

ASHINGDON & ROCHFORD

# Newsletter



Charity No: 1180576

NOVEMBER 2023

**The deadline for contributions to the next Newsletter is Wednesday 29 November 2023**

**Please send items for publication to the Newsletter Editor**

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Hello my U3a friends, another month gone already, time flies, time to put away shorts and flip flops very sadly and turn to long trousers and jumpers. I'm not a winter person.

Our barn dance was well attended and great fun. I personally love a barn dance. Great group and Alex, our caller, is lovely.

Next comes Christmas party at the u3a. Normal meet day in December - bring your own food and drink. There will be a seasonal raffle. Our group, the Wanderers, will be playing, so lots of dancing. Wear your Christmas jumpers, or men, the seasonal tie.

But before that is our Christmas lunch at Saxon Hall. If you haven't booked, see a sub committee member who can help you. We had a great time last year, don't miss out.



The shops full of cards, gifts and decorations. The garden group had a visit to the German market at Meadow Croft, oh my, full of beautiful things, gifts, decorations, take your debit card! We can't escape Christmas. There will be in all the churches carol concerts, Christmas fairs, just give into the season and enjoy. I personally love Christmas dinner. We as a family only do a secret Santa gift, well apart from the children. So, you can cut down cost. Us old people! Have to watch our pennies.

Mind you, just got a letter explaining our heating allowance, can't be bad.

Next year we only have a quiz booked in March, but the social committee are open to suggestions as to what we can do. So please help them. We have some new ideas which we will explain at next month's meeting, so please help us - it's your u3a.

Our holiday to Harrogate is very well supported, not even sure if any more rooms, thanks for helping this go ahead. More information in new year.

Enjoy your u3a, make the most of what is on offer.

Beryl  
Lady Chair

## NEXT MEETING

**2 November**  
**Doors open at 1:15 pm**  
**Meeting starts at 1:45 pm**

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## FORTHCOMING SPEAKERS

2nd November  
Sally Lawrence  
*BBC Continuity*

7th December  
*Christmas Party*

04 January 2024  
Barry Linton  
*Staying Safe Online*

01 February 2024  
Mark Smith  
TBA  
(Antiques road show expert)

## Noticeboard

**ON THE BORROW** - Has anyone got a middle size Christmas tree we can borrow. We have been asked if we would like to decorate a tree for St Andrews Church, Ashingdon. Then another ask - I thought as lots of crafty people, we could make our decorations, Ann Hill has already offered, lovely to get involved in our community.

Lady Chair Beryl

### Members' Monthly Draw

*The winner of the October Draw was*

**Bob Sampson**

You too can win £10! All you have to do  
*"Just remember to SIGN IN"*

## Dates for your diary

### *Christmas Wreath making*



Once again, I am planning on doing a Christmas Wreath making session. It will be on the morning of Thursday 30th November. As last year, it is intended to be a bit of fun as I am no expert, but hopefully at the end we will all have a lovely natural Christmas wreath to hang on our front door!

It will be outside in my garden in a covered area, so will go ahead whatever the weather. But it will be **COLD!**

There will be a charge of £8 to cover the cost of the wreath rings, ribbon, wire etc etc. If you would like to come, or want more information, please e mail me or text me.

If you could do this before November 10th, I would be grateful, as I have to order the wreath rings etc.

Thank you!  
Sue Morris

## Health Walks from Magnolia Park

Rae, Anne and Richard invite any of our u3a members to join us on our weekly, Monday walks from Magnolia Park. We start walking at 10.am so meet at 9.45.am to allow time to put on boots etc., to enable a prompt departure at 10 am. Walk distance is about 2 to 3 miles at a pace to suit the ability of the slowest walker. Please use suitable foot wear for unmade sometimes muddy footpaths and bring suitable rainwear etc for our changeable weather

*Richard Paternoster*

## Walks with Phil

Due to holidays the two weekly interval has to be disrupted again - sorry.

Friday 27 October

Let's meet at the car parking spaces by the Rose Garden in Lower Road Hockley ready to walk by 9.45am. We have done this walk before but this time we will do the lasso shape anticlockwise. So we will walk up to Plumberow Mount, across towards St Peter and St Paul church, over the railway footbridge towards Betts Wood, and over the railway crossing just west of Hockley Station. And then north gradually up and down again back to our cars. Probably just under 4 miles with some ups and downs, varied terrain and great views towards the Crouch.

Friday 10 November

A newish route combination. Let's meet at Clements Hall Leisure Centre outside the entrance to the building, ready to walk at 9.45am. We will walk out across Rectory Road and along part of the old coach road known as Ironwell Lane. Before the new houses we will cut across to Hall Road and, with a short section on that road, we will then follow the Roach Valley Way across to Cherry Orchard Way, walk along part of the old Cherry Orchard Lane, and via The Lawn, to Gusted Hall. We will then go on via Mount Bovers, Thorpe Road and parkland back to our meeting place. Just over 4 miles of varied scenery and some views north and south with only gentle slopes.

Friday 17 November

A very level walk away from noise and bustle unless we are unlucky with farm machinery. Let's meet in the layby in the bend in the road opposite Stambridge lakes, ready to walk by 9.45am. This time let's walk anticlockwise across fields towards Stambridge Mill before following the River Roach sea wall east towards Bartonhall Creek and then back west inland back to our cars. Probably less than 4 miles.

All U3A members with a reasonable level of walking fitness and sturdy footwear are welcome on any or all of these walks. There is no limit on group membership and you will be deemed to be a member of the group just by attending one walk. So just turn up. But any concerns please text me.

Hoping to see you on one or more of these walks.

*Phil Kelly*

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## Serendipity Future Plans

This is your last chance to sign up and join us for the **Tower Bridge visit** on the 23.11.23. The price is £19 and can be paid by card/bank transfer at the meeting to Noreen Bishop, Treasurer. For those members already going, we will catch the 9.18 train from Rochford and then the No 42 bus which stops right outside Tower Bridge, to enable us to be at the venue for the first tour at 10.45 am. The second tour will follow at 11.00 am. As we are going on an earlier train, it might be advisable for members to purchase your rail ticket prior to the day we go, to avoid having to queue.

*Shelagh Nicholas*  
*Visiting Coordinator*

(December nothing)

The **2024 Serendipity Lunch** will be held on Thursday, 18 January. Further details and menu will be emailed to members as soon as possible. Check the December Newsletter too for more information.

Please make yourself known to the Group Membership committee members at the November monthly meeting if you are not yet a member of the Serendipity group and would like to be involved. They will direct you to the Serendipity information table.

*Sue Horncastle - Serendipity Group Co-ordinator*

## Theatre Group

Welcome to new and current members. I thought it might be useful to give you an overview of the group. Firstly, and most importantly, everyone is welcome to attend our theatre jaunts. It is a great opportunity to meet others - some members come on their own and others with friends. We are a friendly bunch, and you won't be sat on your own.

I aim to offer a variety of genres, including plays, dance, comedies, opera, ballet, and musicals, which are always popular. If you spot anything interesting, please let me know, and it will be considered, subject to interest. I provisionally book many months ahead to secure great seats at group rates or special prices; therefore, payment is required 3-4 months in advance. ***The more seats we fill, the cheaper it is for all.***

We see a wide variety of performances mainly around the region (The Cliffs Pavilion, The Palace Theatre, the Dixon Studio, Towngate Theatre) however productions further afield will be considered, according to interest. Theatres around the country (and globe) have seen huge increases in operational costs, amid soaring energy bills, war/s, falling ticket sales, due to the cost-of-living crisis, and the aftermath of the pandemic. In fact, Trafalgar Theatres, who run the Cliffs Pavilion and Palace Theatre have said the industry is "verging on catastrophe". Being aware of these financial pressures, I always aim for a mixture of shows at great prices - from large productions to more modest local amateur theatre groups (which have proven to be excellent). I normally secure great seats in the front stalls and mainly matinee performances, so no late nights! Getting to the theatre (and parking) can be difficult and we don't want anyone to miss out, so if you are able to give someone a lift/or car share, it is very much appreciated.

Finally, Southend Theatres (like many others) run a Disability Access Scheme (DAS). If you are in receipt of some form of disability benefit, you may be entitled to the accessibility scheme. If you would like further details, please either contact the Cliffs Pavilion booking office or let me know.

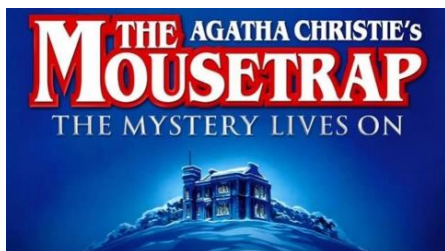
Shows are advertised at A&R U3A monthly meetings (and in the newsletter when possible). Please come and see me at the back of the hall.

**Six (Musical) – tickets are ready for collection at the November meeting.**

If you would like to contact me please email or phone.

Many thanks. Claire Ham

COMING UP.....



**The Mousetrap: 70<sup>th</sup> Anniversary Tour (Play)**  
**Wednesday 6<sup>th</sup> March 2024 2:30pm Palace Theatre**

The West End production of Agatha Christie's The Mousetrap is the world's longest-running play. Seven strangers snowed in at a remote countryside guesthouse discover there is a killer in their midst! Can you solve this world-famous mystery? **Limited spaces are available.**

**SPECIAL OFFER!! £33** for age 60+ (normally £38). **Payment at the November meeting.**

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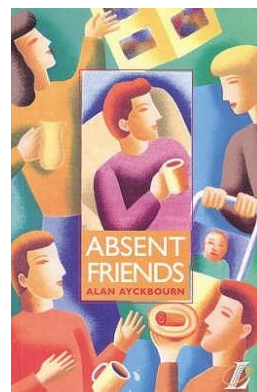
**Absent Friends by Alan Ayckbourn (Play)**  
**Saturday 11<sup>th</sup> May 2024 2:30pm Dixon Studio (Palace Theatre)**

70's classic. Colin must be comforted in his grief over the death of his fiancée so his friends, who never met the girl, arrange a tea party for him.

Everyone is on edge wondering what to say, but there is more to their unease. By the time Colin arrives, the tension has escalated considerably.

**£15** Payment at the January Meeting.

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**Bonnie and Clyde (Musical)**  
**Wednesday 22<sup>nd</sup> May 2024 2:30pm Cliffs Pavilion**

Best New Musical - 2023. Bonnie and Clyde; Fearless, shameless, and alluring, discover the electrifying story of love, adventure, and crime. *Highly recommended.*

**£43** Payment at the February Meeting. **Limited tickets.**

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**Jesus Christ Superstar (Musical)**  
**Wednesday 10<sup>th</sup> July 2024 2:30pm Cliffs Pavilion**

An album that inspired a revolution. A revelation that changed the world. A reinvention for this millennium. This reimagined production won the 2017 Olivier Award for Best Musical Revival, with unprecedented reviews and accolades.

**£44** Payment at the May Meeting.

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## Waiting for God (Play)

**Saturday 13<sup>th</sup> July 2024 2:30pm Dixon Studio, Palace Theatre**

Amateur Production by the East Essex Players

Based on the BBC sitcom, Waiting for God explores the challenges that come with growing old disgracefully in the era of the “silver

surfer”. At Bayview Retirement Village, battle-axe extraordinaire Diana Trent conspires with new resident Tom Ballard to give the conniving manager his comeuppance through a hilarious conspiracy with unexpectedly heart-warming results...

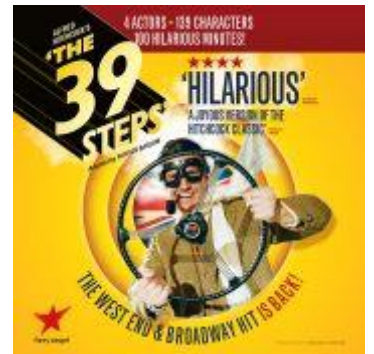
**£16.50** Payment at the April Meeting.

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## The 39 Steps (Comedy Play)

**Thursday 25<sup>th</sup> July 2024 2:30pm Palace Theatre**

Alfred Hitchcock’s classic spy thriller, The 39 Steps, brilliantly and hilariously recreated for the stage as the smash hit Olivier and Tony Award Winning Comedy. This wonderfully inventive and gripping comedy thriller features four fearless actors, The UK tour follows nearly 10 years in London’s West End.



**SPECIAL OFFER!! £35** mid-week senior special.

Payment at the April Meeting.

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## Hairspray (Musical)

**Wednesday 11<sup>th</sup> September 2024 2:30pm Cliffs Pavilion**



Welcome to the 60s, where everyone’s grooving to a brand-new sound! Enter Tracy Turnblad, with big hair, big heart, and big dreams to dance her way onto national TV. This fun-filled, feel-good show is bursting with show-stopping numbers, dazzling costumes, and dizzying dance routines that you can’t help but shimmy too!

**£TBC** Payment at the June Meeting.

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*Further details from the Theatre Group table (back of the hall) at monthly meetings.*

## Group News Roundup

### Snooker Group 1

Phil Kelly worthy winner of Golden Cue for October.

Next fixture is November 9th see you then

*Dave Lazell*



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## I.T. Group



Our meetings continue to cover a wide variety of IT topics embracing phones, tablets and computers. The last couple of months has seen us covering problems with Windows updates, duplicate contacts and calendars, QR codes, transfer and backing up of photos between smart phones and other devices, Windows Recovery Drives, VPNs – what they are and why you might want one plus recent IT news and developments.

The group is full and there is a waiting list so if there is any member out there with IT skills then I am sure there would be a ready-made group if you want to volunteer to lead one.

Dave Pointer

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## Table Tennis

As a group all of us are still happy playing table tennis. Please note I have 2 places left. If anybody is interested, please contact me - we play on Wednesday evening.

John Owen

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## Garden Visits Group

The sun shone down on us when visiting Walnut Tree Cottage, Cobblers Green, Felsted, Dunmow. The owner, Sue, has only lived in the cottage for 5 years and apparently she and her husband started their garden from scratch after having spent the first two years updating their home. There is a small lake – I think just a little too large for a pond – with mallards enjoying their home. Guinea fowl and chickens are in a field to the side. The whole of the site looks out onto a field with trees dotted on the horizon. The garden is an eclectic mix of plants, trees and shrubs as Sue enjoys acquiring plants and placing them where there are spaces – rather like how I used to garden.

This NGS garden opened for our small group of 10 for £5 each and tea and cake were provided for an extra £4. See below for a few photos of this chocolate box cottage and garden.



Our next visit is to Saling Hall on Saturday, 21<sup>st</sup> October.

Janet Arrowsmith

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## Gardening visit to Meadowcroft

The new gardening group met for a visit to Meadowcroft garden centre. The group enjoyed a visit to the Christmas German market and the large re-vamped plant area.



We followed with a visit to the new cafe area where the group enjoyed coffee and cake whilst doing a gardening quiz.



Marion and Paul

\*\*\*\*\*



## Calligraphy Group

The Calligraphy Group is progressing and everyone is doing well. There is no limit on how long the course is to run, when you feel competent to go on alone then I have done my job, but I find most of my group choose to stay and socialise as well as learning.

We have had our First Gentleman join us last week and hopefully more will come along and give it a try. He was made very welcome by the other ladies and I believe enjoyed the class, he says he is coming along again.

If you're interested in joining the class, then please enquire if there are places available. I can only take a limited number so there might be a wait but if you put your name down on the waiting list I will certainly get back to all interested.

Barbara Baker  
Calligraphy Group

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## Knit and Natter

Here at Knit & Natter we've been making more goods for charity! Well keeps us out of mischief!



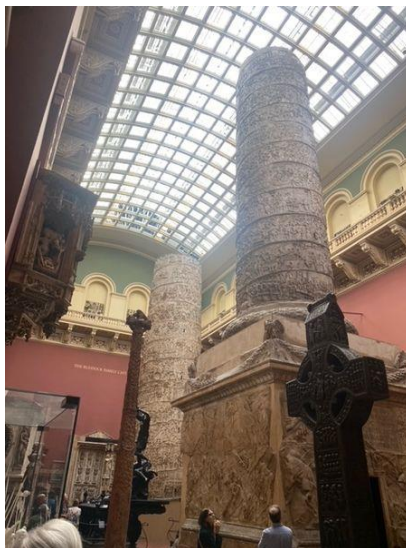
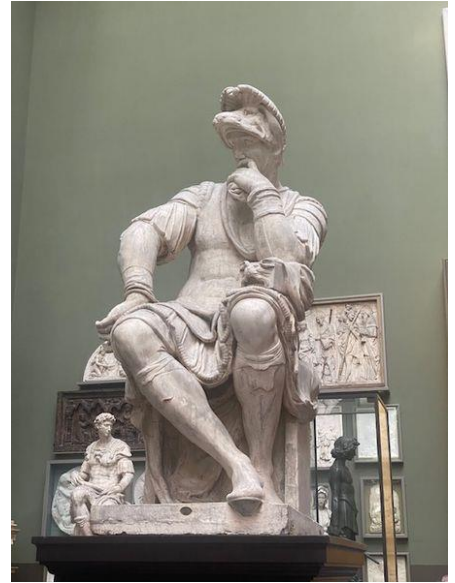
Chrissie Lazell

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## Serendipity visit to V&A museum

On Thursday 21st September members of our Serendipity Group travelled to South Kensington, London to spend the day at the Victoria & Albert Museum.



The exhibits and displays were exceptional, and many of us took advantage of the free guided tours available before spending the remainder of the visit exploring the many galleries spread over 5 floors. It isn't possible to see everything in one day, so no doubt we will return in the future to see the amazing exhibits.

*Rae Hill*

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## Bird Watchers

Five of us went to Rainham Marshes on the 9<sup>th</sup> October, it was a beautiful warm sunny day and quite a number of birds were about. Again, it was Matt who struck lucky with this great picture of a fairly rare Bearded Tit, also called a Reedling, they usually stay deep in the reeds, but at Rainham they come out and feed on these gravel boards. There are only around 600 pairs breeding in UK compared to 2.5/3.5 million Blue and Great Tits.



*Paul Nice*

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# U3A Photo Group Oct 2023 Autumn Hues & Views



The Autumn is a season of change, and it's a great time to capture the beauty of nature through photography. The vibrant colours of the leaves, the crisp air, and the warm light make it an ideal time to take pictures. One of the most exciting events in autumn is fireworks night, which is a great opportunity to capture stunning images of fireworks, displays and bonfires.



....Fireworks photography can be challenging, but with the right techniques, you can create some truly breathtaking images. To get started, best use a tripod to keep your camera steady and a remote release to reduce camera shake. You should also scout out the location in advance to find the best vantage point.

When photographing fireworks, it's important to use a slow shutter speed to capture the trails of light. You should also use a low ISO setting to reduce noise and a small aperture to create a deep depth of field. Experiment with different shutter speeds and apertures to find the perfect settings for your shot. - But stay safe, don't get too near!

In addition to fireworks night, there are many other opportunities for photography in Autumn. The changing colours of the leaves provide a beautiful backdrop for portraits and landscapes. You can also capture the beauty of nature by taking pictures of pumpkins, apples, and the bounty Autumn brings.

Halloween is another exciting event that provides great photo opportunities. You can take pictures of spooky decorations, costumes, and trick-or-treaters.

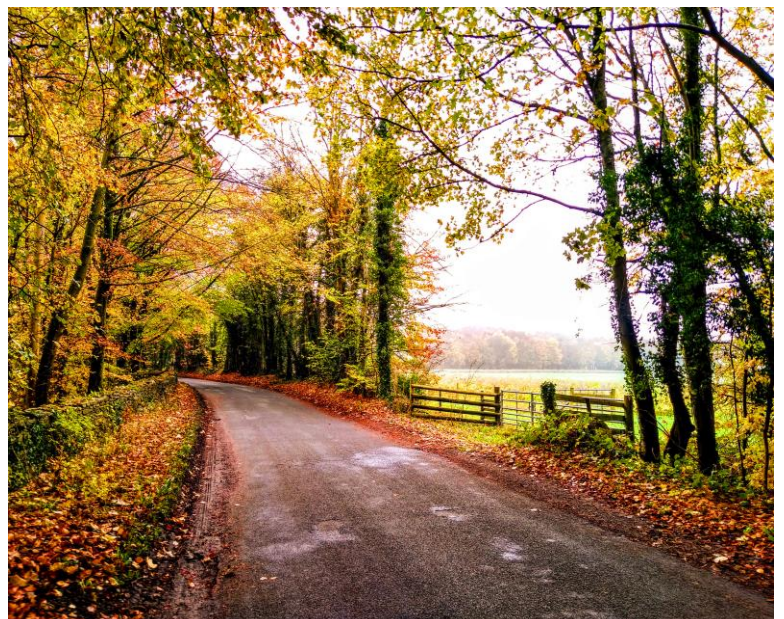
Autumn is a wonderful time for photography. Whether you're capturing the beauty of nature or the excitement of Halloween or Bonfire Night! Autumn brings many opportunities to create great colourful photographs.

## This Month's Photo Gallery

Firework Display Southend Seafront & An Autumn Country Road

Photo 2nd Friday of month T.B.A.

*Roger Young*



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## Are you curious - October 23

Subject "it's about time" - What an amazing topic.

*Whilst researching it just blew my mind, we take time for granted it's everywhere.*

But of course that was not always so .

To be able to tell the correct time Greenwich mean time is a fairly recent idea.

So we all have time available to us now on phone, wrists, clocks, ovens endless ....

So we considered Sun dials candles water dials knocked upperers ....etc.

Till we get to the first Verge escapement in 1283 at Dunstable Priory Bedfordshire .

This led to the development of all mechanical clocks be it pendulum driven, weight driven etc etc .

The group never disappoints all manner of time pieces ,pocket , wristwatches , American , egg timer , metronome , a ship's clock circa ww2 to mention just a few .



Next time we meet will be November 27th our Christmas get together with festive refreshment and ideas.  
See you then

Dave

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## Local History 2

We met in Ashingdon Church Hall for our October meeting, where we watched a film, 'Southend Past - The Town Our Parents Knew'. It covered the visit of the Royal Navy in 1909, scenes of town life from the 1900s to the 1960s, holidays by the pier, Ekco electronics factory and Southend Airport in the 1960s.

Many members, including those who were new to the area, said how much they had enjoyed the film.

For our next meeting on Tuesday 14th November, we will visit St Nicholas Church, Great Wakering at 2pm.

Carol Collins

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## Cards and Papercraft Group

Our Cards and Papercraft Group met on October 16 and made some different styles of Christmas cards using stencils, stamps, inks and water colours. All very quick and simple designs. Quite a few people were on holiday and so we were a small group this time!



Our next meeting is on November 20th, 1.15 at Hawkwell Baptist Church. Sadly we have lost some members recently, one due to moving away and others due to life commitments. This means we are actively looking for new members. Should any of you be interested you are most welcome to come along and either join in or just watch and have a cuppa! If you want to chat first, please phone me.

We are a small friendly group, always happy to share materials and so no need to have lots of equipment to join!

Wendy Paternoster

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## Birmingham RMA 'Obituary to Common Sense'

found by David West

Today, we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years.

No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape.

He will be remembered as having cultivated such valuable lessons as knowing when to come in out of the rain, why the early bird gets the worm, life is not always fair, and maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you earn) and reliable parenting strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a six-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from

school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves failed to do in disciplining their unruly children. It declined even further when schools were required to get parental consent to administer Aspirin, sun lotion or a sticky plaster to a student, but could not inform the parents when a student became pregnant and wanted to have an abortion; or change sex.

Common Sense lost the will to live as the Ten Commandments became contraband, churches became businesses, and criminals received better treatment than their victims.

*Our u3a member Robert Samson was sent the above article by another u3a member Rob Williams*

## Don't let the Bed Bugs bite by Alan Perkins

As if the news from the Middle East, Ukraine and elsewhere in this climate changing, doomed World, were not bad enough, the media have, of late, been keen to add to the misery by warning us that we might be in for an infestation of bed bugs exported from Europe. (I thought we were no longer in the EU?)

Compared with constant bombardment from shells, rockets, drones or whatever other ghastly weapons that the major powers have succeeded in enriching the world with, bed bugs are a trivial, but nevertheless, unpleasant, menace, as I know from personal experience.

Back in 1949 when I was still serving King (yes, King!) and country by pursuing my National Service in the harsh Mediterranean surroundings of Gibraltar, I was part of a small, Royal Signals Wireless unit. We were stationed at first in an ideal location halfway up the Rock. We had easy access to the town and ideal views of the harbour, as well as parts of Spain and North Africa. Moreover we had complete control over the access road through our camp.

It was never going to last was it? After I had been there for about 8 months, our unit was suddenly and inexplicably moved from our terraced wooden huts on the hillside to a stone built traditional barracks situated at Europa Point, the most southerly point of Gibraltar, where it noses in to the Med. Our unit, about 30 of us, had not been in these new premises long before we were all itching and scratching quite badly from what turned out to be (yes, you've guessed it) bed bugs. Very unpleasant little creatures they were too. When inflated with your blood which was generally the case when you found them, they were red, round and about a quarter of an inch in diameter.

Drastic action was called for: all sleeping quarters had to be evacuated immediately. Beds and bedding removed, walls, floors and all possible surfaces had to be thoroughly scrubbed with disinfectant. Likewise, our iron bedsteads, especially the springs; the centres of which were found to be ideal hiding places for the horrid little pests. All bedding had to be brushed, shaken and carefully examined and then thoroughly dusted with Keatings powder\*.

Indeed, for several weeks Keatings powder\* had to be dusted on all bedding, day or night (we worked a 24-hour shift system) before getting into bed. This meant that as you did so, or when you turned over, a small cloud would form above the bed(s).

Whether it was us or the bugs these measures did more harm to I am not sure, but we suffered no major casualties and the bugs were eliminated in the end.

Result, Royal Signals 1 million + dead bed bugs - Bed bugs 0.

NB. \*Keatings powder – “harmless to animals unrivalled in destroying fleas, bugs, Beetles etc. A small quantity placed in the crevices of a bedstead will destroy bugs.” See Google.

GROUP MEETINGS CALENDAR			
MONDAYS			
Walking	Weekly	9.45	Richard Paternoster, Anne and Ray Hill
Are you Curious	4 <sup>th</sup> Monday of month	2:00 - 4:00	Dave Lazell & Graham Collins
Beer Appreciation	2 <sup>nd</sup> Monday of month	2:00 - 4:00	Terry Lake
Bird Watching	2 <sup>nd</sup> Monday of the month	TBA	Paul Nice
Calligraphy Group	2 <sup>nd</sup> Monday of the month	10:30 am	Barbara Baker
Card and Paper Craft	3 <sup>rd</sup> Monday of month	1:30 pm	Wendy Paternoster
Discussion	3 <sup>rd</sup> Monday of month	2:30 - 4:30	David & Barbara Hine
Knit and Chat	4 <sup>th</sup> Monday of month	2:30 - 4:30	Barbara Hine
Petanque (Boules)	2 <sup>nd</sup> and 4 <sup>th</sup> Monday of month	10:00	Linda Deadman
Rummikub	Weekly	2:00 – 4:00	Pam Leys
Supper Club	1st Monday of month	6:00 pm	Val Stenson
TUESDAYS			
Book Club (2)	3 <sup>rd</sup> Tuesday of month	10:30	Maureen Pointer
French Conversation	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday of month	2:30 - 4:00	Sue Horncastle
Local History (2)	2nd Tuesday of the month	2:00	Graham Collins & Carol Collins
Petanque (Boules)	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday of month	2:00 – 4:00	Beryl Horrex/Janet Toms
Short Mat Bowls	Every other Tuesday	2:00 – 4:00	John Stenson
Ten Pin Bowling	Fortnightly	11:00	Jacqui & Keith Baker
WEDNESDAYS			
Card & Papercraft 2	4th Wednesday of month	10.00 –	Denise Astor
Knitting & Sewing	4th Wednesday of month	2:00 - 4:00	Katherine Lake
Line Dancing	2 <sup>nd</sup> and 4 <sup>th</sup> Wed of the	2:00 - 3:00	Jill Nettleship
Local History (1)	2 <sup>nd</sup> Wednesday of month	p.m.	Sandra Dawson
Table Tennis	Weekly	7:30	John Owen
Yoga	Weekly	2:00 - 3:00	Barbara Ferdy
THURSDAYS			
Cribbage (cards)	4 <sup>th</sup> Thursday in month	10:00 - 12:00	Keith Baker
Fruit & Veg	3rd Thursday of month	2:00 - 3:30	Roland Drage
Knitting (2)	Fortnightly	2:00 - 4:00	Sue Dodkin
Serendipity	Monthly (Normally a	All day	Various
Snooker	2nd Thursday of month	11:00 - 1:00	David Lazell
Snooker (2)	3rd Thursday of the month	11:00 – 1:00	Peter Saville
FRIDAYS			
Canasta	2nd Friday of the month	2:30 - 4:30	Ian Foster
Book Club (1)	2 <sup>nd</sup> Friday of month	1:30	Wendy Paternoster
Flower Arranging	4 <sup>th</sup> Friday of month	2:00 - 3:30	Maureen Pointer
I.T.	4 <sup>th</sup> Friday of month	2:00 - 4:00	Dave Pointer
Local History (3)	1 <sup>st</sup> Friday of month	10:00	Sue Morris. Sue Mitchell & Karen Hunter
Photography	2 <sup>nd</sup> Friday of month Inside	2:30 - 4:30 2:00 - 4:00	Roger Young
	Outside		
Solo/canasta	4 <sup>th</sup> Friday of the month	7:00 - 9:00	Ian Foster
Walking	2 Fridays per month	Mid	Phil Kelly
SATURDAY			
Petanque (Boules)	2 <sup>nd</sup> & 4 <sup>th</sup> Saturday of month	10:00 - 12:00	Rosemarie Barrows
SUNDAY			
Sunday Lunch Club	Monthly, various dates	1:00 - 3:00	Carol Collins
Other Various Dates			
Garden Visits			Janet Arrowsmith
Theatre Trips			Claire Ham

## Committee Members Contact Details

<b>Lady Chair</b>	Beryl Horrex
<b>Vice Chairman</b>	Ian Foster
<b>Business Secretary</b>	Carol Collins
<b>Hon. Treasurer</b>	Noreen Bishop
<b>Joint Membership Sec.</b>	Val Stenson
<b>Joint Membership Sec./Beacon Admin</b>	Pam Foster
<b>Joint Group Coordinator</b>	Carole Edwards
<b>Joint Group Coordinator</b>	Rae Hill
<b>Committee member</b>	Phil Kelly
<b>Committee member</b>	Anne Hill
<b>Committee member</b>	Roger Blight
<b>Committee member</b>	Marion Cain
<b>Committee member</b>	Ann O'Brien
<b>Committee member</b>	Wendy Paternoster
<b>ExOfficio/Minutes Sec</b>	Janet Berry