

# About us

The University of the Third Age (U3A) is a worldwide organisation that started in 1972. There are over 900 groups in the UK including over 40 in Sussex.

Arun East U3A is a registered charity that provides the opportunity for retired and semi-retired residents mainly living in Rustington, Angmering, East Preston and Ferring to share skills and experiences and to learn from each other.

The trustees of the charity form a committee that is responsible for the effective running of Arun East U3A.

Our members come together in about 60 interest groups, meeting in members' homes or public halls. They have access to local, regional and national study days and summer schools. Monthly meetings on topics of special interest add to the range of opportunities.

The diverse range of interests includes indoor and outdoor activities. Here is a small selection:

Cycling	Line Dancing	Art
Rustington Beach Group	French Conversation	Creative Writing
Bridge	Qi Gong	Philosophical Enquiry
Friendly Golf	Rummikub	Opera Appreciation
Music Appreciation	Patchwork and Quilting	Film Discussion
Gardening	Computer Club	Bird Watching
History	Science	Book Club
Linux User Group	Ballet Appreciation	German

Our Supper Club visits a different restaurant every month. Our choir gives performances open to the public. Social events, such as coffee mornings, add to the range of opportunities for members to meet.

Up-to-date information about our activities, including how to contact our Trustees, can be found on our website [www.aruneastu3a.org.uk](http://www.aruneastu3a.org.uk).




*Make a difference.*

*Could you leave a legacy*

*to*

*Arun East U3A?*



THE UNIVERSITY OF THE THIRD AGE

Registered Charity No. 1152536



## *Why leave a legacy to Arun East U3A?*

Every legacy to Arun East U3A will help your committee to improve the variety of ways in which retired and semi-retired members of our community can come together to learn and share experiences.

A legacy could enable us to offer a more ambitious programme of events without increasing the contribution of members. It could improve the quality of existing group activities by providing equipment and rooms that are 'fit for purpose'.

## *How will a legacy be used?*

A large legacy could be invested to provide annual income to fund activities prioritised by the Trustees.

We could use a legacy to purchase additional or replacement equipment such as projectors, amplifiers or card tables to provide a better experience for members or to allow more participation in group activities.

We could subsidise trips/meetings/events to encourage access by those with limited financial means.

## *Can I choose how my legacy will be used?*

Arun East U3A will always strive to use each gift left to us in the way that has the greatest benefit for our members. We welcome gifts that are made unconditionally because this allows us to direct funds to the area of greatest need, which will continually change.

Of course, we do understand that a particular interest will have a special significance for you. We will honour such requests.

## *I've decided to leave a gift to Arun East U3A. What do I need to tell my solicitor?*

If you have decided to leave a gift to Arun East U3A, the words you will need to add to your will or include in a codicil are:

*'I leave \_\_\_\_\_ to Arun East U3A, registered charity number 1152536 for its general charitable purposes'.*

If you or your solicitor have any further questions or need more information, please contact Arun East U3A Treasurer via our website [www.aruneastu3a.org.uk](http://www.aruneastu3a.org.uk).

## *U3A Members say:*

*'U3A is a wonderful source of stimulation and additional interests. Thank you'*

*'The range of groups is fantastic. I wish I had time to attend more.'*

*'And to think I wondered how I would fill my retirement!'*