



THE UNIVERSITY OF THE THIRD AGE ABERGELE

Abergele & District U3A.

Registered Charity No 1039462.

Calendar Jan 2024

PROGRAMME OF ACTIVITIES

Day	Interest Group	Venue	Time	Frequency
Monday	Art 2 Art 3 & Artistic Crafts Strollers Music Appreciation Poetry Appreciation	Mynedd Seion Chapel Rooms Mynedd Seion Chapel Rooms See overleaf Canolfan Dewi Sant Canolfan Dewi Sant	9.30 - 12.00 9.30 -12.00 1.45 - 4.15 1.30 - 3.30	Weekly Weekly 1st, 3rd, 5th 1st 2nd
Tuesday	Tai Chi Group 1 Tai Chi Group 2 Reading History	Old People's Club Old People's Club Abergele library Old People's Club	9.30-10.30 10.45-11.45 10.30-12.00 2 to 4pm	Weekly Weekly 4th 3rd
Wednesday	Bridge Scrabble Croquet	Abergele Golf Club Abergele Golf Club Llanfairfechan Croquet Club	10 - 12 10 - 12 2 - 4 pm	Weekly Weekly First Wednesday
Thursday	Walkers Strings & Things French Reading	See overleaf See overleaf Abergele library	 1.45 to 3.45	2nd Thursday Every Thursday 1st and 3rd
Friday	Open Meeting French Reading	Old People's Club Abergele library	2 to 4pm 2.15	First Friday 2nd and 4th per month

Group Coordinators

Art2	Pat Parker	07813 286247	Poetry Appreciation	Jane Cartlidge	janiepad@icloud.com
Art(3) & Crafts	Caryl Jones	07794 233058	French Reading Group	Jean Worral	01745 582 005
Strings 'n Things	Ron Burke	07375 036162	Strollers	Pam Perkins	07484 638346
Croquet	John Tristram	07776 225234	Tai Chi	Lynn Seiler/Val O'Rourke	lamms14@aol.com
Music Appreciation	Gordon Preston	01745 824811	Walkers	Derek Williams	07778 591626
			Bridge & Scrabble	Rhian Clarke	07747 774248
History	Janet Hazlewood	07572 541247	Reading	Christine Bennett	01745 832005

Please would all Group Coordinators ensure that they have an ICE (In Case of Emergencies) Number for each member of their group

Groups to organize refreshments at Open Meeting

October Art 2	November Music and Poetry	December Committee
January Tai Chi 1	February Tai Chi 2	March Reading
April AGM History	May	June
July	August	September

Our website address is u3asites.org.uk/abergele

Email address is contactu3a@gmail.com

MONTHLY NOTICES

STROLLERS

No meeting until Feb

WALKING GROUP -

There will be a walk of around four and a half miles around Abergele on Thursday 11th January.
Further details from Derek Williams on 07778 591626

Strings and Things

Every Thursday at Hafod y Parc, 10 am to 12 am.

Hafod Y Parc is situated in Abergele park just off Kinmel Avenue.

There is a waiting list but in order to promote the ethos of Strings & Things we will give preference to someone on that list who plays an instrument other than a ukulele given the high number of ukuleles already on board.

French reading group are reading a new book "La Symphonie pastorale" by André Gide.

Current u3a Committee

Chair:	Glynis Brookes	01745 730842	glynisbrookesu3a@btinternet.com
Vice-Chair:	Rosie Eckett	01492 517783	eckettfamily@talktalk.net
Treasurer:	Glynis Degney	01745 250535	treasurerabergeleu3a@gmail.com
Minute Secretary:	Eleri Tristram	07796 594266	eleritristram@aol.com
Membership Secretary:	Lynn Williams	07748 438665	u3aabergelemembership@gmail.com
Calendar & Website:	Barry Simpson	07563 523025	barrymochdre@gmail.com
Room Bookings:	Pat Parker	07813286247	patmp17@gmail.com
Media and PR	John Tristram	07776 225234	johnftristram@aol.com
Speakers' Secretary:	Pam Perkins	07484 638346	pamelaperkins@btinternet.com

Would Group Coordinators please ensure you have an In Case Of Emergency (INCE) number for each of your group.
Thank You