was a first attempt at the technique.

There were many knitted/crocheted items being worked on, jumpers, squares, hats etc. as well as silver jewellery made from spoons.

The list of talents is growing month by month.

We had some craft donations on the table which soon made their way into people's bags.

A new member came to the Group and was made welcome.

We are all looking forward to displaying our creations when we make our debut at the **November meeting**.

The talk will be "**MY TRAVELS IN QUILTING**" which consists of lots of adventures (and mishaps) during my travels around Europe and worldwide as well as lots of quilts, bags and some unusual outfits to show.

There will be a display of many different crafts that members have made.

Also we will be displaying many Christmas related items including the Christmas Ornaments which we made last year. Please come along if you are interested in joining the Group.

Brenda Stapleton 654830  
[brenda@staple.karoo.co.uk](mailto:brenda@staple.karoo.co.uk)

### **Trip to Harrogate Knitting & Stitching Fair**

The trip to the above on Saturday 25<sup>th</sup> November (10am – 5.30pm) has **ONE** seat left on the coach for the day out in Harrogate (Christmas shopping etc.) the cost would be £10. Anyone interested please contact Jan Thomas (655878) for details.

### **Dancing Group**

The dancing group could do with a few more members. This is a friendly sequence dancing group, you don't have to be a dancer as you will be taught the dances. We meet every other Tuesday in the Anlaby village hall 2pm.-4pm come along and give us a try. Nobody has two left feet according to John our teacher.

Adrienne 654383

### **Digital Photography (Joint group with Hesse U3A)**

The December meeting will be a Christmas competition. Up to 3 photos on any subject taken since the September meeting can be submitted. Peter will comment on the photos at the meeting and choose a shortlist and then the winner will be chosen by the group. The January meeting will be on Outdoor portraits and Hull Fair when we will be looking at what members had taken on the subjects. At the February meeting we will be looking at what members had taken of local landmarks and City of Culture. An outing "after dark" will be arranged for those interested in going out one evening chosen by Peter when conditions are suitable for night photography.

For more information please contact Stewart Mawer on 655642 or email [stewart@mawer.me.uk](mailto:stewart@mawer.me.uk)

### **Family History Group**

If you want to find out who your ancestors are and where they came from come and join us and we'll help you discover! We meet monthly at the Willerby Institute between 2 - 4pm in the room on the right as you go in the main door. We are a friendly group and all help each other. Here are the dates for the next few months:- Monday 6th November, Monday 4th December,



Monday 8 January 2018, Monday 5 February, Monday 5 March.  
Last month we visited the Hull History Centre and were shown round parts of it that the general public don't normally see. Fascinating!

Contact Christine Gibbs 01482654897 or  
Christine.ferngibbs@gmail.com.

## **Local History Group**

This is one of AWAKE U3A's most popular groups and meets on a monthly basis. We also arrange occasional outings to places of local historical interest. Recent visits include Trinity House in Hull and the newly-restored Butt Farm WWII anti-aircraft battery in Beverley. In addition, we mount occasional exhibitions focusing on a particular aspect of local history.

Our next few monthly talks are:

**16<sup>th</sup> November** 'Statues of Hull' by Michael Free

**14<sup>th</sup> December\*** 'Every Picture Tells a Story' by David Robinson

**18<sup>th</sup> January 2018** 'Hull's Incredible Untold Story of WW2'  
by Dennis Chapman

***Everyone welcome!***

Our meetings take place on the **third Thursday** of the month at 2 p.m. in St. Luke's Hall, Chestnut Avenue, Willerby, and all AWAKE U3A members are warmly invited. There is an admission charge of £2 per person to cover the costs of speakers, hall hire and refreshments.

\*Please note this meeting is on the **second Thursday** of December. Our full 2018 programme will be available to group members at this meeting.

Guests are most welcome to attend up to two meetings, but ongoing attendance requires membership of AWAKE U3A.

For more details about the Local History Group, please contact the group leader: Francis Davies (650449; [francisvdavies@live.co.uk](mailto:francisvdavies@live.co.uk))

## **NatureWatch**

Our future visits are as follows:

Dec 8<sup>th</sup> Far Ings, The Sloop for lunch and year end review.

Further information can be obtained by contacting Celia or Mark Beaumont (654666)

## **Quizzing Group????**

The quizzing group continues to be very popular with 30 plus people turning up each night. Give Chris Watson a ring on 01482 659773 if you would like further information.

Future dates are November 23<sup>rd</sup>, December 7<sup>th</sup> and 21<sup>st</sup>

## **Singing for Fun**

After our five minutes of stardom and gold medals at the over 55's competition, we are now back down to earth. I think everyone enjoyed themselves. Many thanks to all singers and those people who supported us. Sue McPhee

## **Stately Homes Group**

Our October meeting was spent visiting Cusworth Hall near Doncaster – an interesting place that many of us felt we would like to visit again. For November we looked at a few Stately Homes that we might visit in Norfolk next year. There certainly are many to visit in that area of England. Our Christmas visit is hopefully to Sewerby Hall to see the decorations and have a mince pie or two. If you are interested in attending our Stately Homes Group sessions please contact Chris Watson on 659773

## **Table Tennis**

We now meet in the Church at Anlaby Park rather than the Church Hall, not so good but acceptable. Three of our group once again organised a games night for the Church Youth club which was enjoyed by all.

New members are always welcome to join us at the Anlaby Methodist Church, Anlaby Common from 2pm to 3.30pm on the second and fourth Thursday in every month.

For further information contact Steve Roberts (659816)

## **Ten Pin Bowling**

We are up and running again after the school half term and the attraction of two games plus tea/coffee AND a bacon sandwich is still the big attraction, the skill level is certainly improving with the highest recorded score regularly changing hands but currently the accolade goes to David Newman with a top score of 190!

Both the Monday (every other week) and Friday (every week) sessions commence at 10am at the bowling alley in the ground floor of the Princes Quay shopping centre.

Contact Dave Bodecott (Monday) on 656317 or David Newman (Friday) on 659870 for more details

## **Barely Awake Ukulele Group**

We now have 34 active members of the Ukulele group and have split the Beginners group into Beginners and Intermediates!

We have recently entertained at Willersley House, The Hull U3A, St. Lukes Friendship group and Christ Church, Southella.

Anyone interested in joining please contact Steve Roberts (659816) for details.

## **Walking – Longer Walks**

It would be appreciated if everyone would lead at least one walk throughout the year.

Future walks planned as follows:

All walks start at 9.30 unless otherwise indicated.

**23 November – RISBY/WALKINGTON** – 5<sup>1</sup>/<sub>4</sub> miles along almost level tracks and lanes with option of an extra 1<sup>1</sup>/<sub>2</sub> miles along field paths which may be muddy. Meet at Folly Lake Café car park, Risby Park (post code HU17 8SS). Explorer map 293 – Grid Ref: TA 009 352.

Leader Neville (tel 07840 077965)

**14 December – ELLERKER** – a short walk of 5 mile followed by our 'End of Year' lunch at 12:00 in the Garden Centre café, (Choice of a seasonal lunch or a la carte menu). Meet at Garden Centre, post code HU15 2DD, rear car park at 09:20, the route will depend on the prevailing ground conditions. Explorer map 293 SE 929 295.

Leader Neville (tel. 07840 077965)

Contact Dave Carlton tel. 650268 email [davec123@outlook.com](mailto:davec123@outlook.com)

For further details

## **Walking – Short Walks (2-3½ miles)**

13 Nov Beverley Molescroft. Park in dirt car park off Ings Lane, off Grange Way, Beverley.

Lots of pavements some grass.

27 Nov Hessle Two Bridges. Park Hessle Square car park behind Library.

Again lots of pavements and a long stretch of grass at playing field.

11 Dec Meal walk from Skidby, Half Moon. Park at back of Half Moon car park.

Mainly grass and mud! But a good finish on pavements to clean your boots.

25 Dec do your own thing. Happy Christmas everyone!

8 Jan 2018 Willerby Railway Line (dis). Park at Willerby Square car park.

Lots of grass and some pavements.

22Jan 2018 Hessle-Sainsbury's. Park at Hessle Square car park. All pavements.

All but 3 of next year's walks have been written up, 5 of which are completely new and some old favourites have some added features.

Contact for text messages 07847 850309

Email [gianj@gianj.karoo.co.uk](mailto:gianj@gianj.karoo.co.uk)

Ian Jones.

## **WINE Appreciation Groups**

### **WAG1**

The Group has had a quiet time since the last report. Our September trip to York, jointly with WAG2, unfortunately was cancelled and our October meeting was postponed because of illness. So we are looking forward to our November meeting, hosted by Clive Eacott, and our January meeting, postponed from October, which will be a tasting of Austrian wines, organised by Chris Watson and Ann Kay.

Further information about our activities can be obtained from Alan Townshend (tel: 651212).

### **WAG2**

We did not meet in September due to holidays but our evening in October was hosted by John and all members were present.

He did a presentation on Australian Wines which were very enjoyable.

November will be hosted by Brian and Doreen so look forward to that.

Our December meeting is to be festive, everyone to bring their

favourite wine and some festive fare, should be fun.  
Pat Dale Tel. 654976

### **IN MY OWN WRITE**

Write an article for *AWAKEN* and win £20. Your article will appear under the title 'IN MY OWN WRITE.' What we are looking for is a reflective, interesting, amusing or opinion piece rather than a purely informative article. The content can be lighthearted or serious but it must be suitable for the *AWAKEN* readership. Your article must be approx. 450 words long (one side of A5). Avoid religion, politics and too many exclamation marks!!! Include your Name and Membership no.

Contributions should be sent to Steve Roberts, preferably email [sadrob@outlook.com](mailto:sadrob@outlook.com) or on paper copy to 18, Ellerker Rise, Well Lane, Willerby HU10 6EY

This month we have two contributions, thank you please keep them coming, first a recycling message we can all identify with from Val Lowish and a poem from one of our relatively new members, Maureen Thompson, the sentiment is both self-explanatory and a welcome message.

### **So What is New!**

These days the Government and the local councils keep telling us how important it is to recycle as if it is a new phenomenon! Cast your mind back to the days of our youth when I can remember knocking on all the doors in our street to see if they had any empty bottles and with great joy returning them to the shop where we received a penny for each one.

Then there was the newspaper collection. Borrowing someone's old pram we would fill it with the papers and trudge off into town to the Hull Daily Mail where it would be weighed and money handed over (about 3d I think !!) What about jam jars back to the pickle factory (that is unless they had already been used to get into the pictures!)

Old worn out clothes after they had been handed down several times would be made into rag rugs - not grandpa's old greatcoat though - that made an extra blanket for the bed!!

The latest fad is food waste recycling - we all have a brown bin in which to place any food waste - a new idea? No! Who can remember the Swill bucket - an old metal bucket in the back yard that held old stale food, vegetable peelings, tea slops, sour milk and the like all turning rancid. As the week went on so the smell of the bucket increased until - joy of joys - it was Friday and the Swill man collected it and took it away to be fed to some lucky pigs! Pork doesn't taste as good today does it?

Recycling? Been there, done that, got the tee shirt!!

**Val Lowish**

## **PASTURES NEW**

A year ago we lived in Wiltshire  
We were happy and settled in a place to retire  
Age and health-the need to downsize  
It's something we thought would never arise  
We did local searches but nothing would gel  
Then daughter from Yorkshire gave us a bell  
Checked out some places for us to view  
We whittled them down to just a few  
After several visits the die was cast  
Our home was sold-goodbye to the past  
Hello Yorkshire a long way to move  
But after a year it's definitely love  
We have made new friends and settled in fine  
Yorkshire folk are so friendly and kind  
We love your County as we travel around  
The coast and Dales new places abound  
We arrived last year with some trepidation  
But twelve months on it's all anticipation  
We awake each morning with a plan for the day  
As often as not this includes U3A  
This is now home so thanks to you all  
We love it here and are having a ball

**Maureen Thompson**

(Thanks for that contribution Maureen, it brought a tear to my eye – Editor)

## **ROGER'S RANTS. (and free offer)**

A new member recently called at our house to speak to Roger Rant. Chris sorted out this misunderstanding and explained he is just the bloke who speaks his mind on matters trivial or important to entertain and not to take too much notice.

I am getting a new wave of unsolicited phone calls these days offering to make my house more energy efficient. I do lead them on a bit if I have nothing better to do. Heat pumps are usually the product. In some circumstances this technology could be a good idea. Our house is A rated on an energy performance certificate. This is very rare and when told they ring off.

THE OFFER (first made in 2013 to a much smaller U3A group). I will take a look at your house at your request to consider what improvements you could make to energy costs or general comfort. I am not selling anything and the only catch is I expect a cup of tea. I am pretty well informed on the scene and the technology.

I saw a few houses last time round in the peak season of putting things on your roof with big grants. The economics are now very different. Give me a call and we will make a date. Tel 657105

[coatesroger@outlook.com](mailto:coatesroger@outlook.com)

## Dates for your Diary – Monthly Meetings

**December 20<sup>th</sup>** – ‘The good Old Days’ Old Time Music Hall theme & Christmas Singalong – **You are all encouraged to ‘dress up’ accordingly!**

### Next **AWAKEN**

Please send any items to be published to:

Steve Roberts at [sadrob@outlook.com](mailto:sadrob@outlook.com)

And Chris Moody (website) at [cjmcj7@gmail.com](mailto:cjmcj7@gmail.com)

The deadline for items to be included in the next edition of **AWAKEN** is **Friday 5th January 2018**. Written contributions and photographs of group activities are always welcome and needed to keep fresh interest in our groups.

Registered Charity Number 1150988 ANLABY WILLERBY AND KIRK ELLA U3A the website may be found at <http://u3asites.org.uk/>



The St. Ives pirate invasion enjoy a last drink before leaving their luxury hotel for the overnight ‘sleeper’ train home



The second train trip gang at the Toiletless! Kirby Stephen Station (& not a tree in sight!)



Our social evening went with a bang, hopefully enjoyed by all. Here's to the next one. (Definitely enjoyed by all, Well done Sue)





"Submarine commander Jones complete with traditional headgear and seagoing charts and some of his motley crew prepare to investigate the environs of the inland water ways at Beverley Beck. "