

GENTLE WALKING GROUP - APRIL 2021

As the Lockdown eases the Gentle Walking Group led by Kevin Doyle had their first walk in over a year. The walk was done on 2 separate occasions (to meet the rule of 6). The walk started at Marine park Gardens in the west end of Bognor. Then went through the park eastwards and made a stop at the blue plaque in the park.



It continued along the seafront passing another blue plaque and looped around the Norfolk Hotel into Swansea Gardens and along the main road until the group came to Silverston Avenue where the route went through the housing estates eventually reaching Alwick duckpond.



On the Tuesday walk the group went directly back to West End Park. On Wednesday the group did a detour down Dark Lane and then back to the West End Café!

COMMENTS FROM WALKERS

I enjoyed the walk, it was good to be out and about with the small group I was familiar with the Aldwick area & found it interesting discovering the old cottages, including a thatched one, the several blue plaques and the seafront gardens. It was good to see the variety of trees budding and to check the front gardens on route. They gave me food for thought. The weather was kind to us, and it was a flat walk, I found I could cope with the first outing – M.

Enjoyed the Bognor walk, though I was knackered afterwards! – J

I went on the walk that Kevin Doyle led on Tuesday. It was a lovely morning; the sun was shining, and it was warm & pleasant. Five of us met in marine park gardens & walked through the gardens then made our way to the rear of Norfolk hotel & strolled through a quiet estate of lovely houses eventually reaching Aldwick Duck Pond. By this time, I did not know where I was, but Kevin led us back via an alternative route taking us back to where we started. It was a very enjoyable morning with lovely company for 2 hours. Lovely to mix & have a chat again. Will definitely go on the gentle walk in May for a pleasant morning out.

